

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 18-24 50 Yard Freestyle**

Name	Age	Team	Finals Time
1 Emily Parker	24	San Diego Swim Masters-44	25.28
2 Kelly Wilkings	24	Mission Viejo Masters-33	26.86
3 Melissa DiGregorio	24	Mission Viejo Masters-33	27.36
4 Cristina Pelaez	22	Novaquatics Masters-33	27.86
5 Crystal Hinman	21	Coto de Caza Coyotes-33	28.46

**Women 18-24 100 Yard Freestyle**

1 Emily Parker	24	San Diego Swim Masters-44	53.07
25.71	53.07 (27.36)		
2 Kelly Wilkings	24	Mission Viejo Masters-33	58.11
28.00	58.11 (30.11)		
3 Melissa DiGregorio	24	Mission Viejo Masters-33	59.51
28.35	59.51 (31.16)		
4 Cristina Pelaez	22	Novaquatics Masters-33	1:01.07
29.17	1:01.07 (31.90)		
5 Crystal Hinman	21	Coto de Caza Coyotes-33	1:03.73
29.88	1:03.73 (33.85)		
6 Suzanne Robertson	24	Southern California Aquatic Ma-33	1:05.19
31.06	1:05.19 (34.13)		

**Women 18-24 200 Yard Freestyle**

1 Emily Parker	24	San Diego Swim Masters-44	1:55.28
27.42	56.68 (29.26)	1:26.50 (29.82)	1:55.28 (28.78)
2 Madeline Klobuchar	24	Orange Coast Masters Swimming-33	2:09.13
29.21	1:01.28 (32.07)	1:35.23 (33.95)	2:09.13 (33.90)
3 Kelly Wilkings	24	Mission Viejo Masters-33	2:13.97
31.23	1:04.94 (33.71)	1:39.93 (34.99)	2:13.97 (34.04)
4 Melissa DiGregorio	24	Mission Viejo Masters-33	2:14.09
30.70	1:04.40 (33.70)	1:38.90 (34.50)	2:14.09 (35.19)
5 Nikki Burns	20	Mission Viejo Masters-33	2:23.23
33.01	1:09.14 (36.13)	1:45.98 (36.84)	2:23.23 (37.25)

**Women 18-24 500 Yard Freestyle**

1 Emily Parker	24	San Diego Swim Masters-44	5:08.35
28.11	58.09 (29.98)	1:28.72 (30.63)	1:59.88 (31.16)
2:31.53 (31.65)	3:03.12 (31.59)	3:34.55 (31.43)	4:06.10 (31.55)
4:37.71 (31.61)	5:08.35 (30.64)		
2 Katie Moore	22	Mission Viejo Masters-33	5:36.47
29.87	1:02.56 (32.69)	1:36.03 (33.47)	2:10.24 (34.21)
2:44.72 (34.48)	3:19.26 (34.54)	3:53.93 (34.67)	4:28.36 (34.43)
5:02.96 (34.60)	5:36.47 (33.51)		
3 Madeline Klobuchar	24	Orange Coast Masters Swimming-33	5:47.72
30.83	1:03.84 (33.01)	1:38.19 (34.35)	2:13.23 (35.04)
2:48.50 (35.27)	3:24.18 (35.68)	3:59.62 (35.44)	4:35.88 (36.26)
5:12.11 (36.23)	5:47.72 (35.61)		

**Women 18-24 1000 Yard Freestyle**

1 Katie Moore	22	Mission Viejo Masters-33	11:25.53
30.49	1:02.87 (32.38)	1:35.77 (32.90)	2:09.28 (33.51)
2:42.88 (33.60)	3:16.56 (33.68)	3:50.51 (33.95)	4:24.86 (34.35)
4:59.62 (34.76)	5:34.48 (34.86)	6:08.97 (34.49)	6:43.77 (34.80)
7:18.78 (35.01)	7:54.21 (35.43)	8:29.85 (35.64)	9:04.75 (34.90)
9:39.92 (35.17)	10:15.60 (35.68)	10:50.67 (35.07)	11:25.53 (34.86)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 18-24 1650 Yard Freestyle**

1	Katie Moore	22	Mission Viejo Masters-33	19:18.71
	30.91	1:04.44 (33.53)	1:38.63 (34.19)	2:13.07 (34.44)
	2:48.02 (34.95)	3:22.60 (34.58)	3:57.41 (34.81)	4:32.20 (34.79)
	5:07.38 (35.18)	5:42.53 (35.15)	6:17.84 (35.31)	6:52.92 (35.08)
	7:28.21 (35.29)	8:03.54 (35.33)	8:38.97 (35.43)	9:14.29 (35.32)
	9:49.38 (35.09)	10:24.71 (35.33)	10:59.93 (35.22)	11:35.47 (35.54)
	12:11.12 (35.65)	12:46.82 (35.70)	13:22.34 (35.52)	13:57.86 (35.52)
	14:33.53 (35.67)	15:09.01 (35.48)	15:44.50 (35.49)	16:20.12 (35.62)
	16:55.99 (35.87)	17:32.03 (36.04)	18:07.67 (35.64)	18:43.56 (35.89)
				19:18.71 (35.15)
2	Crystal Hinman	21	Coto de Caza Coyotes-33	23:45.95
	34.56	1:14.85 (40.29)	1:56.13 (41.28)	2:37.80 (41.67)
	3:19.65 (41.85)	4:01.21 (41.56)	4:43.83 (42.62)	5:25.94 (42.11)
	6:08.79 (42.85)	6:52.48 (43.69)	7:36.83 (44.35)	8:20.88 (44.05)
	9:04.43 (43.55)	9:48.00 (43.57)	10:31.13 (43.13)	11:15.87 (44.74)
	12:00.53 (44.66)	12:45.77 (45.24)	13:30.31 (44.54)	14:14.99 (44.68)
	15:00.03 (45.04)	15:45.35 (45.32)	16:30.43 (45.08)	17:13.92 (43.49)
	17:58.17 (44.25)	18:42.67 (44.50)	19:26.79 (44.12)	20:11.36 (44.57)
	20:56.29 (44.93)	21:40.27 (43.98)	22:23.50 (43.23)	23:06.15 (42.65)
				23:45.95 (39.80)

**Women 18-24 50 Yard Backstroke**

1	Emily Parker	24	San Diego Swim Masters-44	29.55
2	Crystal Hinman	21	Coto de Caza Coyotes-33	37.66

**Women 18-24 100 Yard Backstroke**

1	Madeline Klobuchar	24	Orange Coast Masters Swimming-33	1:06.19
	32.00	1:06.19 (34.19)		
2	Nikki Burns	20	Mission Viejo Masters-33	1:12.78
	35.32	1:12.78 (37.46)		
3	Melissa DiGregorio	24	Mission Viejo Masters-33	1:13.11
4	Crystal Hinman	21	Coto de Caza Coyotes-33	1:19.79
	38.07	1:19.79 (41.72)		

**Women 18-24 200 Yard Backstroke**

1	Nikki Burns	20	Mission Viejo Masters-33	2:38.06
	36.73	1:16.48 (39.75)	2:38.06 (1:21.58)	

**Women 18-24 50 Yard Breaststroke**

1	Lexie Kelly	23	Orange Coast Masters Swimming-33	34.40
2	Kelly Wilkings	24	Mission Viejo Masters-33	36.08
3	Melissa DiGregorio	24	Mission Viejo Masters-33	38.35
4	Crystal Hinman	21	Coto de Caza Coyotes-33	38.68

**Women 18-24 100 Yard Breaststroke**

1	Katie Moore	22	Mission Viejo Masters-33	1:11.12
	33.56	1:11.12 (37.56)		
2	Crystal Hinman	21	Coto de Caza Coyotes-33	1:25.11
	38.03	1:25.11 (47.08)		

**Women 18-24 200 Yard Breaststroke**

1	Lexie Kelly	23	Orange Coast Masters Swimming-33	2:38.91
	35.86	1:15.59 (39.73)	1:56.97 (41.38)	2:38.91 (41.94)

**Women 18-24 50 Yard Butterfly**

1	Lexie Kelly	23	Orange Coast Masters Swimming-33	29.22
2	Kelly Wilkings	24	Mission Viejo Masters-33	30.49

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Women 18-24 50 Yard Butterfly)**

3	Melissa DiGregorio	24	Mission Viejo Masters-33	31.32
4	Cristina Pelaez	22	Novaquatics Masters-33	31.44

**Women 18-24 100 Yard Butterfly**

1	Lexie Kelly	23	Orange Coast Masters Swimming-33	1:03.73
	29.88		1:03.73 (33.85)	
2	Kelly Wilkings	24	Mission Viejo Masters-33	1:04.82
	30.28		1:04.82 (34.54)	

**Women 18-24 200 Yard Butterfly**

1	Lexie Kelly	23	Orange Coast Masters Swimming-33	2:15.33
	30.34		1:04.18 (33.84) 1:39.24 (35.06) 2:15.33 (36.09)	
2	Katie Moore	22	Mission Viejo Masters-33	2:24.71
	32.62		1:09.46 (36.84) 1:47.17 (37.71) 2:24.71 (37.54)	

**Women 18-24 100 Yard IM**

1	Lexie Kelly	23	Orange Coast Masters Swimming-33	1:04.71
	30.07		1:04.71 (34.64)	
2	Cristina Pelaez	22	Novaquatics Masters-33	1:10.68
	33.00		1:10.68 (37.68)	
3	Nikki Burns	20	Mission Viejo Masters-33	1:13.78

**Women 18-24 200 Yard IM**

1	Emily Parker	24	San Diego Swim Masters-44	2:13.07
	29.12		1:02.40 (33.28) 1:42.78 (40.38) 2:13.07 (30.29)	
2	Lexie Kelly	23	Orange Coast Masters Swimming-33	2:25.76
	30.62		1:08.17 (37.55) 1:49.87 (41.70) 2:25.76 (35.89)	
3	Cristina Pelaez	22	Novaquatics Masters-33	2:39.66
	35.07		1:17.98 (42.91) 2:05.57 (47.59) 2:39.66 (34.09)	

**Women 18-24 400 Yard IM**

1	Emily Parker	24	San Diego Swim Masters-44	4:38.65
	29.57		1:02.74 (33.17) 1:37.67 (34.93) 2:11.98 (34.31)	
	2:53.74 (41.76)		3:35.56 (41.82) 4:07.82 (32.26) 4:39.07 (31.25)	
	4:38.65 ( )			
2	Katie Moore	22	Mission Viejo Masters-33	4:56.69
	30.56		1:05.54 (34.98) 1:44.99 (39.45) 2:24.31 (39.32)	
	3:05.83 (41.52)		3:48.62 (42.79) 4:23.37 (34.75) 4:56.69 (33.32)	

**Women 25-29 50 Yard Freestyle**

1	Rebekah Olsen	29	Mission Viejo Masters-33	25.26
2	Jamie Val	26	Las Vegas Masters-33	26.48
3	Aleah Amr	26	Orange Coast Masters Swimming-33	26.81
4	Kendra Ksiazek	29	San Diego Swim Masters-44	27.01
5	Kristen Maples	28	San Diego Swim Masters-44	27.03
6	Cherise Saito	26	Rose Bowl Masters-33	27.85
7	Vicky Mejias	26	San Diego Swim Masters-44	30.10
8	Adriana Zamarron	28	Novaquatics Masters-33	30.60

**Women 25-29 100 Yard Freestyle**

1	Rebekah Olsen	29	Mission Viejo Masters-33	53.39
	25.52		53.39 (27.87)	
2	Melissa Wong	25	Orange Coast Masters Swimming-33	56.83
	27.47		56.83 (29.36)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Women 25-29 100 Yard Freestyle)**

3	Lisal Moran	25	Novaquatics Masters-33	57.06
	27.49	57.06	(29.57)	
4	Kendra Ksiazek	29	San Diego Swim Masters-44	57.32
5	Jamie Val	26	Las Vegas Masters-33	58.02
	28.25	58.02	(29.77)	

**Women 25-29 200 Yard Freestyle**

1	Laurin Weisenthal	26	San Mateo Master Marlins-38	1:55.36
	27.66	56.85	(29.19) 1:26.30 (29.45)	1:55.36 (29.06)
2	Rebekah Olsen	29	Mission Viejo Masters-33	1:56.36
	27.49	56.62	(29.13) 1:26.08 (29.46)	1:56.36 (30.28)
3	Melissa Wong	25	Orange Coast Masters Swimming-33	2:02.76
	29.11	1:00.37	(31.26) 1:31.56 (31.19)	2:02.76 (31.20)
4	Kristen Maples	28	San Diego Swim Masters-44	2:05.59
	29.06	1:00.54	(31.48) 1:32.58 (32.04)	2:05.59 (33.01)
5	Kendra Ksiazek	29	San Diego Swim Masters-44	2:06.09
	28.43	59.95	(31.52) 1:32.76 (32.81)	2:06.09 (33.33)
6	Jamie Val	26	Las Vegas Masters-33	2:08.44
	29.72	1:02.60	(32.88) 1:36.09 (33.49)	2:08.44 (32.35)
7	Cherise Saito	26	Rose Bowl Masters-33	2:15.36
	30.93	1:04.28	(33.35) 1:39.37 (35.09)	2:15.36 (35.99)
8	Ashley Merlo	29	Novaquatics Masters-33	2:17.48
	31.90	1:06.67	(34.77) 1:42.68 (36.01)	2:17.48 (34.80)
9	Adriana Zamarron	28	Novaquatics Masters-33	2:36.75
	33.49	1:13.51	(40.02) 1:55.67 (42.16)	2:36.75 (41.08)

**Women 25-29 500 Yard Freestyle**

1	Laurin Weisenthal	26	San Mateo Master Marlins-38	5:11.30
	29.53	1:00.85	(31.32) 1:32.27 (31.42)	2:03.78 (31.51)
	2:35.23 (31.45)	3:06.81 (31.58)	3:38.05 (31.24)	4:09.46 (31.41)
	4:40.63 (31.17)	5:11.30 (30.67)		
2	Rebekah Olsen	29	Mission Viejo Masters-33	5:17.93
	29.51	1:00.77	(31.26) 1:32.86 (32.09)	2:04.89 (32.03)
	2:36.88 (31.99)	3:09.07 (32.19)	3:41.35 (32.28)	4:13.55 (32.20)
	4:45.91 (32.36)	5:17.93 (32.02)		
3	Jamie Val	26	Las Vegas Masters-33	5:48.57
	1:06.38	1:42.70	(36.32) 2:19.08 (36.38)	
	2:55.63 ( )	3:31.17 (35.54)	4:06.15 (34.98)	4:41.22 (35.07)
	5:48.57 (1:07.35)			

**Women 25-29 1000 Yard Freestyle**

1	Laurin Weisenthal	26	San Mateo Master Marlins-38	10:35.85
	29.49	1:00.93	(31.44) 1:32.69 (31.76)	2:04.65 (31.96)
	2:36.68 (32.03)	3:08.83 (32.15)	3:41.03 (32.20)	4:13.21 (32.18)
	4:45.31 (32.10)	5:17.38 (32.07)	5:49.42 (32.04)	6:21.52 (32.10)
	6:53.38 (31.86)	7:25.51 (32.13)	7:57.59 (32.08)	8:29.41 (31.82)
	9:01.22 (31.81)	9:32.99 (31.77)	10:04.54 (31.55)	10:35.85 (31.31)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 25-29 1650 Yard Freestyle**

1 Heidi Kraus		28 Novaquatics Masters-33		19:32.48
31.94	1:06.55 (34.61)	1:41.43 (34.88)	2:16.50 (35.07)	
2:51.99 (35.49)	3:27.93 (35.94)	4:03.81 (35.88)	4:39.83 (36.02)	
5:15.30 (35.47)	5:50.53 (35.23)	6:25.84 (35.31)	7:01.49 (35.65)	
7:37.22 (35.73)	8:12.62 (35.40)	8:48.24 (35.62)	9:23.97 (35.73)	
9:59.47 (35.50)	10:35.27 (35.80)	11:10.95 (35.68)	11:46.60 (35.65)	
12:22.52 (35.92)	12:58.20 (35.68)		14:10.12 ( )	
14:46.04 (35.92)	15:22.01 (35.97)	15:58.01 (36.00)	16:33.96 (35.95)	
17:09.91 (35.95)	17:45.81 (35.90)	18:21.29 (35.48)	18:57.25 (35.96)	19:32.48 (35.23)

**Women 25-29 50 Yard Backstroke**

1 Melissa Wong		25 Orange Coast Masters Swimming-33		28.97
2 Rebekah Olsen		29 Mission Viejo Masters-33		29.88
3 Aleah Amr		26 Orange Coast Masters Swimming-33		32.64
4 Adriana Zamarron		28 Novaquatics Masters-33		39.64

**Women 25-29 100 Yard Backstroke**

1 Melissa Wong		25 Orange Coast Masters Swimming-33		1:01.87
30.09	1:01.87 (31.78)			
2 Kristen Maples		28 San Diego Swim Masters-44		1:08.05
33.17	1:08.05 (34.88)			
3 Aleah Amr		26 Orange Coast Masters Swimming-33		1:08.41
33.28	1:08.41 (35.13)			
4 Ashley Merlo		29 Novaquatics Masters-33		1:10.79
34.70	1:10.79 (36.09)			

**Women 25-29 200 Yard Backstroke**

1 Melissa Wong		25 Orange Coast Masters Swimming-33		2:13.50
30.33	1:03.68 (33.35)	1:38.62 (34.94)	2:13.50 (34.88)	
2 Lisal Moran		25 Novaquatics Masters-33		2:15.18
30.73	1:04.83 (34.10)	1:39.99 (35.16)	2:15.18 (35.19)	
3 Aleah Amr		26 Orange Coast Masters Swimming-33		2:31.30
34.66	1:12.10 (37.44)	1:51.52 (39.42)	2:31.30 (39.78)	

**Women 25-29 50 Yard Breaststroke**

1 Erin Richmond		25 Southern California Aquatic Ma-33		33.09
2 Vicky Mejias		26 San Diego Swim Masters-44		35.68
3 Ashley Merlo		29 Novaquatics Masters-33		39.74
4 Cassandra Ortega		28 Mission Viejo Masters-33		44.84
5 Meggie Choi		28 Rose Bowl Masters-33		45.53

**Women 25-29 100 Yard Breaststroke**

1 Lisal Moran		25 Novaquatics Masters-33		1:11.82
33.89	1:11.82 (37.93)			
2 Erin Richmond		25 Southern California Aquatic Ma-33		1:12.24
33.87	1:12.24 (38.37)			
3 Kendra Ksiazek		29 San Diego Swim Masters-44		1:14.82
35.29	1:14.82 (39.53)			

**Women 25-29 200 Yard Breaststroke**

1 Kendra Ksiazek		29 San Diego Swim Masters-44		2:47.15
37.11	1:18.99 (41.88)	2:02.26 (43.27)	2:47.15 (44.89)	
2 Vicky Mejias		26 San Diego Swim Masters-44		2:47.90
39.42	1:22.89 (43.47)	2:07.13 (44.24)	2:47.90 (40.77)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 25-29 50 Yard Butterfly**

1	Rebekah Olsen	29	Mission Viejo Masters-33	26.95
2	Aleah Amr	26	Orange Coast Masters Swimming-33	29.27
3	Kristen Maples	28	San Diego Swim Masters-44	29.30
4	Erin Richmond	25	Southern California Aquatic Ma-33	29.31
5	Jamie Val	26	Las Vegas Masters-33	29.51
6	Cherise Saito	26	Rose Bowl Masters-33	29.72
7	Ashley Merlo	29	Novaquatics Masters-33	32.47
8	Vicky Mejias	26	San Diego Swim Masters-44	33.14
9	Saralani Vailuu - Anderson	28	Southern California Aquatic Ma-33	33.60
10	Cassandra Ortega	28	Mission Viejo Masters-33	35.72

**Women 25-29 100 Yard Butterfly**

1	Rebekah Olsen	29	Mission Viejo Masters-33	59.54
	28.26	59.54	(31.28)	
2	Melissa Wong	25	Orange Coast Masters Swimming-33	1:02.90
	29.90	1:02.90	(33.00)	
3	Erin Richmond	25	Southern California Aquatic Ma-33	1:03.99
	30.31	1:03.99	(33.68)	
4	Heidi Kraus	28	Novaquatics Masters-33	1:05.23
	31.16	1:05.23	(34.07)	
5	Aleah Amr	26	Orange Coast Masters Swimming-33	1:06.09
	30.68	1:06.09	(35.41)	
6	Cherise Saito	26	Rose Bowl Masters-33	1:07.90
	31.62	1:07.90	(36.28)	
7	Jamie Val	26	Las Vegas Masters-33	1:09.25
	33.47	1:09.25	(35.78)	

**Women 25-29 100 Yard IM**

1	Melissa Wong	25	Orange Coast Masters Swimming-33	1:04.32
	29.11	1:04.32	(35.21)	
2	Aleah Amr	26	Orange Coast Masters Swimming-33	1:05.98
	30.50	1:05.98	(35.48)	
3	Kendra Ksiazek	29	San Diego Swim Masters-44	1:06.41
	31.17	1:06.41	(35.24)	
4	Ashley Merlo	29	Novaquatics Masters-33	1:12.05
	33.26	1:12.05	(38.79)	
5	Vicky Mejias	26	San Diego Swim Masters-44	1:13.78
	37.39	1:13.78	(36.39)	
6	Saralani Vailuu - Anderson	28	Southern California Aquatic Ma-33	1:20.39
	36.24	1:20.39	(44.15)	
7	Meggie Choi	28	Rose Bowl Masters-33	1:33.57
	42.79	1:33.57	(50.78)	

**Women 25-29 200 Yard IM**

1	Kristen Maples	28	San Diego Swim Masters-44	2:24.27
	31.66	1:07.90	(36.24) 1:51.84 (43.94)	2:24.27 (32.43)
2	Kendra Ksiazek	29	San Diego Swim Masters-44	2:24.92
	30.85	1:09.05	(38.20) 1:51.67 (42.62)	2:24.92 (33.25)
3	Heidi Kraus	28	Novaquatics Masters-33	2:25.41
	31.22	1:07.97	(36.75) 1:52.74 (44.77)	2:25.41 (32.67)
4	Vicky Mejias	26	San Diego Swim Masters-44	2:45.86
	36.06	1:21.76	(45.70) 2:05.61 (43.85)	2:45.86 (40.25)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 25-29 400 Yard IM**

1 Laurin Weisenthal	26 San Mateo Master Marlins-38				4:36.11
30.91	1:05.75 (34.84)	1:40.94 (35.19)	2:15.03 (34.09)		
2:54.75 (39.72)	3:34.82 (40.07)	4:06.54 (31.72)	4:37.22 (30.68)		
4:59.97 (22.75)	4:36.11 ( )				
2 Lisal Moran	25 Novaquatics Masters-33				4:53.96
30.36	1:05.45 (35.09)	1:43.78 (38.33)	2:21.48 (37.70)		
3:02.79 (41.31)	3:44.89 (42.10)	4:19.66 (34.77)	4:54.09 (34.43)		
4:53.96 ( )					

**Women 30-34 50 Yard Freestyle**

1 Nichole Talbot	32 Mission Viejo Masters-33				27.14
2 Christina Thompson	31 Las Vegas Masters-33				28.27
3 Kathleen Meloney	30 Novaquatics Masters-33				30.84
4 Joy Tiernan	31 Southern California Aquatic Ma-33				31.66
5 Amanda Kirker	31 Novaquatics Masters-33				38.59

**Women 30-34 100 Yard Freestyle**

1 Nichole Talbot	32 Mission Viejo Masters-33				59.61
29.06	59.61 (30.55)				
2 Jessica Helliwell	34 Mission Viejo Masters-33				1:02.73
30.71	1:02.73 (32.02)				
3 Kathleen Meloney	30 Novaquatics Masters-33				1:07.14
31.22	1:07.14 (35.92)				
4 Joy Tiernan	31 Southern California Aquatic Ma-33				1:10.02
33.56	1:10.02 (36.46)				

**Women 30-34 200 Yard Freestyle**

1 Jessica Helliwell	34 Mission Viejo Masters-33				2:11.36
31.17	1:04.17 (33.00)	1:37.82 (33.65)	2:11.36 (33.54)		
2 Nichole Talbot	32 Mission Viejo Masters-33				2:11.58
30.96	1:04.72 (33.76)	1:39.19 (34.47)	2:11.58 (32.39)		
3 Tanya Maclean	34 Novaquatics Masters-33				2:19.06
32.57	1:08.17 (35.60)	1:44.75 (36.58)	2:19.06 (34.31)		
4 Kathleen Meloney	30 Novaquatics Masters-33				2:32.64
35.34	1:15.10 (39.76)	1:55.78 (40.68)	2:32.64 (36.86)		

**Women 30-34 500 Yard Freestyle**

1 Cynthia Lewis	34 Mission Viejo Masters-33				5:11.96
29.66	1:00.75 (31.09)	1:32.38 (31.63)	2:04.11 (31.73)		
2:35.40 (31.29)	3:06.63 (31.23)	3:37.81 (31.18)	4:09.47 (31.66)		
4:40.90 (31.43)	5:11.96 (31.06)				
2 Jessica Helliwell	34 Mission Viejo Masters-33				5:58.43
32.30	1:07.37 (35.07)	1:43.34 (35.97)	2:20.06 (36.72)		
2:57.04 (36.98)	3:34.00 (36.96)	4:11.11 (37.11)	4:47.82 (36.71)		
5:24.54 (36.72)	5:58.43 (33.89)				
3 Tanya Maclean	34 Novaquatics Masters-33				6:08.72
34.03	1:10.91 (36.88)	1:49.01 (38.10)	2:27.45 (38.44)		
3:05.84 (38.39)	3:43.79 (37.95)	4:21.52 (37.73)	4:58.99 (37.47)		
5:34.70 (35.71)	6:08.72 (34.02)				
4 Kathleen Meloney	30 Novaquatics Masters-33				6:55.79
36.11	1:16.39 (40.28)	1:58.62 (42.23)	2:41.55 (42.93)		
3:24.63 (43.08)	4:07.31 (42.68)	4:50.42 (43.11)	5:32.72 (42.30)		
6:14.82 (42.10)	6:55.79 (40.97)				

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Women 30-34 500 Yard Freestyle)**

5	Amanda Kirker	31	Novaquatics Masters-33	8:12.93
	42.01	1:28.58 (46.57)	2:17.34 (48.76)	3:07.05 (49.71)
	3:57.77 (50.72)	4:49.51 (51.74)	5:41.34 (51.83)	6:32.78 (51.44)
	8:12.93 (1:40.15)			

**Women 30-34 1000 Yard Freestyle**

1	Jessica Helliwell	34	Mission Viejo Masters-33	12:25.16
	32.83	1:08.28 (35.45)	1:44.68 (36.40)	2:21.99 (37.31)
	2:59.57 (37.58)	3:37.34 (37.77)	4:15.24 (37.90)	4:53.10 (37.86)
	5:31.49 (38.39)	6:09.53 (38.04)	6:47.32 (37.79)	7:25.10 (37.78)
	8:03.20 (38.10)	8:41.38 (38.18)	9:19.41 (38.03)	9:57.41 (38.00)
	10:35.40 (37.99)	11:13.05 (37.65)	11:50.73 (37.68)	12:25.16 (34.43)
2	Tanya Maclean	34	Novaquatics Masters-33	12:32.67
	33.71	1:10.71 (37.00)	1:48.86 (38.15)	2:27.69 (38.83)
	3:06.14 (38.45)	3:44.18 (38.04)	4:22.21 (38.03)	5:00.61 (38.40)
	5:39.01 (38.40)	6:17.19 (38.18)	6:54.99 (37.80)	7:32.44 (37.45)
	8:10.57 (38.13)	8:48.33 (37.76)	9:27.03 (38.70)	10:04.85 (37.82)
	10:42.89 (38.04)	11:20.68 (37.79)	11:57.62 (36.94)	12:32.67 (35.05)

**Women 30-34 1650 Yard Freestyle**

1	Amanda Kirker	31	Novaquatics Masters-33	29:04.19
	44.30	1:32.43 (48.13)	2:21.86 (49.43)	3:14.74 (52.88)
	4:06.45 (51.71)	4:58.72 (52.27)	5:51.85 (53.13)	6:44.95 (53.10)
	7:38.61 (53.66)	8:33.64 (55.03)	9:28.49 (54.85)	10:22.64 (54.15)
	11:16.28 (53.64)	12:11.49 (55.21)	13:07.36 (55.87)	14:02.57 (55.21)
	14:56.89 (54.32)	15:51.63 (54.74)	16:45.37 (53.74)	17:39.54 (54.17)
	18:33.32 (53.78)	19:27.55 (54.23)	20:21.02 (53.47)	21:13.93 (52.91)
	22:07.92 (53.99)	23:01.86 (53.94)	23:55.36 (53.50)	24:48.52 (53.16)
	25:41.43 (52.91)	26:33.71 (52.28)	27:25.37 (51.66)	28:16.34 (50.97)
				29:04.19 (47.85)

**Women 30-34 50 Yard Backstroke**

1	Tanya Maclean	34	Novaquatics Masters-33	32.22
2	Christina Thompson	31	Las Vegas Masters-33	35.52

**Women 30-34 100 Yard Backstroke**

1	Tanya Maclean	34	Novaquatics Masters-33	1:12.38
	35.60	1:12.38 (36.78)		
2	Christina Thompson	31	Las Vegas Masters-33	1:18.50
	39.01	1:18.50 (39.49)		

**Women 30-34 200 Yard Backstroke**

1	Tanya Maclean	34	Novaquatics Masters-33	2:43.80
	36.48	1:17.96 (41.48)	2:01.15 (43.19)	2:43.80 (42.65)

**Women 30-34 50 Yard Breaststroke**

1	Graclyn Van der Byl	31	Solana Beach Swim Masters-44	31.79
2	Christina Thompson	31	Las Vegas Masters-33	37.80
3	Joy Tiernan	31	Southern California Aquatic Ma-33	40.11

**Women 30-34 100 Yard Breaststroke**

1	Cynthia Lewis	34	Mission Viejo Masters-33	1:04.48
	30.79	1:04.48 (33.69)		
2	Graclyn Van der Byl	31	Solana Beach Swim Masters-44	1:08.61
	32.34	1:08.61 (36.27)		



**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Women 30-34 100 Yard Breaststroke)**

3	Christina Thompson	31	Las Vegas Masters-33	1:21.28
	38.78	1:21.28 (42.50)		
4	Joy Tiernan	31	Southern California Aquatic Ma-33	1:29.38
	42.34	1:29.38 (47.04)		

**Women 30-34 200 Yard Breaststroke**

1	Cynthia Lewis	34	Mission Viejo Masters-33	2:22.64
	33.22	1:09.09 (35.87)	1:45.14 (36.05)	2:22.64 (37.50)
2	Kathleen Meloney	30	Novaquatics Masters-33	3:21.27
	45.87	1:37.24 (51.37)	2:29.89 (52.65)	3:21.27 (51.38)

**Women 30-34 50 Yard Butterfly**

1	Nichole Talbot	32	Mission Viejo Masters-33	29.25
2	Christina Thompson	31	Las Vegas Masters-33	33.49
3	Tanya Maclean	34	Novaquatics Masters-33	34.29
4	Joy Tiernan	31	Southern California Aquatic Ma-33	35.50

**Women 30-34 100 Yard Butterfly**

1	Graclyn Van der Byl	31	Solana Beach Swim Masters-44	1:00.56
	28.73	1:00.56 (31.83)		
2	Nichole Talbot	32	Mission Viejo Masters-33	1:06.85
	30.99	1:06.85 (35.86)		

**Women 30-34 200 Yard Butterfly**

1	Graclyn Van der Byl	31	Solana Beach Swim Masters-44	2:17.51
	30.20	1:04.15 (33.95)	2:17.51 (1:13.36)	

**Women 30-34 100 Yard IM**

1	Cynthia Lewis	34	Mission Viejo Masters-33	59.43
	28.22	59.43 (31.21)		
2	Nichole Talbot	32	Mission Viejo Masters-33	1:10.39
	32.96	1:10.39 (37.43)		
3	Jessica Helliwell	34	Mission Viejo Masters-33	1:13.13
	34.48	1:13.13 (38.65)		
4	Christina Thompson	31	Las Vegas Masters-33	1:13.92
	36.07	1:13.92 (37.85)		
5	Joy Tiernan	31	Southern California Aquatic Ma-33	1:20.94
	37.51	1:20.94 (43.43)		
6	Kathleen Meloney	30	Novaquatics Masters-33	1:21.11
	38.08	1:21.11 (43.03)		
---	Amanda Kirker	31	Novaquatics Masters-33	DQ

**Women 30-34 200 Yard IM**

1	Graclyn Van der Byl	31	Solana Beach Swim Masters-44	2:15.19
	29.26	1:03.81 (34.55)	1:43.07 (39.26)	2:15.19 (32.12)
2	Kathleen Meloney	30	Novaquatics Masters-33	3:06.39
	40.60	1:30.24 (49.64)	2:23.67 (53.43)	3:06.39 (42.72)

**Women 30-34 400 Yard IM**

1	Cynthia Lewis	34	Mission Viejo Masters-33	4:32.37
	29.43	1:01.72 (32.29)	1:37.21 (35.49)	2:12.83 (35.62)
	2:50.91 (38.08)	3:29.36 (38.45)	4:01.38 (32.02)	4:32.51 (31.13)
	4:32.37 ( )			

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Women 30-34 400 Yard IM)**

2	Graclyn Van der Byl	31	Solana Beach Swim Masters-44	4:47.86
	30.35	1:04.91 (34.56)	1:41.38 (36.47)	2:18.47 (37.09)
	2:59.55 (41.08)	3:41.56 (42.01)	4:15.29 (33.73)	4:47.86 (32.57)

**Women 35-39 50 Yard Freestyle**

1	Jinxi Caddel	39	Conejo Valley Multisport Maste-33	26.70
2	Natalie Eckdahl	37	Novaquatics Masters-33	28.14
3	Astrid Cybulskis	35	Novaquatics Masters-33	28.52
4	Ann-Britt Holm	39	UNATTACHED	29.11
5	Karin Wegner	37	YMCA Indy SwimFit-16	31.00
6	Gamze Kircalioglu	39	Rose Bowl Masters-33	34.89

**Women 35-39 100 Yard Freestyle**

1	Kate Egan	38	Orange Coast Masters Swimming-33	58.48
	28.05	58.48 (30.43)		
2	Jinxi Caddel	39	Conejo Valley Multisport Maste-33	58.83
	27.77	58.83 (31.06)		
3	Fontaine Chan-O'Connell	35	Illinois Masters-21	1:03.91
	31.29	1:03.91 (32.62)		
4	Krickitt Maki	39	Claremont Club-33	1:13.46
	28.52	1:13.46 (44.94)		

**Women 35-39 200 Yard Freestyle**

1	Sorrel Hanson	38	Novaquatics Masters-33	2:12.85
	30.50	1:04.24 (33.74)	1:38.90 (34.66)	2:12.85 (33.95)
2	Kate Egan	38	Orange Coast Masters Swimming-33	2:13.09
	30.42	1:04.06 (33.64)	1:38.95 (34.89)	2:13.09 (34.14)
3	Fontaine Chan-O'Connell	35	Illinois Masters-21	2:24.50
	33.08	1:08.49 (35.41)	1:46.47 (37.98)	2:24.50 (38.03)

**Women 35-39 500 Yard Freestyle**

1	Jinxi Caddel	39	Conejo Valley Multisport Maste-33	5:42.69
	31.90	1:05.66 (33.76)	1:40.29 (34.63)	2:15.34 (35.05)
	2:50.23 (34.89)	3:25.06 (34.83)	3:59.53 (34.47)	4:34.25 (34.72)
	5:08.86 (34.61)	5:42.69 (33.83)		
2	Astrid Cybulskis	35	Novaquatics Masters-33	6:54.66
	36.08	1:16.29 (40.21)	1:57.44 (41.15)	2:39.61 (42.17)
	3:22.36 (42.75)	4:05.02 (42.66)	4:48.19 (43.17)	5:31.70 (43.51)
	6:14.40 (42.70)	6:54.66 (40.26)		

**Women 35-39 50 Yard Backstroke**

1	Jinxi Caddel	39	Conejo Valley Multisport Maste-33	31.88
2	Natalie Eckdahl	37	Novaquatics Masters-33	33.48
3	Ann-Britt Holm	39	UNATTACHED	33.86
4	Astrid Cybulskis	35	Novaquatics Masters-33	35.61
---	Gamze Kircalioglu	39	Rose Bowl Masters-33	DQ

**Women 35-39 100 Yard Backstroke**

1	Karen Duggan	39	Walnut Creek Masters-38	1:04.82
	31.57	1:04.82 (33.25)		
2	Sorrel Hanson	38	Novaquatics Masters-33	1:12.15
	35.31	1:12.15 (36.84)		
3	Astrid Cybulskis	35	Novaquatics Masters-33	1:17.82
	38.27	1:17.82 (39.55)		

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 35-39 50 Yard Breaststroke**

1 Sorrel Hanson	38 Novaquatics Masters-33	38.65
2 Krickitt Maki	39 Claremont Club-33	40.36

**Women 35-39 200 Yard Breaststroke**

1 Karen Duggan	39 Walnut Creek Masters-38	2:44.62
37.45	1:18.73 (41.28) 2:00.62 (41.89) 2:44.62 (44.00)	
2 Karin Wegner	37 YMCA Indy SwimFit-16	3:15.23
43.54	1:32.86 (49.32) 2:24.26 (51.40) 3:15.23 (50.97)	
3 Gamze Kircalioglu	39 Rose Bowl Masters-33	3:47.83
46.85	1:40.41 (53.56) 2:45.61 (1:05.20) 3:47.83 (1:02.22)	

**Women 35-39 50 Yard Butterfly**

1 Kate Egan	38 Orange Coast Masters Swimming-33	29.72
2 Sorrel Hanson	38 Novaquatics Masters-33	30.31
3 Karen Duggan	39 Walnut Creek Masters-38	30.67
4 Astrid Cybulskis	35 Novaquatics Masters-33	34.50

**Women 35-39 200 Yard Butterfly**

1 Karen Duggan	39 Walnut Creek Masters-38	2:36.65
34.05	1:13.16 (39.11) 1:54.27 (41.11) 2:36.65 (42.38)	
2 Fontaine Chan-O'Connell	35 Illinois Masters-21	3:00.59
39.58	1:24.25 (44.67) 2:11.64 (47.39) 3:00.59 (48.95)	

**Women 35-39 100 Yard IM**

1 Jinxi Caddel	39 Conejo Valley Multisport Maste-33	1:07.44
31.00	1:07.44 (36.44)	
2 Karen Duggan	39 Walnut Creek Masters-38	1:07.78
30.84	1:07.78 (36.94)	
3 Sorrel Hanson	38 Novaquatics Masters-33	1:10.62
33.00	1:10.62 (37.62)	
4 Astrid Cybulskis	35 Novaquatics Masters-33	1:14.53
35.29	1:14.53 (39.24)	

**Women 35-39 200 Yard IM**

1 Ann-Britt Holm	39 UNATTACHED	2:40.59
34.71	1:16.31 (41.60) 2:02.66 (46.35) 2:40.59 (37.93)	
2 Natalie Eckdahl	37 Novaquatics Masters-33	2:41.97
34.07	1:15.64 (41.57) 2:04.91 (49.27) 2:41.97 (37.06)	
3 Astrid Cybulskis	35 Novaquatics Masters-33	2:42.43
36.12	1:17.05 (40.93) 2:05.77 (48.72) 2:42.43 (36.66)	
4 Gamze Kircalioglu	39 Rose Bowl Masters-33	3:25.29
50.50	1:49.21 (58.71) 2:41.25 (52.04) 3:25.29 (44.04)	

**Women 35-39 400 Yard IM**

1 Fontaine Chan-O'Connell	35 Illinois Masters-21	6:01.13
39.14	1:24.75 (45.61) 2:11.32 (46.57) 2:57.46 (46.14)	
3:50.95 (53.49)	4:43.92 (52.97) 5:22.82 (38.90) 6:01.13 (38.31)	

**Women 40-44 50 Yard Freestyle**

1 Jennifer Batcheller	41 Mission Viejo Masters-33	27.03
2 Janine McGauley	41 Novaquatics Masters-33	27.58
3 T Sorenson	43 Mission Viejo Masters-33	28.27
4 Kelly Richell	44 Mission Viejo Masters-33	29.67
5 Lachell Chambers	40 UNATTACHED	29.83
6 Laura Dobbs	40 Mission Viejo Masters-33	29.87

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Women 40-44 50 Yard Freestyle)**

7	Mika Gomez	42	Novaquatics Masters-33	29.96
8	Jennifer Burch-Ascencio	44	Mission Viejo Masters-33	31.48

**Women 40-44 100 Yard Freestyle**

1	Emily Odgers	42	Novaquatics Masters-33	55.29
	26.84		55.29 (28.45)	
2	Janine McGauley	41	Novaquatics Masters-33	1:01.73
	29.93		1:01.73 (31.80)	
3	Laura Dobbs	40	Mission Viejo Masters-33	1:04.33
	30.80		1:04.33 (33.53)	
4	Mika Gomez	42	Novaquatics Masters-33	1:08.40
	31.34		1:08.40 (37.06)	
5	Jennifer Burch-Ascencio	44	Mission Viejo Masters-33	1:09.24
6	Allison Bernhardt	41	Coto de Caza Coyotes-33	1:14.55
	34.94		1:14.55 (39.61)	

**Women 40-44 200 Yard Freestyle**

1	Emily Odgers	42	Novaquatics Masters-33	2:03.80
	28.77		1:00.30 (31.53) 1:32.22 (31.92) 2:03.80 (31.58)	
2	T Sorenson	43	Mission Viejo Masters-33	2:12.74
	31.40		1:05.04 (33.64) 1:39.31 (34.27) 2:12.74 (33.43)	
3	Kristen Winn	40	San Diego Swim Masters-44	2:16.52
	30.42		1:04.75 (34.33) 1:40.68 (35.93) 2:16.52 (35.84)	
4	Kelly Richell	44	Mission Viejo Masters-33	2:18.09
	32.40		1:07.42 (35.02) 1:42.78 (35.36) 2:18.09 (35.31)	
5	Laura Dobbs	40	Mission Viejo Masters-33	2:20.57
	32.42		1:07.62 (35.20) 1:44.03 (36.41) 2:20.57 (36.54)	
6	Mika Gomez	42	Novaquatics Masters-33	2:28.89
	33.70		1:10.26 (36.56) 1:49.51 (39.25) 2:28.89 (39.38)	
7	Jennifer Burch-Ascencio	44	Mission Viejo Masters-33	2:31.23
	35.09		1:12.93 (37.84) 1:52.27 (39.34) 2:31.23 (38.96)	
8	Dara Goldsmith	43	UNATTACHED	2:44.34
	35.81		1:16.07 (40.26) 2:00.44 (44.37) 2:44.34 (43.90)	

**Women 40-44 500 Yard Freestyle**

1	Emily Odgers	42	Novaquatics Masters-33	5:40.11
	30.03		1:03.08 (33.05) 1:37.30 (34.22) 2:11.91 (34.61)	
	2:46.29 (34.38)		3:20.33 (34.04) 3:55.29 (34.96) 4:30.38 (35.09)	
	5:05.55 (35.17)		5:40.11 (34.56)	
2	T Sorenson	43	Mission Viejo Masters-33	5:57.67
	33.50		1:09.41 (35.91) 1:45.87 (36.46) 2:23.30 (37.43)	
	2:59.54 (36.24)		3:35.38 (35.84) 4:10.94 (35.56) 4:46.41 (35.47)	
	5:22.33 (35.92)		5:57.67 (35.34)	
3	Teri Lerew	44	Arizona Masters-48	6:01.65
	33.18		1:09.01 (35.83) 1:45.41 (36.40) 2:22.36 (36.95)	
	2:58.96 (36.60)		3:35.74 (36.78) 4:12.17 (36.43) 4:49.16 (36.99)	
	5:25.59 (36.43)		6:01.65 (36.06)	
4	Kelly Richell	44	Mission Viejo Masters-33	6:10.75
	34.23		1:11.10 (36.87) 1:48.68 (37.58) 2:26.56 (37.88)	
	3:03.97 (37.41)		3:41.52 (37.55) 4:18.77 (37.25) 4:56.15 (37.38)	
	5:33.72 (37.57)		6:10.75 (37.03)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Women 40-44 500 Yard Freestyle)**

5	Laura Dobbs	40	Mission Viejo Masters-33	6:15.28
	33.08	1:09.12 (36.04)	1:47.07 (37.95)	2:25.13 (38.06)
	3:03.04 (37.91)	3:41.14 (38.10)	4:19.29 (38.15)	4:58.04 (38.75)
	5:37.43 (39.39)	6:15.28 (37.85)		
6	Heidi Kaspers	42	Novaquatics Masters-33	6:25.22
	33.33	1:09.64 (36.31)	1:47.70 (38.06)	2:26.98 (39.28)
	3:07.84 (40.86)	3:47.17 (39.33)	4:27.12 (39.95)	5:07.15 (40.03)
	5:46.85 (39.70)	6:25.22 (38.37)		
7	Janine McGauley	41	Novaquatics Masters-33	6:28.72
	33.10	1:10.42 (37.32)	1:49.80 (39.38)	2:30.43 (40.63)
	3:10.20 (39.77)	3:49.56 (39.36)	4:29.75 (40.19)	5:11.00 (41.25)
	5:50.84 (39.84)	6:28.72 (37.88)		
8	Wendy Theders	42	Novaquatics Masters-33	6:54.75
	38.51	1:20.14 (41.63)	2:02.45 (42.31)	2:44.11 (41.66)
	3:26.48 (42.37)	4:08.85 (42.37)	4:50.89 (42.04)	5:32.61 (41.72)
	6:13.98 (41.37)	6:54.75 (40.77)		
9	Jennifer Richter	42	Mission Viejo Masters-33	9:23.52
	49.69	1:44.15 (54.46)	2:40.05 (55.90)	3:36.05 (56.00)
	4:33.52 (57.47)	5:30.51 (56.99)	6:29.62 (59.11)	7:26.29 (56.67)
	8:24.13 (57.84)	9:23.52 (59.39)		

**Women 40-44 1000 Yard Freestyle**

1	Teri Lereu	44	Arizona Masters-48	12:20.70
	32.33	1:07.41 (35.08)	1:43.31 (35.90)	2:20.09 (36.78)
	2:56.67 (36.58)	3:33.64 (36.97)	4:10.90 (37.26)	4:48.20 (37.30)
	5:25.72 (37.52)	6:03.39 (37.67)	6:40.81 (37.42)	7:18.37 (37.56)
	7:56.32 (37.95)	8:33.96 (37.64)	9:12.12 (38.16)	9:49.63 (37.51)
	10:27.32 (37.69)	11:05.77 (38.45)	11:43.57 (37.80)	12:20.70 (37.13)
2	Janine McGauley	41	Novaquatics Masters-33	13:20.75
	34.17	1:12.74 (38.57)	1:52.87 (40.13)	2:33.61 (40.74)
	3:14.49 (40.88)	3:55.24 (40.75)	4:35.68 (40.44)	5:16.43 (40.75)
	5:57.48 (41.05)	6:38.49 (41.01)	7:18.68 (40.19)	7:59.28 (40.60)
	8:40.16 (40.88)	9:20.83 (40.67)	10:02.23 (41.40)	10:42.29 (40.06)
	11:22.73 (40.44)	12:02.62 (39.89)	12:42.11 (39.49)	13:20.75 (38.64)
3	Lisa Zawistoski	40	Mission Viejo Masters-33	13:44.44
	34.13	1:12.32 (38.19)	1:52.62 (40.30)	2:33.94 (41.32)
	3:15.46 (41.52)	3:57.05 (41.59)	4:38.69 (41.64)	5:20.79 (42.10)
	6:02.88 (42.09)	6:44.72 (41.84)	7:26.61 (41.89)	8:08.38 (41.77)
	8:50.68 (42.30)	9:32.67 (41.99)	10:14.75 (42.08)	10:56.59 (41.84)
	11:39.03 (42.44)	12:20.95 (41.92)	13:02.93 (41.98)	13:44.44 (41.51)
4	Wendy Theders	42	Novaquatics Masters-33	14:28.33
	37.66	19.:35999 (41.69999)	2:01.98 (42.62001)	2:45.66 (43.68)
	3:29.38 (43.72)	4:13.01 (43.63)	4:56.25 (43.24)	5:39.61 (43.36)
	6:22.79 (43.18)	7:06.38 (43.59)	7:49.94 (43.56)	8:33.92 (43.98)
	9:18.54 (44.62)	10:02.62 (44.08)	10:46.92 (44.30)	11:31.14 (44.22)
	12:15.51 (44.37)	13:00.06 (44.55)	13:44.81 (44.75)	14:28.33 (43.52)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 40-44 1650 Yard Freestyle**

1	T Sorenson	43	Mission Viejo Masters-33	20:56.23
	34.60	1:12.08 (37.48)	1:50.45 (38.37)	2:29.13 (38.68)
	3:07.44 (38.31)	3:45.89 (38.45)	4:23.88 (37.99)	5:01.99 (38.11)
	5:40.23 (38.24)	6:18.23 (38.00)	6:56.21 (37.98)	7:34.37 (38.16)
	8:12.73 (38.36)	8:51.07 (38.34)	9:29.25 (38.18)	10:07.61 (38.36)
	10:45.84 (38.23)	11:24.21 (38.37)	12:02.50 (38.29)	12:40.63 (38.13)
	13:18.90 (38.27)	13:58.00 (39.10)	14:36.41 (38.41)	15:14.46 (38.05)
	15:52.59 (38.13)	16:30.94 (38.35)	17:09.46 (38.52)	17:47.54 (38.08)
	18:26.00 (38.46)	19:04.00 (38.00)	19:41.21 (37.21)	20:19.57 (38.36)
				20:56.23 (36.66)
2	Janine McGauley	41	Novaquatics Masters-33	22:26.40
	37.56	1:16.33 (38.77)	1:56.77 (40.44)	2:38.52 (41.75)
	3:20.78 (42.26)	4:02.95 (42.17)	4:45.31 (42.36)	5:27.24 (41.93)
	6:09.52 (42.28)	6:51.92 (42.40)	7:32.38 (40.46)	8:13.68 (41.30)
	8:54.76 (41.08)	9:35.46 (40.70)	10:16.20 (40.74)	10:57.83 (41.63)
	11:38.80 (40.97)	12:19.48 (40.68)	13:00.04 (40.56)	13:40.45 (40.41)
	14:20.58 (40.13)	15:00.59 (40.01)	15:41.08 (40.49)	16:21.93 (40.85)
	17:02.02 (40.09)	17:43.01 (40.99)	18:23.87 (40.86)	19:04.32 (40.45)
	19:45.13 (40.81)	20:25.37 (40.24)	21:04.94 (39.57)	21:45.23 (40.29)
				22:26.40 (41.17)
3	Lachell Chambers	40	UNATTACHED	23:04.20
	37.96	1:18.66 (40.70)	2:01.18 (42.52)	2:43.84 (42.66)
	3:26.49 (42.65)	4:09.20 (42.71)	4:52.19 (42.99)	5:34.70 (42.51)
	6:16.96 (42.26)	6:59.05 (42.09)	7:41.15 (42.10)	8:22.78 (41.63)
	9:04.61 (41.83)	9:46.80 (42.19)	10:28.78 (41.98)	11:10.62 (41.84)
	11:52.77 (42.15)	12:34.79 (42.02)	13:16.83 (42.04)	13:58.54 (41.71)
	14:40.04 (41.50)	15:22.30 (42.26)	16:04.50 (42.20)	16:46.96 (42.46)
	17:28.33 (41.37)	18:10.65 (42.32)	18:53.04 (42.39)	19:35.15 (42.11)
	20:16.95 (41.80)	20:59.81 (42.86)	21:42.43 (42.62)	22:23.48 (41.05)
				23:04.20 (40.72)
4	Jennifer Richter	42	Mission Viejo Masters-33	31:55.80
	50.99	1:47.59 (56.60)	2:44.91 (57.32)	3:40.89 (55.98)
	4:39.44 (58.55)	5:38.97 (59.53)	6:39.02 (1:00.05)	7:36.66 (57.64)
	8:38.19 (1:01.53)	9:38.14 (59.95)	10:35.50 (57.36)	11:35.11 (59.61)
	12:33.35 (58.24)	13:31.56 (58.21)	14:28.03 (56.47)	15:25.35 (57.32)
	16:22.52 (57.17)	17:22.35 (59.83)	18:21.12 (58.77)	19:18.63 (57.51)
	20:17.03 (58.40)	21:16.24 (59.21)	22:15.83 (59.59)	23:13.73 (57.90)
	24:12.96 (59.23)	25:12.85 (59.89)	26:10.71 (57.86)	27:09.21 (58.50)
	28:08.64 (59.43)	29:07.90 (59.26)	30:05.79 (57.89)	31:03.01 (57.22)
				31:55.80 (52.79)

**Women 40-44 50 Yard Backstroke**

1	Teri Lerew	44	Arizona Masters-48	33.58
2	Barbara Lastelic	43	Novaquatics Masters-33	35.62
3	Laura Dobbs	40	Mission Viejo Masters-33	36.45
4	Dara Goldsmith	43	UNATTACHED	37.46
5	Mika Gomez	42	Novaquatics Masters-33	37.98
6	Paula Fell	44	Novaquatics Masters-33	39.88
7	Jennifer Richter	42	Mission Viejo Masters-33	57.72

**Women 40-44 100 Yard Backstroke**

1	Karen Schmidt	43	Solana Beach Swim Masters-44	1:04.77
	31.92	1:04.77 (32.85)		
2	Emily Odgers	42	Novaquatics Masters-33	1:08.40
	33.79	1:08.40 (34.61)		
3	Teri Lerew	44	Arizona Masters-48	1:12.41
	35.83	1:12.41 (36.58)		

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Women 40-44 100 Yard Backstroke)**

4	Kristen Winn	40	San Diego Swim Masters-44	1:12.72
	34.99	1:12.72 (37.73)		
5	Barbara Lastelic	43	Novaquatics Masters-33	1:16.52
	37.50	1:16.52 (39.02)		
6	Wendy Theders	42	Novaquatics Masters-33	1:17.41
7	Dara Goldsmith	43	UNATTACHED	1:20.55
	38.58	1:20.55 (41.97)		
8	Paula Fell	44	Novaquatics Masters-33	1:27.27
	42.86	1:27.27 (44.41)		

**Women 40-44 200 Yard Backstroke**

1	Karen Schmidt	43	Solana Beach Swim Masters-44	2:18.07
	32.25	1:06.67 (34.42)	1:42.00 (35.33)	2:18.07 (36.07)
2	Emily Odgers	42	Novaquatics Masters-33	2:24.36
		1:48.26 ( )		2:24.36 (36.10)
3	Teri Lerew	44	Arizona Masters-48	2:33.36
	36.58	1:15.46 (38.88)	1:54.36 (38.90)	2:33.36 (39.00)
4	Cheryl Simmons	43	Rose Bowl Masters-33	2:38.09
	22.44	1:01.60 (39.16)	1:42.49 (40.89)	2:38.09 (55.60)
5	Barbara Lastelic	43	Novaquatics Masters-33	2:42.83
	38.67	1:20.23 (41.56)	2:02.25 (42.02)	2:42.83 (40.58)
6	Wendy Theders	42	Novaquatics Masters-33	2:52.47
	40.74	1:25.75 (45.01)	2:10.07 (44.32)	2:52.47 (42.40)
7	Dara Goldsmith	43	UNATTACHED	2:55.25
	39.55	1:23.25 (43.70)	2:09.76 (46.51)	2:55.25 (45.49)

**Women 40-44 50 Yard Breaststroke**

1	Mary Jurey	43	Southern California Aquatic Ma-33	36.50
2	Jennifer Batcheller	41	Mission Viejo Masters-33	38.56
3	Paula Fell	44	Novaquatics Masters-33	42.35

**Women 40-44 100 Yard Breaststroke**

1	Mary Jurey	43	Southern California Aquatic Ma-33	1:16.46
	36.29	1:16.46 (40.17)		
2	Cheryl Simmons	43	Rose Bowl Masters-33	1:20.42
	38.86	1:20.42 (41.56)		
3	Allison Bernhardt	41	Coto de Caza Coyotes-33	1:28.09
	41.52	1:28.09 (46.57)		
4	Paula Fell	44	Novaquatics Masters-33	1:31.19
	42.17	1:31.19 (49.02)		
5	Shelley Bird	41	Coto de Caza Coyotes-33	1:32.25
	43.81	1:32.25 (48.44)		

**Women 40-44 200 Yard Breaststroke**

1	Karen Schmidt	43	Solana Beach Swim Masters-44	2:40.23
	37.62	1:17.94 (40.32)	1:59.16 (41.22)	2:40.23 (41.07)
2	Cheryl Simmons	43	Rose Bowl Masters-33	2:51.28
	39.56	1:23.02 (43.46)	2:07.04 (44.02)	2:51.28 (44.24)
3	Shelley Bird	41	Coto de Caza Coyotes-33	4:22.54
	58.04	2:04.84 (1:06.80)	3:15.35 (1:10.51)	4:22.54 (1:07.19)

**Women 40-44 50 Yard Butterfly**

1	Emily Odgers	42	Novaquatics Masters-33	29.34
2	Karen Schmidt	43	Solana Beach Swim Masters-44	29.41

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Women 40-44 50 Yard Butterfly)**

3	Mary Jurey	43	Southern California Aquatic Ma-33	30.41
4	Kristen Winn	40	San Diego Swim Masters-44	31.22
5	Laura Dobbs	40	Mission Viejo Masters-33	31.38
6	Janine McGauley	41	Novaquatics Masters-33	32.14
7	Barbara Lastelic	43	Novaquatics Masters-33	32.51
8	Mika Gomez	42	Novaquatics Masters-33	33.00
9	T Sorenson	43	Mission Viejo Masters-33	33.02
10	Lachell Chambers	40	UNATTACHED	33.74
11	Maggie Williams-Dalgart	43	Mission Viejo Masters-33	34.52
12	Jennifer Richter	42	Mission Viejo Masters-33	54.37

**Women 40-44 100 Yard Butterfly**

1	Teri Lerew	44	Arizona Masters-48	1:09.90
	32.80		1:09.90 (37.10)	
2	Laura Dobbs	40	Mission Viejo Masters-33	1:14.18
	34.18		1:14.18 (40.00)	
3	Cheryl Simmons	43	Rose Bowl Masters-33	1:15.48
	34.76		1:15.48 (40.72)	
4	Barbara Lastelic	43	Novaquatics Masters-33	1:15.59
	36.02		1:15.59 (39.57)	
5	Janine McGauley	41	Novaquatics Masters-33	1:21.15
	37.11		1:21.15 (44.04)	

**Women 40-44 200 Yard Butterfly**

1	Jennifer Richter	42	Mission Viejo Masters-33	4:06.23
	56.00		1:57.13 (1:01.13) 3:02.02 (1:04.89) 4:06.23 (1:04.21)	

**Women 40-44 100 Yard IM**

1	Karen Schmidt	43	Solana Beach Swim Masters-44	1:06.76
	30.17		1:06.76 (36.59)	
2	Mary Jurey	43	Southern California Aquatic Ma-33	1:09.56
	32.28		1:09.56 (37.28)	
3	Kristen Winn	40	San Diego Swim Masters-44	1:10.18
	32.47		1:10.18 (37.71)	
4	Barbara Lastelic	43	Novaquatics Masters-33	1:13.74
	34.43		1:13.74 (39.31)	
5	Jennifer Batcheller	41	Mission Viejo Masters-33	1:14.18
6	T Sorenson	43	Mission Viejo Masters-33	1:15.07
	35.71		1:15.07 (39.36)	
7	Lachell Chambers	40	UNATTACHED	1:17.24
	36.40		1:17.24 (40.84)	
8	Maggie Williams-Dalgart	43	Mission Viejo Masters-33	1:21.03
	36.82		1:21.03 (44.21)	
9	Dara Goldsmith	43	UNATTACHED	1:24.83
	39.21		1:24.83 (45.62)	

**Women 40-44 200 Yard IM**

1	Karen Schmidt	43	Solana Beach Swim Masters-44	2:19.92
	29.81		1:04.35 (34.54) 1:46.75 (42.40) 2:19.92 (33.17)	
2	Cheryl Simmons	43	Rose Bowl Masters-33	2:36.71
	35.30		1:15.61 (40.31) 2:01.04 (45.43) 2:36.71 (35.67)	
3	T Sorenson	43	Mission Viejo Masters-33	2:40.71
	36.47		1:19.26 (42.79) 2:06.71 (47.45) 2:40.71 (34.00)	



**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 40-44 400 Yard IM**

1	Karen Schmidt	43	Solana Beach Swim Masters-44	4:56.64
	31.92	1:08.06 (36.14)	1:45.45 (37.39)	2:22.74 (37.29)
	3:05.28 (42.54)	3:48.75 (43.47)	4:23.51 (34.76)	4:56.64 (33.13)
2	Emily Odgers	42	Novaquatics Masters-33	5:04.68
	32.04	1:08.88 (36.84)	1:49.28 (40.40)	2:28.60 (39.32)
	3:13.55 (44.95)	3:58.06 (44.51)	4:32.48 (34.42)	5:04.68 (32.20)
3	Cheryl Simmons	43	Rose Bowl Masters-33	5:22.01
	35.29	1:16.39 (41.10)	1:58.02 (41.63)	2:38.45 (40.43)
	3:23.97 (45.52)	4:08.85 (44.88)	4:46.18 (37.33)	5:22.01 (35.83)
4	Teri Lerew	44	Arizona Masters-48	5:27.25
	33.53	1:12.38 (38.85)	1:55.26 (42.88)	2:36.80 (41.54)
	3:25.18 (48.38)	4:13.35 (48.17)	4:50.85 (37.50)	5:27.25 (36.40)
5	Barbara Lastelic	43	Novaquatics Masters-33	5:46.12
	36.66	1:19.50 (42.84)	2:06.35 (46.85)	2:51.03 (44.68)
	3:40.70 (49.67)	4:29.50 (48.80)	5:08.40 (38.90)	5:46.12 (37.72)
6	Wendy Theders	42	Novaquatics Masters-33	6:21.89
	40.06	1:28.19 (48.13)	2:17.77 (49.58)	3:06.60 (48.83)
	4:00.57 (53.97)	4:55.35 (54.78)	5:39.31 (43.96)	6:21.89 (42.58)
7	Jennifer Richter	42	Mission Viejo Masters-33	8:33.44
	56.70	2:01.60 (1:04.90)	3:06.56 (1:04.96)	4:10.60 (1:04.04)
	5:25.58 (1:14.98)	6:42.27 (1:16.69)	7:39.25 (56.98)	8:33.44 (54.19)

**Women 45-49 50 Yard Freestyle**

1	Katie Osborne	46	Novaquatics Masters-33	26.16
2	Bonnie Rogers	47	Fullerton FAST Masters Team-33	26.47
3	Monica Bailey	49	Arizona Masters-48	26.98
4	Becki Major	46	Arizona Masters-48	27.19
5	Liz Hjorth	45	South Bay Swim Team-33	30.46
6	Kim Burton	47	Mission Viejo Masters-33	31.70
7	Lynn Canning	48	Rose Bowl Masters-33	32.25
8	Lisa Empey	49	Coto de Caza Coyotes-33	36.83
9	Patty George	48	Mission Viejo Masters-33	37.43
10	Sally Cook	48	Rose Bowl Masters-33	40.29

**Women 45-49 100 Yard Freestyle**

1	Arlette Godges	46	Southern California Aquatic Ma-33	57.16
	27.39	57.16 (29.77)		
2	Katie Osborne	46	Novaquatics Masters-33	57.62
	27.25	57.62 (30.37)		
3	Becki Major	46	Arizona Masters-48	59.59
4	Monica Bailey	49	Arizona Masters-48	59.82
	28.49	59.82 (31.33)		
5	Caroline Krattli	48	San Diego Swim Masters-44	59.84
	29.31	59.84 (30.53)		
6	Linda Rudolf	47	San Diego Swim Masters-44	1:00.43
	29.45	1:00.43 (30.98)		
7	Julia Juliusson	45	Novaquatics Masters-33	1:04.34
	30.59	1:04.34 (33.75)		
8	Liz Hjorth	45	South Bay Swim Team-33	1:06.21
	32.89	1:06.21 (33.32)		
9	Lauri Deffenbaugh	47	Coto de Caza Coyotes-33	1:09.10
	31.97	1:09.10 (37.13)		

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Women 45-49 100 Yard Freestyle)**

10	Melissa Latt	46	Southern California Aquatic Ma-33	1:09.81
	33.82	1:09.81 (35.99)		
11	Lisa Empey	49	Coto de Caza Coyotes-33	1:30.73
	43.35	1:30.73 (47.38)		
12	Sally Cook	48	Rose Bowl Masters-33	1:34.35
	43.77	1:34.35 (50.58)		
13	Mari Russell	45	Novaquatics Masters-33	1:37.41
	43.87	1:37.41 (53.54)		

**Women 45-49 200 Yard Freestyle**

1	Becki Major	46	Arizona Masters-48	2:11.28
	30.55	1:03.37 (32.82)	1:37.00 (33.63)	2:11.28 (34.28)
2	Linda Rudolf	47	San Diego Swim Masters-44	2:15.84
	31.00	1:05.29 (34.29)	1:40.69 (35.40)	2:15.84 (35.15)
3	Monica Bailey	49	Arizona Masters-48	2:25.15
	31.48	1:12.88 (41.40)	1:49.96 (37.08)	2:25.15 (35.19)
4	Laurie Bossard	46	Santa Clarita Masters Club-33	2:28.14
	32.90	1:09.61 (36.71)	1:48.26 (38.65)	2:28.14 (39.88)
5	Melissa Latt	46	Southern California Aquatic Ma-33	2:30.63
	34.77	1:12.33 (37.56)	1:51.35 (39.02)	2:30.63 (39.28)
6	Kerry Deputy	48	Novaquatics Masters-33	2:39.91
	35.07	2:39.91 (2:04.84)		

**Women 45-49 500 Yard Freestyle**

1	Becki Major	46	Arizona Masters-48	5:56.02
	32.98	1:07.77 (34.79)	1:43.56 (35.79)	2:19.17 (35.61)
	2:55.22 (36.05)	3:31.11 (35.89)	4:07.00 (35.89)	4:43.64 (36.64)
	5:20.42 (36.78)	5:56.02 (35.60)		
2	Susan Shore	47	West Hollywood Aquatics-33	6:24.34
		1:12.20 ( )	1:51.03 (38.83)	2:30.66 (39.63)
	3:09.83 (39.17)	3:49.37 (39.54)	4:28.76 (39.39)	5:08.00 (39.24)
	5:46.89 (38.89)	6:24.34 (37.45)		
3	Julia Juliusson	45	Novaquatics Masters-33	6:33.84
	34.63	1:13.91 (39.28)	1:54.54 (40.63)	2:35.06 (40.52)
	3:15.56 (40.50)	3:55.91 (40.35)	4:36.28 (40.37)	5:16.83 (40.55)
	5:56.97 (40.14)	6:33.84 (36.87)		
4	Laura Labelle	45	West Hollywood Aquatics-33	6:40.05
	35.23	1:14.51 (39.28)	1:54.93 (40.42)	2:35.77 (40.84)
	3:16.69 (40.92)	3:57.88 (41.19)	4:39.58 (41.70)	5:21.46 (41.88)
	6:02.26 (40.80)	6:40.05 (37.79)		
5	Deanne Weissman	47	Mission Viejo Masters-33	7:02.56
	39.35	1:21.58 (42.23)	2:04.42 (42.84)	2:47.42 (43.00)
	3:30.36 (42.94)	4:13.22 (42.86)	4:56.32 (43.10)	5:39.13 (42.81)
	6:21.51 (42.38)	7:02.56 (41.05)		
6	Kerry Deputy	48	Novaquatics Masters-33	7:07.99
	27.45	1:15.75 (48.30)	1:57.04 (41.29)	2:40.16 (43.12)
	3:24.29 (44.13)	4:08.94 (44.65)	4:53.97 (45.03)	5:39.91 (45.94)
	6:25.33 (45.42)	7:07.99 (42.66)		
7	Lauri Deffenbaugh	47	Coto de Caza Coyotes-33	7:22.89
	36.96	1:19.20 (42.24)	2:05.05 (45.85)	2:50.80 (45.75)
	3:36.71 (45.91)	4:21.92 (45.21)		5:54.45 ( )
	6:39.88 (45.43)	7:22.89 (43.01)		

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 45-49 1000 Yard Freestyle**

1	Susan Shore	47	West Hollywood Aquatics-33	13:05.73
	34.83	1:12.06 (37.23)	1:50.40 (38.34)	2:29.13 (38.73)
	3:08.17 (39.04)	3:47.74 (39.57)	4:27.94 (40.20)	5:07.90 (39.96)
	5:48.26 (40.36)	6:28.52 (40.26)	7:08.56 (40.04)	7:48.54 (39.98)
	8:28.77 (40.23)	9:08.73 (39.96)	9:48.91 (40.18)	10:29.07 (40.16)
	11:08.69 (39.62)	11:48.76 (40.07)	12:27.93 (39.17)	13:05.73 (37.80)
2	Julia Juliusson	45	Novaquatics Masters-33	13:32.13
	35.55	1:15.93 (40.38)	1:56.59 (40.66)	2:37.70 (41.11)
	3:18.96 (41.26)	4:00.64 (41.68)	4:42.67 (42.03)	5:24.36 (41.69)
	6:05.45 (41.09)	6:47.07 (41.62)	7:28.52 (41.45)	8:10.47 (41.95)
	8:51.40 (40.93)	9:32.54 (41.14)	10:13.95 (41.41)	10:55.00 (41.05)
	11:35.58 (40.58)	12:15.41 (39.83)	12:55.23 (39.82)	13:32.13 (36.90)
3	Deanne Weissman	47	Mission Viejo Masters-33	14:09.84
	38.94	14:09.84 (13:30.90)		
4	Lauri Deffenbaugh	47	Coto de Caza Coyotes-33	14:51.13
		4:19.94 ( )		
	7:18.52 ( )	8:03.73 (45.21)	8:49.25 (45.52)	9:34.02 (44.77)
	10:19.83 (45.81)			11:51.33 ( )
	14:51.13 (2:59.80)			
5	Mari Russell	45	Novaquatics Masters-33	18:48.22
	48.17	1:43.34 (55.17)	2:39.96 (56.62)	3:37.12 (57.16)
	4:34.19 (57.07)	5:32.85 (58.66)	6:30.72 (57.87)	7:28.42 (57.70)
	8:26.14 (57.72)	9:24.53 (58.39)	10:21.48 (56.95)	11:18.23 (56.75)
	12:14.80 (56.57)	13:12.68 (57.88)	14:08.76 (56.08)	15:05.63 (56.87)
	16:00.95 (55.32)	16:59.61 (58.66)	17:55.56 (55.95)	18:48.22 (52.66)

**Women 45-49 50 Yard Backstroke Splits Requested**

1	Linda Rudolf	47	San Diego Swim Masters-44	32.45
---	--------------	----	---------------------------	-------

**Women 45-49 50 Yard Backstroke**

1	Monica Bailey	49	Arizona Masters-48	30.57
2	Lisa Augerson	46	Mission Viejo Masters-33	35.35
3	Liz Hjorth	45	South Bay Swim Team-33	35.86
4	Kim Burton	47	Mission Viejo Masters-33	38.38
5	Sally Cook	48	Rose Bowl Masters-33	46.60
6	Patty George	48	Mission Viejo Masters-33	51.40

**Women 45-49 100 Yard Backstroke**

1	Caroline Krattli	48	San Diego Swim Masters-44	1:05.74
	32.53	1:05.74 (33.21)		
2	Monica Bailey	49	Arizona Masters-48	1:05.94
	32.06	1:05.94 (33.88)		
3	Linda Rudolf	47	San Diego Swim Masters-44	1:10.21
	34.42	1:10.21 (35.79)		
4	Susan Kingston	47	Los Angeles Peninsula Swimmers-33	1:11.48
	34.45	1:11.48 (37.03)		
5	Laurie Bossard	46	Santa Clarita Masters Club-33	1:17.28
	38.05	1:17.28 (39.23)		
6	Kim Burton	47	Mission Viejo Masters-33	1:24.35
	40.04	1:24.35 (44.31)		
7	Kerry Deputy	48	Novaquatics Masters-33	1:26.64
	41.50	1:26.64 (45.14)		

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Women 45-49 100 Yard Backstroke)**

8	Lauri Deffenbaugh	47	Coto de Caza Coyotes-33	1:37.48
	45.85		1:37.48 (51.63)	

**Women 45-49 200 Yard Backstroke**

1	Monica Bailey	49	Arizona Masters-48	2:24.14
	32.84	1:09.09 (36.25)	1:46.49 (37.40)	2:24.14 (37.65)
2	Linda Rudolf	47	San Diego Swim Masters-44	2:32.30
		1:13.51 ( )	1:52.95 (39.44)	2:32.30 (39.35)
3	Susan Kingston	47	Los Angeles Peninsula Swimmers-33	2:33.52
	35.70	1:14.58 (38.88)	1:54.28 (39.70)	2:33.52 (39.24)
4	Laura Labelle	45	West Hollywood Aquatics-33	2:44.56
	39.18		2:03.17 ( )	2:44.56 (41.39)
5	Trisha Commons	46	Conejo Valley Multisport Maste-33	3:21.13
	47.16	1:37.34 (50.18)	2:29.15 (51.81)	3:21.13 (51.98)
6	Lauri Deffenbaugh	47	Coto de Caza Coyotes-33	3:30.37
	45.20	1:38.74 (53.54)	3:30.37 (1:51.63)	
7	Sally Cook	48	Rose Bowl Masters-33	3:44.70
	49.74	1:46.15 (56.41)	2:45.90 (59.75)	3:44.70 (58.80)

**Women 45-49 50 Yard Breaststroke**

1	Caroline Krattli	48	San Diego Swim Masters-44	31.56
2	Lisa Augerson	46	Mission Viejo Masters-33	36.71
3	Melissa Latt	46	Southern California Aquatic Ma-33	40.55
4	Deanne Weissman	47	Mission Viejo Masters-33	41.45
5	Heather Philipp	45	Novaquatics Masters-33	41.62
6	Anne Marie Mills	46	UNATTACHED	43.04
7	Lisa Empey	49	Coto de Caza Coyotes-33	47.22
8	Laura Brown	48	Rose Bowl Masters-33	48.59
9	Agnes Wagner	45	Long Beach Grunions-33	49.19

**Women 45-49 100 Yard Breaststroke**

1	Caroline Krattli	48	San Diego Swim Masters-44	1:08.61
	32.47	1:08.61 (36.14)		
2	Lisa Augerson	46	Mission Viejo Masters-33	1:19.44
	37.69	1:19.44 (41.75)		
3	Deanne Weissman	47	Mission Viejo Masters-33	1:27.76
	42.62	1:27.76 (45.14)		
4	Heather Philipp	45	Novaquatics Masters-33	1:32.89
	43.50	1:32.89 (49.39)		
5	Melissa Latt	46	Southern California Aquatic Ma-33	1:33.04
	41.43	1:33.04 (51.61)		
6	Anne Marie Mills	46	UNATTACHED	1:37.63
	46.71	1:37.63 (50.92)		
7	Mari Russell	45	Novaquatics Masters-33	1:42.35
	48.88	1:42.35 (53.47)		
8	Lisa Empey	49	Coto de Caza Coyotes-33	1:48.76
	49.97	1:48.76 (58.79)		

**Women 45-49 200 Yard Breaststroke**

1	Lisa Augerson	46	Mission Viejo Masters-33	3:00.87
	41.63	1:28.43 (46.80)	2:15.07 (46.64)	3:00.87 (45.80)
2	Deanne Weissman	47	Mission Viejo Masters-33	3:11.72
	44.13	1:32.74 (48.61)	2:22.32 (49.58)	3:11.72 (49.40)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Women 45-49 200 Yard Breaststroke)**

3	Heather Philipp	45	Novaquatics Masters-33	3:21.48
	45.53	1:36.10 (50.57)	2:29.09 (52.99)	3:21.48 (52.39)
4	Anne Marie Mills	46	UNATTACHED	3:39.37
	49.08	1:44.48 (55.40)	2:42.24 (57.76)	3:39.37 (57.13)

**Women 45-49 50 Yard Butterfly**

1	Katie Osborne	46	Novaquatics Masters-33	28.09
2	Bonnie Rogers	47	Fullerton FAST Masters Team-33	28.50
3	Lisa Augerson	46	Mission Viejo Masters-33	31.52
4	Linda Rudolf	47	San Diego Swim Masters-44	32.35
5	Liz Hjorth	45	South Bay Swim Team-33	35.66
6	Agnes Wagner	45	Long Beach Grunions-33	36.27
7	Lauri Deffenbaugh	47	Coto de Caza Coyotes-33	37.09
8	Laura Brown	48	Rose Bowl Masters-33	47.09

**Women 45-49 100 Yard Butterfly**

1	Katie Osborne	46	Novaquatics Masters-33	1:04.75
	30.81	1:04.75 (33.94)		
2	Bonnie Rogers	47	Fullerton FAST Masters Team-33	1:06.87
	30.94	1:06.87 (35.93)		

**Women 45-49 200 Yard Butterfly**

1	Katie Osborne	46	Novaquatics Masters-33	2:35.16
	34.11	1:13.08 (38.97)	1:54.07 (40.99)	2:35.16 (41.09)
---	Therese O'Rourke	47	Mission Viejo Masters-33	DQ

**Women 45-49 100 Yard IM**

1	Caroline Krattli	48	San Diego Swim Masters-44	1:04.63
	30.77	1:04.63 (33.86)		
2	Linda Rudolf	47	San Diego Swim Masters-44	1:13.47
	33.82	1:13.47 (39.65)		
3	Lisa Augerson	46	Mission Viejo Masters-33	1:13.73
	35.21	1:13.73 (38.52)		
4	Susan Kingston	47	Los Angeles Peninsula Swimmers-33	1:18.16
	33.89	1:18.16 (44.27)		
5	Laurie Bossard	46	Santa Clarita Masters Club-33	1:18.23
	36.73	1:18.23 (41.50)		
6	Julia Juliusson	45	Novaquatics Masters-33	1:18.97
	35.79	1:18.97 (43.18)		
7	Liz Hjorth	45	South Bay Swim Team-33	1:19.24
	38.13	1:19.24 (41.11)		
8	Heather Philipp	45	Novaquatics Masters-33	1:22.77
	38.59	1:22.77 (44.18)		
9	Agnes Wagner	45	Long Beach Grunions-33	1:26.44
	40.69	1:26.44 (45.75)		
10	Kerry Deputy	48	Novaquatics Masters-33	1:28.81
	41.79	1:28.81 (47.02)		
11	Anne Marie Mills	46	UNATTACHED	1:30.89
	43.08	1:30.89 (47.81)		
12	Laura Brown	48	Rose Bowl Masters-33	1:36.35
	45.12	1:36.35 (51.23)		
---	Kim Burton	47	Mission Viejo Masters-33	DQ

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 45-49 200 Yard IM**

1	Liz Hjorth	45	South Bay Swim Team-33	3:03.97
	41.51	1:30.08 (48.57)	2:26.85 (56.77)	3:03.97 (37.12)
2	Heather Philipp	45	Novaquatics Masters-33	3:04.09
	38.67	1:25.98 (47.31)	2:21.05 (55.07)	3:04.09 (43.04)
3	Patty George	48	Mission Viejo Masters-33	3:41.68
	50.80	1:48.68 (57.88)	2:51.99 (1:03.31)	3:41.68 (49.69)

**Women 45-49 400 Yard IM**

1	Laura Labelle	45	West Hollywood Aquatics-33	5:52.60
	37.17	1:21.78 (44.61)	2:06.50 (44.72)	2:50.95 (44.45)
	3:39.95 (49.00)	4:31.07 (51.12)	5:13.37 (42.30)	5:52.60 (39.23)
2	Liz Hjorth	45	South Bay Swim Team-33	6:40.31
	44.27	1:34.73 (50.46)	2:27.99 (53.26)	3:20.67 (52.68)
	4:22.30 (1:01.63)	5:20.09 (57.79)	6:04.55 (44.46)	6:40.31 (35.76)

**Women 50-54 50 Yard Freestyle**

1	Laura Winslow	50	Arizona Masters-48	28.42
2	Dede Moore	50	South Bay Swim Team-33	28.72
3	Lisa Hilger	50	Rose Bowl Masters-33	29.12
4	Julie Heather	52	Rose Bowl Masters-33	30.05
5	Katy James	54	Arizona Masters-48	30.93
6	Lolita Veloso	53	San Diego Swim Masters-44	31.71
7	Patricia Powers	52	Long Beach Grunions-33	34.11
8	Kristi Dauser	53	Novaquatics Masters-33	36.40

**Women 50-54 100 Yard Freestyle**

1	Traci Granger	52	Los Angeles Peninsula Swimmers-33	59.36
	28.20	59.36 (31.16)		
2	Cokie Lepinski	50	Marin Pirates Masters-38	1:02.11
	29.43	1:02.11 (32.68)		
3	Laura Winslow	50	Arizona Masters-48	1:02.12
	30.19	1:02.12 (31.93)		
4	Debra Penney	52	UTAH Masters-34	1:08.26
	33.75	1:08.26 (34.51)		

**Women 50-54 200 Yard Freestyle**

1	Jenny Cook	52	Southern California Aquatic Ma-33	2:06.46
	29.07	1:00.79 (31.72)	1:33.61 (32.82)	2:06.46 (32.85)
2	Ahelee Sue Osborn	52	Conejo Valley Multisport Maste-33	2:06.51
	28.93	1:00.60 (31.67)	1:33.39 (32.79)	2:06.51 (33.12)
3	Cheri Ellington	52	Santa Clarita Masters Club-33	2:17.69
	31.66	2:17.69 (1:46.03)		
4	Joanne Saul	51	Las Vegas Masters-33	2:18.63
	31.07	1:05.86 (34.79)	1:42.05 (36.19)	2:18.63 (36.58)
5	Julie Heather	52	Rose Bowl Masters-33	2:32.46
	35.66	1:15.83 (40.17)	1:55.28 (39.45)	2:32.46 (37.18)
6	Patricia Powers	52	Long Beach Grunions-33	2:40.78
	35.48	1:16.33 (40.85)	1:58.60 (42.27)	2:40.78 (42.18)
7	Kristi Dauser	53	Novaquatics Masters-33	3:10.91
	41.26	1:29.49 (48.23)	2:21.14 (51.65)	3:10.91 (49.77)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 50-54 500 Yard Freestyle**

1	Jenny Cook	52	Southern California Aquatic Ma-33	5:37.71
	30.71	1:03.40 (32.69)	1:36.75 (33.35)	2:10.69 (33.94)
	2:44.83 (34.14)	3:19.46 (34.63)	3:54.56 (35.10)	4:29.58 (35.02)
	5:04.36 (34.78)	5:37.71 (33.35)		
2	Cheri Ellington	52	Santa Clarita Masters Club-33	6:08.20
	33.18	1:09.71 (36.53)	1:47.37 (37.66)	2:24.91 (37.54)
	3:02.50 (37.59)	3:39.95 (37.45)	4:17.44 (37.49)	4:54.70 (37.26)
	5:32.04 (37.34)	6:08.20 (36.16)		
3	Joanne Saul	51	Las Vegas Masters-33	6:14.38
	33.64	1:10.39 (36.75)	1:48.18 (37.79)	2:26.46 (38.28)
	3:04.54 (38.08)	3:43.03 (38.49)	4:21.59 (38.56)	5:00.03 (38.44)
	5:37.72 (37.69)	6:14.38 (36.66)		
4	Patricia Powers	52	Long Beach Grunions-33	7:02.36
	37.27	1:18.18 (40.91)	2:00.65 (42.47)	2:44.19 (43.54)
	3:27.37 (43.18)	4:10.75 (43.38)	4:54.15 (43.40)	5:37.67 (43.52)
	6:20.65 (42.98)	7:02.36 (41.71)		
5	Julie Heather	52	Rose Bowl Masters-33	7:04.24
	38.43	1:19.59 (41.16)	2:01.73 (42.14)	2:45.12 (43.39)
	3:27.58 (42.46)	4:10.06 (42.48)	4:52.98 (42.92)	5:36.40 (43.42)
	6:20.89 (44.49)	7:04.24 (43.35)		
6	Linda Spadoni	50	Mission Viejo Masters-33	7:30.44
	38.63	1:20.96 (42.33)	2:05.63 (44.67)	2:51.15 (45.52)
	3:37.41 (46.26)	4:24.30 (46.89)	5:11.78 (47.48)	5:58.81 (47.03)
	6:46.01 (47.20)	7:30.44 (44.43)		

**Women 50-54 1000 Yard Freestyle**

1	Linda Spadoni	50	Mission Viejo Masters-33	15:39.22
	36.13	1:15.91 (39.78)	1:59.67 (43.76)	2:44.98 (45.31)
	3:31.21 (46.23)	4:18.43 (47.22)	5:05.94 (47.51)	5:54.65 (48.71)
	6:43.84 (49.19)	7:33.12 (49.28)	8:22.54 (49.42)	9:11.69 (49.15)
	10:01.56 (49.87)	10:51.13 (49.57)	11:41.23 (50.10)	12:28.79 (47.56)
	13:17.15 (48.36)	14:05.37 (48.22)	14:54.10 (48.73)	15:39.22 (45.12)
2	Birgit Burgess	51	Novaquatics Masters-33	18:16.46
	48.14	1:39.65 (51.51)	2:32.91 (53.26)	3:27.41 (54.50)
	4:21.71 (54.30)	5:17.76 (56.05)	6:12.75 (54.99)	7:08.58 (55.83)
	8:04.41 (55.83)	9:01.12 (56.71)	9:57.85 (56.73)	10:52.57 (54.72)
	11:49.15 (56.58)	12:44.84 (55.69)	13:42.15 (57.31)	14:38.16 (56.01)
	15:32.95 (54.79)	16:27.91 (54.96)	17:24.37 (56.46)	18:16.46 (52.09)

**Women 50-54 1650 Yard Freestyle**

1	Patricia Powers	52	Long Beach Grunions-33	23:55.96
	39.02	1:21.68 (42.66)	2:05.54 (43.86)	2:49.58 (44.04)
	3:33.46 (43.88)	4:17.92 (44.46)	5:02.05 (44.13)	5:46.30 (44.25)
	6:30.13 (43.83)	7:14.33 (44.20)	7:57.98 (43.65)	8:41.89 (43.91)
	9:25.55 (43.66)	10:09.20 (43.65)	10:52.96 (43.76)	11:36.82 (43.86)
	12:20.51 (43.69)	13:04.22 (43.71)	13:48.06 (43.84)	14:31.73 (43.67)
	15:14.97 (43.24)	15:58.19 (43.22)	16:41.55 (43.36)	17:25.07 (43.52)
	18:08.86 (43.79)	18:52.36 (43.50)	19:35.91 (43.55)	20:19.39 (43.48)
	21:03.53 (44.14)	21:47.60 (44.07)	22:30.83 (43.23)	23:14.37 (43.54)
				23:55.96 (41.59)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Women 50-54 1650 Yard Freestyle)**

2	Linda Spadoni	50	Mission Viejo Masters-33		26:33.37
	38.93	1:21.65 (42.72)	2:07.37 (45.72)	2:54.26 (46.89)	
	3:41.71 (47.45)	4:29.87 (48.16)	5:18.31 (48.44)	6:06.92 (48.61)	
	6:55.33 (48.41)	7:44.25 (48.92)	8:33.50 (49.25)	9:22.09 (48.59)	
	10:11.67 (49.58)	11:00.05 (48.38)	11:48.53 (48.48)	12:37.11 (48.58)	
	13:25.80 (48.69)	14:15.81 (50.01)	15:05.62 (49.81)	15:56.50 (50.88)	
	16:46.46 (49.96)	17:36.25 (49.79)	18:26.18 (49.93)	19:15.53 (49.35)	
	20:04.85 (49.32)	20:54.25 (49.40)	21:43.69 (49.44)	22:32.90 (49.21)	
	23:21.44 (48.54)	24:10.79 (49.35)	24:59.23 (48.44)	25:47.94 (48.71)	26:33.37 (45.43)
3	Ikuko Cianci	52	Novaquatics Masters-33		33:34.35
	52.03	1:50.52 (58.49)	2:50.79 (1:00.27)	3:51.29 (1:00.50)	
	4:53.17 (1:01.88)	5:53.47 (1:00.30)	6:54.51 (1:01.04)	7:55.98 (1:01.47)	
	8:57.05 (1:01.07)	9:58.80 (1:01.75)	10:58.61 (59.81)	11:59.63 (1:01.02)	
	13:01.42 (1:01.79)	14:02.42 (1:01.00)	15:04.07 (1:01.65)	16:06.28 (1:02.21)	
	17:07.21 (1:00.93)	18:08.51 (1:01.30)	19:09.66 (1:01.15)	20:11.46 (1:01.80)	
	21:12.85 (1:01.39)	22:15.10 (1:02.25)	23:17.44 (1:02.34)	24:19.12 (1:01.68)	
	25:21.06 (1:01.94)	26:23.04 (1:01.98)	27:25.14 (1:02.10)		
	29:29.71 ( )	30:32.77 (1:03.06)	31:33.82 (1:01.05)	32:35.93 (1:02.11)	33:34.35 (58.42)

**Women 50-54 50 Yard Backstroke**

1	Ahelee Sue Osborn	52	Conejo Valley Multisport Maste-33		31.40
2	Lisa Hilger	50	Rose Bowl Masters-33		32.14
3	Dede Moore	50	South Bay Swim Team-33		38.07
4	Kristi Dauser	53	Novaquatics Masters-33		48.98

**Women 50-54 100 Yard Backstroke**

1	Ahelee Sue Osborn	52	Conejo Valley Multisport Maste-33		1:06.80
	32.39	1:06.80 (34.41)			
2	Jane Mc Call	50	Los Angeles Peninsula Swimmers-33		1:08.26
	33.79	1:08.26 (34.47)			
3	Lisa Hilger	50	Rose Bowl Masters-33		1:10.33
	33.44	1:10.33 (36.89)			
4	Katy James	54	Arizona Masters-48		1:18.50
	36.42	1:18.50 (42.08)			
5	Lolita Veloso	53	San Diego Swim Masters-44		1:22.25
	38.53	1:22.25 (43.72)			
6	Susan Duquesnel	50	Long Beach Grunions-33		1:59.41

**Women 50-54 200 Yard Backstroke**

1	Ahelee Sue Osborn	52	Conejo Valley Multisport Maste-33		2:24.21
	32.75	1:08.48 (35.73)	1:45.99 (37.51)	2:24.21 (38.22)	
2	Katy James	54	Arizona Masters-48		2:48.47
	38.00	1:20.26 (42.26)	2:05.06 (44.80)	2:48.47 (43.41)	

**Women 50-54 50 Yard Breaststroke**

1	Cokie Lepinski	50	Marin Pirates Masters-38		33.54
2	Laura Winslow	50	Arizona Masters-48		35.77
3	Debra Penney	52	UTAH Masters-34		37.45
4	Amy Mullaney	50	Arizona Masters-48		37.46
5	Cheri Ellington	52	Santa Clarita Masters Club-33		38.12
6	Nancy Kirkpatrick-Reno	54	Conejo Valley Multisport Maste-33		39.59
7	Katy James	54	Arizona Masters-48		41.52
8	Lolita Veloso	53	San Diego Swim Masters-44		43.64
9	Kristi Dauser	53	Novaquatics Masters-33		47.88



**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Women 50-54 50 Yard Breaststroke)**

10	Susan Duquesnel	50	Long Beach Grunions-33	50.42
----	-----------------	----	------------------------	-------

**Women 50-54 100 Yard Breaststroke**

1	Jenny Cook	52	Southern California Aquatic Ma-33	1:12.25
	34.02		1:12.25 (38.23)	
2	Cokie Lepinski	50	Marin Pirates Masters-38	1:13.93
	34.57		1:13.93 (39.36)	
3	Laura Winslow	50	Arizona Masters-48	1:18.83
	37.70		1:18.83 (41.13)	
4	Amy Mullaney	50	Arizona Masters-48	1:19.77
	37.60		1:19.77 (42.17)	
5	Debra Penney	52	UTAH Masters-34	1:20.27
	38.54		1:20.27 (41.73)	
6	Birgit Burgess	51	Novaquatics Masters-33	1:43.68
	39.17		1:43.68 (1:04.51)	
7	Kristi Dauser	53	Novaquatics Masters-33	1:45.19
	49.38		1:45.19 (55.81)	

**Women 50-54 200 Yard Breaststroke**

1	Jenny Cook	52	Southern California Aquatic Ma-33	2:40.16
	35.50		1:15.29 (39.79) 1:57.31 (42.02) 2:40.16 (42.85)	
2	Cokie Lepinski	50	Marin Pirates Masters-38	2:40.85
	35.92		1:16.39 (40.47) 1:58.32 (41.93) 2:40.85 (42.53)	
3	Amy Mullaney	50	Arizona Masters-48	2:54.05
	38.82		1:22.45 (43.63) 2:08.91 (46.46) 2:54.05 (45.14)	
4	Debra Penney	52	UTAH Masters-34	2:56.01
	39.15		1:23.12 (43.97) 2:09.45 (46.33) 2:56.01 (46.56)	
5	Ikuko Cianci	52	Novaquatics Masters-33	4:25.63
	1:01.09		2:08.08 (1:06.99) 3:17.68 (1:09.60) 4:25.63 (1:07.95)	

**Women 50-54 50 Yard Butterfly**

1	Jane Mc Call	50	Los Angeles Peninsula Swimmers-33	29.36
2	Lisa Hilger	50	Rose Bowl Masters-33	30.49
3	Cokie Lepinski	50	Marin Pirates Masters-38	31.26
4	Dede Moore	50	South Bay Swim Team-33	32.50
5	Amy Mullaney	50	Arizona Masters-48	33.13
6	Julie Heather	52	Rose Bowl Masters-33	34.34
7	Lolita Veloso	53	San Diego Swim Masters-44	36.07
8	Susan Duquesnel	50	Long Beach Grunions-33	55.72

**Women 50-54 100 Yard Butterfly**

1	Jenny Cook	52	Southern California Aquatic Ma-33	1:05.27
	30.58		1:05.27 (34.69)	
2	Jane Mc Call	50	Los Angeles Peninsula Swimmers-33	1:06.53
	31.81		1:06.53 (34.72)	
3	Cokie Lepinski	50	Marin Pirates Masters-38	1:10.04
	33.04		1:10.04 (37.00)	
4	Julie Heather	52	Rose Bowl Masters-33	1:23.02
	40.21		1:23.02 (42.81)	
5	Dede Moore	50	South Bay Swim Team-33	1:23.42
	38.80		1:23.42 (44.62)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 50-54 200 Yard Butterfly**

1	Traci Granger	33.64	1:12.99 (39.35)	52 Los Angeles Peninsula Swimmers-33	1:53.46 (40.47)	2:31.37 (37.91)	2:31.37
2	Julie Heather	40.20	1:27.99 (47.79)	52 Rose Bowl Masters-33	2:19.21 (51.22)	3:10.46 (51.25)	3:10.46

**Women 50-54 100 Yard IM**

1	Ahelee Sue Osborn	30.77	1:06.60 (35.83)	52 Conejo Valley Multisport Maste-33			1:06.60
2	Jane Mc Call	31.08	1:08.33 (37.25)	50 Los Angeles Peninsula Swimmers-33			1:08.33
3	Traci Granger	31.90	1:08.47 (36.57)	52 Los Angeles Peninsula Swimmers-33			1:08.47
4	Cheri Ellington	37.44	1:16.08 (38.64)	52 Santa Clarita Masters Club-33			1:16.08
5	Debra Penney	36.93	1:16.44 (39.51)	52 UTAH Masters-34			1:16.44
6	Joanne Saul	36.28	1:16.51 (40.23)	51 Las Vegas Masters-33			1:16.51
7	Dede Moore	36.03	1:19.76 (43.73)	50 South Bay Swim Team-33			1:19.76
8	Katy James	36.72	1:20.42 (43.70)	54 Arizona Masters-48			1:20.42
9	Lolita Veloso	35.87	1:21.36 (45.49)	53 San Diego Swim Masters-44			1:21.36
10	Kristi Dauser	48.10	1:38.63 (50.53)	53 Novaquatics Masters-33			1:38.63

**Women 50-54 200 Yard IM**

1	Ahelee Sue Osborn	30.70	1:07.44 (36.74)	52 Conejo Valley Multisport Maste-33	1:50.07 (42.63)	2:23.51 (33.44)	2:23.51
2	Jenny Cook	30.62	1:08.72 (38.10)	52 Southern California Aquatic Ma-33	1:50.58 (41.86)	2:23.64 (33.06)	2:23.64
3	Traci Granger	29.73	1:11.02 (41.29)	52 Los Angeles Peninsula Swimmers-33	1:55.17 (44.15)	2:31.54 (36.37)	2:31.54
---	Dede Moore			50 South Bay Swim Team-33			DQ

**Women 50-54 400 Yard IM**

1	Ahelee Sue Osborn	33.36	3:14.18 ( )	52 Conejo Valley Multisport Maste-33			5:08.83
			5:08.83 (1:54.65)				
2	Jenny Cook	33.77	1:10.61 (36.84)	52 Southern California Aquatic Ma-33	1:52.29 (41.68)	2:33.12 (40.83)	5:09.25
		3:16.53 (43.41)	4:01.57 (45.04)		4:36.24 (34.67)	5:09.25 (33.01)	

**Women 55-59 50 Yard Freestyle**

1	Laura Val			58 Tamalpais Aquatic Masters-38			26.44
2	Heather Lambert			56 Long Beach Grunions-33			29.90
3	Patty Smith			57 Orange Coast Masters Swimming-33			31.08
4	Kim Thornton			58 Novaquatics Masters-33			32.43
5	Deborah Raboin			59 Mission Viejo Masters-33			32.57
6	Gwen Uthus			55 Mission Viejo Masters-33			32.70
7	Maureen Mc Kinley			56 Novaquatics Masters-33			47.19

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 55-59 100 Yard Freestyle**

1	Lo Knapp	55	UTAH Masters-34	59.14
	28.73	59.14	(30.41)	
2	Evie Lynch	57	Arizona Masters-48	1:04.73
	31.20	1:04.73	(33.53)	
3	Kim Thornton	58	Novaquatics Masters-33	1:11.44
	35.05	1:11.44	(36.39)	
4	Deborah Raboin	59	Mission Viejo Masters-33	1:18.68
	37.93	1:18.68	(40.75)	
5	Cori McConkle	55	Novaquatics Masters-33	1:27.88
	42.09	1:27.88	(45.79)	
6	Maureen Mc Kinley	56	Novaquatics Masters-33	1:43.10
	48.33	1:43.10	(54.77)	

**Women 55-59 200 Yard Freestyle**

1	Katy Kessinger	55	UTAH Masters-34	2:32.12
	35.99	1:14.89	(38.90) 1:53.77 (38.88)	2:32.12 (38.35)
2	Cori McConkle	55	Novaquatics Masters-33	3:07.89
	44.48	1:30.76	(46.28) 2:20.04 (49.28)	3:07.89 (47.85)

**Women 55-59 500 Yard Freestyle**

1	Laura Val	58	Tamalpais Aquatic Masters-38	5:32.79
	28.96	1:02.22	(33.26) 1:35.54 (33.32)	2:09.78 (34.24)
	2:43.87	(34.09)	3:18.01 (34.14)	3:52.06 (34.05)
	4:59.78	(33.92)	5:32.79	(33.01)
2	Lo Knapp	55	UTAH Masters-34	5:47.09
	31.55	1:06.19	(34.64) 1:41.98 (35.79)	2:18.06 (36.08)
	2:53.95	(35.89)	3:28.68 (34.73)	4:03.31 (34.63)
	5:12.96	(34.68)	5:47.09	(34.13)
3	Katy Kessinger	55	UTAH Masters-34	6:35.34
	37.30	1:16.52	(39.22) 1:56.31 (39.79)	2:36.38 (40.07)
	3:16.93	(40.55)	3:57.15 (40.22)	4:37.07 (39.92)
	5:57.34	(40.41)	6:35.34	(38.00)
4	Gwen Uthus	55	Mission Viejo Masters-33	6:41.60
	37.37	1:17.30	(39.93) 1:57.91 (40.61)	2:39.08 (41.17)
	3:19.77	(40.69)	4:00.83 (41.06)	4:42.03 (41.20)
	6:02.81	(39.93)	6:41.60	(38.79)
5	Heather Lambert	56	Long Beach Grunions-33	7:09.60
	38.56	1:21.22	(42.66) 2:04.63 (43.41)	2:48.54 (43.91)
	3:32.51	(43.97)	4:16.70 (44.19)	4:59.77 (43.07)
	6:27.35	(43.57)	7:09.60	(42.25)
6	Alison Mitchell	55	Mission Viejo Masters-33	7:16.73
	39.65	1:22.33	(42.68) 2:05.39 (43.06)	2:49.24 (43.85)
		4:18.34	( ) 5:02.84 (44.50)	5:47.08 (44.24)
	6:31.81	(44.73)	7:16.73	(44.92)
7	Maureen Mc Kinley	56	Novaquatics Masters-33	9:39.53
	50.15	1:48.33	(58.18) 2:45.73 (57.40)	4:44.13 (1:58.40)
	5:44.32	(1:00.19)	6:44.01 (59.69)	7:41.75 (57.74)
	9:39.64	(57.34)	9:39.53	( )

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 55-59 1000 Yard Freestyle**

1	Katy Kessinger	55	UTAH Masters-34		13:35.13
	37.08	1:16.61 (39.53)	1:56.80 (40.19)	2:38.02 (41.22)	
	3:18.60 (40.58)	3:59.41 (40.81)	4:40.66 (41.25)	5:21.66 (41.00)	
	6:03.15 (41.49)	6:44.60 (41.45)	7:25.62 (41.02)	8:07.08 (41.46)	
	8:48.36 (41.28)	9:30.03 (41.67)	10:11.77 (41.74)	10:52.45 (40.68)	
	11:33.62 (41.17)	12:14.88 (41.26)	12:56.05 (41.17)	13:35.13 (39.08)	
2	Gwen Uthus	55	Mission Viejo Masters-33		13:40.38
	37.14	1:17.66 (40.52)	1:58.92 (41.26)	2:40.61 (41.69)	
	3:21.98 (41.37)	4:03.44 (41.46)	4:45.24 (41.80)	5:26.79 (41.55)	
	6:08.35 (41.56)	6:49.87 (41.52)	7:31.15 (41.28)	8:12.30 (41.15)	
	8:53.83 (41.53)	9:35.12 (41.29)	10:16.80 (41.68)	10:58.16 (41.36)	
	11:39.51 (41.35)	12:20.75 (41.24)	13:00.99 (40.24)	13:40.38 (39.39)	
3	Alison Mitchell	55	Mission Viejo Masters-33		14:38.60
	40.95	1:23.35 (42.40)	2:06.47 (43.12)	2:49.85 (43.38)	
	3:33.10 (43.25)	4:16.87 (43.77)	5:01.17 (44.30)	5:45.64 (44.47)	
	6:30.00 (44.36)	7:14.36 (44.36)	7:58.90 (44.54)	8:43.10 (44.20)	
	9:27.82 (44.72)	10:12.53 (44.71)	10:56.39 (43.86)	11:41.46 (45.07)	
	12:25.76 (44.30)	13:10.38 (44.62)	13:55.05 (44.67)	14:38.60 (43.55)	

**Women 55-59 1650 Yard Freestyle**

1	Gwen Uthus	55	Mission Viejo Masters-33		22:18.15
	36.71	1:16.82 (40.11)	1:57.85 (41.03)	2:38.93 (41.08)	
	3:19.86 (40.93)	4:00.79 (40.93)	4:41.86 (41.07)	5:22.63 (40.77)	
	6:03.30 (40.67)	6:44.14 (40.84)	7:25.20 (41.06)	8:06.29 (41.09)	
	8:47.38 (41.09)	9:28.22 (40.84)	10:08.72 (40.50)	10:49.21 (40.49)	
	11:29.78 (40.57)	12:10.75 (40.97)	12:51.94 (41.19)	13:32.93 (40.99)	
	14:13.52 (40.59)	14:54.28 (40.76)	15:35.41 (41.13)	16:16.15 (40.74)	
	16:57.18 (41.03)	17:38.06 (40.88)	18:18.81 (40.75)	19:00.00 (41.19)	
	19:40.65 (40.65)	20:21.09 (40.44)	21:01.33 (40.24)	21:40.72 (39.39)	22:18.15 (37.43)
2	Katy Kessinger	55	UTAH Masters-34		22:28.32
		1:17.98 ( )	2:40.26 (1:22.28)	3:21.47 (41.21)	
	4:02.16 (40.69)		4:43.05 ( )	5:24.08 (41.03)	
	6:04.90 (40.82)	6:45.75 (40.85)	7:26.96 (41.21)	8:07.79 (40.83)	
	8:48.35 (40.56)	9:28.84 (40.49)	10:10.02 (41.18)	10:50.65 (40.63)	
	11:31.88 (41.23)	12:12.86 (40.98)	12:54.30 (41.44)	13:34.91 (40.61)	
	14:16.14 (41.23)	14:56.84 (40.70)	15:38.06 (41.22)	16:18.85 (40.79)	
	17:00.22 (41.37)	17:41.69 (41.47)	18:23.59 (41.90)	19:04.64 (41.05)	
	19:45.66 (41.02)	20:27.13 (41.47)	21:08.65 (41.52)	21:49.08 (40.43)	22:28.32 (39.24)
3	Gini Baker	59	San Diego Swim Masters-44		28:29.00
	43.49	1:32.37 (48.88)	2:23.51 (51.14)	3:14.76 (51.25)	
	4:05.86 (51.10)	4:58.10 (52.24)	5:49.75 (51.65)	6:42.19 (52.44)	
	7:34.18 (51.99)	8:25.92 (51.74)	9:18.17 (52.25)	10:10.00 (51.83)	
	11:02.63 (52.63)	11:55.35 (52.72)	12:47.53 (52.18)	13:39.81 (52.28)	
	14:31.54 (51.73)	15:22.93 (51.39)	16:14.80 (51.87)	17:06.92 (52.12)	
	17:58.95 (52.03)	18:51.30 (52.35)	19:44.40 (53.10)	20:36.70 (52.30)	
	21:29.15 (52.45)	22:22.32 (53.17)	23:14.47 (52.15)	24:06.32 (51.85)	
	24:59.91 (53.59)	25:52.56 (52.65)	26:45.80 (53.24)	27:37.95 (52.15)	28:29.00 (51.05)

**Women 55-59 50 Yard Backstroke**

1	Laura Val	58	Tamalpais Aquatic Masters-38		29.30
2	Heather Lambert	56	Long Beach Grunions-33		38.43
3	Maureen Mc Kinley	56	Novaquatics Masters-33		57.81

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 55-59 100 Yard Backstroke**

1	Evie Lynch	34.20	1:09.95 (35.75)	57 Arizona Masters-48	1:09.95
2	Kim Thornton	40.71	1:22.79 (42.08)	58 Novaquatics Masters-33	1:22.79
3	Cori McConkle	49.00	1:43.57 (54.57)	55 Novaquatics Masters-33	1:43.57

**Women 55-59 200 Yard Backstroke**

1	Evie Lynch	34.44	1:12.44 (38.00)	57 Arizona Masters-48	2:31.65	1:51.98 (39.54)	2:31.65 (39.67)
2	Cori McConkle	48.33	1:38.99 (50.66)	55 Novaquatics Masters-33	3:21.55	2:30.97 (51.98)	3:21.55 (50.58)

**Women 55-59 50 Yard Breaststroke**

1	Lo Knapp			55 UTAH Masters-34	35.08
2	Laura Val			58 Tamalpais Aquatic Masters-38	37.76
3	Katy Kessinger			55 UTAH Masters-34	39.33
4	Kim Thornton			58 Novaquatics Masters-33	39.44
5	Patty Smith			57 Orange Coast Masters Swimming-33	40.10
6	Deborah Raboin			59 Mission Viejo Masters-33	42.33
7	Heather Lambert			56 Long Beach Grunions-33	42.52
8	Lora Granovsky			59 Novaquatics Masters-33	42.58
9	Gwen Uthus			55 Mission Viejo Masters-33	43.13
10	Maureen Mc Kinley			56 Novaquatics Masters-33	54.12

**Women 55-59 100 Yard Breaststroke**

1	Katy Kessinger	41.57	1:26.62 (45.05)	55 UTAH Masters-34	1:26.62
2	Kim Thornton	41.24	1:26.77 (45.53)	58 Novaquatics Masters-33	1:26.77
3	Patty Smith	41.29	1:26.93 (45.64)	57 Orange Coast Masters Swimming-33	1:26.93
4	Robin Smith	41.52	1:27.33 (45.81)	55 Mission Viejo Masters-33	1:27.33
5	Deborah Raboin	44.38	1:34.79 (50.41)	59 Mission Viejo Masters-33	1:34.79
6	Lora Granovsky	46.64	1:39.22 (52.58)	59 Novaquatics Masters-33	1:39.22
7	Maureen Mc Kinley	55.88	1:56.59 (1:00.71)	56 Novaquatics Masters-33	1:56.59
8	The Leaf Oakleaf			55 Long Beach Grunions-33	2:08.15

**Women 55-59 200 Yard Breaststroke**

1	Lo Knapp	36.98	1:17.89 (40.91)	55 UTAH Masters-34	2:41.50	1:59.74 (41.85)	2:41.50 (41.76)
2	Patty Smith	42.80	1:30.85 (48.05)	57 Orange Coast Masters Swimming-33	3:10.64	2:20.31 (49.46)	3:10.64 (50.33)
3	Katy Kessinger	43.16	1:31.31 (48.15)	55 UTAH Masters-34	3:11.03	2:22.13 (50.82)	3:11.03 (48.90)
4	Gwen Uthus	44.41	1:34.53 (50.12)	55 Mission Viejo Masters-33	3:16.05	2:25.06 (50.53)	3:16.05 (50.99)
5	Maureen Mc Kinley	57.65	1:59.52 (1:01.87)	56 Novaquatics Masters-33	4:06.02	3:03.52 (1:04.00)	4:06.02 (1:02.50)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 55-59 50 Yard Butterfly**

1	Laura Val	58	Tamalpais Aquatic Masters-38	28.98
2	Patty Smith	57	Orange Coast Masters Swimming-33	34.42
3	Kim Thornton	58	Novaquatics Masters-33	35.51
4	The Leaf Oakleaf	55	Long Beach Grunions-33	56.20

**Women 55-59 100 Yard Butterfly**

1	Lo Knapp	55	UTAH Masters-34	1:16.24
	34.94		1:16.24 (41.30)	

**Women 55-59 200 Yard Butterfly**

1	Alison Mitchell	55	Mission Viejo Masters-33	3:29.39
	46.66		1:39.54 (52.88) 2:34.84 (55.30) 3:29.39 (54.55)	
---	The Leaf Oakleaf	55	Long Beach Grunions-33	DQ

**Women 55-59 100 Yard IM**

1	Lo Knapp	55	UTAH Masters-34	1:09.30
	32.88		1:09.30 (36.42)	
2	Evie Lynch	57	Arizona Masters-48	1:14.95
	34.28		1:14.95 (40.67)	
3	Kim Thornton	58	Novaquatics Masters-33	1:18.97
	37.07		1:18.97 (41.90)	
4	Patty Smith	57	Orange Coast Masters Swimming-33	1:19.22
	38.16		1:19.22 (41.06)	
5	Gwen Uthus	55	Mission Viejo Masters-33	1:21.84
	39.66		1:21.84 (42.18)	
6	Alison Mitchell	55	Mission Viejo Masters-33	1:27.05
	40.33		1:27.05 (46.72)	
7	The Leaf Oakleaf	55	Long Beach Grunions-33	1:54.48
	54.24		1:54.48 (1:00.24)	

**Women 55-59 200 Yard IM**

1	Patty Smith	57	Orange Coast Masters Swimming-33	2:58.74
	39.95		1:29.28 (49.33) 2:19.57 (50.29) 2:58.74 (39.17)	
2	Alison Mitchell	55	Mission Viejo Masters-33	3:11.28
	42.34		1:31.62 (49.28) 2:27.46 (55.84) 3:11.28 (43.82)	
3	Gini Baker	59	San Diego Swim Masters-44	3:54.33
	48.81		1:51.66 (1:02.85) 3:02.08 (1:10.42) 3:54.33 (52.25)	

**Women 55-59 400 Yard IM**

1	Laura Val	58	Tamalpais Aquatic Masters-38	5:03.92
	30.52		1:05.43 (34.91) 1:44.06 (38.63) 2:23.02 (38.96)	
	3:09.53 (46.51)		3:56.83 (47.30) 4:31.32 (34.49) 5:03.92 (32.60)	
2	Lo Knapp	55	UTAH Masters-34	5:17.95
	34.84		1:16.67 (41.83) 1:58.81 (42.14) 2:40.48 (41.67)	
	3:23.21 (42.73)		4:07.59 (44.38) 4:43.32 (35.73) 5:17.95 (34.63)	
3	Robin Smith	55	Mission Viejo Masters-33	6:23.29
	41.50		1:31.23 (49.73) 2:21.84 (50.61) 3:12.37 (50.53)	
	4:05.89 (53.52)		4:59.49 (53.60) 5:42.87 (43.38) 6:23.29 (40.42)	
4	Alison Mitchell	55	Mission Viejo Masters-33	6:40.40
	45.57		1:36.86 (51.29) 2:28.31 (51.45) 3:18.42 (50.11)	
	4:13.68 (55.26)		5:09.79 (56.11) 5:55.52 (45.73) 6:40.40 (44.88)	
5	The Leaf Oakleaf	55	Long Beach Grunions-33	9:00.26
	57.00		2:08.27 (1:11.27) 3:21.04 (1:12.77) 4:32.89 (1:11.85)	
	5:48.50 (1:15.61)		7:02.69 (1:14.19) 8:03.62 (1:00.93) 9:00.26 (56.64)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 60-64 50 Yard Freestyle**

1	Christie Altman	60	Arizona Masters-48	28.78
2	Beverly Montrella	63	Mission Viejo Masters-33	31.93
3	Emiko Morishima	60	Novaquatics Masters-33	37.42
4	Diane Hirakawa	61	San Diego Swim Masters-44	38.96

**Women 60-64 100 Yard Freestyle**

1	Christie Altman	60	Arizona Masters-48	1:04.47
	30.81		1:04.47 (33.66)	
2	Beverly Montrella	63	Mission Viejo Masters-33	1:12.07
	34.85		1:12.07 (37.22)	
3	Diane Hirakawa	61	San Diego Swim Masters-44	1:27.71
	42.04		1:27.71 (45.67)	
4	Anita Cole	62	Long Beach Grunions-33	1:58.21
	56.46		1:58.21 (1:01.75)	

**Women 60-64 200 Yard Freestyle**

1	Beverly Montrella	63	Mission Viejo Masters-33	2:38.48
	36.58		1:16.53 (39.95) 1:57.53 (41.00) 2:38.48 (40.95)	

**Women 60-64 500 Yard Freestyle Splits Requested**

1	Beverly Montrella	63	Mission Viejo Masters-33	7:14.31
---	-------------------	----	--------------------------	---------

**Women 60-64 500 Yard Freestyle**

1	Joanne Menard	62	Arizona Masters-48	6:51.64
	35.33		1:17.40 (42.07) 2:00.73 (43.33) 2:43.63 (42.90)	
	3:25.75 (42.12)		4:07.63 (41.88) 4:49.22 (41.59) 5:30.25 (41.03)	
	6:11.83 (41.58)		6:51.64 (39.81)	

**Women 60-64 1000 Yard Freestyle Splits Requested**

1	Joanne Menard	62	Arizona Masters-48	13:55.59
2	Beverly Montrella	63	Mission Viejo Masters-33	14:28.52

**Women 60-64 1650 Yard Freestyle**

1	Joanne Menard	62	Arizona Masters-48	23:12.22
	36.75		1:18.95 (42.20) 2:00.94 (41.99) 2:42.48 (41.54)	
	3:24.51 (42.03)		4:06.07 (41.56) 4:48.22 (42.15) 5:29.98 (41.76)	
	6:11.49 (41.51)		6:53.35 (41.86) 7:34.78 (41.43) 8:16.80 (42.02)	
	8:58.84 (42.04)		9:40.99 (42.15) 10:23.53 (42.54) 11:05.38 (41.85)	
	11:47.88 (42.50)		12:30.37 (42.49) 13:13.01 (42.64) 13:55.59 (42.58)	
	14:38.05 (42.46)		15:20.40 (42.35) 16:03.13 (42.73) 16:45.91 (42.78)	
	17:28.66 (42.75)		18:10.93 (42.27) 18:54.12 (43.19) 19:37.49 (43.37)	
	20:21.24 (43.75)		21:04.49 (43.25) 21:48.26 (43.77) 22:31.44 (43.18)	23:12.22 (40.78)
2	Beverly Montrella	63	Mission Viejo Masters-33	23:43.83
	39.30		1:22.64 (43.34) 2:06.58 (43.94) 2:50.81 (44.23)	
	3:34.88 (44.07)		4:18.86 (43.98) 5:02.94 (44.08) 5:46.80 (43.86)	
	6:30.53 (43.73)		7:14.31 (43.78) 7:57.88 (43.57) 8:41.15 (43.27)	
	9:24.55 (43.40)		10:07.89 (43.34) 10:51.26 (43.37) 11:34.48 (43.22)	
	12:18.22 (43.74)		13:01.27 (43.05) 13:44.99 (43.72) 14:28.52 (43.53)	
	15:12.38 (43.86)		15:55.51 (43.13) 16:38.70 (43.19) 17:21.99 (43.29)	
	18:05.29 (43.30)		18:48.81 (43.52) 19:32.17 (43.36) 20:15.12 (42.95)	
	20:57.70 (42.58)		21:40.15 (42.45) 22:22.59 (42.44) 23:04.71 (42.12)	23:43.83 (39.12)

**Women 60-64 50 Yard Backstroke Splits Requested**

1	Beverly Montrella	63	Mission Viejo Masters-33	38.78
---	-------------------	----	--------------------------	-------

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 60-64 50 Yard Backstroke**

1 Emiko Morishima 60 Novaquatics Masters-33 48.95

**Women 60-64 100 Yard Backstroke**1 Beverly Montrella 63 Mission Viejo Masters-33 1:24.98  
42.13 1:24.98 (42.85)**Women 60-64 100 Yard Backstroke Splits Requested**

1 Beverly Montrella 63 Mission Viejo Masters-33 1:25.71

**Women 60-64 50 Yard Breaststroke**1 Diane Hirakawa 61 San Diego Swim Masters-44 46.92  
2 Anne Jacobus 60 Long Beach Grunions-33 49.40  
3 Anita Cole 62 Long Beach Grunions-33 1:24.16**Women 60-64 100 Yard Breaststroke**1 Beverly Montrella 63 Mission Viejo Masters-33 1:33.17  
44.81 1:33.17 (48.36)  
2 Diane Hirakawa 61 San Diego Swim Masters-44 1:45.93  
50.60 1:45.93 (55.33)**Women 60-64 200 Yard Breaststroke**1 Anita Cole 62 Long Beach Grunions-33 6:12.91  
1:31.04 3:06.02 (1:34.98) 4:38.56 (1:32.54) 6:12.91 (1:34.35)**Women 60-64 50 Yard Butterfly**1 Christie Altman 60 Arizona Masters-48 34.45  
2 Beverly Montrella 63 Mission Viejo Masters-33 38.82  
3 Emiko Morishima 60 Novaquatics Masters-33 44.16  
4 Diane Hirakawa 61 San Diego Swim Masters-44 45.62  
5 Anne Jacobus 60 Long Beach Grunions-33 46.21  
6 Anita Cole 62 Long Beach Grunions-33 1:41.94**Women 60-64 100 Yard Butterfly**1 Diane Hirakawa 61 San Diego Swim Masters-44 1:56.44  
2 Anita Cole 62 Long Beach Grunions-33 3:40.73  
1:44.29 3:40.73 (1:56.44)**Women 60-64 200 Yard Butterfly**1 Anne Jacobus 60 Long Beach Grunions-33 4:21.62  
54.44 1:59.30 (1:04.86) 3:14.14 (1:14.84) 4:21.62 (1:07.48)**Women 60-64 100 Yard IM**1 Christie Altman 60 Arizona Masters-48 1:17.82  
35.55 1:17.82 (42.27)  
2 Anne Jacobus 60 Long Beach Grunions-33 1:39.65  
47.53 1:39.65 (52.12)  
3 Emiko Morishima 60 Novaquatics Masters-33 1:40.56  
49.00 1:40.56 (51.56)  
4 Diane Hirakawa 61 San Diego Swim Masters-44 1:42.05  
50.18 1:42.05 (51.87)  
5 Anita Cole 62 Long Beach Grunions-33 2:51.40  
1:32.99 2:51.40 (1:18.41)**Women 60-64 200 Yard IM**1 Emiko Morishima 60 Novaquatics Masters-33 3:32.34  
47.07 1:45.04 (57.97) 2:42.72 (57.68) 3:32.34 (49.62)



**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 65-69 50 Yard Freestyle**

1 Jackie Marr	66 San Diego Swim Masters-44	32.01
2 Bonnie Kotzbach	66 Mission Viejo Masters-33	36.56

**Women 65-69 100 Yard Freestyle**

1 Bonnie Kotzbach	66 Mission Viejo Masters-33	1:17.16
37.26	1:17.16 (39.90)	
2 Diane Smith	65 Conejo Valley Multisport Maste-33	1:29.83
41.19	1:29.83 (48.64)	

**Women 65-69 200 Yard Freestyle**

1 Diane Smith	65 Conejo Valley Multisport Maste-33	3:42.99
43.39	1:37.26 (53.87) 2:40.40 (1:03.14) 3:42.99 (1:02.59)	

**Women 65-69 500 Yard Freestyle**

1 Bonnie Kotzbach	66 Mission Viejo Masters-33	8:01.80
42.96	1:29.29 (46.33) 2:17.97 (48.68) 3:06.57 (48.60)	
3:55.88 (49.31)	4:44.82 (48.94) 5:34.43 (49.61) 6:24.32 (49.89)	
7:14.32 (50.00)	8:01.80 (47.48)	

**Women 65-69 1650 Yard Freestyle**

1 Bonnie Kotzbach	66 Mission Viejo Masters-33	27:40.01
45.63	1:35.05 (49.42) 2:25.07 (50.02) 3:15.40 (50.33)	
4:05.51 (50.11)	4:55.77 (50.26) 5:46.03 (50.26) 6:35.75 (49.72)	
7:25.40 (49.65)	8:15.50 (50.10) 9:05.98 (50.48) 9:55.91 (49.93)	
10:46.46 (50.55)	11:36.68 (50.22) 12:27.56 (50.88) 13:18.37 (50.81)	
14:09.81 (51.44)	15:01.01 (51.20) 15:52.10 (51.09) 16:43.25 (51.15)	
17:33.77 (50.52)	18:25.02 (51.25) 19:15.61 (50.59) 20:06.23 (50.62)	
20:57.27 (51.04)	21:48.65 (51.38) 22:39.47 (50.82) 23:30.90 (51.43)	
24:21.64 (50.74)	25:12.23 (50.59) 26:01.74 (49.51) 26:51.89 (50.15)	27:40.01 (48.12)

**Women 65-69 100 Yard Backstroke Splits Requested**

1 Jackie Marr	66 San Diego Swim Masters-44	1:23.19
---------------	------------------------------	---------

**Women 65-69 100 Yard Backstroke**

1 Jackie Marr	66 San Diego Swim Masters-44	1:20.44
39.83	1:20.44 (40.61)	
2 Diane Smith	65 Conejo Valley Multisport Maste-33	1:48.64
51.47	1:48.64 (57.17)	

**Women 65-69 200 Yard Backstroke**

1 Diane Smith	65 Conejo Valley Multisport Maste-33	4:15.46
56.02	1:58.83 (1:02.81) 3:07.07 (1:08.24) 4:15.46 (1:08.39)	

**Women 65-69 50 Yard Breaststroke**

1 Bonnie Kotzbach	66 Mission Viejo Masters-33	49.11
2 Diane Smith	65 Conejo Valley Multisport Maste-33	54.67

**Women 65-69 100 Yard Breaststroke**

1 Diane Smith	65 Conejo Valley Multisport Maste-33	1:58.89
55.01	1:58.89 (1:03.88)	

**Women 65-69 50 Yard Butterfly**

1 Bonnie Kotzbach	66 Mission Viejo Masters-33	45.16
-------------------	-----------------------------	-------

**Women 65-69 50 Yard Butterfly Splits Requested**

1 Jackie Marr	66 San Diego Swim Masters-44	42.71
---------------	------------------------------	-------

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 65-69 100 Yard Butterfly**

1 Jackie Marr	66 San Diego Swim Masters-44	1:32.52
42.71	1:32.52 (49.81)	

**Women 65-69 100 Yard Butterfly Splits Requested**

1 Jackie Marr	66 San Diego Swim Masters-44	1:32.79
---------------	------------------------------	---------

**Women 65-69 200 Yard Butterfly**

1 Jackie Marr	66 San Diego Swim Masters-44	3:15.34
43.19	1:33.83 (50.64) 2:25.08 (51.25) 3:15.34 (50.26)	

**Women 65-69 100 Yard IM**

1 Jackie Marr	66 San Diego Swim Masters-44	1:20.80
37.65	1:20.80 (43.15)	
2 Bonnie Kotzbach	66 Mission Viejo Masters-33	1:35.15
45.64	1:35.15 (49.51)	
3 Diane Smith	65 Conejo Valley Multisport Maste-33	1:52.60
55.16	1:52.60 (57.44)	

**Women 65-69 200 Yard IM**

1 Jackie Marr	66 San Diego Swim Masters-44	3:04.48
42.93	1:30.47 (47.54) 2:23.69 (53.22) 3:04.48 (40.79)	

**Women 65-69 400 Yard IM**

1 Jackie Marr	66 San Diego Swim Masters-44	6:15.25
42.68	1:32.79 (50.11) 2:22.05 (49.26) 3:08.37 (46.32)	
4:02.17 (53.80)	4:55.61 (53.44) 5:37.07 (41.46) 6:15.25 (38.18)	

**Women 70-74 50 Yard Freestyle**

1 Jeanne Little	73 Mission Viejo Masters-33	33.61
-----------------	-----------------------------	-------

**Women 70-74 100 Yard Freestyle**

1 Jeanne Little	73 Mission Viejo Masters-33	1:15.85
36.43	1:15.85 (39.42)	

**Women 70-74 200 Yard Freestyle**

1 Anne Williams	71 San Diego Swim Masters-44	2:53.41
42.38	1:26.75 (44.37) 2:10.93 (44.18) 2:53.41 (42.48)	
2 Jeanne Little	73 Mission Viejo Masters-33	2:55.61
40.07	1:25.27 (45.20) 2:10.43 (45.16) 2:55.61 (45.18)	

**Women 70-74 500 Yard Freestyle**

1 Anne Williams	71 San Diego Swim Masters-44	7:47.75
43.76	1:30.10 (46.34) 2:16.78 (46.68) 3:04.69 (47.91)	
3:52.19 (47.50)	4:40.48 (48.29) 5:27.96 (47.48) 6:15.14 (47.18)	
7:02.53 (47.39)	7:47.75 (45.22)	
2 Jeanne Little	73 Mission Viejo Masters-33	8:24.67
44.18	1:32.43 (48.25) 2:23.85 (51.42) 3:15.73 (51.88)	
4:07.55 (51.82)	4:59.61 (52.06) 5:51.24 (51.63) 6:42.67 (51.43)	
7:33.56 (50.89)	8:24.67 (51.11)	

**Women 70-74 1000 Yard Freestyle**

1 Anne Williams	71 San Diego Swim Masters-44	15:58.43
43.37	1:30.50 (47.13) 2:18.70 (48.20) 3:06.84 (48.14)	
3:55.59 (48.75)	4:44.59 (49.00) 5:32.85 (48.26) 6:22.49 (49.64)	
7:11.27 (48.78)	7:58.48 (47.21) 8:46.99 (48.51) 9:36.69 (49.70)	
10:23.92 (47.23)	11:11.54 (47.62) 11:59.74 (48.20) 12:48.08 (48.34)	
13:36.35 (48.27)	14:24.45 (48.10) 15:12.15 (47.70) 15:58.43 (46.28)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Women 70-74 1000 Yard Freestyle)**

2	Jeanne Little	73	Mission Viejo Masters-33		16:59.93
	46.09	1:36.97 (50.88)	2:27.61 (50.64)	3:21.38 (53.77)	
	4:13.06 (51.68)	5:04.33 (51.27)	5:55.38 (51.05)	6:46.60 (51.22)	
	7:38.23 (51.63)	8:28.67 (50.44)	9:21.12 (52.45)	10:12.69 (51.57)	
	11:04.34 (51.65)	11:56.06 (51.72)	12:47.44 (51.38)	13:38.34 (50.90)	
	14:30.68 (52.34)	15:21.87 (51.19)	16:13.06 (51.19)	16:59.93 (46.87)	

**Women 70-74 1650 Yard Freestyle**

1	Anne Williams	71	San Diego Swim Masters-44		26:36.43
	44.13	1:31.67 (47.54)	2:20.49 (48.82)	3:08.44 (47.95)	
	3:57.16 (48.72)	4:45.45 (48.29)	5:34.01 (48.56)	6:22.50 (48.49)	
	7:11.22 (48.72)	7:59.83 (48.61)	8:48.80 (48.97)	9:37.68 (48.88)	
	10:26.58 (48.90)	11:15.94 (49.36)	12:04.82 (48.88)	12:54.37 (49.55)	
	13:43.74 (49.37)	14:33.10 (49.36)	15:21.79 (48.69)	16:10.99 (49.20)	
	17:00.17 (49.18)	17:49.21 (49.04)	18:38.89 (49.68)	19:28.23 (49.34)	
	20:17.29 (49.06)	21:05.64 (48.35)	21:53.67 (48.03)	22:41.80 (48.13)	
	23:29.04 (47.24)	24:16.96 (47.92)	25:04.69 (47.73)	25:51.80 (47.11)	26:36.43 (44.63)

**Women 70-74 100 Yard Backstroke**

1	Eugenia Gregoire	74	Faster Masters Swim Team-33		1:54.24
	53.75	1:54.24 (1:00.49)			

**Women 70-74 50 Yard Breaststroke**

1	Anne Williams	71	San Diego Swim Masters-44		45.53
---	---------------	----	---------------------------	--	-------

**Women 70-74 100 Yard Breaststroke**

1	Anne Williams	71	San Diego Swim Masters-44		1:38.11
	48.84	1:38.11 (49.27)			

**Women 70-74 200 Yard Breaststroke**

1	Anne Williams	71	San Diego Swim Masters-44		3:30.93
	49.34	1:42.67 (53.33)	2:37.62 (54.95)	3:30.93 (53.31)	

**Women 70-74 50 Yard Butterfly**

1	Jeanne Little	73	Mission Viejo Masters-33		39.51
---	---------------	----	--------------------------	--	-------

**Women 75-79 50 Yard Freestyle**

1	Margrit Graef	78	Mission Viejo Masters-33		44.00
---	---------------	----	--------------------------	--	-------

**Women 75-79 50 Yard Breaststroke**

1	Margrit Graef	78	Mission Viejo Masters-33		52.23
---	---------------	----	--------------------------	--	-------

**Women 75-79 100 Yard Breaststroke**

1	Margrit Graef	78	Mission Viejo Masters-33		2:01.33
	57.76	2:01.33 (1:03.57)			

**Women 85-89 100 Yard Freestyle**

1	Maurine Kornfeld	88	Mission Viejo Masters-33		1:54.48
	56.90	1:54.48 (57.58)			

**Women 85-89 200 Yard Freestyle**

1	Maurine Kornfeld	88	Mission Viejo Masters-33		4:05.87
	58.79	2:03.21 (1:04.42)	3:06.70 (1:03.49)	4:05.87 (59.17)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 85-89 500 Yard Freestyle**

1	Maurine Kornfeld	88	Mission Viejo Masters-33		10:24.98
	57.08	1:59.82 (1:02.74)	3:05.38 (1:05.56)	4:09.32 (1:03.94)	
	5:13.81 (1:04.49)	6:16.82 (1:03.01)	7:21.02 (1:04.20)	8:24.49 (1:03.47)	
	9:27.06 (1:02.57)	10:24.98 (57.92)			

**Women 85-89 100 Yard Backstroke**

1	Maurine Kornfeld	88	Mission Viejo Masters-33		2:18.56
	1:06.40	2:18.56 (1:12.16)			

**Women 85-89 200 Yard Backstroke**

1	Maurine Kornfeld	88	Mission Viejo Masters-33		4:45.33
	1:06.61	2:17.65 (1:11.04)	3:31.07 (1:13.42)	4:45.33 (1:14.26)	

**Women 85-89 50 Yard Breaststroke**

1	Maurine Kornfeld	88	Mission Viejo Masters-33		1:47.48
---	------------------	----	--------------------------	--	---------

**Women 85-89 100 Yard IM**

1	Maurine Kornfeld	88	Mission Viejo Masters-33		2:45.51
	1:17.53	2:45.51 (1:27.98)			

**Women 90-94 100 Yard Freestyle**

1	Rita Simonton	91	Lompoc's Other Swim Team-33		2:02.21
	56.93	2:02.21 (1:05.28)			

**Women 90-94 1000 Yard Freestyle**

1	Rita Simonton	91	Lompoc's Other Swim Team-33		22:12.17
	56.72	2:00.92 (1:04.20)	3:08.19 (1:07.27)	4:15.42 (1:07.23)	
	5:23.03 (1:07.61)	6:28.86 (1:05.83)	7:36.53 (1:07.67)	8:44.33 (1:07.80)	
	9:52.57 (1:08.24)	11:00.10 (1:07.53)	12:08.14 (1:08.04)	13:15.62 (1:07.48)	
	14:22.86 (1:07.24)	15:29.83 (1:06.97)	16:37.58 (1:07.75)	17:44.65 (1:07.07)	
	19:59.16 (2:14.51)		21:06.36 ( )	22:12.17 (1:05.81)	

**Women 90-94 1650 Yard Freestyle**

1	Rita Simonton	91	Lompoc's Other Swim Team-33		37:28.40
	59.81	2:04.96 (1:05.15)	3:12.71 (1:07.75)	4:21.29 (1:08.58)	
	5:29.48 (1:08.19)	6:38.40 (1:08.92)	7:48.11 (1:09.71)	8:57.69 (1:09.58)	
	10:07.45 (1:09.76)	11:17.36 (1:09.91)	12:26.88 (1:09.52)	13:35.80 (1:08.92)	
	14:45.32 (1:09.52)	15:53.46 (1:08.14)	17:02.76 (1:09.30)	18:11.64 (1:08.88)	
	19:19.83 (1:08.19)	20:28.43 (1:08.60)	21:37.40 (1:08.97)	22:45.49 (1:08.09)	
	23:53.59 (1:08.10)	25:01.82 (1:08.23)	26:09.52 (1:07.70)	27:17.64 (1:08.12)	
	28:25.92 (1:08.28)	29:35.07 (1:09.15)	30:43.34 (1:08.27)	31:51.80 (1:08.46)	
	33:00.21 (1:08.41)	34:08.07 (1:07.86)	35:15.73 (1:07.66)	36:22.86 (1:07.13)	37:28.40 (1:05.54)

**Men 18-24 50 Yard Freestyle**

1	Jeff Hart	24	South Bay Swim Team-33		21.24
2	Louis Vayo	24	UNATTACHED		21.38
3	Michael Phelps	22	Colorado Masters Swimming-32		22.74
4	Stephen Fixary	23	San Diego Swim Masters-44		22.82
5	Sandro Jaeggi	20	UNATTACHED		25.43
6	Ken Hatano	22	Novaquatics Masters-33		25.55
7	Nate Schubel	21	Coto de Caza Coyotes-33		26.54
8	Danno Nahabedian	21	Novaquatics Masters-33		26.77

**Men 18-24 50 Yard Freestyle Splits Requested**

1	Ryan Wensley	24	Rose Bowl Masters-33		22.77
---	--------------	----	----------------------	--	-------

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Men 18-24 100 Yard Freestyle**

1	Jeff Hart	24	South Bay Swim Team-33	46.12
	22.44	46.12 (23.68)		
2	Stephen Fixary	23	San Diego Swim Masters-44	51.03
	24.46	51.03 (26.57)		
3	Branden Carter	23	Mission Viejo Masters-33	53.24
	24.47	53.24 (28.77)		
4	Nate Schubel	21	Coto de Caza Coyotes-33	58.25
	27.98	58.25 (30.27)		

**Men 18-24 200 Yard Freestyle**

1	Louis Vayo	24	UNATTACHED	1:42.34
	24.15	50.49 (26.34)	1:16.68 (26.19)	1:42.34 (25.66)
2	Duke Krautim	24	Orange Coast Masters Swimming-33	1:48.48
	24.82		1:20.06 ( )	1:48.48 (28.42)

**Men 18-24 1000 Yard Freestyle**

1	Jeff Hart	24	South Bay Swim Team-33	10:17.61
	26.87	56.20 (29.33)	1:25.81 (29.61)	1:56.32 (30.51)
	2:27.19 (30.87)	2:58.04 (30.85)	3:29.00 (30.96)	4:00.43 (31.43)
	4:32.15 (31.72)	5:03.78 (31.63)	5:35.63 (31.85)	6:07.66 (32.03)
	6:38.99 (31.33)	7:09.91 (30.92)	7:41.29 (31.38)	8:13.09 (31.80)
	8:44.54 (31.45)	9:16.62 (32.08)	9:47.70 (31.08)	10:17.61 (29.91)

**Men 18-24 50 Yard Backstroke**

1	Louis Vayo	24	UNATTACHED	23.87
2	Michael Phelps	22	Colorado Masters Swimming-32	27.03
3	Ken Hatano	22	Novaquatics Masters-33	32.70

**Men 18-24 100 Yard Backstroke**

1	Louis Vayo	24	UNATTACHED	50.86
	25.18	50.86 (25.68)		
2	Stephen Fixary	23	San Diego Swim Masters-44	58.13
	27.49	58.13 (30.64)		
3	Michael Phelps	22	Colorado Masters Swimming-32	59.00
	27.71	59.00 (31.29)		
4	Nate Schubel	21	Coto de Caza Coyotes-33	1:05.19
	31.83	1:05.19 (33.36)		

**Men 18-24 200 Yard Backstroke**

1	Stephen Fixary	23	San Diego Swim Masters-44	2:11.35
	29.10	1:01.42 (32.32)	1:35.33 (33.91)	2:11.35 (36.02)

**Men 18-24 50 Yard Breaststroke**

1	Michael Phelps	22	Colorado Masters Swimming-32	28.37
2	Duke Krautim	24	Orange Coast Masters Swimming-33	28.44
3	Sandro Jaeggi	20	UNATTACHED	31.15
4	Nate Schubel	21	Coto de Caza Coyotes-33	31.45
5	Danno Nahabedian	21	Novaquatics Masters-33	36.38

**Men 18-24 100 Yard Breaststroke**

1	Duke Krautim	24	Orange Coast Masters Swimming-33	1:02.27
	28.57	1:02.27 (33.70)		
2	Sandro Jaeggi	20	UNATTACHED	1:08.61
	31.07	1:08.61 (37.54)		

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 18-24 100 Yard Breaststroke)**

3	Nate Schubel	21	Coto de Caza Coyotes-33	1:08.63
	31.17		1:08.63 (37.46)	
4	Danno Nahabedian	21	Novaquatics Masters-33	1:18.41
	35.95		1:18.41 (42.46)	

**Men 18-24 200 Yard Breaststroke**

1	Nate Schubel	21	Coto de Caza Coyotes-33	2:40.97
	35.16		1:15.45 (40.29) 1:58.21 (42.76) 2:40.97 (42.76)	

**Men 18-24 50 Yard Butterfly**

1	Louis Vayo	24	UNATTACHED	23.19
2	Stephen Fixary	23	San Diego Swim Masters-44	24.52
3	Michael Phelps	22	Colorado Masters Swimming-32	25.54
4	Branden Carter	23	Mission Viejo Masters-33	25.95

**Men 18-24 100 Yard Butterfly**

1	Duke Krautim	24	Orange Coast Masters Swimming-33	53.77
	25.00		53.77 (28.77)	
2	Michael Phelps	22	Colorado Masters Swimming-32	56.64
	26.01		56.64 (30.63)	

**Men 18-24 100 Yard IM**

1	Louis Vayo	24	UNATTACHED	51.99
	23.93		51.99 (28.06)	
2	Duke Krautim	24	Orange Coast Masters Swimming-33	55.39
	25.51		55.39 (29.88)	
3	Michael Phelps	22	Colorado Masters Swimming-32	57.03
	25.98		57.03 (31.05)	
4	Sandro Jaeggi	20	UNATTACHED	1:04.21
	30.89		1:04.21 (33.32)	

**Men 18-24 200 Yard IM**

1	Louis Vayo	24	UNATTACHED	1:55.73
	24.96		53.75 (28.79) 1:29.01 (35.26) 1:55.73 (26.72)	
2	Duke Krautim	24	Orange Coast Masters Swimming-33	2:02.91
	26.38		57.31 (30.93) 1:33.43 (36.12) 2:02.91 (29.48)	
3	Ken Hatano	22	Novaquatics Masters-33	2:26.61
	30.20		1:07.49 (37.29) 1:53.02 (45.53) 2:26.61 (33.59)	

**Men 25-29 50 Yard Freestyle**

1	Patrick Jacobson	25	South Bay Swim Team-33	21.29
2	Danny Puchalski	28	Novaquatics Masters-33	22.68
3	Keith Ryan	26	Orange Coast Masters Swimming-33	22.70
4	Mark Tripp	29	South Bay Swim Team-33	23.84
5	Steve Hawn	28	UNATTACHED	24.23
6	Todd Conrad	29	Coto de Caza Coyotes-33	25.07
7	Brian Kim	28	Coto de Caza Coyotes-33	25.31
8	Dorab Sethna	29	Mission Viejo Masters-33	25.50
9	Rob Dumouchel	28	Conejo Valley Multisport Maste-33	25.83
10	Jeff Grice	26	Mission Viejo Masters-33	27.60
11	Tony Jackson	28	Long Beach Grunions-33	38.06

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Men 25-29 100 Yard Freestyle**

1	Patrick Jacobson	25	South Bay Swim Team-33	46.84
	22.69	46.84	(24.15)	
2	Mark Soho	29	Mission Viejo Masters-33	46.98
	22.58	46.98	(24.40)	
3	Danny Puchalski	28	Novaquatics Masters-33	50.40
	24.17	50.40	(26.23)	
4	Kyle Broderick	25	San Diego Swim Masters-44	52.43
	24.73	52.43	(27.70)	
5	Mark Tripp	29	South Bay Swim Team-33	52.53
	25.27	52.53	(27.26)	
6	Brian Kim	28	Coto de Caza Coyotes-33	54.29
	26.27	54.29	(28.02)	
7	Todd Conrad	29	Coto de Caza Coyotes-33	56.01
	26.89	56.01	(29.12)	
8	Jeff Grice	26	Mission Viejo Masters-33	59.48
	28.47	59.48	(31.01)	

**Men 25-29 500 Yard Freestyle**

1	Keith Ryan	26	Orange Coast Masters Swimming-33	4:42.59
	26.25	54.37	(28.12)	1:22.77 (28.40)
	2:20.19 (28.76)	2:49.07 (28.88)	3:18.31 (29.24)	3:46.96 (28.65)
	4:15.18 (28.22)	4:42.59 (27.41)		
2	Danny Puchalski	28	Novaquatics Masters-33	5:26.54
	27.07	56.35	(29.28)	1:26.71 (30.36)
	2:29.30 (31.94)	3:02.07 (32.77)	3:35.68 (33.61)	4:09.72 (34.04)
	5:26.54 (1:16.82)			

**Men 25-29 1000 Yard Freestyle**

1	Keith Ryan	26	Orange Coast Masters Swimming-33	9:47.95
		55.55 ( )	1:24.64 (29.09)	1:53.98 (29.34)
	2:23.39 (29.41)	2:52.83 (29.44)	3:22.23 (29.40)	3:49.35 (27.12)
	4:21.47 (32.12)	4:51.05 (29.58)		5:49.91 ( )
	6:19.73 (29.82)	6:49.53 (29.80)	7:19.48 (29.95)	7:49.68 (30.20)
	8:19.73 (30.05)	8:49.86 (30.13)	9:19.59 (29.73)	9:47.95 (28.36)
2	Patrick Jacobson	25	South Bay Swim Team-33	10:37.35
	28.41	59.52 (31.11)	1:31.06 (31.54)	2:02.78 (31.72)
	2:34.85 (32.07)	3:06.44 (31.59)	3:38.45 (32.01)	4:10.19 (31.74)
	4:41.87 (31.68)	5:13.69 (31.82)	5:45.83 (32.14)	6:17.58 (31.75)
	6:49.42 (31.84)	7:21.75 (32.33)	7:53.97 (32.22)	8:26.62 (32.65)
	8:58.96 (32.34)	9:31.72 (32.76)	10:04.66 (32.94)	10:37.35 (32.69)
3	Max Biessmann	25	Novaquatics Masters-33	10:47.73
	27.22	57.37 (30.15)	1:28.18 (30.81)	1:59.52 (31.34)
	2:30.79 (31.27)	3:02.35 (31.56)	3:34.22 (31.87)	4:06.37 (32.15)
	4:39.29 (32.92)	5:12.33 (33.04)	5:45.34 (33.01)	6:18.73 (33.39)
	6:52.38 (33.65)	7:25.58 (33.20)	7:59.22 (33.64)	8:33.17 (33.95)
	9:06.78 (33.61)	9:40.89 (34.11)	10:14.43 (33.54)	10:47.73 (33.30)
4	Mark Tripp	29	South Bay Swim Team-33	11:31.77
	30.81	1:04.50 (33.69)	1:39.55 (35.05)	2:14.51 (34.96)
	2:49.91 (35.40)	3:25.11 (35.20)	4:00.02 (34.91)	4:34.89 (34.87)
	5:09.51 (34.62)	5:44.21 (34.70)	6:18.83 (34.62)	6:53.54 (34.71)
	7:27.95 (34.41)	8:02.69 (34.74)	8:37.18 (34.49)	9:12.15 (34.97)
	9:47.48 (35.33)	10:23.03 (35.55)	10:58.09 (35.06)	11:31.77 (33.68)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Men 25-29 1650 Yard Freestyle**

1 Max Biessmann	25 Novaquatics Masters-33				17:50.16
28.07	59.39 (31.32)	1:31.38 (31.99)	2:04.11 (32.73)		
2:36.87 (32.76)	3:09.84 (32.97)	3:42.55 (32.71)	4:15.61 (33.06)		
4:49.02 (33.41)	5:21.65 (32.63)	5:54.67 (33.02)	6:27.74 (33.07)		
7:00.60 (32.86)	7:33.20 (32.60)	8:05.97 (32.77)	8:38.61 (32.64)		
9:11.42 (32.81)	9:43.99 (32.57)	10:16.47 (32.48)	10:49.16 (32.69)		
11:21.87 (32.71)	11:54.22 (32.35)	12:26.32 (32.10)	12:58.98 (32.66)		
13:31.11 (32.13)	14:03.37 (32.26)	14:35.47 (32.10)	15:08.14 (32.67)		
15:40.62 (32.48)	16:13.32 (32.70)	16:45.92 (32.60)	17:18.39 (32.47)	17:50.16 (31.77)	
2 Patrick Jacobson	25 South Bay Swim Team-33				17:54.24
29.11	1:01.44 (32.33)	1:34.80 (33.36)	2:07.99 (33.19)		
2:40.99 (33.00)	3:14.19 (33.20)	3:47.35 (33.16)	4:20.73 (33.38)		
4:54.39 (33.66)	5:27.71 (33.32)	6:01.13 (33.42)	6:33.91 (32.78)		
7:07.06 (33.15)	7:39.91 (32.85)	8:12.58 (32.67)	8:45.17 (32.59)		
9:17.53 (32.36)	9:49.98 (32.45)	10:22.33 (32.35)	10:54.51 (32.18)		
11:26.76 (32.25)	11:59.20 (32.44)	12:31.80 (32.60)	13:04.33 (32.53)		
13:36.90 (32.57)	14:09.81 (32.91)	14:42.53 (32.72)	15:15.44 (32.91)		
15:47.91 (32.47)	16:20.93 (33.02)	16:53.49 (32.56)	17:24.12 (30.63)	17:54.24 (30.12)	
3 Mark Tripp	29 South Bay Swim Team-33				19:30.00
31.11	1:05.53 (34.42)	1:40.68 (35.15)	2:16.07 (35.39)		
2:51.96 (35.89)	3:27.85 (35.89)	4:03.77 (35.92)	4:39.42 (35.65)		
5:15.22 (35.80)	5:51.29 (36.07)	6:27.25 (35.96)	7:02.85 (35.60)		
7:38.43 (35.58)	8:14.48 (36.05)	8:49.99 (35.51)	9:25.61 (35.62)		
10:01.45 (35.84)	10:37.30 (35.85)	11:12.97 (35.67)	11:48.97 (36.00)		
12:24.54 (35.57)	13:00.09 (35.55)	13:35.64 (35.55)	14:11.17 (35.53)		
14:46.96 (35.79)	15:22.83 (35.87)	15:58.43 (35.60)	16:34.12 (35.69)		
17:09.94 (35.82)	17:45.63 (35.69)	18:21.15 (35.52)	18:56.63 (35.48)	19:30.00 (33.37)	

**Men 25-29 50 Yard Backstroke**

1 Karol Zemier	27 Mission Viejo Masters-33		24.07
2 Todd Conrad	29 Coto de Caza Coyotes-33		30.53
3 Dorab Sethna	29 Mission Viejo Masters-33		31.74
--- Tony Jackson	28 Long Beach Grunions-33		DQ

**Men 25-29 100 Yard Backstroke**

1 Karol Zemier	27 Mission Viejo Masters-33		50.66
24.73	50.66 (25.93)		
2 Kyle Broderick	25 San Diego Swim Masters-44		1:01.54
28.55	1:01.54 (32.99)		
3 Todd Conrad	29 Coto de Caza Coyotes-33		1:05.62
32.07	1:05.62 (33.55)		

**Men 25-29 200 Yard Backstroke**

1 Karol Zemier	27 Mission Viejo Masters-33		1:52.42
26.50	55.20 (28.70)	1:23.90 (28.70)	1:52.42 (28.52)
2 Max Biessmann	25 Novaquatics Masters-33		2:15.04
31.39	1:05.02 (33.63)	1:39.73 (34.71)	2:15.04 (35.31)



**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 25-29 200 Yard Backstroke)**

3	Todd Conrad	29	Coto de Caza Coyotes-33	2:30.45
	34.77	1:12.96 (38.19)	1:53.33 (40.37)	2:30.45 (37.12)

**Men 25-29 50 Yard Breaststroke**

1	Danny Puchalski	28	Novaquatics Masters-33	27.27
2	Brian Kim	28	Coto de Caza Coyotes-33	29.24
3	Dorab Sethna	29	Mission Viejo Masters-33	30.91
4	Rob Dumouchel	28	Conejo Valley Multisport Maste-33	31.83
5	Steve Hawn	28	UNATTACHED	32.05
6	Jeff Grice	26	Mission Viejo Masters-33	32.60
7	Tony Jackson	28	Long Beach Grunions-33	42.60

**Men 25-29 100 Yard Breaststroke**

1	Danny Puchalski	28	Novaquatics Masters-33	59.14
	27.80	59.14 (31.34)		
2	Brian Kim	28	Coto de Caza Coyotes-33	1:02.71
	29.58	1:02.71 (33.13)		
3	Kyle Broderick	25	San Diego Swim Masters-44	1:06.31
	30.69	1:06.31 (35.62)		
4	Jeff Grice	26	Mission Viejo Masters-33	1:10.49
	33.08	1:10.49 (37.41)		

**Men 25-29 200 Yard Breaststroke**

1	Brian Kim	28	Coto de Caza Coyotes-33	2:17.58
	31.71	1:06.49 (34.78)	1:41.23 (34.74)	2:17.58 (36.35)
2	Danny Puchalski	28	Novaquatics Masters-33	2:19.66
	30.76	1:05.60 (34.84)	1:41.92 (36.32)	2:19.66 (37.74)
3	Rob Dumouchel	28	Conejo Valley Multisport Maste-33	2:39.85
	34.95	1:15.88 (40.93)	1:58.88 (43.00)	2:39.85 (40.97)
4	Dorab Sethna	29	Mission Viejo Masters-33	2:40.72
	37.83	1:19.50 (41.67)	2:00.72 (41.22)	2:40.72 (40.00)
5	Jeff Grice	26	Mission Viejo Masters-33	2:41.11

**Men 25-29 50 Yard Butterfly**

1	Karol Zemier	27	Mission Viejo Masters-33	23.38
2	Kyle Broderick	25	San Diego Swim Masters-44	26.08
3	Rob Dumouchel	28	Conejo Valley Multisport Maste-33	27.38
4	Todd Conrad	29	Coto de Caza Coyotes-33	27.60
5	Dorab Sethna	29	Mission Viejo Masters-33	27.72
6	Steve Hawn	28	UNATTACHED	27.73
7	Jeff Grice	26	Mission Viejo Masters-33	30.68
8	Tony Jackson	28	Long Beach Grunions-33	44.80

**Men 25-29 100 Yard Butterfly**

1	Karol Zemier	27	Mission Viejo Masters-33	50.41
	23.54	50.41 (26.87)		

**Men 25-29 200 Yard Butterfly**

1	Keith Ryan	26	Orange Coast Masters Swimming-33	1:57.37
	26.77	56.79 (30.02)	1:27.14 (30.35)	1:57.37 (30.23)
2	Karol Zemier	27	Mission Viejo Masters-33	1:57.80
	25.03	54.47 (29.44)	1:25.00 (30.53)	1:57.80 (32.80)
3	Rob Dumouchel	28	Conejo Valley Multisport Maste-33	2:15.26
	29.50	1:03.09 (33.59)	1:38.44 (35.35)	2:15.26 (36.82)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Men 25-29 100 Yard IM**

1	Karol Zemier	24.04	27	Mission Viejo Masters-33	53.23
		53.23 (29.19)			
2	Keith Ryan	25.78	26	Orange Coast Masters Swimming-33	56.17
		56.17 (30.39)			
3	Danny Puchalski	26.93	28	Novaquatics Masters-33	56.48
		56.48 (29.55)			
4	Brian Kim	27.76	28	Coto de Caza Coyotes-33	58.32
		58.32 (30.56)			
5	Kyle Broderick	27.35	25	San Diego Swim Masters-44	1:00.94
		1:00.94 (33.59)			
6	Dorab Sethna	29.91	29	Mission Viejo Masters-33	1:05.53
		1:05.53 (35.62)			
7	Todd Conrad	30.38	29	Coto de Caza Coyotes-33	1:06.34
		1:06.34 (35.96)			
8	Jeff Grice	33.54	26	Mission Viejo Masters-33	1:08.82
		1:08.82 (35.28)			
9	Tony Jackson	45.73	28	Long Beach Grunions-33	1:35.09
		1:35.09 (49.36)			

**Men 25-29 200 Yard IM**

1	Keith Ryan	26.38	26	Orange Coast Masters Swimming-33	2:00.78
		56.98 (30.60)	1:32.73 (35.75)	2:00.78 (28.05)	
2	Brian Kim	28.73	28	Coto de Caza Coyotes-33	2:10.64
		1:03.05 (34.32)	1:38.03 (34.98)	2:10.64 (32.61)	

**Men 30-34 50 Yard Freestyle Splits Requested**

1	Rich Ghazarian	33	Rose Bowl Masters-33	27.21
---	----------------	----	----------------------	-------

**Men 30-34 50 Yard Freestyle**

1	William Moore	33	North County Swim Masters-44	21.88
2	Eric Henninger	32	UNATTACHED	23.87
3	Alex Cheung	30	Novaquatics Masters-33	26.87

**Men 30-34 100 Yard Freestyle**

1	Matt Pentland	24.80	33	San Diego Swim Masters-44	51.15
		51.15 (26.35)			
2	Eric Henninger	25.78	32	UNATTACHED	54.18
		54.18 (28.40)			
3	Rich Ghazarian	27.21	33	Rose Bowl Masters-33	58.45
		58.45 (31.24)			
4	Alex Cheung	28.46	30	Novaquatics Masters-33	58.95
		58.95 (30.49)			
5	David Royer	30.43	31	Long Beach Grunions-33	1:02.51
		1:02.51 (32.08)			
6	Kjell Stava	31.51	32	Long Beach Grunions-33	1:03.67
		1:03.67 (32.16)			

**Men 30-34 200 Yard Freestyle**

1	Eric Henninger	27.26	32	UNATTACHED	1:59.87
		56.57 (29.31)	1:27.46 (30.89)	1:59.87 (32.41)	
2	Mark Merlo	29.69	31	Novaquatics Masters-33	2:04.56
		1:01.82 (32.13)	1:33.44 (31.62)	2:04.56 (31.12)	
3	Duncan Houldsworth	30.08	34	Mission Viejo Masters-33	2:12.21
		1:03.39 (33.31)	1:38.15 (34.76)	2:12.21 (34.06)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 30-34 200 Yard Freestyle)**

4 Rich Ghazarian	33 Rose Bowl Masters-33	2:12.81
28.49	1:01.66 (33.17) 1:37.40 (35.74)	2:12.81 (35.41)
5 Stan Espino	33 Novaquatics Masters-33	2:16.78
30.30	1:04.73 (34.43) 1:41.22 (36.49)	2:16.78 (35.56)

**Men 30-34 500 Yard Freestyle**

1 Matt Pentland	33 San Diego Swim Masters-44	5:40.86
20.73	1:36.61 (1:15.88) 2:12.37 (35.76) 2:46.98 (34.61)	
3:21.79 (34.81)	3:58.60 ( ) 4:35.62 (37.02)	
5:09.41 (33.79)	5:40.86 (31.45)	
2 Stan Espino	33 Novaquatics Masters-33	6:22.58
32.68	1:09.47 (36.79) 1:49.29 (39.82) 2:30.86 (41.57)	
3:12.51 (41.65)	3:51.03 (38.52) 4:30.62 (39.59) 5:10.28 (39.66)	
5:47.26 (36.98)	6:22.58 (35.32)	

**Men 30-34 1000 Yard Freestyle**

1 Ryan Downey	30 Mission Viejo Masters-33	11:44.39
31.01	1:04.53 (33.52) 1:38.99 (34.46) 2:13.72 (34.73)	
2:48.96 (35.24)	3:24.34 (35.38) 4:00.03 (35.69) 4:35.72 (35.69)	
5:11.37 (35.65)	5:48.04 (36.67) 6:24.68 (36.64) 7:01.31 (36.63)	
7:38.10 (36.79)	8:14.19 (36.09) 8:50.25 (36.06) 9:25.92 (35.67)	
10:02.01 (36.09)	10:37.48 (35.47) 11:13.10 (35.62) 11:44.39 (31.29)	
2 Stan Espino	33 Novaquatics Masters-33	13:28.14
34.61	1:12.92 (38.31) 1:52.74 (39.82) 2:34.05 (41.31)	
3:15.38 (41.33)	3:56.67 (41.29) 4:37.51 (40.84) 5:18.85 (41.34)	
5:59.06 (40.21)	6:40.25 (41.19) 7:21.32 (41.07) 8:01.82 (40.50)	
8:43.35 (41.53)	9:25.10 (41.75) 10:06.74 (41.64) 10:48.51 (41.77)	
11:30.09 (41.58)	12:11.07 (40.98) 12:51.38 (40.31) 13:28.14 (36.76)	

**Men 30-34 1650 Yard Freestyle**

1 Stan Espino	33 Novaquatics Masters-33	22:42.11
37.36	1:17.70 (40.34) 1:58.63 (40.93) 2:40.56 (41.93)	
3:22.80 (42.24)	4:04.11 (41.31) 4:45.28 (41.17) 5:26.25 (40.97)	
6:08.45 (42.20)	6:50.47 (42.02) 7:31.73 (41.26) 8:12.99 (41.26)	
8:54.46 (41.47)	9:36.03 (41.57) 10:18.15 (42.12) 10:59.23 (41.08)	
11:41.29 (42.06)	12:23.07 (41.78) 13:05.06 (41.99) 13:47.30 (42.24)	
14:28.44 (41.14)	15:10.48 (42.04) 15:51.85 (41.37) 16:34.04 (42.19)	
17:15.01 (40.97)	17:55.95 (40.94) 18:38.46 (42.51) 19:20.26 (41.80)	
20:02.24 (41.98)	20:44.47 (42.23) 21:25.25 (40.78) 22:05.45 (40.20)	22:42.11 (36.66)

**Men 30-34 50 Yard Backstroke Splits Requested**

1 Duncan Houldsworth	34 Mission Viejo Masters-33	30.48
----------------------	-----------------------------	-------

**Men 30-34 50 Yard Backstroke**

1 Matt Pentland	33 San Diego Swim Masters-44	28.88
2 Chad Durieux	30 Rose Bowl Masters-33	32.71

**Men 30-34 100 Yard Backstroke Splits Requested**

1 Duncan Houldsworth	34 Mission Viejo Masters-33	1:06.25
----------------------	-----------------------------	---------

**Men 30-34 100 Yard Backstroke**

1 Matt Pentland	33 San Diego Swim Masters-44	57.08
28.02	57.08 (29.06)	
2 Duncan Houldsworth	34 Mission Viejo Masters-33	1:05.63
32.51	1:05.63 (33.12)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 30-34 100 Yard Backstroke)**

3	Mark Merlo	31	Novaquatics Masters-33	1:07.59
	33.32	1:07.59	(34.27)	
4	Alex Cheung	30	Novaquatics Masters-33	1:09.68
	34.34	1:09.68	(35.34)	

**Men 30-34 200 Yard Backstroke**

1	Matt Pentland	33	San Diego Swim Masters-44	2:05.92
	30.41	1:02.55	(32.14) 1:34.72 (32.17)	2:05.92 (31.20)
2	Chad Durieux	30	Rose Bowl Masters-33	2:25.24
	34.24	1:11.14	(36.90) 1:48.52 (37.38)	2:25.24 (36.72)
3	Duncan Houldsworth	34	Mission Viejo Masters-33	2:26.15
	33.53	1:10.55	(37.02) 1:49.37 (38.82)	2:26.15 (36.78)

**Men 30-34 50 Yard Breaststroke**

1	Chad Durieux	30	Rose Bowl Masters-33	29.46
2	Mark Merlo	31	Novaquatics Masters-33	33.09

**Men 30-34 100 Yard Breaststroke**

1	Chad Durieux	30	Rose Bowl Masters-33	1:02.97
	29.62	1:02.97	(33.35)	
2	Eric Henninger	32	UNATTACHED	1:09.64
	32.39	1:09.64	(37.25)	
3	Stan Espino	33	Novaquatics Masters-33	1:16.13
	36.37	1:16.13	(39.76)	
4	Kjell Stava	32	Long Beach Grunions-33	1:33.38
	45.06	1:33.38	(48.32)	

**Men 30-34 200 Yard Breaststroke**

1	Chad Durieux	30	Rose Bowl Masters-33	2:20.97
	31.46	1:07.23	(35.77) 1:44.08 (36.85)	2:20.97 (36.89)
2	David Royer	31	Long Beach Grunions-33	3:07.88
	40.67	1:27.25	(46.58) 2:16.71 (49.46)	3:07.88 (51.17)

**Men 30-34 50 Yard Butterfly**

1	Matt Pentland	33	San Diego Swim Masters-44	26.30
2	Eric Henninger	32	UNATTACHED	26.92
3	Mark Merlo	31	Novaquatics Masters-33	29.20
4	Rich Ghazarian	33	Rose Bowl Masters-33	30.53
5	Alex Cheung	30	Novaquatics Masters-33	31.13

**Men 30-34 100 Yard Butterfly**

1	William Moore	33	North County Swim Masters-44	55.05
	26.14	55.05	(28.91)	
2	Alex Cheung	30	Novaquatics Masters-33	1:10.53
	33.39	1:10.53	(37.14)	

**Men 30-34 100 Yard IM**

1	Chad Durieux	30	Rose Bowl Masters-33	1:00.92
	28.49	1:00.92	(32.43)	
2	Eric Henninger	32	UNATTACHED	1:02.79
	29.11	1:02.79	(33.68)	
3	Mark Merlo	31	Novaquatics Masters-33	1:05.46
	31.61	1:05.46	(33.85)	
4	Duncan Houldsworth	34	Mission Viejo Masters-33	1:09.18
	32.84	1:09.18	(36.34)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 30-34 100 Yard IM)**

5 Stan Espino	33 Novaquatics Masters-33	1:10.99
33.21	1:10.99 (37.78)	
6 Alex Cheung	30 Novaquatics Masters-33	1:12.83
32.26	1:12.83 (40.57)	

**Men 30-34 200 Yard IM**

1 Chad Durieux	30 Rose Bowl Masters-33	2:13.50
27.17	1:03.66 (36.49) 1:42.17 (38.51)	2:13.50 (31.33)
2 Eric Henninger	32 UNATTACHED	2:21.81
28.14	1:05.82 (37.68) 1:47.94 (42.12)	2:21.81 (33.87)
3 Alex Cheung	30 Novaquatics Masters-33	2:39.56
34.43	1:13.12 (38.69) 2:05.15 (52.03)	2:39.56 (34.41)
4 Stan Espino	33 Novaquatics Masters-33	2:40.81
34.13	1:17.42 (43.29) 2:06.16 (48.74)	2:40.81 (34.65)
5 David Royer	31 Long Beach Grunions-33	2:59.53
38.72	1:24.54 (45.82) 2:15.79 (51.25)	2:59.53 (43.74)

**Men 30-34 400 Yard IM**

1 Kjell Stava	32 Long Beach Grunions-33	6:29.15
42.08	1:34.32 (52.24) 2:25.07 (50.75) 3:17.64 (52.57)	
4:11.32 (53.68)	5:06.02 (54.70) 5:48.08 (42.06)	6:29.15 (41.07)
--- David Royer	31 Long Beach Grunions-33	DQ

**Men 35-39 50 Yard Freestyle**

1 Dan Wegner	38 YMCA Indy SwimFit-16	22.20
2 David Sumner	39 Mission Viejo Masters-33	22.25
3 Joel Wainwright	36 Arizona Masters-48	22.67
4 Chris Egan	35 Orange Coast Masters Swimming-33	22.73
5 John Kirker	39 Novaquatics Masters-33	23.74
6 David Hughes	35 Longhorn Aquatics-43	24.04
7 Jim Dietrich	39 Novaquatics Masters-33	24.07
8 Aric Kent	39 Masters of Yucaipa Swim Team-33	24.66
9 Patrick Wen	37 Walnut Creek Masters-38	26.17
10 Tom Castleton	38 Rose Bowl Masters-33	27.74
11 Ken Wong	38 Novaquatics Masters-33	30.66
12 Giuseppe Lauritano	37 San Diego Swim Masters-44	37.50

**Men 35-39 100 Yard Freestyle**

1 Chris Egan	35 Orange Coast Masters Swimming-33	48.73
23.07	48.73 (25.66)	
2 Joel Wainwright	36 Arizona Masters-48	49.52
24.08	49.52 (25.44)	
3 David Sumner	39 Mission Viejo Masters-33	49.90
24.03	49.90 (25.87)	
4 John Kirker	39 Novaquatics Masters-33	52.01
24.82	52.01 (27.19)	
5 Steve Gunnell	39 Mission Viejo Masters-33	52.10
24.82	52.10 (27.28)	
6 Marcel Rinzler	39 Novaquatics Masters-33	53.17
25.36	53.17 (27.81)	
7 Jim Dietrich	39 Novaquatics Masters-33	53.74
25.55	53.74 (28.19)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 35-39 100 Yard Freestyle)**

8	Aric Kent	25.92	39	Masters of Yucaipa Swim Team-33	54.50
		54.50 (28.58)			
9	Paolo Bascon	26.65	37	Mission Viejo Masters-33	55.75
		55.75 (29.10)			
10	Dave Bartels	27.04	38	Novaquatics Masters-33	56.56
		56.56 (29.52)			
11	Patrick Wen	26.98	37	Walnut Creek Masters-38	56.70
		56.70 (29.72)			
12	Josh Plummer	28.94	36	Mission Viejo Masters-33	59.13
		59.13 (30.19)			
13	Kevin Jacobs	28.47	35	Novaquatics Masters-33	59.37
		59.37 (30.90)			
14	Jeff Rovinsky	29.67	38	Novaquatics Masters-33	1:02.49
		1:02.49 (32.82)			
15	Tom Castleton	29.71	38	Rose Bowl Masters-33	1:02.55
		1:02.55 (32.84)			
16	Darryl Wooten	31.41	38	Mission Viejo Masters-33	1:03.97
		1:03.97 (32.56)			
17	Giuseppe Lauritano	40.58	37	San Diego Swim Masters-44	1:29.73
		1:29.73 (49.15)			

**Men 35-39 200 Yard Freestyle**

1	Joel Wainwright	25.36	36	Arizona Masters-48	1:49.30
		52.64 (27.28)		1:20.83 (28.19)	1:49.30 (28.47)
2	John Kirker	27.00	39	Novaquatics Masters-33	2:01.16
		56.44 (29.44)		1:28.24 (31.80)	2:01.16 (32.92)
3	Dave Bartels	28.40	38	Novaquatics Masters-33	2:04.29
		59.57 (31.17)		1:32.30 (32.73)	2:04.29 (31.99)
4	Kevin Jacobs	33.43	35	Novaquatics Masters-33	2:17.68
		1:07.95 (34.52)		1:43.12 (35.17)	2:17.68 (34.56)
5	Darryl Wooten	31.92	38	Mission Viejo Masters-33	2:21.14
		1:06.96 (35.04)		1:43.92 (36.96)	2:21.14 (37.22)
6	Jon Needell	33.01	39	Coto de Caza Coyotes-33	2:32.07
		1:10.36 (37.35)		1:51.08 (40.72)	2:32.07 (40.99)
7	Robert Tyminski	35.04	35	Santa Clarita Masters Club-33	2:33.43
		1:13.38 (38.34)		1:53.37 (39.99)	2:33.43 (40.06)

**Men 35-39 500 Yard Freestyle**

1	Steve Gunnell	28.18	39	Mission Viejo Masters-33	5:16.51
		58.82 (30.64)		1:30.07 (31.25)	2:02.36 (32.29)
		2:34.42 (32.06)		3:05.82 (31.40)	3:37.77 (31.95)
		4:44.08 (33.40)		5:16.51 (32.43)	4:10.68 (32.91)
2	John Kirker	30.10	39	Novaquatics Masters-33	5:46.59
		1:02.86 (32.76)		1:37.30 (34.44)	2:12.48 (35.18)
		2:48.05 (35.57)		3:23.74 (35.69)	3:59.71 (35.97)
		5:12.08 (36.21)		5:46.59 (34.51)	4:35.87 (36.16)
3	Jeff Rovinsky	33.05	38	Novaquatics Masters-33	6:22.91
		1:09.96 (36.91)		1:47.94 (37.98)	2:27.52 (39.58)
		3:06.91 (39.39)		3:46.99 (40.08)	4:27.15 (40.16)
		5:46.88 (39.67)		6:22.91 (36.03)	5:07.21 (40.06)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 35-39 500 Yard Freestyle)**

4 Ken Wong	38 Novaquatics Masters-33				7:02.39
37.40	1:18.83 (41.43)	2:01.31 (42.48)	2:44.77 (43.46)		
3:28.57 (43.80)	4:13.08 (44.51)	4:57.78 (44.70)	5:41.25 (43.47)		
6:22.51 (41.26)	7:02.39 (39.88)				

**Men 35-39 1000 Yard Freestyle**

1 Chris Hill	39 Mission Viejo Masters-33				11:55.23
29.78	1:03.41 (33.63)	1:38.05 (34.64)	2:13.26 (35.21)		
2:49.05 (35.79)	3:25.02 (35.97)	4:01.02 (36.00)	4:37.09 (36.07)		
5:13.50 (36.41)	5:49.69 (36.19)	6:26.18 (36.49)	7:02.58 (36.40)		
7:38.90 (36.32)	8:15.32 (36.42)	8:52.09 (36.77)	9:28.43 (36.34)		
10:05.61 (37.18)	10:42.98 (37.37)	11:19.80 (36.82)	11:55.23 (35.43)		

**Men 35-39 1650 Yard Freestyle**

1 David Hughes	35 Longhorn Aquatics-43				20:36.31
29.63	1:01.59 (31.96)	1:34.97 (33.38)	2:08.93 (33.96)		
2:44.05 (35.12)	3:19.37 (35.32)	3:56.10 (36.73)	4:33.78 (37.68)		
5:11.29 (37.51)	5:49.15 (37.86)	6:28.42 (39.27)	7:07.45 (39.03)		
7:46.15 (38.70)	8:25.33 (39.18)	9:04.60 (39.27)	9:44.66 (40.06)		
10:24.89 (40.23)	11:04.56 (39.67)	11:43.57 (39.01)	12:22.29 (38.72)		
13:01.26 (38.97)	13:40.37 (39.11)	14:19.24 (38.87)	14:58.06 (38.82)		
15:36.85 (38.79)	16:15.32 (38.47)	16:53.43 (38.11)	17:32.07 (38.64)		
18:09.90 (37.83)	18:47.22 (37.32)	19:23.92 (36.70)	20:00.73 (36.81)	20:36.31 (35.58)	
2 Jon Needell	39 Coto de Caza Coyotes-33				24:50.39
36.92	1:18.77 (41.85)	2:03.21 (44.44)	2:46.87 (43.66)		
3:30.81 (43.94)	4:14.84 (44.03)	5:00.42 (45.58)	5:44.97 (44.55)		
6:29.81 (44.84)	7:15.17 (45.36)	8:00.77 (45.60)	8:45.97 (45.20)		
9:31.16 (45.19)	10:17.06 (45.90)	11:02.19 (45.13)	11:48.25 (46.06)		
12:34.00 (45.75)	13:20.33 (46.33)	14:07.94 (47.61)	14:55.58 (47.64)		
15:43.20 (47.62)	16:29.29 (46.09)	17:15.29 (46.00)	18:01.74 (46.45)		
18:48.11 (46.37)	19:33.98 (45.87)	20:19.29 (45.31)	21:06.59 (47.30)		
21:53.24 (46.65)	22:38.29 (45.05)	23:23.17 (44.88)	24:07.83 (44.66)	24:50.39 (42.56)	

**Men 35-39 50 Yard Backstroke**

1 Joel Wainwright	36 Arizona Masters-48				25.40
2 David Sumner	39 Mission Viejo Masters-33				26.57
3 Aric Kent	39 Masters of Yucaipa Swim Team-33				29.62
4 Scott Jackson	35 Ladera Ranch Masters-33				30.90

**Men 35-39 100 Yard Backstroke**

1 Joel Wainwright	36 Arizona Masters-48				54.99
26.70	54.99 (28.29)				
2 David Sumner	39 Mission Viejo Masters-33				57.52
27.00	57.52 (30.52)				
3 Aric Kent	39 Masters of Yucaipa Swim Team-33				1:04.82
30.98	1:04.82 (33.84)				
4 Scott Jackson	35 Ladera Ranch Masters-33				1:05.16
31.74	1:05.16 (33.42)				
5 Dave Bartels	38 Novaquatics Masters-33				1:12.39
35.63	1:12.39 (36.76)				
6 Darryl Wooten	38 Mission Viejo Masters-33				1:14.97
37.55	1:14.97 (37.42)				
7 Kevin Jacobs	35 Novaquatics Masters-33				1:15.93
37.48	1:15.93 (38.45)				

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 35-39 100 Yard Backstroke)**

8 Tom Castleton	38 Rose Bowl Masters-33	1:24.21
42.38	1:24.21 (41.83)	

**Men 35-39 200 Yard Backstroke**

1 Joel Wainwright	36 Arizona Masters-48	1:58.86
27.60	57.29 (29.69) 1:27.70 (30.41) 1:58.86 (31.16)	
2 Chris Egan	35 Orange Coast Masters Swimming-33	2:01.11
27.74	58.12 (30.38) 1:29.79 (31.67) 2:01.11 (31.32)	
3 Marcel Rinzler	39 Novaquatics Masters-33	2:04.20
29.81	1:01.00 (31.19) 1:32.49 (31.49) 2:04.20 (31.71)	
4 Darryl Wooten	38 Mission Viejo Masters-33	2:38.16
38.55	1:18.07 (39.52) 1:58.37 (40.30) 2:38.16 (39.79)	
5 Jon Needell	39 Coto de Caza Coyotes-33	3:07.00
43.05	1:29.63 (46.58) 2:18.95 (49.32) 3:07.00 (48.05)	

**Men 35-39 50 Yard Breaststroke**

1 Steve West	38 Novaquatics Masters-33	26.74
2 Jim Dietrich	39 Novaquatics Masters-33	29.48
3 John Kirker	39 Novaquatics Masters-33	31.59
4 Paolo Bascon	37 Mission Viejo Masters-33	31.75
5 Steve Ripic	37 Mission Viejo Masters-33	32.25
6 Michael Kolarov	37 Mission Viejo Masters-33	32.65
7 Dave Bartels	38 Novaquatics Masters-33	34.85
8 Jeff Rovinsky	38 Novaquatics Masters-33	35.30
9 Tom Castleton	38 Rose Bowl Masters-33	36.16
10 Ken Wong	38 Novaquatics Masters-33	37.85
11 Giuseppe Lauritano	37 San Diego Swim Masters-44	42.62
--- Robert Tyminski	35 Santa Clarita Masters Club-33	DQ

**Men 35-39 100 Yard Breaststroke**

1 Steve West	38 Novaquatics Masters-33	57.92
27.35	57.92 (30.57)	
2 Jim Dietrich	39 Novaquatics Masters-33	1:06.02
30.66	1:06.02 (35.36)	
3 Scott Jackson	35 Ladera Ranch Masters-33	1:09.48
32.68	1:09.48 (36.80)	
4 Paolo Bascon	37 Mission Viejo Masters-33	1:10.07
33.15	1:10.07 (36.92)	
5 Steve Ripic	37 Mission Viejo Masters-33	1:10.41
32.52	1:10.41 (37.89)	
6 Dave Bartels	38 Novaquatics Masters-33	1:14.63
35.02	1:14.63 (39.61)	
7 Tom Castleton	38 Rose Bowl Masters-33	1:19.15
36.37	1:19.15 (42.78)	
8 Jeff Rovinsky	38 Novaquatics Masters-33	1:19.75
37.06	1:19.75 (42.69)	
9 Giuseppe Lauritano	37 San Diego Swim Masters-44	1:36.94
44.42	1:36.94 (52.52)	

**Men 35-39 200 Yard Breaststroke**

1 Steve West	38 Novaquatics Masters-33	2:08.45
29.17	1:02.13 (32.96) 1:35.02 (32.89) 2:08.45 (33.43)	



**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 35-39 200 Yard Breaststroke)**

2	Steve Ripic	37	Mission Viejo Masters-33	2:38.31
	34.50	1:13.92 (39.42)	1:55.18 (41.26)	2:38.31 (43.13)
3	Paolo Bascon	37	Mission Viejo Masters-33	2:40.97
	36.03	1:15.78 (39.75)	1:57.30 (41.52)	2:40.97 (43.67)
4	Jeff Rovinsky	38	Novaquatics Masters-33	3:01.84
	40.07	1:26.86 (46.79)	2:15.34 (48.48)	3:01.84 (46.50)
5	Ken Wong	38	Novaquatics Masters-33	3:03.53
6	Jon Needell	39	Coto de Caza Coyotes-33	3:18.15
	43.41	1:32.49 (49.08)	2:25.83 (53.34)	3:18.15 (52.32)
---	Giuseppe Lauritano	37	San Diego Swim Masters-44	DQ

**Men 35-39 50 Yard Butterfly**

1	David Sumner	39	Mission Viejo Masters-33	24.52
2	David Hughes	35	Longhorn Aquatics-43	25.52
3	Jim Dietrich	39	Novaquatics Masters-33	26.84
4	Aric Kent	39	Masters of Yucaipa Swim Team-33	27.16
5	Paolo Bascon	37	Mission Viejo Masters-33	27.61
6	Steve Ripic	37	Mission Viejo Masters-33	28.91
7	Tom Castleton	38	Rose Bowl Masters-33	29.62
8	Dave Bartels	38	Novaquatics Masters-33	29.69
9	Michael Kolarov	37	Mission Viejo Masters-33	29.97
10	Robert Tyminski	35	Santa Clarita Masters Club-33	42.05

**Men 35-39 100 Yard Butterfly**

1	David Sumner	39	Mission Viejo Masters-33	54.44
	25.76	54.44 (28.68)		
2	Chris Egan	35	Orange Coast Masters Swimming-33	55.23
	25.95	55.23 (29.28)		
3	Patrick Wen	37	Walnut Creek Masters-38	1:05.93
	30.41	1:05.93 (35.52)		
4	Paolo Bascon	37	Mission Viejo Masters-33	1:06.21
	31.36	1:06.21 (34.85)		
5	Tom Castleton	38	Rose Bowl Masters-33	1:08.00
	31.09	1:08.00 (36.91)		

**Men 35-39 200 Yard Butterfly**

1	Patrick Wen	37	Walnut Creek Masters-38	2:38.27
	35.49	1:17.25 (41.76)	1:58.47 (41.22)	2:38.27 (39.80)
2	Jon Needell	39	Coto de Caza Coyotes-33	3:09.09
	37.45	1:22.58 (45.13)	2:15.19 (52.61)	3:09.09 (53.90)

**Men 35-39 100 Yard IM**

1	Chris Egan	35	Orange Coast Masters Swimming-33	56.09
	26.05	56.09 (30.04)		
2	David Sumner	39	Mission Viejo Masters-33	57.12
	26.15	57.12 (30.97)		
3	Jim Dietrich	39	Novaquatics Masters-33	59.37
	27.76	59.37 (31.61)		
4	John Kirker	39	Novaquatics Masters-33	1:03.51
5	Steve Ripic	37	Mission Viejo Masters-33	1:03.89
	30.12	1:03.89 (33.77)		
6	Scott Jackson	35	Ladera Ranch Masters-33	1:04.37
	30.67	1:04.37 (33.70)		

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 35-39 100 Yard IM)**

7	Michael Kolarov	37	Mission Viejo Masters-33	1:04.89
	30.17		1:04.89 (34.72)	
8	Aric Kent	39	Masters of Yucaipa Swim Team-33	1:05.43
	29.20		1:05.43 (36.23)	
9	Dave Bartels	38	Novaquatics Masters-33	1:07.13
	32.03		1:07.13 (35.10)	
10	Patrick Wen	37	Walnut Creek Masters-38	1:07.77
	30.84		1:07.77 (36.93)	
11	Josh Plummer	36	Mission Viejo Masters-33	1:09.82
	32.42		1:09.82 (37.40)	
12	Darryl Wooten	38	Mission Viejo Masters-33	1:14.58
	34.72		1:14.58 (39.86)	
13	Ken Wong	38	Novaquatics Masters-33	1:20.61
	39.60		1:20.61 (41.01)	
---	Robert Tyminski	35	Santa Clarita Masters Club-33	DQ

**Men 35-39 200 Yard IM**

1	Steve Ripic	37	Mission Viejo Masters-33	2:20.64
	29.54		1:06.75 (37.21) 1:47.07 (40.32) 2:20.64 (33.57)	
2	Aric Kent	39	Masters of Yucaipa Swim Team-33	2:22.78
	27.79		1:04.03 (36.24) 1:48.85 (44.82) 2:22.78 (33.93)	
3	Jon Needell	39	Coto de Caza Coyotes-33	3:00.61
	38.38		1:27.33 (48.95) 2:21.49 (54.16) 3:00.61 (39.12)	

**Men 35-39 400 Yard IM**

1	Marcel Rinzler	39	Novaquatics Masters-33	4:31.40
	29.73		1:04.43 (34.70) 1:39.81 (35.38) 2:14.02 (34.21)	
	2:52.41 (38.39)		3:30.87 (38.46) 4:02.57 (31.70) 4:31.66 (29.09)	
	4:31.40 ( )			
2	Steve Gunnell	39	Mission Viejo Masters-33	4:47.93
	29.03		1:02.56 (33.53) 1:40.53 (37.97) 2:18.47 (37.94)	
	3:00.79 (42.32)		3:42.55 (41.76) 4:15.41 (32.86) 4:47.44 (32.03)	
	4:47.93 (0.49)			
3	Steve Ripic	37	Mission Viejo Masters-33	4:56.72
	30.49		1:05.27 (34.78) 1:45.48 (40.21) 2:24.84 (39.36)	
	3:05.73 (40.89)		3:47.79 (42.06) 4:22.77 (34.98) 4:56.72 (33.95)	
4	Chris Hill	39	Mission Viejo Masters-33	5:02.89
	30.29		1:06.06 (35.77) 1:48.05 (41.99) 2:28.73 (40.68)	
	3:12.22 (43.49)		3:56.00 (43.78) 4:30.68 (34.68) 5:02.89 (32.21)	
5	Jon Needell	39	Coto de Caza Coyotes-33	6:18.78
	38.01		1:25.34 (47.33) 2:18.14 (52.80) 3:08.76 (50.62)	
	4:01.34 (52.58)		5:38.98 (1:37.64) 6:19.05 (40.07) 6:18.78 ( )	

**Men 40-44 50 Yard Freestyle**

1	Jeffrey Mitchell	41	Mission Viejo Masters-33	22.71
2	Julio Cienega	43	Rose Bowl Masters-33	25.06
3	Rik Woudwijk	44	Los Angeles Peninsula Swimmers-33	25.64
4	Jim Ashley	44	Coto de Caza Coyotes-33	26.39
5	David Neilan	44	South Bay Swim Team-33	27.47
6	Steve Lamm	44	Novaquatics Masters-33	28.62
7	Stephen Freitas	44	Mission Viejo Masters-33	30.60

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Men 40-44 100 Yard Freestyle**

1	Brad Hibbard	40	UNATTACHED	48.39
	23.00	48.39	(25.39)	
2	Jeffrey Mitchell	41	Mission Viejo Masters-33	48.58
	22.94	48.58	(25.64)	
3	Michael Power	42	Wisconsin Masters Aquatic Club-20	50.62
	24.54	50.62	(26.08)	
4	Kenton Jones	42	San Diego Swim Masters-44	52.50
	24.86	52.50	(27.64)	
5	Steve Powell	42	Zenith Aquatics Masters-33	52.85
	25.25	52.85	(27.60)	
6	Michael Clark	41	Mission Viejo Masters-33	53.95
	26.03	53.95	(27.92)	
7	Julio Cienega	43	Rose Bowl Masters-33	54.22
	25.93	54.22	(28.29)	
8	Bret McLeod	41	Novaquatics Masters-33	54.55
	26.81	54.55	(27.74)	
9	Lee Jacobs	40	Novaquatics Masters-33	56.29
	26.87	56.29	(29.42)	
10	Jim Ashley	44	Coto de Caza Coyotes-33	58.63
	28.29	58.63	(30.34)	
11	David Neilan	44	South Bay Swim Team-33	58.89
	28.49	58.89	(30.40)	
12	Eric Bleuel	41	Ventura County Masters-33	59.51
	28.63	59.51	(30.88)	
13	Michael Kendall	42	Coto de Caza Coyotes-33	1:03.26
	29.49	1:03.26	(33.77)	
14	John Gross	41	San Diego Swim Masters-44	1:05.05
	31.22	1:05.05	(33.83)	
15	Peter Jones	42	Mission Viejo Masters-33	1:07.34
	31.51	1:07.34	(35.83)	
16	Stephen Freitas	44	Mission Viejo Masters-33	1:12.82
	35.12	1:12.82	(37.70)	

**Men 40-44 200 Yard Freestyle**

1	Brad Hibbard	40	UNATTACHED	1:52.61
	25.39	53.24	(27.85) 1:22.33 (29.09)	1:52.61 (30.28)
2	Michael Clark	41	Mission Viejo Masters-33	1:59.18
		1:00.38 ( )	1:59.18 (58.80)	
3	Steve Powell	42	Zenith Aquatics Masters-33	1:59.97
	27.83	58.01 (30.18)	1:29.32 (31.31)	1:59.97 (30.65)
4	Julio Cienega	43	Rose Bowl Masters-33	2:00.44
	28.88	59.38 (30.50)	1:30.08 (30.70)	2:00.44 (30.36)
5	Bret McLeod	41	Novaquatics Masters-33	2:00.78
	28.12	58.55 (30.43)	1:29.82 (31.27)	2:00.78 (30.96)
6	Lee Jacobs	40	Novaquatics Masters-33	2:07.06
	30.03	1:02.09 (32.06)	1:35.14 (33.05)	2:07.06 (31.92)
7	David Neilan	44	South Bay Swim Team-33	2:08.66
	30.74	1:02.96 (32.22)	1:36.03 (33.07)	2:08.66 (32.63)
8	Scott Vieira	44	Fresno Dolphin Masters Swim Te-38	2:21.09
	31.36	1:05.56 (34.20)	1:42.71 (37.15)	2:21.09 (38.38)
9	John Gross	41	San Diego Swim Masters-44	2:28.88
	31.59	1:09.01 (37.42)	1:48.66 (39.65)	2:28.88 (40.22)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 40-44 200 Yard Freestyle)**

10 Peter Jones	42 Mission Viejo Masters-33	2:30.00
1:09.97 ( )	1:50.82 (40.85)	2:30.00 (39.18)

**Men 40-44 500 Yard Freestyle Splits Requested**

1 Alex Kostich	40 UNATTACHED	4:43.43
----------------	---------------	---------

**Men 40-44 500 Yard Freestyle**

1 Alex Kostich	40 UNATTACHED	4:39.86
----------------	---------------	---------

25.60	53.30 (27.70)	1:21.48 (28.18)	1:50.20 (28.72)
2:18.95 (28.75)	2:47.44 (28.49)	3:16.21 (28.77)	3:44.61 (28.40)
4:12.67 (28.06)	4:39.86 (27.19)		

2 Drew Skelly	43 Rose Bowl Masters-33	5:20.54
---------------	-------------------------	---------

28.35	1:00.42 (32.07)	1:32.83 (32.41)	2:05.91 (33.08)
2:38.52 (32.61)	3:11.67 (33.15)	3:44.82 (33.15)	4:17.06 (32.24)
4:49.36 (32.30)	5:20.54 (31.18)		

3 Jeffrey Mitchell	41 Mission Viejo Masters-33	5:21.72
--------------------	-----------------------------	---------

28.86	1:01.32 (32.46)	1:33.65 (32.33)	2:05.38 (31.73)
2:37.90 (32.52)	3:10.46 (32.56)	3:43.33 (32.87)	4:15.86 (32.53)
4:48.61 (32.75)	5:21.72 (33.11)		

4 Bret McLeod	41 Novaquatics Masters-33	5:36.30
---------------	---------------------------	---------

31.56	1:04.64 (33.08)	1:38.88 (34.24)	2:12.54 (33.66)
2:46.69 (34.15)	3:20.53 (33.84)	3:54.86 (34.33)	4:29.43 (34.57)
5:03.78 (34.35)	5:36.30 (32.52)		

5 David Neilan	44 South Bay Swim Team-33	5:53.43
----------------	---------------------------	---------

30.97	1:04.69 (33.72)	1:39.46 (34.77)	2:15.01 (35.55)
2:51.24 (36.23)	3:27.69 (36.45)	4:04.34 (36.65)	4:41.23 (36.89)
5:17.58 (36.35)	5:53.43 (35.85)		

6 Michael Kendall	42 Coto de Caza Coyotes-33	6:42.36
-------------------	----------------------------	---------

33.40	1:10.12 (36.72)	1:49.34 (39.22)	2:29.02 (39.68)
3:10.06 (41.04)	3:51.23 (41.17)	4:33.22 (41.99)	5:19.44 (46.22)
6:01.60 (42.16)	6:42.36 (40.76)		

7 Scott Vieira	44 Fresno Dolphin Masters Swim Te-38	6:45.89
----------------	--------------------------------------	---------

32.94	1:08.61 (35.67)	1:46.99 (38.38)	2:27.77 (40.78)
3:09.87 (42.10)	3:53.21 (43.34)	4:37.03 (43.82)	5:20.87 (43.84)
6:05.65 (44.78)	6:45.89 (40.24)		

8 Mike Switzer	40 Mission Viejo Masters-33	6:51.68
----------------	-----------------------------	---------

33.03	1:09.34 (36.31)	1:48.62 (39.28)	2:30.07 (41.45)
3:12.96 (42.89)	3:56.93 (43.97)	4:41.27 (44.34)	5:25.85 (44.58)
6:10.19 (44.34)	6:51.68 (41.49)		

9 Peter Jones	42 Mission Viejo Masters-33	6:57.43
---------------	-----------------------------	---------

34.39	1:13.61 (39.22)	1:56.85 (43.24)	2:40.27 (43.42)
3:22.52 (42.25)	4:05.76 (43.24)	4:48.93 (43.17)	5:33.38 (44.45)
6:16.09 (42.71)	6:57.43 (41.34)		

**Men 40-44 1000 Yard Freestyle**

1 Alex Kostich	40 UNATTACHED	9:32.66
----------------	---------------	---------

25.85	53.59 (27.74)	1:21.88 (28.29)	1:50.46 (28.58)
2:19.13 (28.67)	2:47.92 (28.79)	3:16.59 (28.67)	3:45.57 (28.98)
4:14.42 (28.85)	4:43.43 (29.01)	5:12.23 (28.80)	5:41.01 (28.78)
6:09.81 (28.80)	6:38.86 (29.05)	7:08.15 (29.29)	7:37.54 (29.39)
8:06.72 (29.18)	8:36.11 (29.39)	9:04.77 (28.66)	9:32.66 (27.89)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 40-44 1000 Yard Freestyle)**

2	Bret McLeod	41	Novaquatics Masters-33		11:32.91
	31.51	1:05.58 (34.07)	1:39.92 (34.34)	2:14.50 (34.58)	
	2:49.63 (35.13)	3:24.24 (34.61)	3:58.80 (34.56)	4:33.89 (35.09)	
	5:08.44 (34.55)	5:43.46 (35.02)	6:18.90 (35.44)	6:53.97 (35.07)	
	7:29.46 (35.49)	8:04.70 (35.24)	8:39.90 (35.20)	9:15.24 (35.34)	
	9:49.91 (34.67)	10:24.94 (35.03)	10:59.24 (34.30)	11:32.91 (33.67)	
3	Michael Collins	44	Novaquatics Masters-33		11:39.43
	31.59	1:05.23 (33.64)	1:39.83 (34.60)	2:14.92 (35.09)	
	2:50.51 (35.59)	3:25.98 (35.47)	4:01.42 (35.44)	4:36.92 (35.50)	
	5:12.62 (35.70)	5:48.00 (35.38)	6:23.81 (35.81)	6:59.53 (35.72)	
	7:34.80 (35.27)	8:10.24 (35.44)	8:45.79 (35.55)	9:21.16 (35.37)	
	9:56.18 (35.02)	10:30.76 (34.58)	11:05.20 (34.44)	11:39.43 (34.23)	
4	Lee Jacobs	40	Novaquatics Masters-33		12:16.24
	32.54	1:08.19 (35.65)	1:44.32 (36.13)	2:21.38 (37.06)	
	2:58.78 (37.40)	3:35.84 (37.06)	4:12.79 (36.95)	4:50.10 (37.31)	
	5:27.71 (37.61)	6:04.96 (37.25)	6:41.84 (36.88)	7:19.54 (37.70)	
	7:57.20 (37.66)		9:14.71 ( )	9:52.77 (38.06)	
	10:29.52 (36.75)	11:07.25 (37.73)	11:43.09 (35.84)	12:16.24 (33.15)	
5	Peter Jones	42	Mission Viejo Masters-33		14:10.31
	33.96	1:13.57 (39.61)	1:54.95 (41.38)	2:37.63 (42.68)	
	3:19.07 (41.44)	4:01.51 (42.44)	4:44.68 (43.17)	5:27.96 (43.28)	
	6:11.80 (43.84)	6:56.40 (44.60)	7:40.64 (44.24)	8:25.12 (44.48)	
	9:08.29 (43.17)	9:52.20 (43.91)	10:35.56 (43.36)	11:18.83 (43.27)	
	12:02.21 (43.38)	12:45.37 (43.16)	13:28.54 (43.17)	14:10.31 (41.77)	

**Men 40-44 1650 Yard Freestyle**

1	Alex Kostich	40	UNATTACHED		15:51.52
	26.26	54.48 (28.22)	1:23.31 (28.83)	1:52.03 (28.72)	
	2:21.01 (28.98)	2:49.95 (28.94)	3:19.05 (29.10)	3:47.92 (28.87)	
	4:17.09 (29.17)	4:46.34 (29.25)	5:15.11 (28.77)	5:43.93 (28.82)	
	6:12.98 (29.05)	6:41.96 (28.98)	7:10.87 (28.91)	7:39.96 (29.09)	
	8:08.99 (29.03)	8:38.05 (29.06)	9:07.09 (29.04)	9:36.06 (28.97)	
	10:05.21 (29.15)	10:34.26 (29.05)	11:03.28 (29.02)	11:32.18 (28.90)	
	12:01.21 (29.03)	12:30.17 (28.96)	12:59.40 (29.23)	13:28.14 (28.74)	
	13:57.23 (29.09)	14:26.18 (28.95)	14:55.30 (29.12)	15:24.01 (28.71)	15:51.52 (27.51)
2	Kenton Jones	42	San Diego Swim Masters-44		17:55.13
	29.39	1:01.61 (32.22)	1:34.69 (33.08)	2:07.61 (32.92)	
	2:40.58 (32.97)	3:12.48 (31.90)	3:45.18 (32.70)	4:18.00 (32.82)	
	4:50.76 (32.76)	5:23.81 (33.05)	5:56.12 (32.31)	6:28.70 (32.58)	
	7:01.75 (33.05)	7:34.58 (32.83)	8:07.38 (32.80)	8:39.92 (32.54)	
	9:12.31 (32.39)	9:45.28 (32.97)	10:18.18 (32.90)	10:50.67 (32.49)	
	11:22.57 (31.90)	11:55.36 (32.79)	12:28.38 (33.02)	13:01.21 (32.83)	
	13:33.83 (32.62)	14:06.37 (32.54)	14:39.69 (33.32)	15:12.82 (33.13)	
	15:45.98 (33.16)	16:19.12 (33.14)	16:51.70 (32.58)	17:24.12 (32.42)	17:55.13 (31.01)
3	Drew Skelly	43	Rose Bowl Masters-33		19:02.38
	30.23	1:03.50 (33.27)	1:37.93 (34.43)		
		3:22.10 ( )	3:56.96 (34.86)	4:32.05 (35.09)	
	5:06.98 (34.93)	5:42.02 (35.04)	6:16.83 (34.81)	6:51.25 (34.42)	
	7:25.83 (34.58)	8:00.39 (34.56)	8:35.20 (34.81)	9:09.96 (34.76)	
	9:44.50 (34.54)	10:19.27 (34.77)	10:53.95 (34.68)	11:28.71 (34.76)	
	12:03.44 (34.73)	12:38.60 (35.16)	13:13.54 (34.94)	14:23.66 (1:10.12)	
		14:58.75 ( )	15:34.01 (35.26)	16:09.35 (35.34)	
	16:44.49 (35.14)	17:19.48 (34.99)	17:54.55 (35.07)	18:29.39 (34.84)	19:02.38 (32.99)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 40-44 1650 Yard Freestyle)**

4 Eric Bleuel		41 Ventura County Masters-33		22:15.54
	36.88	1:15.48 (38.60)	1:53.82 (38.34)	2:31.85 (38.03)
	3:10.42 (38.57)	3:50.16 (39.74)	4:31.55 (41.39)	5:12.16 (40.61)
	5:52.83 (40.67)	6:35.00 (42.17)	7:16.26 (41.26)	7:57.67 (41.41)
	8:38.64 (40.97)	9:20.10 (41.46)	10:01.07 (40.97)	10:42.53 (41.46)
	11:23.83 (41.30)	12:05.53 (41.70)	12:46.85 (41.32)	13:28.04 (41.19)
	14:09.05 (41.01)	14:50.29 (41.24)	15:32.06 (41.77)	16:12.97 (40.91)
	16:53.45 (40.48)	17:35.81 (42.36)	18:17.32 (41.51)	18:57.66 (40.34)
	19:37.94 (40.28)	20:19.09 (41.15)	21:00.22 (41.13)	21:38.35 (38.13)
				22:15.54 (37.19)

**Men 40-44 50 Yard Backstroke**

1 Jeffrey Mitchell		41 Mission Viejo Masters-33		29.43
2 Rik Woudwijk		44 Los Angeles Peninsula Swimmers-33		31.37
3 David Neilan		44 South Bay Swim Team-33		31.93

**Men 40-44 100 Yard Backstroke**

1 Gil Ines		42 Novaquatics Masters-33		1:04.89
	31.74	1:04.89 (33.15)		
2 David Neilan		44 South Bay Swim Team-33		1:07.37
	33.01	1:07.37 (34.36)		
3 Eric Bleuel		41 Ventura County Masters-33		1:14.83
	36.81	1:14.83 (38.02)		
--- Michael Kendall		42 Coto de Caza Coyotes-33		DQ

**Men 40-44 200 Yard Backstroke**

1 Kenton Jones		42 San Diego Swim Masters-44		2:15.47
	31.67	1:06.23 (34.56)	1:41.03 (34.80)	2:15.47 (34.44)
2 Michael Power		42 Wisconsin Masters Aquatic Club-20		2:16.04
	33.15	1:07.49 (34.34)	1:41.47 (33.98)	2:16.04 (34.57)
3 Michael Collins		44 Novaquatics Masters-33		2:23.97
	33.07	1:09.27 (36.20)	1:46.14 (36.87)	2:23.97 (37.83)
4 Eric Bleuel		41 Ventura County Masters-33		2:47.28
		1:20.96 ( )	2:47.28 (1:26.32)	

**Men 40-44 50 Yard Breaststroke**

1 Peter Finney		42 Manatee Aquatic Masters Inc-38		28.93
2 Keith Tran		42 Arizona Masters-48		30.27
3 Drew Skelly		43 Rose Bowl Masters-33		32.89
4 Michael Clark		41 Mission Viejo Masters-33		34.37
5 Steve Lamm		44 Novaquatics Masters-33		36.64
6 Scott Vieira		44 Fresno Dolphin Masters Swim Te-38		38.90
7 Peter Jones		42 Mission Viejo Masters-33		39.24

**Men 40-44 100 Yard Breaststroke**

1 Peter Finney		42 Manatee Aquatic Masters Inc-38		1:03.26
	29.49	1:03.26 (33.77)		
2 Drew Skelly		43 Rose Bowl Masters-33		1:10.05
	33.21	1:10.05 (36.84)		
3 Michael Collins		44 Novaquatics Masters-33		1:14.33
	35.21	1:14.33 (39.12)		
4 John Gross		41 San Diego Swim Masters-44		1:19.66
	37.57	1:19.66 (42.09)		
5 Michael Kendall		42 Coto de Caza Coyotes-33		1:23.12
	39.41	1:23.12 (43.71)		

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 40-44 100 Yard Breaststroke)**

6	Stephen Freitas	44	Mission Viejo Masters-33	1:26.31
	39.52	1:26.31	(46.79)	
---	Peter Jones	42	Mission Viejo Masters-33	DQ

**Men 40-44 200 Yard Breaststroke**

1	Peter Finney	42	Manatee Aquatic Masters Inc-38	2:23.33
	31.76	1:08.56	(36.80) 1:46.19 (37.63)	2:23.33 (37.14)
2	Drew Skelly	43	Rose Bowl Masters-33	2:34.90
	35.13	1:13.93	(38.80) 1:53.89 (39.96)	2:34.90 (41.01)
3	Stephen Freitas	44	Mission Viejo Masters-33	3:09.75
	41.39	1:29.07	(47.68) 2:19.95 (50.88)	3:09.75 (49.80)
4	Steve Lamm	44	Novaquatics Masters-33	3:11.27
	41.27	1:29.19	(47.92) 2:19.90 (50.71)	3:11.27 (51.37)

**Men 40-44 50 Yard Butterfly**

1	Jeffrey Mitchell	41	Mission Viejo Masters-33	25.24
2	Keith Kaplan	43	West Hollywood Aquatics-33	25.84
3	Michael Power	42	Wisconsin Masters Aquatic Club-20	25.92
4	Lee Jacobs	40	Novaquatics Masters-33	26.98
5	Michael Clark	41	Mission Viejo Masters-33	27.15
6	Gil Ines	42	Novaquatics Masters-33	27.18
7	Steve Powell	42	Zenith Aquatics Masters-33	27.48
8	Rik Woudwijk	44	Los Angeles Peninsula Swimmers-33	28.24
9	Jim Ashley	44	Coto de Caza Coyotes-33	28.99
10	Scott Vieira	44	Fresno Dolphin Masters Swim Te-38	29.33
11	John Gross	41	San Diego Swim Masters-44	30.87
12	Michael Kendall	42	Coto de Caza Coyotes-33	32.36

**Men 40-44 100 Yard Butterfly**

1	Jeffrey Mitchell	41	Mission Viejo Masters-33	57.62
	26.65	57.62	(30.97)	
2	Peter Finney	42	Manatee Aquatic Masters Inc-38	57.91
	27.33	57.91	(30.58)	

**Men 40-44 200 Yard Butterfly**

1	Peter Finney	42	Manatee Aquatic Masters Inc-38	2:09.13
	29.61	1:03.05	(33.44) 1:36.61 (33.56)	2:09.13 (32.52)
2	Drew Skelly	43	Rose Bowl Masters-33	2:20.79
	29.94	1:04.76	(34.82) 1:41.70 (36.94)	2:20.79 (39.09)
3	Michael Clark	41	Mission Viejo Masters-33	2:32.60
	36.38	1:17.71	(41.33) 1:58.36 (40.65)	2:32.60 (34.24)
4	Lee Jacobs	40	Novaquatics Masters-33	2:33.85
	32.74	1:11.35	(38.61) 1:52.96 (41.61)	2:33.85 (40.89)
5	Eric Bleuel	41	Ventura County Masters-33	3:29.57
	43.26	1:33.89	(50.63) 2:30.48 (56.59)	3:29.57 (59.09)

**Men 40-44 100 Yard IM**

1	Michael Power	42	Wisconsin Masters Aquatic Club-20	59.33
	27.54	59.33	(31.79)	
2	Jeffrey Mitchell	41	Mission Viejo Masters-33	59.41
	26.90	59.41	(32.51)	
3	Keith Kaplan	43	West Hollywood Aquatics-33	1:02.92
	28.84	1:02.92	(34.08)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 40-44 100 Yard IM)**

4	Michael Clark	41	Mission Viejo Masters-33	1:03.10
	28.59		1:03.10 (34.51)	
5	Steve Powell	42	Zenith Aquatics Masters-33	1:03.43
	29.91		1:03.43 (33.52)	
6	Rik Woudwijk	44	Los Angeles Peninsula Swimmers-33	1:05.87
	29.79		1:05.87 (36.08)	
7	Julio Cienega	43	Rose Bowl Masters-33	1:06.93
	32.74		1:06.93 (34.19)	
8	Keith Tran	42	Arizona Masters-48	1:08.46
	33.57		1:08.46 (34.89)	
9	Jim Ashley	44	Coto de Caza Coyotes-33	1:08.64
	31.77		1:08.64 (36.87)	
10	David Neilan	44	South Bay Swim Team-33	1:09.23
	32.08		1:09.23 (37.15)	
11	Scott Vieira	44	Fresno Dolphin Masters Swim Te-38	1:09.99
	31.44		1:09.99 (38.55)	
12	Eric Bleuel	41	Ventura County Masters-33	1:11.42
	32.39		1:11.42 (39.03)	
13	Michael Kendall	42	Coto de Caza Coyotes-33	1:16.52
	34.91		1:16.52 (41.61)	
14	John Gross	41	San Diego Swim Masters-44	1:16.87
	37.19		1:16.87 (39.68)	
15	Stephen Freitas	44	Mission Viejo Masters-33	1:19.82
	37.23		1:19.82 (42.59)	

**Men 40-44 200 Yard IM**

1	Peter Finney	42	Manatee Aquatic Masters Inc-38	2:12.87
	27.63		1:03.34 (35.71) 1:40.52 (37.18) 2:12.87 (32.35)	
2	Rik Woudwijk	44	Los Angeles Peninsula Swimmers-33	2:26.65
	30.08		1:06.46 (36.38) 1:52.20 (45.74) 2:26.65 (34.45)	
3	Jim Ashley	44	Coto de Caza Coyotes-33	2:41.50
	33.09		1:16.36 (43.27) 2:05.75 (49.39) 2:41.50 (35.75)	

**Men 40-44 400 Yard IM**

1	Peter Finney	42	Manatee Aquatic Masters Inc-38	4:44.40
	28.57		1:02.16 (33.59) 1:41.03 (38.87) 2:19.56 (38.53)	
	2:58.26 (38.70)		3:37.62 (39.36) 4:11.50 (33.88) 4:44.63 (33.13)	
	5:04.29 (19.66)		4:44.40 ( )	
2	Drew Skelly	43	Rose Bowl Masters-33	4:56.15
	30.23		1:06.16 (35.93) 1:44.80 (38.64) 2:23.01 (38.21)	
	3:05.98 (42.97)		3:49.70 (43.72) 4:24.53 (34.83) 4:56.15 (31.62)	
3	Michael Collins	44	Novaquatics Masters-33	5:08.59
			1:50.87 ( ) 2:31.26 (40.39)	
	5:08.59 (2:37.33)			
4	Michael Clark	41	Mission Viejo Masters-33	5:19.96
	36.60		1:17.57 (40.97) 2:02.78 (45.21) 2:45.19 (42.41)	
	3:31.28 (46.09)		4:16.10 (44.82) 4:50.17 (34.07) 5:19.96 (29.79)	
5	Eric Bleuel	41	Ventura County Masters-33	6:31.76
	41.28		1:34.06 (52.78) 2:21.99 (47.93) 3:07.61 (45.62)	
	4:11.09 (1:03.48)		5:12.01 (1:00.92) 5:53.30 (41.29) 6:31.76 (38.46)	

**Men 45-49 50 Yard Freestyle**

1	Al Jaegers	47	Wildcat Alumni Masters-38	23.05
2	Mace Volzing	45	Wildcat Alumni Masters-38	23.09



**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 45-49 50 Yard Freestyle)**

3	Sandy Trimble	47	Wildcat Alumni Masters-38	23.13
4	Jim McCloskey	45	Southern California Aquatic Ma-33	23.20
5	Chris Wall	48	Southern California Aquatic Ma-33	23.26
6	James Riddle	47	Novaquatics Masters-33	23.69
7	Brian Phelps	45	Colorado Masters Swimming-32	23.90
8	John Becker	46	Arizona Masters-48	24.60
9	Steve Franklin	48	Orange Coast Masters Swimming-33	25.28
10	Adam Schwarz	46	Novaquatics Masters-33	25.58
11	Bradley Stolshek	49	Conejo Valley Multisport Maste-33	25.61
12	Brian Merrigan	49	South Bay Swim Team-33	26.09
13	Mike Lane	48	Coto de Caza Coyotes-33	29.47
14	John Uribe	46	Rose Bowl Masters-33	33.34
---	John Stevens	45	Coto de Caza Coyotes-33	DQ

**Men 45-49 50 Yard Freestyle Splits Requested**

1	David Cunniff	46	Wildcat Alumni Masters-38	23.08
---	---------------	----	---------------------------	-------

**Men 45-49 100 Yard Freestyle**

1	Rich Saeger	46	UNATTACHED	47.28
	22.74	47.28	(24.54)	
2	David Cunniff	46	Wildcat Alumni Masters-38	50.56
	23.64	50.56	(26.92)	
3	Jim McCloskey	45	Southern California Aquatic Ma-33	50.57
	24.19	50.57	(26.38)	
4	James Riddle	47	Novaquatics Masters-33	51.45
	24.91	51.45	(26.54)	
5	Chris Wall	48	Southern California Aquatic Ma-33	51.99
	24.57	51.99	(27.42)	
6	John Becker	46	Arizona Masters-48	53.49
	25.90	53.49	(27.59)	
7	Brandon Day	47	Rose Bowl Masters-33	54.80
	26.93	54.80	(27.87)	
8	Steve Franklin	48	Orange Coast Masters Swimming-33	55.16
	26.51	55.16	(28.65)	
9	Tor Hovind	49	Zenith Aquatics Masters-33	57.93
10	Adam Schwarz	46	Novaquatics Masters-33	58.35
	26.72	58.35	(31.63)	
11	Mike Lane	48	Coto de Caza Coyotes-33	1:05.31
	31.41	1:05.31	(33.90)	
12	Tim Block	48	Mission Viejo Masters-33	1:16.68
	37.66	1:16.68	(39.02)	
13	John Uribe	46	Rose Bowl Masters-33	1:18.72
	34.53	1:18.72	(44.19)	

**Men 45-49 200 Yard Freestyle**

1	Rich Saeger	46	UNATTACHED	1:43.25
	24.21	50.69	(26.48) 1:17.22 (26.53)	1:43.25 (26.03)
2	David Cunniff	46	Wildcat Alumni Masters-38	1:48.32
	24.84	51.83	(26.99) 1:19.91 (28.08)	1:48.32 (28.41)
3	Jim McCloskey	45	Southern California Aquatic Ma-33	1:52.17
	24.87	52.52	(27.65) 1:22.00 (29.48)	1:52.17 (30.17)
4	James Riddle	47	Novaquatics Masters-33	1:54.23
	27.00	55.22	(28.22) 1:24.40 (29.18)	1:54.23 (29.83)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 45-49 200 Yard Freestyle)**

5	Al Jaegers	47	Wildcat Alumni Masters-38	1:55.33
	26.69	55.99 (29.30)	1:25.96 (29.97)	1:55.33 (29.37)
6	Michael Scannell	46	Rose Bowl Masters-33	1:55.51
	27.18	56.46 (29.28)	1:26.00 (29.54)	1:55.51 (29.51)
7	John Becker	46	Arizona Masters-48	1:59.83
	28.02	58.42 (30.40)	1:29.70 (31.28)	1:59.83 (30.13)
8	Brian Phelps	45	Colorado Masters Swimming-32	2:00.50
	27.40	57.48 (30.08)	1:29.37 (31.89)	2:00.50 (31.13)
9	Bob Eberwine	49	South Bay Swim Team-33	2:02.05
	28.27	59.20 (30.93)	1:30.65 (31.45)	2:02.05 (31.40)
10	Mike Fitzgerald	45	West Hollywood Aquatics-33	2:05.70
	29.97	1:01.72 (31.75)	1:33.31 (31.59)	2:05.70 (32.39)
11	Kevin Weissman	47	Mission Viejo Masters-33	2:06.21
	30.31	1:02.57 (32.26)	1:34.37 (31.80)	2:06.21 (31.84)
12	Steve Franklin	48	Orange Coast Masters Swimming-33	2:06.53
	29.68	1:00.92 (31.24)	1:33.14 (32.22)	2:06.53 (33.39)
13	Mike Cavanagh	47	Rose Bowl Masters-33	2:14.15
	30.96	1:04.31 (33.35)	1:40.33 (36.02)	2:14.15 (33.82)
14	Mike Lane	48	Coto de Caza Coyotes-33	2:30.79
	32.11	1:09.08 (36.97)	1:49.80 (40.72)	2:30.79 (40.99)
15	Douglas Everett	46	Arizona Masters-48	2:37.15
	36.85	1:18.49 (41.64)	1:58.69 (40.20)	2:37.15 (38.46)
16	Tim Block	48	Mission Viejo Masters-33	2:55.17
	40.49	1:25.23 (44.74)	2:12.32 (47.09)	2:55.17 (42.85)

**Men 45-49 500 Yard Freestyle**

1	Michael Scannell	46	Rose Bowl Masters-33	5:14.80
	28.52	59.71 (31.19)	1:31.34 (31.63)	2:03.35 (32.01)
	2:35.57 (32.22)	3:07.62 (32.05)	3:39.41 (31.79)	4:11.38 (31.97)
	4:43.30 (31.92)	5:14.80 (31.50)		
2	James Riddle	47	Novaquatics Masters-33	5:16.01
	29.14	1:00.44 (31.30)	1:32.50 (32.06)	2:04.90 (32.40)
	2:37.71 (32.81)	3:10.68 (32.97)	3:43.12 (32.44)	4:14.91 (31.79)
	4:46.57 (31.66)	5:16.01 (29.44)		
3	John Becker	46	Arizona Masters-48	5:23.26
	29.26	1:01.15 (31.89)	1:32.79 (31.64)	2:05.76 (32.97)
	2:38.27 (32.51)	3:11.11 (32.84)	3:44.51 (33.40)	4:18.03 (33.52)
	4:51.36 (33.33)	5:23.26 (31.90)		
4	Bob Eberwine	49	South Bay Swim Team-33	5:32.41
	30.85	1:04.20 (33.35)	1:38.23 (34.03)	2:12.54 (34.31)
	2:46.75 (34.21)	3:20.71 (33.96)	3:54.62 (33.91)	4:28.73 (34.11)
	5:01.76 (33.03)	5:32.41 (30.65)		
5	Mike Gibson	48	Mission Viejo Masters-33	5:42.60
	29.50	1:01.99 (32.49)	1:35.30 (33.31)	2:09.77 (34.47)
	2:45.04 (35.27)	3:20.57 (35.53)	3:57.03 (36.46)	4:33.42 (36.39)
	5:09.54 (36.12)	5:42.60 (33.06)		
6	Mike Cavanagh	47	Rose Bowl Masters-33	6:04.82
	32.04	1:07.84 (35.80)		2:21.46 ( )
	2:58.92 (37.46)	6:04.82 (3:05.90)		
7	Douglas Everett	46	Arizona Masters-48	7:06.17
	38.74	1:21.88 (43.14)	2:05.96 (44.08)	2:49.84 (43.88)
	3:34.11 (44.27)	4:18.73 (44.62)	5:01.18 (42.45)	5:43.24 (42.06)
	6:25.86 (42.62)	7:06.17 (40.31)		

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Men 45-49 1000 Yard Freestyle**

1 James Riddle	47 Novaquatics Masters-33				11:00.22
30.31	1:03.17 (32.86)	1:36.86 (33.69)	2:10.77 (33.91)		
2:44.41 (33.64)	3:18.22 (33.81)	3:51.37 (33.15)	4:24.70 (33.33)		
4:58.29 (33.59)	5:31.76 (33.47)	6:05.13 (33.37)	6:38.44 (33.31)		
7:11.81 (33.37)	7:44.91 (33.10)	8:18.24 (33.33)	8:51.54 (33.30)		
9:24.66 (33.12)	9:57.31 (32.65)	10:29.36 (32.05)	11:00.22 (30.86)		
2 Mike Lewis	45 Mission Viejo Masters-33				11:06.38
29.34	1:01.77 (32.43)	1:34.93 (33.16)	2:08.72 (33.79)		
2:42.68 (33.96)	3:16.55 (33.87)	3:50.57 (34.02)	4:24.33 (33.76)		
4:58.12 (33.79)	5:31.67 (33.55)	6:05.01 (33.34)	6:38.62 (33.61)		
7:12.19 (33.57)	7:45.66 (33.47)	8:19.22 (33.56)	8:52.64 (33.42)		
9:26.44 (33.80)	9:59.84 (33.40)	10:33.11 (33.27)	11:06.38 (33.27)		
3 Bob Eberwine	49 South Bay Swim Team-33				11:30.43
32.73	1:07.57 (34.84)	1:42.85 (35.28)	2:17.85 (35.00)		
2:52.68 (34.83)	3:27.28 (34.60)	4:01.94 (34.66)	4:36.34 (34.40)		
5:11.00 (34.66)	5:45.39 (34.39)	6:19.84 (34.45)	6:54.63 (34.79)		
7:29.20 (34.57)	8:03.96 (34.76)	8:39.19 (35.23)	9:14.13 (34.94)		
9:49.03 (34.90)	10:23.81 (34.78)	10:58.25 (34.44)	11:30.43 (32.18)		
4 Douglas Everett	46 Arizona Masters-48				14:56.28
38.08	1:21.45 (43.37)	2:06.69 (45.24)	2:52.43 (45.74)		
3:38.12 (45.69)	4:23.89 (45.77)	5:08.95 (45.06)	5:54.50 (45.55)		
6:40.79 (46.29)	7:26.42 (45.63)	8:11.41 (44.99)	8:57.98 (46.57)		
9:43.65 (45.67)	10:29.34 (45.69)	11:15.47 (46.13)	12:00.50 (45.03)		
12:45.66 (45.16)	13:30.16 (44.50)	14:13.79 (43.63)	14:56.28 (42.49)		

**Men 45-49 1650 Yard Freestyle**

1 James Riddle	47 Novaquatics Masters-33				18:30.78
	16:25.83 ( )	18:30.78 (2:04.95)			
2 Mike Lewis	45 Mission Viejo Masters-33				18:49.45
29.12	1:01.53 (32.41)	1:35.12 (33.59)	2:09.16 (34.04)		
2:43.25 (34.09)	3:17.29 (34.04)	3:51.35 (34.06)	4:25.50 (34.15)		
4:59.70 (34.20)	5:33.79 (34.09)	6:07.56 (33.77)	6:41.56 (34.00)		
7:15.95 (34.39)	7:49.88 (33.93)	8:24.17 (34.29)	8:58.53 (34.36)		
9:33.93 (35.40)	10:09.94 (36.01)	10:45.37 (35.43)	11:20.47 (35.10)		
11:56.02 (35.55)	12:31.37 (35.35)	13:07.02 (35.65)	13:43.47 (36.45)		
14:19.48 (36.01)	14:55.07 (35.59)	15:29.29 (34.22)	16:02.95 (33.66)		
16:37.26 (34.31)	17:11.08 (33.82)	17:44.59 (33.51)	18:17.17 (32.58)	18:49.45 (32.28)	
3 John Becker	46 Arizona Masters-48				19:10.54
30.28	1:03.46 (33.18)	1:36.91 (33.45)	2:10.96 (34.05)		
2:44.75 (33.79)	3:18.63 (33.88)	3:52.44 (33.81)	4:26.20 (33.76)		
5:00.05 (33.85)	5:33.40 (33.35)	6:06.86 (33.46)	6:40.65 (33.79)		
7:15.09 (34.44)	7:49.09 (34.00)	8:22.99 (33.90)	8:56.82 (33.83)		
9:30.87 (34.05)	10:04.90 (34.03)	10:39.84 (34.94)	11:14.13 (34.29)		
11:52.11 (37.98)	12:29.95 (37.84)	13:07.56 (37.61)	13:45.23 (37.67)		
14:22.81 (37.58)	15:00.32 (37.51)	15:38.14 (37.82)	16:15.60 (37.46)		
16:52.49 (36.89)	17:30.30 (37.81)	18:04.61 (34.31)	18:38.12 (33.51)	19:10.54 (32.42)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 45-49 1650 Yard Freestyle)**

4	Bob Eberwine	49	South Bay Swim Team-33	19:11.88
	33.12	1:08.76 (35.64)	1:44.54 (35.78)	2:19.88 (35.34)
	2:55.53 (35.65)	3:30.91 (35.38)	4:06.67 (35.76)	4:41.90 (35.23)
	5:17.17 (35.27)	5:52.20 (35.03)	6:27.34 (35.14)	7:02.48 (35.14)
	7:37.48 (35.00)	8:12.45 (34.97)	8:46.79 (34.34)	9:21.61 (34.82)
	9:56.19 (34.58)	10:30.51 (34.32)	11:05.16 (34.65)	11:39.90 (34.74)
	12:14.57 (34.67)	12:49.28 (34.71)	13:24.08 (34.80)	13:58.94 (34.86)
	14:33.96 (35.02)	15:08.86 (34.90)	15:43.94 (35.08)	16:19.13 (35.19)
	16:54.21 (35.08)	17:29.52 (35.31)	18:04.57 (35.05)	18:39.72 (35.15)
				19:11.88 (32.16)
5	Douglas Everett	46	Arizona Masters-48	24:57.58
	41.89	1:27.43 (45.54)	2:14.34 (46.91)	3:01.14 (46.80)
	3:47.82 (46.68)	4:33.21 (45.39)	5:19.60 (46.39)	6:05.59 (45.99)
	6:51.77 (46.18)	7:38.37 (46.60)	8:24.54 (46.17)	9:11.69 (47.15)
	9:58.48 (46.79)	10:44.75 (46.27)	11:31.55 (46.80)	12:17.95 (46.40)
	13:03.92 (45.97)	13:49.08 (45.16)	14:34.80 (45.72)	15:19.01 (44.21)
	16:03.92 (44.91)	16:49.86 (45.94)	17:35.43 (45.57)	18:20.79 (45.36)
	19:05.43 (44.64)	19:49.97 (44.54)	20:35.93 (45.96)	21:20.51 (44.58)
	22:05.46 (44.95)	22:49.80 (44.34)	23:33.02 (43.22)	24:16.44 (43.42)
				24:57.58 (41.14)

**Men 45-49 50 Yard Backstroke**

1	Al Jaegers	47	Wildcat Alumni Masters-38	26.32
2	Patrick Mc Ginley	46	Rose Bowl Masters-33	29.97
3	Bradley Stolshek	49	Conejo Valley Multisport Maste-33	30.19
4	Duncan Parlett	47	Novaquatics Masters-33	41.25
5	John Uribe	46	Rose Bowl Masters-33	47.00

**Men 45-49 50 Yard Backstroke Splits Requested**

1	Al Jaegers	47	Wildcat Alumni Masters-38	26.40
---	------------	----	---------------------------	-------

**Men 45-49 100 Yard Backstroke**

1	Hector Chao	46	Walnut Creek Masters-38	58.82
2	Brian Phelps	45	Colorado Masters Swimming-32	1:01.75
	29.58	1:01.75 (32.17)		
3	John Bright	45	Mission Viejo Masters-33	1:04.24
	31.37	1:04.24 (32.87)		
4	Mace Volzing	45	Wildcat Alumni Masters-38	1:04.62
	30.80	1:04.62 (33.82)		
5	Patrick Mc Ginley	46	Rose Bowl Masters-33	1:07.05
	31.45	1:07.05 (35.60)		
6	Kevin Weissman	47	Mission Viejo Masters-33	1:09.25
	34.04	1:09.25 (35.21)		
7	Ira Cholodenko	45	Novaquatics Masters-33	1:10.19
	34.53	1:10.19 (35.66)		

**Men 45-49 100 Yard Backstroke Splits Requested**

1	Al Jaegers	47	Wildcat Alumni Masters-38	56.17
---	------------	----	---------------------------	-------

**Men 45-49 200 Yard Backstroke**

1	Hector Chao	46	Walnut Creek Masters-38	2:05.85
	29.80	1:00.83 (31.03)	1:32.89 (32.06)	2:05.85 (32.96)
2	Kevin Weissman	47	Mission Viejo Masters-33	2:28.21
	35.06	1:12.83 (37.77)	1:50.84 (38.01)	2:28.21 (37.37)
3	Patrick Mc Ginley	46	Rose Bowl Masters-33	2:28.55
	35.86	1:13.81 (37.95)	1:51.77 (37.96)	2:28.55 (36.78)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 45-49 200 Yard Backstroke)**

4	Ira Cholodenko	45	Novaquatics Masters-33	2:34.56
	36.05	1:14.17 (38.12)	1:55.09 (40.92)	2:34.56 (39.47)
5	Duncan Parlett	47	Novaquatics Masters-33	3:34.91
	48.86	1:41.67 (52.81)	2:39.41 (57.74)	3:34.91 (55.50)

**Men 45-49 50 Yard Breaststroke**

1	Brandon Day	47	Rose Bowl Masters-33	30.47
2	Chris Wall	48	Southern California Aquatic Ma-33	30.72
3	Brett Olson	47	Mission Viejo Masters-33	31.58
4	Mike Fitzgerald	45	West Hollywood Aquatics-33	31.82
5	Lolo Jaffee	49	UNATTACHED	32.14
6	Brian Phelps	45	Colorado Masters Swimming-32	32.17
7	Mike Gibson	48	Mission Viejo Masters-33	32.61
8	Patrick Mc Ginley	46	Rose Bowl Masters-33	33.55
9	Ira Cholodenko	45	Novaquatics Masters-33	35.18
10	Mike Lane	48	Coto de Caza Coyotes-33	45.12
11	Tim Block	48	Mission Viejo Masters-33	45.14

**Men 45-49 100 Yard Breaststroke**

1	Brandon Day	47	Rose Bowl Masters-33	1:07.34
	31.67	1:07.34 (35.67)		
2	Brett Olson	47	Mission Viejo Masters-33	1:09.82
	32.21	1:09.82 (37.61)		
3	Patrick Mc Ginley	46	Rose Bowl Masters-33	1:16.14
	37.37	1:16.14 (38.77)		
4	Ira Cholodenko	45	Novaquatics Masters-33	1:16.17
	36.00	1:16.17 (40.17)		
5	Tim Block	48	Mission Viejo Masters-33	1:37.02
	46.03	1:37.02 (50.99)		

**Men 45-49 200 Yard Breaststroke**

1	Brian Kelca	49	Los Angeles Peninsula Swimmers-33	2:26.03
	32.53	1:09.23 (36.70)	1:46.93 (37.70)	2:26.03 (39.10)
2	Mike Gibson	48	Mission Viejo Masters-33	2:30.22
	33.54	1:10.83 (37.29)	1:49.94 (39.11)	2:30.22 (40.28)
3	Lolo Jaffee	49	UNATTACHED	2:30.72
	34.27	1:12.77 (38.50)	1:52.25 (39.48)	2:30.72 (38.47)
4	Ira Cholodenko	45	Novaquatics Masters-33	2:45.93
	36.61	1:17.64 (41.03)	2:01.45 (43.81)	2:45.93 (44.48)
5	Patrick Mc Ginley	46	Rose Bowl Masters-33	2:53.18
	38.65	1:21.06 (42.41)	2:06.18 (45.12)	2:53.18 (47.00)
6	Duncan Parlett	47	Novaquatics Masters-33	3:21.66
	45.80	1:37.19 (51.39)	2:29.94 (52.75)	3:21.66 (51.72)

**Men 45-49 50 Yard Butterfly**

1	Tom Harvill	48	Wildcat Alumni Masters-38	24.05
2	Brian Kelca	49	Los Angeles Peninsula Swimmers-33	25.06
3	Jim McCloskey	45	Southern California Aquatic Ma-33	25.74
4	Mark Hontas	46	South Coast Aquatics-33	25.96
5	John Bright	45	Mission Viejo Masters-33	26.05
6	Brian Phelps	45	Colorado Masters Swimming-32	26.21
7	Hector Chao	46	Walnut Creek Masters-38	26.26
8	Lolo Jaffee	49	UNATTACHED	26.81

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 45-49 50 Yard Butterfly)**

9	Brandon Day	47	Rose Bowl Masters-33	27.03
10	Mike Gibson	48	Mission Viejo Masters-33	27.34
11	Brian Merrigan	49	South Bay Swim Team-33	28.01
12	David Hayward	49	Novaquatics Masters-33	28.87
13	Adam Schwarz	46	Novaquatics Masters-33	29.11
14	Raymond Camacho	45	West Hollywood Aquatics-33	29.39
15	Douglas Everett	46	Arizona Masters-48	38.51
16	Mike Lane	48	Coto de Caza Coyotes-33	40.17

**Men 45-49 100 Yard Butterfly**

1	Brian Kelca	49	Los Angeles Peninsula Swimmers-33	56.15
	26.30		56.15 (29.85)	
2	David Cunniff	46	Wildcat Alumni Masters-38	57.04
	26.83		57.04 (30.21)	
3	Lolo Jaffee	49	UNATTACHED	59.16
	28.00		59.16 (31.16)	
4	Mike Gibson	48	Mission Viejo Masters-33	59.62
5	Brian Merrigan	49	South Bay Swim Team-33	1:07.64
	30.72		1:07.64 (36.92)	
6	Raymond Camacho	45	West Hollywood Aquatics-33	1:10.33
	30.71		1:10.33 (39.62)	
---	John Uribe	46	Rose Bowl Masters-33	DQ

**Men 45-49 200 Yard Butterfly**

1	Mark Hontas	46	South Coast Aquatics-33	2:06.31
	28.31		59.27 (30.96) 1:31.30 (32.03) 2:06.31 (35.01)	
2	Brian Kelca	49	Los Angeles Peninsula Swimmers-33	2:10.16
	29.18		1:02.02 (32.84) 2:10.16 (1:08.14)	
3	Lolo Jaffee	49	UNATTACHED	2:14.34
	30.11		1:03.24 (33.13) 1:38.32 (35.08) 2:14.34 (36.02)	
4	Raymond Camacho	45	West Hollywood Aquatics-33	2:51.71
	35.74		1:16.66 (40.92) 2:01.67 (45.01) 2:51.71 (50.04)	

**Men 45-49 100 Yard IM**

1	Al Jaegers	47	Wildcat Alumni Masters-38	57.12
	25.86		57.12 (31.26)	
2	Brian Kelca	49	Los Angeles Peninsula Swimmers-33	58.59
	27.23		58.59 (31.36)	
3	Jim McCloskey	45	Southern California Aquatic Ma-33	59.32
	27.33		59.32 (31.99)	
4	Hector Chao	46	Walnut Creek Masters-38	59.33
	27.82		59.33 (31.51)	
5	Mark Hontas	46	South Coast Aquatics-33	1:00.00
	27.48		1:00.00 (32.52)	
6	Brandon Day	47	Rose Bowl Masters-33	1:00.75
	28.94		1:00.75 (31.81)	
7	Lolo Jaffee	49	UNATTACHED	1:01.23
	29.16		1:01.23 (32.07)	
8	James Riddle	47	Novaquatics Masters-33	1:01.33
	28.38		1:01.33 (32.95)	
9	Brian Phelps	45	Colorado Masters Swimming-32	1:01.72
	27.88		1:01.72 (33.84)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 45-49 100 Yard IM)**

10	Chris Wall	48	Southern California Aquatic Ma-33	1:04.44
	30.84	1:04.44	(33.60)	
11	Mike Gibson	48	Mission Viejo Masters-33	1:04.63
12	Brian Merrigan	49	South Bay Swim Team-33	1:07.92
	31.08	1:07.92	(36.84)	
13	Adam Schwarz	46	Novaquatics Masters-33	1:08.58
	31.36	1:08.58	(37.22)	
14	Tim Block	48	Mission Viejo Masters-33	1:34.74
	47.09	1:34.74	(47.65)	

**Men 45-49 200 Yard IM**

1	Lolo Jaffee	49	UNATTACHED	2:13.48
	28.56	1:02.91	(34.35) 1:42.28 (39.37) 2:13.48 (31.20)	
2	Brian Kelca	49	Los Angeles Peninsula Swimmers-33	2:14.47
	27.97	1:03.61	(35.64) 1:42.80 (39.19) 2:14.47 (31.67)	
3	Mike Gibson	48	Mission Viejo Masters-33	2:20.28
	28.12	1:05.18	(37.06) 1:44.83 (39.65) 2:20.28 (35.45)	
4	Bradley Stolshek	49	Conejo Valley Multisport Maste-33	2:21.23
	29.26	1:04.68	(35.42) 1:48.01 (43.33) 2:21.23 (33.22)	
---	John Uribe	46	Rose Bowl Masters-33	DQ

**Men 45-49 400 Yard IM**

1	Bob Eberwine	49	South Bay Swim Team-33	5:10.18
	32.88	1:10.24	(37.36) 1:52.00 (41.76) 2:33.11 (41.11)	
	3:18.36	(45.25) 4:03.31	(44.95) 4:37.53 (34.22) 5:10.18 (32.65)	
2	Duncan Parlett	47	Novaquatics Masters-33	7:08.10
			2:36.42 ( )	
	4:30.16 ( )	7:08.10	(2:37.94)	
---	Hector Chao	46	Walnut Creek Masters-38	DQ

**Men 50-54 50 Yard Freestyle**

1	John Oberto	51	UNATTACHED	22.75
2	Brian Busacca	51	Mission Viejo Masters-33	22.93
3	Rob Heath	53	Manatee Aquatic Masters Inc-38	23.41
4	Ham Homan	50	Mission Viejo Masters-33	24.81
5	Doug Vanderby	50	UNATTACHED	24.88
6	Phil Albright	50	Mission Viejo Masters-33	25.44
7	Steven Willment	51	Mission Viejo Masters-33	26.09
8	Richard Neiswonger	50	Mission Viejo Masters-33	26.84
9	Richard Carlsen	50	Mission Viejo Masters-33	27.92
10	Dominic Licavoli	54	Mission Viejo Masters-33	29.99
11	Bart Parnes	53	Long Beach Grunions-33	35.98

**Men 50-54 100 Yard Freestyle**

1	Gary Patterson	50	Walnut Creek Masters-38	51.76
	24.94	51.76	(26.82)	
2	Brian Busacca	51	Mission Viejo Masters-33	52.13
	23.96	52.13	(28.17)	
3	Rob Heath	53	Manatee Aquatic Masters Inc-38	52.67
	25.31	52.67	(27.36)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 50-54 100 Yard Freestyle)**

4	Jeff Klemes	51	UCLA Bruin Masters-33	53.78
	25.89	53.78	(27.89)	
5	Mark Wussler	54	San Diego Swim Masters-44	54.03
	26.15	54.03	(27.88)	
6	Doug Vanderby	50	UNATTACHED	54.45
	26.69	54.45	(27.76)	
7	Ham Homan	50	Mission Viejo Masters-33	54.83
	26.50	54.83	(28.33)	
8	Steven Willment	51	Mission Viejo Masters-33	55.63
	26.62	55.63	(29.01)	
9	Phil Albright	50	Mission Viejo Masters-33	55.65
	26.35	55.65	(29.30)	
10	Bill Mickle	50	Novaquatics Masters-33	59.07
	28.20	59.07	(30.87)	
11	Richard Neiswonger	50	Mission Viejo Masters-33	59.61
	28.63	59.61	(30.98)	
12	Dominic Licavoli	54	Mission Viejo Masters-33	1:11.08
	33.29	1:11.08	(37.79)	
13	Ross Magazine	54	Coto de Caza Coyotes-33	1:26.09
	38.12	1:26.09	(47.97)	

**Men 50-54 200 Yard Freestyle**

1	Lyle Nalli	50	Pacific Northwest Aquatics-36	1:54.57
	26.43	54.89	(28.46) 1:24.28 (29.39) 1:54.57 (30.29)	
2	Michael Blatt	54	Ventura County Masters-33	1:54.66
	26.97	55.89	(28.92) 1:25.42 (29.53) 1:54.66 (29.24)	
3	Buzz Harper	50	Los Angeles Peninsula Swimmers-33	1:55.57
	27.58	56.74	(29.16) 1:26.45 (29.71) 1:55.57 (29.12)	
4	Jeff Klemes	51	UCLA Bruin Masters-33	1:57.35
	27.22	56.88	(29.66) 1:27.28 (30.40) 1:57.35 (30.07)	
5	Mark Wussler	54	San Diego Swim Masters-44	1:58.67
	27.89	57.22	(29.33) 1:27.70 (30.48) 1:58.67 (30.97)	
6	Brad Magit	52	Southern California Aquatic Ma-33	1:59.62
	27.22	57.35	(30.13) 1:28.43 (31.08) 1:59.62 (31.19)	
7	Bruce Thomas	52	Southern California Aquatic Ma-33	2:00.39
	29.00	58.95	(29.95) 1:29.65 (30.70) 2:00.39 (30.74)	
8	Steven Willment	51	Mission Viejo Masters-33	2:01.41
	28.10	57.99	(29.89) 1:29.47 (31.48) 2:01.41 (31.94)	
9	Tom Soderstrom	52	Rose Bowl Masters-33	2:13.20
	29.79	1:02.85	(33.06) 1:38.33 (35.48) 2:13.20 (34.87)	
10	Errol Graham	50	West Hollywood Aquatics-33	2:59.91
	41.22	1:26.91	(45.69) 2:13.78 (46.87) 2:59.91 (46.13)	
11	Ross Magazine	54	Coto de Caza Coyotes-33	3:06.84
	41.76	1:28.31	(46.55) 2:16.58 (48.27) 3:06.84 (50.26)	

**Men 50-54 500 Yard Freestyle**

1	Bruce Thomas	52	Southern California Aquatic Ma-33	5:15.47
	30.23	1:01.56	(31.33) 1:32.96 (31.40) 3:41.56 ( ) 4:14.69 (33.13)	
	4:47.82	(33.13)	5:15.47 (27.65)	



**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 50-54 500 Yard Freestyle)**

2	Tim Buckley	54	Fullerton FAST Masters Team-33	5:18.82
	29.27	1:00.61 (31.34)	1:32.85 (32.24)	2:05.18 (32.33)
	2:38.09 (32.91)	3:10.93 (32.84)	3:43.50 (32.57)	4:16.11 (32.61)
	4:48.20 (32.09)	5:18.82 (30.62)		
3	Michael Blatt	54	Ventura County Masters-33	5:22.14
	29.76	1:02.46 (32.70)	1:35.17 (32.71)	2:13.23 (38.06)
	2:41.08 (27.85)	3:46.60 (1:05.52)	5:22.14 (1:35.54)	
4	Brad Magit	52	Southern California Aquatic Ma-33	5:25.66
	29.90	1:01.88 (31.98)	1:34.21 (32.33)	2:06.68 (32.47)
	2:39.64 (32.96)	3:12.88 (33.24)	3:45.76 (32.88)	4:19.04 (33.28)
	4:52.72 (33.68)	5:25.66 (32.94)		
5	Mark Wussler	54	San Diego Swim Masters-44	5:25.85
	28.64	59.95 (31.31)	1:32.14 (32.19)	2:04.46 (32.32)
	2:37.35 (32.89)	3:10.35 (33.00)	3:43.95 (33.60)	4:17.67 (33.72)
	4:51.34 (33.67)	5:25.85 (34.51)		
6	Phil Albright	50	Mission Viejo Masters-33	5:51.54
	31.07	1:05.30 (34.23)	1:40.69 (35.39)	2:17.01 (36.32)
	2:53.67 (36.66)	3:30.14 (36.47)	4:06.33 (36.19)	4:42.27 (35.94)
	5:17.59 (35.32)	5:51.54 (33.95)		
7	Tom Soderstrom	52	Rose Bowl Masters-33	5:59.37
	32.17	1:07.71 (35.54)	1:44.45 (36.74)	2:21.37 (36.92)
	2:58.07 (36.70)	3:34.30 (36.23)	4:10.70 (36.40)	4:47.17 (36.47)
	5:23.77 (36.60)	5:59.37 (35.60)		
8	Steven Willment	51	Mission Viejo Masters-33	6:02.26
	30.47	1:02.87 (32.40)	1:37.34 (34.47)	2:13.93 (36.59)
	2:51.49 (37.56)	3:30.73 (39.24)	4:08.18 (37.45)	4:46.24 (38.06)
	5:24.50 (38.26)	6:02.26 (37.76)		

**Men 50-54 1000 Yard Freestyle**

1	Lyle Nalli	50	Pacific Northwest Aquatics-36	10:38.42
	30.08	1:02.77 (32.69)	1:35.76 (32.99)	2:08.48 (32.72)
	2:40.99 (32.51)	3:13.19 (32.20)	3:45.21 (32.02)	4:17.37 (32.16)
	4:49.24 (31.87)	5:21.18 (31.94)	5:53.05 (31.87)	6:24.82 (31.77)
	6:56.36 (31.54)	7:28.06 (31.70)	8:00.01 (31.95)	8:31.87 (31.86)
	9:03.84 (31.97)	9:35.51 (31.67)	10:07.08 (31.57)	10:38.42 (31.34)
2	Tim Erickson	53	Fort Lauderdale Aquatics-50	10:58.72
	28.34	59.32 (30.98)	1:31.69 (32.37)	2:04.09 (32.40)
	2:36.80 (32.71)	3:09.27 (32.47)	3:41.62 (32.35)	4:14.02 (32.40)
	4:46.83 (32.81)	5:19.42 (32.59)	5:52.58 (33.16)	6:26.19 (33.61)
	6:59.88 (33.69)	7:33.96 (34.08)	8:08.02 (34.06)	8:42.24 (34.22)
	9:17.00 (34.76)	9:51.61 (34.61)	10:25.98 (34.37)	10:58.72 (32.74)
3	Bruce Thomas	52	Southern California Aquatic Ma-33	10:59.88
	31.14	1:04.27 (33.13)	1:37.21 (32.94)	2:10.38 (33.17)
	2:43.39 (33.01)	3:16.31 (32.92)	3:49.47 (33.16)	4:22.46 (32.99)
	4:55.76 (33.30)	5:29.34 (33.58)	6:02.50 (33.16)	6:36.32 (33.82)
	7:09.66 (33.34)	7:42.97 (33.31)	8:16.06 (33.09)	8:49.11 (33.05)
	9:22.03 (32.92)	9:55.14 (33.11)	10:28.47 (33.33)	10:59.88 (31.41)
4	Paul Creason	52	Michigan Masters-19	11:16.71
	29.75	1:02.72 (32.97)	1:36.79 (34.07)	2:11.25 (34.46)
	2:45.38 (34.13)	3:19.91 (34.53)	3:54.60 (34.69)	4:29.08 (34.48)
	5:03.62 (34.54)	5:38.45 (34.83)	6:13.23 (34.78)	6:48.11 (34.88)
	7:22.55 (34.44)	7:56.73 (34.18)	8:31.55 (34.82)	9:05.55 (34.00)
	9:39.84 (34.29)	10:13.93 (34.09)	10:46.83 (32.90)	11:16.71 (29.88)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 50-54 1000 Yard Freestyle)**

5 Michael Martin	51 Rose Bowl Masters-33				11:51.37
32.14	1:06.64 (34.50)	1:41.95 (35.31)	2:17.54 (35.59)		
2:53.48 (35.94)	3:29.22 (35.74)	4:04.85 (35.63)	4:40.67 (35.82)		
5:16.46 (35.79)	5:52.62 (36.16)	6:28.67 (36.05)	7:04.64 (35.97)		
7:40.45 (35.81)	8:16.93 (36.48)	8:52.86 (35.93)	9:28.97 (36.11)		
10:04.87 (35.90)	10:41.01 (36.14)	11:16.74 (35.73)	11:51.37 (34.63)		
6 Tom Soderstrom	52 Rose Bowl Masters-33				12:34.10
32.63	1:13.50 (40.87)	1:51.82 (38.32)	2:29.83 (38.01)		
3:07.81 (37.98)	3:45.93 (38.12)	4:24.05 (38.12)	5:02.21 (38.16)		
5:40.31 (38.10)	6:18.15 (37.84)	6:56.12 (37.97)	7:33.67 (37.55)		
8:11.59 (37.92)	8:49.42 (37.83)	9:27.75 (38.33)	10:05.80 (38.05)		
10:43.88 (38.08)	11:21.66 (37.78)	11:59.01 (37.35)	12:34.10 (35.09)		

**Men 50-54 1650 Yard Freestyle**

1 Lyle Nalli	50 Pacific Northwest Aquatics-36				17:59.14
30.23	1:03.67 (33.44)	1:37.38 (33.71)	2:11.09 (33.71)		
2:44.41 (33.32)	3:17.77 (33.36)	3:51.13 (33.36)	4:24.29 (33.16)		
4:57.94 (33.65)	5:31.70 (33.76)	6:05.09 (33.39)	6:38.33 (33.24)		
7:10.97 (32.64)	7:43.86 (32.89)	8:16.86 (33.00)	8:49.73 (32.87)		
9:22.61 (32.88)	9:55.08 (32.47)	10:27.61 (32.53)	11:00.42 (32.81)		
11:32.83 (32.41)	12:05.44 (32.61)	12:37.85 (32.41)	13:10.57 (32.72)		
13:43.22 (32.65)	14:15.71 (32.49)	14:47.89 (32.18)	15:20.44 (32.55)		
15:52.65 (32.21)	16:25.21 (32.56)	16:57.50 (32.29)	17:29.18 (31.68)	17:59.14 (29.96)	
2 Bruce Thomas	52 Southern California Aquatic Ma-33				18:28.07
32.24	1:06.25 (34.01)	1:40.53 (34.28)	2:14.67 (34.14)		
2:48.36 (33.69)	3:22.18 (33.82)	3:56.00 (33.82)	4:29.78 (33.78)		
5:03.75 (33.97)	5:37.66 (33.91)	6:11.21 (33.55)	6:44.83 (33.62)		
7:18.70 (33.87)	7:52.40 (33.70)	8:25.99 (33.59)	8:59.75 (33.76)		
9:33.80 (34.05)	10:07.75 (33.95)	10:41.50 (33.75)	11:15.09 (33.59)		
11:48.42 (33.33)	12:21.75 (33.33)	12:55.45 (33.70)	13:29.14 (33.69)		
14:02.89 (33.75)	14:36.45 (33.56)	15:10.04 (33.59)	15:43.24 (33.20)		
16:16.75 (33.51)	16:50.58 (33.83)	17:23.52 (32.94)	17:56.22 (32.70)	18:28.07 (31.85)	
3 Paul Creason	52 Michigan Masters-19				18:43.68
29.98	1:03.62 (33.64)	1:38.15 (34.53)	2:12.89 (34.74)		
2:47.15 (34.26)	3:21.58 (34.43)	3:56.08 (34.50)	4:30.12 (34.04)		
5:04.41 (34.29)	5:38.80 (34.39)	6:13.04 (34.24)	6:47.19 (34.15)		
7:21.82 (34.63)	7:56.19 (34.37)	8:30.49 (34.30)	9:05.25 (34.76)		
9:39.69 (34.44)	10:14.13 (34.44)	10:48.63 (34.50)	11:21.68 (33.05)		
11:57.18 (35.50)	12:31.31 (34.13)	13:06.35 (35.04)	13:41.29 (34.94)		
14:15.49 (34.20)	14:49.91 (34.42)	15:24.19 (34.28)	15:58.49 (34.30)		
16:33.21 (34.72)	17:06.94 (33.73)	17:41.27 (34.33)	18:14.11 (32.84)	18:43.68 (29.57)	
4 Jeff Klemes	51 UCLA Bruin Masters-33				18:54.12
31.06	1:05.07 (34.01)	1:39.89 (34.82)	2:14.48 (34.59)		
2:49.64 (35.16)	3:24.81 (35.17)	3:59.55 (34.74)	4:34.83 (35.28)		
5:09.64 (34.81)	5:44.45 (34.81)	6:18.82 (34.37)	6:53.39 (34.57)		
7:27.70 (34.31)	8:02.48 (34.78)	8:36.70 (34.22)	9:11.27 (34.57)		
9:45.53 (34.26)	10:20.39 (34.86)	10:54.92 (34.53)	11:29.49 (34.57)		
12:03.89 (34.40)	12:38.18 (34.29)	13:12.58 (34.40)	13:47.17 (34.59)		
14:21.53 (34.36)	14:56.48 (34.95)	15:31.33 (34.85)	16:06.24 (34.91)		
16:40.57 (34.33)	17:14.54 (33.97)	17:48.69 (34.15)	18:22.47 (33.78)	18:54.12 (31.65)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 50-54 1650 Yard Freestyle)**

5 Michael Blatt	54 Ventura County Masters-33				19:25.40
31.44	1:05.11 (33.67)	1:39.27 (34.16)	2:14.14 (34.87)		
2:49.23 (35.09)	3:24.23 (35.00)	3:59.43 (35.20)	4:34.79 (35.36)		
5:10.12 (35.33)	5:45.62 (35.50)	6:21.18 (35.56)	6:56.86 (35.68)		
7:32.95 (36.09)	8:08.90 (35.95)	8:44.90 (36.00)	9:20.53 (35.63)		
9:56.39 (35.86)	10:32.20 (35.81)	11:08.18 (35.98)	11:44.11 (35.93)		
12:19.93 (35.82)	12:55.62 (35.69)	13:31.55 (35.93)	14:07.39 (35.84)		
14:43.26 (35.87)	15:19.01 (35.75)	15:54.76 (35.75)	16:30.25 (35.49)		
17:05.78 (35.53)	17:41.35 (35.57)	18:16.56 (35.21)	18:51.52 (34.96)	19:25.40 (33.88)	

**Men 50-54 50 Yard Backstroke**

1 Rob Heath	53 Manatee Aquatic Masters Inc-38	28.00
2 Phil Albright	50 Mission Viejo Masters-33	32.84
3 JJ Chao	54 Mission Viejo Masters-33	39.19
4 Bart Parnes	53 Long Beach Grunions-33	43.40

**Men 50-54 100 Yard Backstroke**

1 Buzz Harper	50 Los Angeles Peninsula Swimmers-33	59.01
29.45	59.01 (29.56)	
2 Doug Kajiwarra	53 Southern California Aquatic Ma-33	59.57
29.10	59.57 (30.47)	
3 Rob Heath	53 Manatee Aquatic Masters Inc-38	59.59
29.01	59.59 (30.58)	
4 Wayne Deloney	50 Mission Viejo Masters-33	1:02.93
30.45	1:02.93 (32.48)	
5 Ham Homan	50 Mission Viejo Masters-33	1:06.02
32.57	1:06.02 (33.45)	
6 Errol Graham	50 West Hollywood Aquatics-33	1:19.18
38.52	1:19.18 (40.66)	

**Men 50-54 200 Yard Backstroke**

1 Buzz Harper	50 Los Angeles Peninsula Swimmers-33	2:04.56	
30.36	1:01.15 (30.79)	1:32.31 (31.16)	2:04.56 (32.25)
2 Lyle Nalli	50 Pacific Northwest Aquatics-36	2:08.27	
31.13	1:03.04 (31.91)	1:35.78 (32.74)	2:08.27 (32.49)
3 Wayne Deloney	50 Mission Viejo Masters-33	2:16.89	
31.99	1:07.04 (35.05)	1:42.39 (35.35)	2:16.89 (34.50)
4 Ham Homan	50 Mission Viejo Masters-33	2:25.71	
35.23	1:12.41 (37.18)	1:50.00 (37.59)	2:25.71 (35.71)

**Men 50-54 50 Yard Breaststroke**

1 Gary Patterson	50 Walnut Creek Masters-38	27.82
2 Doug Vanderby	50 UNATTACHED	29.66
3 Michael Blatt	54 Ventura County Masters-33	31.00
4 Doug Kajiwarra	53 Southern California Aquatic Ma-33	31.57
5 Mark Wussler	54 San Diego Swim Masters-44	32.63
6 Phil Albright	50 Mission Viejo Masters-33	33.24
7 John Dauser	54 Novaquatics Masters-33	34.86
8 Richard Carlsen	50 Mission Viejo Masters-33	35.81
9 JJ Chao	54 Mission Viejo Masters-33	35.83
10 Jesse White	50 Long Beach Grunions-33	38.04
11 Bart Parnes	53 Long Beach Grunions-33	43.50

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Men 50-54 100 Yard Breaststroke**

1	Gary Patterson	50	Walnut Creek Masters-38	1:00.76
	28.25	1:00.76	(32.51)	
2	Doug Vanderby	50	UNATTACHED	1:05.73
	31.07	1:05.73	(34.66)	
3	Mark Wussler	54	San Diego Swim Masters-44	1:09.08
	32.44	1:09.08	(36.64)	
4	Michael Martin	51	Rose Bowl Masters-33	1:11.47
	34.29	1:11.47	(37.18)	
5	Mark Montgomery	54	Novaquatics Masters-33	1:12.88
	35.02	1:12.88	(37.86)	
6	Ron Pearlman	52	Rose Bowl Masters-33	1:13.19
	35.20	1:13.19	(37.99)	
7	Robert Yamada	50	UNATTACHED	1:19.15
	37.41	1:19.15	(41.74)	
8	JJ Chao	54	Mission Viejo Masters-33	1:20.35

**Men 50-54 200 Yard Breaststroke**

1	Lyle Nalli	50	Pacific Northwest Aquatics-36	2:25.52
	33.46	1:10.29	(36.83) 1:47.46 (37.17) 2:25.52 (38.06)	
2	Doug Vanderby	50	UNATTACHED	2:25.84
	33.06	1:09.89	(36.83) 1:47.06 (37.17) 2:25.84 (38.78)	
3	Michael Blatt	54	Ventura County Masters-33	2:32.70
	34.36	1:12.15	(37.79) 1:52.31 (40.16) 2:32.70 (40.39)	
4	Richard Carlsen	50	Mission Viejo Masters-33	2:46.95
	37.43	1:19.64	(42.21) 2:03.42 (43.78) 2:46.95 (43.53)	
5	John Dauser	54	Novaquatics Masters-33	2:49.82
	39.14	1:22.41	(43.27) 2:05.73 (43.32) 2:49.82 (44.09)	
6	JJ Chao	54	Mission Viejo Masters-33	3:02.57
	39.53	1:23.99	(44.46) 2:11.99 (48.00) 3:02.57 (50.58)	
7	Bart Parnes	53	Long Beach Grunions-33	3:30.22
	45.17	1:37.52	(52.35) 2:33.69 (56.17) 3:30.22 (56.53)	

**Men 50-54 50 Yard Butterfly**

1	John Oberto	51	UNATTACHED	24.67
2	Brian Busacca	51	Mission Viejo Masters-33	25.16
3	Rob Heath	53	Manatee Aquatic Masters Inc-38	25.99
4	Mark Lemire	51	San Diego Swim Masters-44	26.56
5	Jeff Klemes	51	UCLA Bruin Masters-33	27.16
6	Errol Graham	50	West Hollywood Aquatics-33	29.20
7	Richard Neiswonger	50	Mission Viejo Masters-33	30.09
8	Richard Carlsen	50	Mission Viejo Masters-33	30.98
9	JJ Chao	54	Mission Viejo Masters-33	32.88
10	Jesse White	50	Long Beach Grunions-33	34.12

**Men 50-54 100 Yard Butterfly**

1	John Oberto	51	UNATTACHED	53.32
	24.91	53.32	(28.41)	
2	Rob Heath	53	Manatee Aquatic Masters Inc-38	57.55
	27.14	57.55	(30.41)	
3	Mark Lemire	51	San Diego Swim Masters-44	58.37
	26.97	58.37	(31.40)	
4	Mark Montgomery	54	Novaquatics Masters-33	1:03.79
	30.30	1:03.79	(33.49)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 50-54 100 Yard Butterfly)**

5	Jesse White	35.79	1:17.92 (42.13)	50 Long Beach Grunions-33	1:17.92
6	JJ Chao	38.24	1:24.17 (45.93)	54 Mission Viejo Masters-33	1:24.17

**Men 50-54 200 Yard Butterfly**

1	Paul Creason	28.93	1:02.67 (33.74)	52 Michigan Masters-19	2:12.12
2	Mark Montgomery	34.66	1:13.49 (38.83)	54 Novaquatics Masters-33	2:36.41
3	Bart Parnes		1:55.85 ( )	53 Long Beach Grunions-33	4:34.63
				3:12.13 (1:16.28)	4:34.63 (1:22.50)

**Men 50-54 100 Yard IM**

1	John Oberto	26.67	57.66 (30.99)	51 UNATTACHED	57.66
2	Gary Patterson	27.74	58.40 (30.66)	50 Walnut Creek Masters-38	58.40
3	Rob Heath	26.91	1:00.07 (33.16)	53 Manatee Aquatic Masters Inc-38	1:00.07
4	Doug Kajiwara	28.12	1:00.15 (32.03)	53 Southern California Aquatic Ma-33	1:00.15
5	Mark Lemire	27.42	1:00.18 (32.76)	51 San Diego Swim Masters-44	1:00.18
6	Buzz Harper	27.84	1:00.87 (33.03)	50 Los Angeles Peninsula Swimmers-33	1:00.87
7	Michael Blatt	29.85	1:01.00 (31.15)	54 Ventura County Masters-33	1:01.00
8	Brad Magit	28.92	1:03.66 (34.74)	52 Southern California Aquatic Ma-33	1:03.66
9	Jeff Klemes	30.53	1:05.56 (35.03)	51 UCLA Bruin Masters-33	1:05.56
10	Mark Montgomery	31.76	1:05.73 (33.97)	54 Novaquatics Masters-33	1:05.73
11	Ham Homan	30.74	1:06.19 (35.45)	50 Mission Viejo Masters-33	1:06.19
12	Tom Soderstrom	33.51	1:10.07 (36.56)	52 Rose Bowl Masters-33	1:10.07
13	Richard Neiswonger	33.28	1:10.64 (37.36)	50 Mission Viejo Masters-33	1:10.64
14	John Dauser	35.26	1:12.35 (37.09)	54 Novaquatics Masters-33	1:12.35
15	Richard Carlsen	33.96	1:14.23 (40.27)	50 Mission Viejo Masters-33	1:14.23
16	Ross Magazine	48.35	1:41.70 (53.35)	54 Coto de Caza Coyotes-33	1:41.70

**Men 50-54 200 Yard IM**

1	Lyle Nalli	27.36	1:00.93 (33.57)	50 Pacific Northwest Aquatics-36	2:09.22
2	Mark Lemire	28.44	1:03.08 (34.64)	51 San Diego Swim Masters-44	2:13.07
3	Mark Montgomery	31.88	1:11.02 (39.14)	54 Novaquatics Masters-33	2:23.83
				1:39.13 (38.20)	2:09.22 (30.09)
				1:42.99 (39.91)	2:13.07 (30.08)
				1:51.54 (40.52)	2:23.83 (32.29)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 50-54 200 Yard IM)**

4	Ham Homan	50	Mission Viejo Masters-33	2:28.86
	30.62	1:09.07 (38.45)	1:55.47 (46.40)	2:28.86 (33.39)
5	Richard Neiswonger	50	Mission Viejo Masters-33	2:37.03
	31.74	1:15.04 (43.30)	2:01.91 (46.87)	2:37.03 (35.12)
6	John Dauser	54	Novaquatics Masters-33	2:42.59
	35.47	1:20.30 (44.83)	2:06.31 (46.01)	2:42.59 (36.28)

**Men 50-54 400 Yard IM**

1	Buzz Harper	50	Los Angeles Peninsula Swimmers-33	4:41.03
	30.18	1:03.58 (33.40)	1:39.24 (35.66)	2:14.10 (34.86)
	2:55.93 (41.83)	3:37.75 (41.82)	4:10.03 (32.28)	4:41.03 (31.00)
2	Paul Creason	52	Michigan Masters-19	5:03.75
	29.62	1:05.05 (35.43)	1:47.96 (42.91)	2:28.67 (40.71)
	3:13.47 (44.80)	3:58.79 (45.32)	4:33.14 (34.35)	5:03.75 (30.61)
3	Ron Pearlman	52	Rose Bowl Masters-33	5:05.14
		1:12.53 ( )		2:34.54 ( )
			4:33.06 ( )	5:05.14 (32.08)
4	Mark Montgomery	54	Novaquatics Masters-33	5:10.21
	34.41	1:12.68 (38.27)	1:54.74 (42.06)	2:35.99 (41.25)
	3:18.77 (42.78)	4:02.44 (43.67)	4:37.37 (34.93)	5:10.21 (32.84)
5	Tom Soderstrom	52	Rose Bowl Masters-33	5:30.08
	34.42	1:16.91 (42.49)	2:00.83 (43.92)	2:43.49 (42.66)
	3:29.42 (45.93)	4:16.24 (46.82)	4:54.77 (38.53)	5:30.08 (35.31)
6	Richard Neiswonger	50	Mission Viejo Masters-33	5:38.77
	36.05	1:16.23 (40.18)	2:01.12 (44.89)	2:45.36 (44.24)
	3:34.81 (49.45)	4:25.37 (50.56)	5:03.03 (37.66)	5:38.77 (35.74)
7	JJ Chao	54	Mission Viejo Masters-33	6:22.24
				3:13.65 ( )
	4:03.31 (49.66)	4:53.55 (50.24)	5:40.55 (47.00)	6:22.24 (41.69)
8	Robert Yamada	50	UNATTACHED	6:40.90
	37.64	1:18.93 (41.29)	2:57.56 (1:38.63)	3:51.59 (54.03)
	4:45.59 (54.00)	5:28.06 (42.47)	6:07.90 (39.84)	6:40.90 (33.00)

**Men 55-59 50 Yard Freestyle**

1	Donald Graham	55	Pacific Northwest Aquatics-36	24.27
2	Michael Heather	56	Mission Viejo Masters-33	24.94
3	Duncan Mc Bride	55	Los Angeles Peninsula Swimmers-33	24.95
4	Gregory Fowler	56	Mission Viejo Masters-33	25.39
5	Mark Mc Cartin	55	Novaquatics Masters-33	26.52
6	John McLintock	55	San Diego Swim Masters-44	26.79
7	Glenn Latham	55	Coto de Caza Coyotes-33	27.32
8	Marc Kelly	55	South Bay Swim Team-33	27.83
9	Marty Risley	55	South Bay Swim Team-33	29.54
10	Paul Divan	58	Mission Viejo Masters-33	29.89
11	Steven Owen	58	Novaquatics Masters-33	30.96
12	Frank Walker	55	Mission Viejo Masters-33	32.05

**Men 55-59 100 Yard Freestyle**

1	Donald Graham	55	Pacific Northwest Aquatics-36	53.13
	26.30	53.13 (26.83)		
2	Michael Heather	56	Mission Viejo Masters-33	54.95
	26.87	54.95 (28.08)		

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 55-59 100 Yard Freestyle)**

3	Mark Mc Cartin	55	Novaquatics Masters-33	57.45
	27.18	57.45	(30.27)	
4	Michael Bregman	55	Novaquatics Masters-33	59.03
	28.56	59.03	(30.47)	
5	James Lucas	59	L A Athletic Club Masters-33	1:00.22
	29.30	1:00.22	(30.92)	
6	Charles Larson	57	West Hollywood Aquatics-33	1:04.60
	31.41	1:04.60	(33.19)	
7	Steven Owen	58	Novaquatics Masters-33	1:09.06
	33.02	1:09.06	(36.04)	
8	Paul Divan	58	Mission Viejo Masters-33	1:09.35
	33.99	1:09.35	(35.36)	
9	Frank Walker	55	Mission Viejo Masters-33	1:11.61
	34.46	1:11.61	(37.15)	
10	Orlando Ferrassoli	57	Santa Clarita Masters Club-33	1:18.81
	38.11	1:18.81	(40.70)	
11	William Epping	57	Rose Bowl Masters-33	1:46.28
	48.51	1:46.28	(57.77)	

**Men 55-59 200 Yard Freestyle**

1	Dan Leonard	55	Southern California Aquatic Ma-33	2:00.50
	27.07	57.33	(30.26)	1:28.72 (31.39)
				2:00.50 (31.78)
2	Michael Bregman	55	Novaquatics Masters-33	2:13.03
	31.13	1:05.21	(34.08)	2:13.03 (1:07.82)
3	James Lucas	59	L A Athletic Club Masters-33	2:16.36
	31.04	1:05.68	(34.64)	1:41.06 (35.38)
				2:16.36 (35.30)
4	Marc Kelly	55	South Bay Swim Team-33	2:22.06
	31.39	1:06.27	(34.88)	1:43.23 (36.96)
				2:22.06 (38.83)
5	Marty Risley	55	South Bay Swim Team-33	2:30.33
	34.18	1:12.59	(38.41)	1:51.95 (39.36)
				2:30.33 (38.38)
6	Frank Walker	55	Mission Viejo Masters-33	2:43.96
	38.13	1:19.84	(41.71)	2:02.72 (42.88)
				2:43.96 (41.24)
7	Peter Rennard	56	Novaquatics Masters-33	2:44.27
	34.96	1:15.95	(40.99)	2:00.28 (44.33)
				2:44.27 (43.99)

**Men 55-59 500 Yard Freestyle**

1	Jim Mc Conica	59	Ventura County Masters-33	5:02.17
	28.83	59.74	(30.91)	1:30.70 (30.96)
				2:01.59 (30.89)
	2:32.70	(31.11)	3:03.61	(30.91)
			3:33.83	(30.22)
	4:33.41	(29.35)	5:02.17	(28.76)
2	Dan Leonard	55	Southern California Aquatic Ma-33	5:37.54
	29.46	1:01.59	(32.13)	1:35.32 (33.73)
				2:09.98 (34.66)
	2:44.62	(34.64)	3:19.03	(34.41)
			3:53.70	(34.67)
	5:03.44	(35.08)	5:37.54	(34.10)
3	Charles Larson	57	West Hollywood Aquatics-33	6:17.35
	33.49	1:10.90	(37.41)	1:48.87 (37.97)
				2:27.70 (38.83)
	3:05.84	(38.14)	3:44.26	(38.42)
			4:22.74	(38.48)
	5:40.06	(38.63)	6:17.35	(37.29)
4	Val Trowbridge	56	Mission Viejo Masters-33	7:19.43
	36.95	1:18.40	(41.45)	2:01.51 (43.11)
				2:46.32 (44.81)
	3:32.44	(46.12)	4:17.48	(45.04)
			5:03.15	(45.67)
	6:34.44	(45.50)	7:19.43	(44.99)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 55-59 500 Yard Freestyle)**

5 Frank Walker	55 Mission Viejo Masters-33	7:21.41
38.54	1:20.93 (42.39)	2:04.78 (43.85)
2:49.96 (45.18)	3:35.53 (45.57)	4:20.91 (45.38)
5:06.22 (45.31)	5:52.23 (46.01)	
6:38.67 (46.44)	7:21.41 (42.74)	

**Men 55-59 1000 Yard Freestyle**

1 David Strybel	55 Rose Bowl Masters-33	12:15.53
32.38		
		4:48.43 ( )
7:45.14 ( )	12:15.53 (4:30.39)	

2 Charles Larson	57 West Hollywood Aquatics-33	12:57.03
34.40	1:11.27 (36.87)	1:48.78 (37.51)
2:26.83 (38.05)	3:05.66 (38.83)	3:44.68 (39.02)
4:24.45 (39.77)	5:03.88 (39.43)	5:43.70 (39.82)
6:23.24 (39.54)	7:02.65 (39.41)	7:42.11 (39.46)
8:21.66 (39.55)	9:01.16 (39.50)	9:40.30 (39.14)
10:19.73 (39.43)	10:59.64 (39.91)	11:39.32 (39.68)
12:18.75 (39.43)	12:57.03 (38.28)	

3 Steven Owen	58 Novaquatics Masters-33	14:53.42
35.53	1:16.32 (40.79)	1:58.60 (42.28)
2:41.69 (43.09)	3:25.34 (43.65)	4:10.18 (44.84)
4:55.07 (44.89)	5:40.54 (45.47)	6:26.29 (45.75)
7:11.58 (45.29)	7:57.09 (45.51)	8:42.95 (45.86)
9:29.20 (46.25)	10:15.07 (45.87)	11:01.93 (46.86)
11:48.82 (46.89)	12:35.34 (46.52)	13:21.94 (46.60)
14:08.60 (46.66)	14:53.42 (44.82)	

4 Val Trowbridge	56 Mission Viejo Masters-33	15:21.96
36.97	1:18.89 (41.92)	2:02.94 (44.05)
2:49.23 (46.29)	3:35.24 (46.01)	4:21.59 (46.35)
5:08.92 (47.33)	5:55.54 (46.62)	6:42.66 (47.12)
7:29.75 (47.09)	8:17.49 (47.74)	9:04.46 (46.97)
9:51.77 (47.31)	10:39.63 (47.86)	11:27.11 (47.48)
12:15.81 (48.70)	13:02.34 (46.53)	13:50.30 (47.96)
14:36.50 (46.20)	15:21.96 (45.46)	

5 William Epping	57 Rose Bowl Masters-33	21:46.64
54.76	3:07.58 ( )	4:13.06 (1:05.48)
5:20.37 (1:07.31)	6:28.56 (1:08.19)	7:35.72 (1:07.16)
8:54.16 (2:18.44)	10:59.92 ( )	12:04.33 (1:04.41)
13:09.49 (1:05.16)	14:15.64 (1:06.15)	15:21.58 (1:05.94)
16:26.20 (1:04.62)	17:33.13 (1:06.93)	18:37.67 (1:04.54)
19:42.82 (1:05.15)	20:46.73 (1:03.91)	21:46.64 (59.91)

**Men 55-59 50 Yard Backstroke**

1 Donald Graham	55 Pacific Northwest Aquatics-36	29.21
2 Gregory Fowler	56 Mission Viejo Masters-33	31.84
3 Mark Mc Cartin	55 Novaquatics Masters-33	32.51
4 David Strybel	55 Rose Bowl Masters-33	33.97
5 Paul Hoffman	57 UNATTACHED	34.41
6 Steven Owen	58 Novaquatics Masters-33	37.28

**Men 55-59 100 Yard Backstroke**

1 James Lucas	59 L A Athletic Club Masters-33	1:10.01
33.98	1:10.01 (36.03)	
2 Steven Owen	58 Novaquatics Masters-33	1:22.52
40.44	1:22.52 (42.08)	

**Men 55-59 200 Yard Backstroke**

1 Donald Graham	55 Pacific Northwest Aquatics-36	2:18.30
33.65	1:07.54 (33.89)	1:42.78 (35.24)
2:18.30 (35.52)		



**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 55-59 200 Yard Backstroke)**

2	Mark Mc Cartin	55	Novaquatics Masters-33	2:40.73
	37.17	1:17.29 (40.12)	1:59.24 (41.95)	2:40.73 (41.49)
3	Charles Larson	57	West Hollywood Aquatics-33	2:54.12
	42.15	1:25.86 (43.71)	2:10.52 (44.66)	2:54.12 (43.60)
4	Orlando Ferrassoli	57	Santa Clarita Masters Club-33	4:04.66
	53.33	1:52.90 (59.57)	2:52.23 (59.33)	4:04.66 (1:12.43)

**Men 55-59 50 Yard Breaststroke**

1	Dan Leonard	55	Southern California Aquatic Ma-33	31.31
2	Donald Graham	55	Pacific Northwest Aquatics-36	31.94
3	John McLintock	55	San Diego Swim Masters-44	34.28
4	Marc Kelly	55	South Bay Swim Team-33	34.67
5	Michael Bregman	55	Novaquatics Masters-33	35.68
6	Val Trowbridge	56	Mission Viejo Masters-33	37.23
7	Glenn Latham	55	Coto de Caza Coyotes-33	37.53
8	Paul Divan	58	Mission Viejo Masters-33	39.12
9	Steven Owen	58	Novaquatics Masters-33	41.70

**Men 55-59 100 Yard Breaststroke**

1	Dan Leonard	55	Southern California Aquatic Ma-33	1:06.97
	31.08	1:06.97 (35.89)		
2	Clive Edwards	56	South West Aquatic Masters-33	1:14.10
	34.13	1:14.10 (39.97)		
3	John McLintock	55	San Diego Swim Masters-44	1:15.98
	35.35	1:15.98 (40.63)		
4	Val Trowbridge	56	Mission Viejo Masters-33	1:23.52
	38.05	1:23.52 (45.47)		
5	Paul Divan	58	Mission Viejo Masters-33	1:26.56
	41.06	1:26.56 (45.50)		
6	Orlando Ferrassoli	57	Santa Clarita Masters Club-33	1:39.92
	47.81	1:39.92 (52.11)		

**Men 55-59 200 Yard Breaststroke**

1	Dan Leonard	55	Southern California Aquatic Ma-33	2:28.69
	33.78	1:11.63 (37.85)	2:28.69 (1:17.06)	
2	Marc Kelly	55	South Bay Swim Team-33	2:50.07
	38.39	1:21.27 (42.88)	2:05.83 (44.56)	2:50.07 (44.24)
3	Val Trowbridge	56	Mission Viejo Masters-33	3:10.74
	41.24	1:30.06 (48.82)	2:21.68 (51.62)	3:10.74 (49.06)
4	Steven Owen	58	Novaquatics Masters-33	3:11.27
	41.27	1:29.19 (47.92)	2:19.90 (50.71)	3:11.27 (51.37)

**Men 55-59 50 Yard Butterfly**

1	Donald Graham	55	Pacific Northwest Aquatics-36	25.56
2	Duncan Mc Bride	55	Los Angeles Peninsula Swimmers-33	27.26
3	Michael Heather	56	Mission Viejo Masters-33	27.49
4	Gregory Fowler	56	Mission Viejo Masters-33	28.58
5	Paul Hoffman	57	UNATTACHED	29.84
6	Michael Bregman	55	Novaquatics Masters-33	32.31
7	Brian Tomikawa	56	Rose Bowl Masters-33	45.30

**Men 55-59 100 Yard Butterfly**

1	Donald Graham	55	Pacific Northwest Aquatics-36	58.70
	27.45	58.70 (31.25)		

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 55-59 100 Yard Butterfly)**

2	Michael Heather	56	Mission Viejo Masters-33	59.97
	28.12	59.97	(31.85)	
3	Dan Leonard	55	Southern California Aquatic Ma-33	1:00.88
	28.72	1:00.88	(32.16)	
4	Paul Hoffman	57	UNATTACHED	1:06.57
	31.56	1:06.57	(35.01)	
5	Mark Mc Cartin	55	Novaquatics Masters-33	1:06.78
	31.77	1:06.78	(35.01)	

**Men 55-59 200 Yard Butterfly**

1	Michael Heather	56	Mission Viejo Masters-33	2:22.17
	31.44	1:07.98	(36.54) 1:44.35 (36.37)	2:22.17 (37.82)
2	Paul Hoffman	57	UNATTACHED	2:40.85
	36.98	1:18.38	(41.40) 2:00.28 (41.90)	2:40.85 (40.57)
3	Charles Larson	57	West Hollywood Aquatics-33	2:49.67
	38.14	1:21.53	(43.39) 2:05.42 (43.89)	2:49.67 (44.25)
4	Brian Tomikawa	56	Rose Bowl Masters-33	4:34.63
	53.86	2:00.70	(1:06.84) 3:16.10 (1:15.40)	4:34.63 (1:18.53)

**Men 55-59 100 Yard IM**

1	Dan Leonard	55	Southern California Aquatic Ma-33	1:03.86
	30.55	1:03.86	(33.31)	
2	Michael Heather	56	Mission Viejo Masters-33	1:05.16
	29.31	1:05.16	(35.85)	
3	Gregory Fowler	56	Mission Viejo Masters-33	1:06.63
	30.84	1:06.63	(35.79)	
4	John McLintock	55	San Diego Swim Masters-44	1:08.35
	32.89	1:08.35	(35.46)	
5	Marc Kelly	55	South Bay Swim Team-33	1:10.79
	33.23	1:10.79	(37.56)	
6	Glenn Latham	55	Coto de Caza Coyotes-33	1:19.49
	39.03	1:19.49	(40.46)	
7	Brian Tomikawa	56	Rose Bowl Masters-33	1:53.99
	52.01	1:53.99	(1:01.98)	

**Men 55-59 200 Yard IM**

1	David Strybel	55	Rose Bowl Masters-33	2:26.12
	29.54	1:08.17	(38.63) 1:51.66 (43.49)	2:26.12 (34.46)
2	Mark Mc Cartin	55	Novaquatics Masters-33	2:32.01
	30.84	1:10.49	(39.65) 1:57.29 (46.80)	2:32.01 (34.72)
3	John McLintock	55	San Diego Swim Masters-44	2:36.54
	30.60	1:13.62	(43.02) 1:58.83 (45.21)	2:36.54 (37.71)
4	Paul Hoffman	57	UNATTACHED	2:40.71
	32.92	1:15.50	(42.58) 2:04.46 (48.96)	2:40.71 (36.25)
5	Marc Kelly	55	South Bay Swim Team-33	2:42.66
	34.00	1:19.00	(45.00) 2:02.42 (43.42)	2:42.66 (40.24)

**Men 55-59 400 Yard IM**

1	Michael Heather	56	Mission Viejo Masters-33	5:15.70
	32.87	1:10.06	(37.19) 1:53.80 (43.74)	2:34.80 (41.00)
	3:22.81	(48.01) 4:08.05	(45.24) 4:42.57	(34.52) 5:15.70
				(33.13)
2	Mark Mc Cartin	55	Novaquatics Masters-33	5:31.42
			1:57.93 ( )	2:42.60
	3:31.19	(48.59) 4:19.94	(48.75) 4:57.85	(37.91) 5:31.42
				(33.57)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 55-59 400 Yard IM)**

3 David Strybel	55	Rose Bowl Masters-33		5:33.16
31.52	1:14.26 (42.74)	2:00.40 (46.14)	2:46.26 (45.86)	
3:34.06 (47.80)	4:21.88 (47.82)	4:57.80 (35.92)	5:33.16 (35.36)	

**Men 60-64 50 Yard Freestyle**

1 Glenn Gruber	60	Ventura County Masters-33		24.63
2 Jim Clemmons	60	Manatee Aquatic Masters Inc-38		24.79
3 Steve Wigely	61	UC Irvine-33		25.94
4 Roger Phelps	63	Ojai Masters-33		30.26
5 Kent Howard	61	San Diego Swim Masters-44		34.73

**Men 60-64 100 Yard Freestyle**

1 Jim Clemmons	60	Manatee Aquatic Masters Inc-38		53.18
25.95	53.18 (27.23)			
2 Glenn Gruber	60	Ventura County Masters-33		53.70
25.61	53.70 (28.09)			
3 Robert Strand	64	Rose Bowl Masters-33		56.01
27.07	56.01 (28.94)			
4 Bill Darby	62	UNATTACHED		56.47
27.11	56.47 (29.36)			
5 Steve Wigely	61	UC Irvine-33		58.45
27.45	58.45 (31.00)			
6 Tom Ettinger	61	Rose Bowl Masters-33		1:00.72
1:00.72	1:00.72 ( )			
7 Henry Greenberg	61	Novaquatics Masters-33		1:03.98
31.00	1:03.98 (32.98)			
8 Bob Lawlor	60	South Bay Swim Team-33		1:07.10
32.06	1:07.10 (35.04)			
9 Jeff Conrad	60	Coto de Caza Coyotes-33		1:07.41
32.00	1:07.41 (35.41)			
10 Frank Freeman	64	Conejo Valley Multisport Maste-33		1:12.73
35.04	1:12.73 (37.69)			

**Men 60-64 200 Yard Freestyle**

1 Glenn Gruber	60	Ventura County Masters-33		2:00.15
27.47	57.57 (30.10)	1:28.68 (31.11)	2:00.15 (31.47)	
2 Bill Darby	62	UNATTACHED		2:04.87
29.00	1:00.37 (31.37)	1:33.09 (32.72)	2:04.87 (31.78)	
3 Jeff Conrad	60	Coto de Caza Coyotes-33		2:28.09
34.91	1:12.14 (37.23)	1:51.14 (39.00)	2:28.09 (36.95)	
4 Frank Freeman	64	Conejo Valley Multisport Maste-33		2:45.80
5 Edward Jacobs	63	Novaquatics Masters-33		2:52.93
37.42	1:18.86 (41.44)	2:04.45 (45.59)	2:52.93 (48.48)	
6 Francesco Finizio	61	Novaquatics Masters-33		3:33.76
44.60		2:38.01 ( )	3:33.76 (55.75)	

**Men 60-64 500 Yard Freestyle**

1 Glenn Gruber	60	Ventura County Masters-33		5:32.73
30.52	1:03.77 (33.25)	1:37.17 (33.40)	2:11.37 (34.20)	
2:45.03 (33.66)	3:19.30 (34.27)	3:53.14 (33.84)	4:26.86 (33.72)	
5:00.42 (33.56)	5:32.73 (32.31)			

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 60-64 500 Yard Freestyle)**

2	Bill Darby	62	UNATTACHED					5:47.98
	31.21	1:05.79 (34.58)	1:39.75 (33.96)	2:14.47 (34.72)				
	2:50.79 (36.32)	3:26.48 (35.69)	4:02.41 (35.93)	4:39.19 (36.78)				
	5:14.80 (35.61)	5:47.98 (33.18)						
3	Paulo Figueiredo	63	West Hollywood Aquatics-33					6:23.91
	35.51	1:14.09 (38.58)	1:53.99 (39.90)	2:33.82 (39.83)				
	3:13.55 (39.73)	3:52.58 (39.03)	4:30.88 (38.30)	5:09.46 (38.58)				
	5:47.05 (37.59)	6:23.91 (36.86)						
4	Michael Bullock	64	Oceanside Masters-44					7:25.01
	36.66	1:18.77 (42.11)	2:03.12 (44.35)	2:48.50 (45.38)				
	3:34.93 (46.43)	4:21.14 (46.21)	5:08.56 (47.42)	5:55.26 (46.70)				
	6:41.09 (45.83)	7:25.01 (43.92)						
---	Kent Howard	61	San Diego Swim Masters-44					DQ

**Men 60-64 1000 Yard Freestyle**

1	Jim Clemmons	60	Manatee Aquatic Masters Inc-38					10:50.14
	29.75	1:01.51 (31.76)	1:33.93 (32.42)	2:06.16 (32.23)				
	2:38.55 (32.39)	3:10.94 (32.39)	3:43.38 (32.44)	4:15.89 (32.51)				
	4:48.40 (32.51)	5:21.18 (32.78)	5:53.82 (32.64)	6:26.54 (32.72)				
	6:59.37 (32.83)	7:32.30 (32.93)	8:05.14 (32.84)	8:38.28 (33.14)				
	9:11.47 (33.19)	9:44.57 (33.10)	10:17.62 (33.05)	10:50.14 (32.52)				
2	Hubie Kerns	60	Ventura County Masters-33					11:47.18
	30.53	1:03.46 (32.93)	1:37.23 (33.77)	2:10.70 (33.47)				
	2:44.57 (33.87)	3:19.14 (34.57)	3:54.13 (34.99)	4:28.96 (34.83)				
	5:04.26 (35.30)	5:39.57 (35.31)	6:15.80 (36.23)	6:52.66 (36.86)				
	7:28.86 (36.20)	8:06.23 (37.37)	8:43.54 (37.31)	9:20.51 (36.97)				
	9:57.49 (36.98)	10:35.04 (37.55)	11:11.60 (36.56)	11:47.18 (35.58)				
3	Bill Darby	62	UNATTACHED					11:50.17
	30.49	1:03.81 (33.32)	1:38.98 (35.17)	2:14.13 (35.15)				
	2:48.73 (34.60)	3:24.95 (36.22)	4:00.73 (35.78)	4:35.73 (35.00)				
	5:11.84 (36.11)	5:48.60 (36.76)	6:25.30 (36.70)	7:01.76 (36.46)				
	7:37.60 (35.84)	8:14.53 (36.93)	8:51.09 (36.56)	9:27.72 (36.63)				
	10:03.64 (35.92)	10:39.99 (36.35)	11:16.34 (36.35)	11:50.17 (33.83)				
4	Tom Ettinger	61	Rose Bowl Masters-33					12:37.77
	34.81	1:12.74 (37.93)	1:51.45 (38.71)	2:30.12 (38.67)				
	3:08.47 (38.35)	3:46.83 (38.36)	4:25.32 (38.49)	5:04.32 (39.00)				
	5:42.61 (38.29)	6:21.10 (38.49)	6:59.77 (38.67)	7:37.94 (38.17)				
	8:15.77 (37.83)	8:53.89 (38.12)	9:31.78 (37.89)	10:09.20 (37.42)				
	10:46.65 (37.45)	11:24.21 (37.56)	12:01.57 (37.36)	12:37.77 (36.20)				
5	Jorge Martinez	63	San Diego Swim Masters-44					13:24.64
	35.16	1:13.50 (38.34)	1:54.27 (40.77)	2:35.44 (41.17)				
	3:16.96 (41.52)	3:59.27 (42.31)	4:41.57 (42.30)	5:25.17 (43.60)				
	6:08.54 (43.37)	6:52.10 (43.56)	7:35.53 (43.43)	8:19.86 (44.33)				
	9:04.29 (44.43)	9:47.67 (43.38)	10:32.37 (44.70)					
	11:16.49 ( )	11:59.72 (43.23)	12:42.48 (42.76)	13:24.64 (42.16)				
6	Kent Howard	61	San Diego Swim Masters-44					18:00.69
	45.44	1:34.64 (49.20)	2:26.12 (51.48)	3:19.86 (53.74)				
	4:13.49 (53.63)	5:07.64 (54.15)	6:03.79 (56.15)	7:00.55 (56.76)				
	7:56.66 (56.11)	8:55.34 (58.68)	9:54.57 (59.23)	10:51.42 (56.85)				
	11:46.70 (55.28)	12:41.27 (54.57)	13:35.26 (53.99)	14:29.53 (54.27)				
	15:23.78 (54.25)	16:17.83 (54.05)	17:11.14 (53.31)	18:00.69 (49.55)				

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Men 60-64 1650 Yard Freestyle**

1 Bill Darby	62 UNATTACHED				19:44.51
31.39	1:05.39 (34.00)	1:39.89 (34.50)	2:14.87 (34.98)		
2:50.08 (35.21)	3:25.49 (35.41)	4:03.08 (37.59)	4:39.12 (36.04)		
5:15.12 (36.00)	5:51.99 (36.87)	6:28.38 (36.39)	7:05.33 (36.95)		
7:41.42 (36.09)	8:17.99 (36.57)	8:54.46 (36.47)	9:31.15 (36.69)		
10:07.61 (36.46)	10:43.93 (36.32)	11:19.77 (35.84)	11:55.88 (36.11)		
12:32.88 (37.00)	13:08.86 (35.98)	13:45.25 (36.39)	14:21.34 (36.09)		
14:57.50 (36.16)	15:33.86 (36.36)	16:10.51 (36.65)	16:47.33 (36.82)		
17:23.36 (36.03)	17:59.14 (35.78)	18:35.11 (35.97)	19:10.84 (35.73)	19:44.51 (33.67)	
2 Hubie Kerns	60 Ventura County Masters-33				19:47.37
31.79	1:06.53 (34.74)	1:42.08 (35.55)	2:17.96 (35.88)		
2:53.81 (35.85)	3:30.32 (36.51)	4:07.09 (36.77)	4:43.47 (36.38)		
5:19.79 (36.32)	5:56.04 (36.25)	6:32.09 (36.05)	7:08.34 (36.25)		
7:44.31 (35.97)	8:20.87 (36.56)	8:56.91 (36.04)	9:32.79 (35.88)		
10:09.18 (36.39)	10:44.99 (35.81)	11:20.67 (35.68)	11:57.23 (36.56)		
12:32.98 (35.75)	13:08.84 (35.86)	13:45.12 (36.28)	14:21.23 (36.11)		
14:57.55 (36.32)	15:33.61 (36.06)	16:10.16 (36.55)	16:47.03 (36.87)		
17:23.20 (36.17)	18:00.32 (37.12)	18:36.86 (36.54)	19:12.41 (35.55)	19:47.37 (34.96)	
3 Jorge Martinez	63 San Diego Swim Masters-44				23:43.91
37.80	1:19.21 (41.41)	2:01.73 (42.52)	2:44.58 (42.85)		
3:27.64 (43.06)	4:10.67 (43.03)	4:54.09 (43.42)	5:37.59 (43.50)		
6:21.31 (43.72)	7:04.91 (43.60)	7:48.33 (43.42)	8:31.98 (43.65)		
9:15.05 (43.07)	9:58.30 (43.25)	10:41.91 (43.61)	11:25.64 (43.73)		
12:09.88 (44.24)	12:53.68 (43.80)	13:37.56 (43.88)	14:21.55 (43.99)		
15:05.54 (43.99)	15:49.14 (43.60)	16:32.44 (43.30)	17:16.65 (44.21)		
18:00.58 (43.93)	18:44.61 (44.03)	19:28.29 (43.68)	20:12.25 (43.96)		
20:56.45 (44.20)	21:40.27 (43.82)	22:23.19 (42.92)	23:05.65 (42.46)	23:43.91 (38.26)	

**Men 60-64 50 Yard Backstroke**

1 Hubie Kerns	60 Ventura County Masters-33				31.50
---------------	------------------------------	--	--	--	-------

**Men 60-64 100 Yard Backstroke**

1 Hubie Kerns	60 Ventura County Masters-33				1:07.79
33.08	1:07.79 (34.71)				
2 Paulo Figueiredo	63 West Hollywood Aquatics-33				1:15.56
37.07	1:15.56 (38.49)				
3 Henry Greenberg	61 Novaquatics Masters-33				1:21.60
40.89	1:21.60 (40.71)				

**Men 60-64 200 Yard Backstroke**

1 Jim Clemmons	60 Manatee Aquatic Masters Inc-38				2:21.55
32.99	1:08.69 (35.70)	1:45.19 (36.50)	2:21.55 (36.36)		
2 Hubie Kerns	60 Ventura County Masters-33				2:25.49
34.19	1:11.76 (37.57)	1:48.89 (37.13)	2:25.49 (36.60)		
3 Glenn Gruber	60 Ventura County Masters-33				2:28.65
34.60	1:12.13 (37.53)	1:50.92 (38.79)	2:28.65 (37.73)		
4 Paulo Figueiredo	63 West Hollywood Aquatics-33				2:42.66
39.04	1:20.36 (41.32)	2:02.09 (41.73)	2:42.66 (40.57)		
5 Jorge Martinez	63 San Diego Swim Masters-44				2:51.21
42.67	1:24.93 (42.26)	2:08.45 (43.52)	2:51.21 (42.76)		
6 Henry Greenberg	61 Novaquatics Masters-33				2:56.37
43.02	1:27.56 (44.54)	2:12.82 (45.26)	2:56.37 (43.55)		
7 Michael Bullock	64 Oceanside Masters-44				3:04.31
42.00	1:28.65 (46.65)	2:17.72 (49.07)	3:04.31 (46.59)		

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Men 60-64 50 Yard Breaststroke**

1 Robert Strand	64 Rose Bowl Masters-33	29.61
2 John Derr	61 Ventura County Masters-33	32.24
3 J Steven Mott	60 UNATTACHED	38.29
4 Kent Howard	61 San Diego Swim Masters-44	39.12

**Men 60-64 100 Yard Breaststroke**

1 Robert Strand	64 Rose Bowl Masters-33	1:06.11
30.83	1:06.11 (35.28)	
2 J Steven Mott	60 UNATTACHED	1:26.01
39.74	1:26.01 (46.27)	
3 Kent Howard	61 San Diego Swim Masters-44	1:31.35
40.74	1:31.35 (50.61)	
4 Francesco Finizio	61 Novaquatics Masters-33	1:53.01
50.98	1:53.01 (1:02.03)	

**Men 60-64 200 Yard Breaststroke**

1 Robert Strand	64 Rose Bowl Masters-33	2:28.10
33.91	1:11.50 (37.59)	1:49.51 (38.01)
		2:28.10 (38.59)
2 Michael Bullock	64 Oceanside Masters-44	2:40.97
35.16	1:15.45 (40.29)	1:58.21 (42.76)
		2:40.97 (42.76)
3 Kent Howard	61 San Diego Swim Masters-44	3:01.84
40.07	1:26.86 (46.79)	2:15.34 (48.48)
		3:01.84 (46.50)
4 Henry Greenberg	61 Novaquatics Masters-33	3:11.56
44.56	1:34.21 (49.65)	2:23.90 (49.69)
		3:11.56 (47.66)
5 Francesco Finizio	61 Novaquatics Masters-33	4:06.14
52.39	1:54.96 (1:02.57)	3:02.22 (1:07.26)
		4:06.14 (1:03.92)

**Men 60-64 50 Yard Butterfly**

1 Jorge Martinez	63 San Diego Swim Masters-44	31.55
2 Michael Bullock	64 Oceanside Masters-44	33.71
3 Frank Freeman	64 Conejo Valley Multisport Maste-33	36.72
4 Jeff Conrad	60 Coto de Caza Coyotes-33	36.81
5 Roger Phelps	63 Ojai Masters-33	38.12

**Men 60-64 100 Yard Butterfly**

1 Jim Clemmons	60 Manatee Aquatic Masters Inc-38	1:02.12
29.74	1:02.12 (32.38)	
2 Francesco Finizio	61 Novaquatics Masters-33	2:04.83
52.47	2:04.83 (1:12.36)	

**Men 60-64 200 Yard Butterfly**

1 Jim Clemmons	60 Manatee Aquatic Masters Inc-38	2:15.73
31.33	1:05.96 (34.63)	1:40.42 (34.46)
		2:15.73 (35.31)
2 Hubie Kerns	60 Ventura County Masters-33	2:29.92
30.53	1:06.63 (36.10)	1:47.19 (40.56)
		2:29.92 (42.73)
3 Jorge Martinez	63 San Diego Swim Masters-44	2:58.96
34.26	1:16.02 (41.76)	2:02.90 (46.88)
		2:58.96 (56.06)
4 Michael Bullock	64 Oceanside Masters-44	3:13.12
41.30	1:31.24 (49.94)	2:23.09 (51.85)
		3:13.12 (50.03)
5 Francesco Finizio	61 Novaquatics Masters-33	5:24.38
1:01.94	2:21.28 (1:19.34)	3:45.89 (1:24.61)
		5:24.38 (1:38.49)

**Men 60-64 100 Yard IM**

1 Jim Clemmons	60 Manatee Aquatic Masters Inc-38	1:01.76
29.58	1:01.76 (32.18)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 60-64 100 Yard IM)**

2 Robert Strand	64 Rose Bowl Masters-33	1:02.06
30.31	1:02.06 (31.75)	
3 Henry Greenberg	61 Novaquatics Masters-33	1:15.61
34.75	1:15.61 (40.86)	
4 Jeff Conrad	60 Coto de Caza Coyotes-33	1:20.88
36.54	1:20.88 (44.34)	
5 Frank Freeman	64 Conejo Valley Multisport Maste-33	1:27.51
40.46	1:27.51 (47.05)	

**Men 60-64 200 Yard IM**

1 Francesco Finizio	61 Novaquatics Masters-33	4:15.88
55.81	2:08.85 (1:13.04) 3:19.08 (1:10.23) 4:15.88 (56.80)	

**Men 60-64 400 Yard IM**

1 Hubie Kerns	60 Ventura County Masters-33	5:07.19
30.70	1:06.35 (35.65) 1:47.32 (40.97) 2:28.35 (41.03)	
3:11.90 (43.55)	3:57.06 (45.16) 4:32.78 (35.72) 5:07.19 (34.41)	
2 Paulo Figueiredo	63 West Hollywood Aquatics-33	6:02.57
40.25	1:26.50 (46.25) 2:14.66 (48.16) 3:00.84 (46.18)	
3:54.78 (53.94)	4:47.73 (52.95) 5:26.70 (38.97) 6:02.57 (35.87)	
3 Jorge Martinez	63 San Diego Swim Masters-44	6:04.35
37.83	1:22.46 (44.63) 2:10.53 (48.07) 2:56.46 (45.93)	
3:52.41 (55.95)	4:46.08 (53.67) 5:26.68 (40.60) 6:04.35 (37.67)	
4 Henry Greenberg	61 Novaquatics Masters-33	6:04.45
36.72	1:20.37 (43.65) 2:10.14 (49.77) 2:58.64 (48.50)	
3:51.77 (53.13)	4:43.50 (51.73) 5:26.52 (43.02) 6:04.45 (37.93)	
5 Michael Bullock	64 Oceanside Masters-44	6:24.48
39.81	1:24.25 (44.44) 2:16.37 (52.12) 3:05.81 (49.44)	
3:58.15 (52.34)	4:52.24 (54.09) 5:41.06 (48.82) 6:24.48 (43.42)	
6 Francesco Finizio	61 Novaquatics Masters-33	9:03.94
57.72	2:08.40 (1:10.68) 3:22.65 (1:14.25) 4:35.28 (1:12.63)	
5:45.73 (1:10.45)	6:58.18 (1:12.45) 8:02.83 (1:04.65) 9:03.94 (1:01.11)	

**Men 65-69 50 Yard Freestyle**

1 Jim Stewart	68 Mission Viejo Masters-33	33.03
2 Lloyd Johnson	69 Conejo Valley Multisport Maste-33	34.87

**Men 65-69 100 Yard Freestyle**

1 Richard Burns	66 Tamalpais Aquatic Masters-38	55.19
26.43	55.19 (28.76)	
2 Mike Freshley	69 San Diego Swim Masters-44	58.97
27.82	58.97 (31.15)	
3 Michael Colonnese	66 Mission Viejo Masters-33	1:07.59
33.03	1:07.59 (34.56)	
4 Richard Andersen	66 Novaquatics Masters-33	1:09.75
33.88	1:09.75 (35.87)	
5 Peter Ronay	67 Rose Bowl Masters-33	1:10.67
33.76	1:10.67 (36.91)	
6 Jim Stewart	68 Mission Viejo Masters-33	1:15.57
36.42	1:15.57 (39.15)	

**Men 65-69 200 Yard Freestyle**

1 Richard Burns	66 Tamalpais Aquatic Masters-38	2:04.74
29.08	1:00.92 (31.84) 1:33.50 (32.58) 2:04.74 (31.24)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 65-69 200 Yard Freestyle)**

2	Michael Colonnese	66	Mission Viejo Masters-33	2:29.13
	35.13	1:12.88 (37.75)	1:51.39 (38.51)	2:29.13 (37.74)
3	Richard Andersen	66	Novaquatics Masters-33	2:34.41
	36.17	1:13.74 (37.57)	1:54.67 (40.93)	2:34.41 (39.74)
4	Bart Bleuel	68	Ventura County Masters-33	2:36.43
	35.38	1:15.16 (39.78)	1:57.74 (42.58)	2:36.43 (38.69)
5	Peter Ronay	67	Rose Bowl Masters-33	2:42.95
	36.85	1:17.26 (40.41)	1:59.73 (42.47)	2:42.95 (43.22)
6	Jim Stewart	68	Mission Viejo Masters-33	2:53.53
	39.26		2:05.89 ( )	2:53.53 (47.64)

**Men 65-69 500 Yard Freestyle**

1	Tegze (Tex) Haraszti	68	UNATTACHED	6:36.42
	35.12	1:12.42 (37.30)	1:51.23 (38.81)	2:30.69 (39.46)
	3:11.01 (40.32)	3:51.64 (40.63)	4:32.38 (40.74)	5:13.82 (41.44)
	5:54.98 (41.16)	6:36.42 (41.44)		
2	Michael Colonnese	66	Mission Viejo Masters-33	6:48.63
	36.90	1:16.59 (39.69)	1:57.77 (41.18)	2:39.46 (41.69)
	3:21.37 (41.91)	4:02.96 (41.59)	4:45.07 (42.11)	5:27.40 (42.33)
	6:08.74 (41.34)	6:48.63 (39.89)		
3	Bart Bleuel	68	Ventura County Masters-33	6:50.21
	36.30	1:16.43 (40.13)	1:58.30 (41.87)	2:40.22 (41.92)
	3:21.95 (41.73)	4:04.40 (42.45)	4:48.01 (43.61)	5:30.99 (42.98)
	6:12.39 (41.40)	6:50.21 (37.82)		
4	Robert Bergstrom	69	Fullerton FAST Masters Team-33	7:15.51
	38.55	1:21.81 (43.26)	2:05.50 (43.69)	2:49.59 (44.09)
	3:33.26 (43.67)	4:17.41 (44.15)	5:02.15 (44.74)	5:47.11 (44.96)
	6:32.18 (45.07)	7:15.51 (43.33)		
5	Lloyd Johnson	69	Conejo Valley Multisport Maste-33	9:45.27
	41.00	1:30.98 (49.98)	2:27.83 (56.85)	3:30.50 (1:02.67)
	4:34.22 (1:03.72)	5:37.19 (1:02.97)	6:41.08 (1:03.89)	7:44.35 (1:03.27)
	8:48.86 (1:04.51)	9:45.27 (56.41)		

**Men 65-69 1000 Yard Freestyle**

1	Bart Bleuel	68	Ventura County Masters-33	14:08.49
	36.37	1:16.35 (39.98)	1:58.95 (42.60)	2:41.65 (42.70)
	3:24.67 (43.02)	4:08.32 (43.65)	4:52.01 (43.69)	5:36.24 (44.23)
	6:19.99 (43.75)	7:03.65 (43.66)	7:46.61 (42.96)	8:29.92 (43.31)
	9:14.28 (44.36)	9:57.09 (42.81)	10:39.72 (42.63)	11:22.54 (42.82)
	12:05.29 (42.75)	12:47.55 (42.26)	13:29.15 (41.60)	14:08.49 (39.34)
2	Robert Bergstrom	69	Fullerton FAST Masters Team-33	15:15.72
	39.82	1:24.89 (45.07)	2:10.70 (45.81)	2:56.19 (45.49)
	3:41.75 (45.56)	4:28.09 (46.34)	5:14.83 (46.74)	6:00.84 (46.01)
	6:46.98 (46.14)	7:34.15 (47.17)	8:20.36 (46.21)	9:06.29 (45.93)
	9:52.83 (46.54)	10:39.13 (46.30)	11:25.54 (46.41)	12:11.79 (46.25)
	12:58.10 (46.31)	13:45.32 (47.22)	14:31.16 (45.84)	15:15.72 (44.56)



**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Men 65-69 1650 Yard Freestyle**

1	Larry Raffaelli	67	Ventura County Masters-33		21:55.98
	38.12	1:18.67 (40.55)	1:59.72 (41.05)	2:41.21 (41.49)	
	3:21.56 (40.35)	4:00.87 (39.31)	4:41.60 (40.73)	5:22.42 (40.82)	
	6:02.84 (40.42)	6:43.89 (41.05)	7:24.98 (41.09)	8:06.02 (41.04)	
	8:46.57 (40.55)	9:26.98 (40.41)	10:06.69 (39.71)	10:46.90 (40.21)	
	11:26.94 (40.04)	12:07.07 (40.13)	12:47.45 (40.38)	13:26.89 (39.44)	
	14:06.39 (39.50)	14:46.27 (39.88)	15:26.67 (40.40)	16:06.85 (40.18)	
	16:46.70 (39.85)	17:26.60 (39.90)	18:06.02 (39.42)	18:45.65 (39.63)	
	19:25.24 (39.59)	20:03.85 (38.61)	20:42.87 (39.02)	21:21.31 (38.44)	21:55.98 (34.67)
2	Michael Colonnese	66	Mission Viejo Masters-33		23:34.46
	37.15	1:18.55 (41.40)	2:00.62 (42.07)	2:43.04 (42.42)	
	3:26.65 (43.61)	4:08.25 (41.60)	4:50.76 (42.51)	5:33.61 (42.85)	
	6:16.45 (42.84)	6:59.72 (43.27)	7:43.27 (43.55)	8:25.87 (42.60)	
	9:08.88 (43.01)	9:52.08 (43.20)	10:35.41 (43.33)	11:18.66 (43.25)	
	12:02.00 (43.34)	12:45.29 (43.29)	13:28.54 (43.25)	14:11.53 (42.99)	
	14:54.44 (42.91)	15:37.62 (43.18)	16:20.22 (42.60)	17:03.15 (42.93)	
	17:46.25 (43.10)	18:29.77 (43.52)	19:14.01 (44.24)	19:56.94 (42.93)	
	20:40.95 (44.01)	21:25.07 (44.12)	22:09.28 (44.21)	22:52.79 (43.51)	23:34.46 (41.67)
3	Bart Bleuel	68	Ventura County Masters-33		23:38.24
	37.01	1:17.75 (40.74)	1:59.76 (42.01)	2:43.18 (43.42)	
	3:26.65 (43.47)	4:09.95 (43.30)	4:52.92 (42.97)	5:36.77 (43.85)	
	6:20.09 (43.32)	7:03.25 (43.16)	7:46.86 (43.61)	8:30.25 (43.39)	
	9:13.82 (43.57)	9:58.01 (44.19)	10:42.27 (44.26)	11:25.77 (43.50)	
	12:09.07 (43.30)	12:53.54 (44.47)	13:37.25 (43.71)	14:20.50 (43.25)	
	15:03.64 (43.14)	15:47.02 (43.38)	16:31.34 (44.32)	17:14.25 (42.91)	
	17:57.74 (43.49)	18:40.44 (42.70)	19:23.60 (43.16)	20:06.85 (43.25)	
	20:50.81 (43.96)	21:33.76 (42.95)	22:15.75 (41.99)	22:58.36 (42.61)	23:38.24 (39.88)
4	Robert Bergstrom	69	Fullerton FAST Masters Team-33		24:50.88
	40.29	1:24.85 (44.56)	2:11.12 (46.27)	2:57.62 (46.50)	
	3:43.57 (45.95)	4:29.40 (45.83)	5:14.86 (45.46)	6:00.52 (45.66)	
	6:46.24 (45.72)	7:31.71 (45.47)	8:16.71 (45.00)	9:01.56 (44.85)	
	9:47.36 (45.80)	10:32.06 (44.70)	11:16.55 (44.49)	12:02.40 (45.85)	
	12:47.44 (45.04)	13:32.49 (45.05)	14:17.35 (44.86)	15:02.11 (44.76)	
	15:46.94 (44.83)	16:31.64 (44.70)	17:16.98 (45.34)	18:01.88 (44.90)	
	18:47.05 (45.17)	19:32.22 (45.17)	20:17.71 (45.49)	21:03.79 (46.08)	
	21:49.94 (46.15)	22:35.74 (45.80)	23:21.66 (45.92)	24:07.68 (46.02)	24:50.88 (43.20)

**Men 65-69 50 Yard Backstroke**

1	Richard Burns	66	Tamalpais Aquatic Masters-38		29.52
2	Jim Stewart	68	Mission Viejo Masters-33		41.43
3	Lloyd Johnson	69	Conejo Valley Multisport Maste-33		43.40

**Men 65-69 100 Yard Backstroke**

1	Tegze (Tex) Haraszti	68	UNATTACHED		1:14.47
	36.45	1:14.47 (38.02)			
2	Jim Stewart	68	Mission Viejo Masters-33		1:28.15
	43.12	1:28.15 (45.03)			
3	Robert Bergstrom	69	Fullerton FAST Masters Team-33		1:37.02
	47.34	1:37.02 (49.68)			

**Men 65-69 200 Yard Backstroke**

1	Tegze (Tex) Haraszti	68	UNATTACHED		2:37.17
	37.07	1:16.82 (39.75)	1:57.69 (40.87)	2:37.17 (39.48)	
2	Jim Stewart	68	Mission Viejo Masters-33		3:16.36
	45.46	1:34.65 (49.19)	2:26.36 (51.71)	3:16.36 (50.00)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 65-69 200 Yard Backstroke)**

3 Robert Bergstrom	69 Fullerton FAST Masters Team-33	3:30.48
51.90	1:45.34 (53.44) 2:39.17 (53.83) 3:30.48 (51.31)	

**Men 65-69 50 Yard Breaststroke**

1 Mike Freshley	69 San Diego Swim Masters-44	35.52
2 Lloyd Johnson	69 Conejo Valley Multisport Maste-33	40.51

**Men 65-69 100 Yard Breaststroke**

1 Mike Freshley	69 San Diego Swim Masters-44	1:15.77
34.97	1:15.77 (40.80)	
2 Michael Colonnese	66 Mission Viejo Masters-33	1:28.12
42.01	1:28.12 (46.11)	
3 Bart Bleuel	68 Ventura County Masters-33	1:28.51
41.58	1:28.51 (46.93)	

**Men 65-69 200 Yard Breaststroke**

1 Mike Freshley	69 San Diego Swim Masters-44	2:46.95
37.43	1:19.64 (42.21) 2:03.42 (43.78) 2:46.95 (43.53)	
2 Patrick Schlup	69 Mission Viejo Masters-33	2:53.18
38.65	1:21.06 (42.41) 2:06.18 (45.12) 2:53.18 (47.00)	

**Men 65-69 50 Yard Butterfly**

1 Mike Freshley	69 San Diego Swim Masters-44	29.09
2 Peter Ronay	67 Rose Bowl Masters-33	40.22

**Men 65-69 100 Yard Butterfly**

1 Richard Burns	66 Tamalpais Aquatic Masters-38	1:03.42
30.00	1:03.42 (33.42)	
2 Michael Colonnese	66 Mission Viejo Masters-33	1:18.86
36.83	1:18.86 (42.03)	

**Men 65-69 200 Yard Butterfly**

1 Peter Ronay	67 Rose Bowl Masters-33	3:46.45
49.78	1:45.78 (56.00) 2:46.16 (1:00.38) 3:46.45 (1:00.29)	

**Men 65-69 100 Yard IM**

1 Richard Burns	66 Tamalpais Aquatic Masters-38	1:03.51
28.84	1:03.51 (34.67)	
2 Bart Bleuel	68 Ventura County Masters-33	1:25.72
43.07	1:25.72 (42.65)	
3 Peter Ronay	67 Rose Bowl Masters-33	1:31.89
44.17	1:31.89 (47.72)	

**Men 65-69 200 Yard IM**

1 Mike Freshley	69 San Diego Swim Masters-44	2:33.06
30.74	1:13.48 (42.74) 1:57.51 (44.03) 2:33.06 (35.55)	

**Men 65-69 400 Yard IM**

1 Mike Freshley	69 San Diego Swim Masters-44	5:37.38
34.93	1:17.68 (42.75) 2:03.40 (45.72) 2:48.33 (44.93)	
3:34.14 (45.81)	4:20.90 (46.76) 4:59.52 (38.62) 5:37.38 (37.86)	
2 Bart Bleuel	68 Ventura County Masters-33	6:42.88
45.92	1:35.27 (49.35) 2:34.07 (58.80) 3:33.23 (59.16)	
4:26.22 (52.99)	5:18.79 (52.57) 6:03.03 (44.24) 6:42.88 (39.85)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 65-69 400 Yard IM)**

3 Peter Ronay	67 Rose Bowl Masters-33				7:04.02
45.68	1:40.92 (55.24)	2:36.45 (55.53)	3:29.40 (52.95)		
4:30.40 (1:01.00)	5:32.94 (1:02.54)	6:19.02 (46.08)	7:04.02 (45.00)		

**Men 70-74 50 Yard Freestyle**

1 Scotty Roberts	71 UNATTACHED				31.52
------------------	---------------	--	--	--	-------

**Men 70-74 100 Yard Freestyle**

1 Scotty Roberts	71 UNATTACHED				1:11.86
33.07	1:11.86 (38.79)				
2 Bill Coles	74 City of Temecula Masters-33				1:25.32
40.42	1:25.32 (44.90)				

**Men 70-74 200 Yard Freestyle**

1 Douglas Goode	71 Rose Bowl Masters-33				3:45.84
50.05	1:46.45 (56.40)	2:46.54 (1:00.09)	3:45.84 (59.30)		

**Men 70-74 500 Yard Freestyle**

1 Bob Coale	70 San Diego Swim Masters-44				6:43.16
36.17	1:14.99 (38.82)	1:55.83 (40.84)	2:36.46 (40.63)		
3:18.70 (42.24)	4:00.11 (41.41)	4:41.49 (41.38)	5:22.89 (41.40)		
6:03.99 (41.10)	6:43.16 (39.17)				

**Men 70-74 1000 Yard Freestyle**

1 Bob Coale	70 San Diego Swim Masters-44				13:34.88
36.85	1:16.67 (39.82)	1:57.18 (40.51)	2:38.48 (41.30)		
3:19.78 (41.30)	4:01.03 (41.25)	4:42.13 (41.10)	5:23.46 (41.33)		
6:05.12 (41.66)	6:46.61 (41.49)	7:28.06 (41.45)	8:09.17 (41.11)		
8:50.95 (41.78)	9:32.26 (41.31)	10:13.50 (41.24)	10:54.34 (40.84)		
11:35.62 (41.28)	12:17.15 (41.53)	12:57.66 (40.51)	13:34.88 (37.22)		

**Men 70-74 200 Yard Backstroke**

1 Bill Coles	74 City of Temecula Masters-33				3:36.57
48.76	1:43.72 (54.96)	2:42.07 (58.35)	3:36.57 (54.50)		

**Men 70-74 50 Yard Breaststroke**

1 Scotty Roberts	71 UNATTACHED				41.76
2 Douglas Goode	71 Rose Bowl Masters-33				55.40

**Men 70-74 50 Yard Butterfly**

1 Douglas Goode	71 Rose Bowl Masters-33				58.83
-----------------	-------------------------	--	--	--	-------

**Men 70-74 100 Yard IM**

1 Douglas Goode	71 Rose Bowl Masters-33				2:07.72
1:01.49	2:07.72 (1:06.23)				

**Men 75-79 50 Yard Freestyle**

1 Bob Best	77 San Diego Swim Masters-44				29.62
2 Robert Mc Meekin	75 Santa Clarita Masters Club-33				45.21

**Men 75-79 100 Yard Freestyle**

1 Dave Radcliff	76 Oregon Masters-37				59.48
29.10	59.48 (30.38)				
2 Everett Smethurst	75 Novaquatics Masters-33				1:17.52
35.84	1:17.52 (41.68)				

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 75-79 100 Yard Freestyle)**

3	Ken Kimball	79	San Diego Swim Masters-44	1:20.17
	37.99	1:20.17 (42.18)		
4	Donald Baker	79	San Diego Swim Masters-44	1:20.81
	38.89	1:20.81 (41.92)		
5	Robert Mc Meekin	75	Santa Clarita Masters Club-33	1:51.22
	50.27	1:51.22 (1:00.95)		

**Men 75-79 200 Yard Freestyle**

1	Dave Radcliff	76	Oregon Masters-37	2:12.09
	31.41	1:05.25 (33.84)	1:39.31 (34.06)	2:12.09 (32.78)
2	Donald Baker	79	San Diego Swim Masters-44	3:13.33
	40.66	1:28.74 (48.08)	2:21.04 (52.30)	3:13.33 (52.29)

**Men 75-79 500 Yard Freestyle**

1	Dave Radcliff	76	Oregon Masters-37	6:03.87
	33.00	1:09.06 (36.06)	1:45.69 (36.63)	2:22.18 (36.49)
	2:59.13 (36.95)	3:35.72 (36.59)	4:12.42 (36.70)	4:50.00 (37.58)
	5:27.92 (37.92)	6:03.87 (35.95)		

**Men 75-79 1000 Yard Freestyle**

1	Dave Radcliff	76	Oregon Masters-37	12:23.61
	33.58	1:10.23 (36.65)	1:47.39 (37.16)	2:24.92 (37.53)
	3:02.36 (37.44)	3:40.23 (37.87)	4:18.09 (37.86)	4:56.02 (37.93)
	5:33.65 (37.63)	6:11.25 (37.60)	6:48.80 (37.55)	7:26.73 (37.93)
	8:04.64 (37.91)	8:42.66 (38.02)	9:20.51 (37.85)	9:58.18 (37.67)
	10:35.88 (37.70)	11:13.41 (37.53)	11:49.79 (36.38)	12:23.61 (33.82)
---	Ken Kimball	79	San Diego Swim Masters-44	DQ

**Men 75-79 1650 Yard Freestyle**

1	Dave Radcliff	76	Oregon Masters-37	21:21.55
	34.23	1:11.84 (37.61)	1:50.10 (38.26)	2:28.61 (38.51)
	3:07.20 (38.59)	3:46.57 (39.37)	4:25.64 (39.07)	5:04.71 (39.07)
	5:43.94 (39.23)	6:24.25 (40.31)	7:03.63 (39.38)	7:43.39 (39.76)
	8:22.33 (38.94)	9:01.59 (39.26)	9:41.58 (39.99)	10:20.93 (39.35)
	11:00.93 (40.00)	11:40.06 (39.13)	12:19.52 (39.46)	12:58.74 (39.22)
	13:38.68 (39.94)	14:18.40 (39.72)	14:57.77 (39.37)	15:37.05 (39.28)
	16:16.10 (39.05)	16:55.07 (38.97)	17:34.16 (39.09)	18:13.21 (39.05)
	18:51.90 (38.69)	19:29.98 (38.08)	20:08.25 (38.27)	20:45.59 (37.34)
				21:21.55 (35.96)

**Men 75-79 50 Yard Backstroke**

1	Eric Hubach	76	Corona Crocodiles-33	41.27
---	-------------	----	----------------------	-------

**Men 75-79 100 Yard Backstroke**

1	Everett Smethurst	75	Novaquatics Masters-33	1:29.51
	43.13	1:29.51 (46.38)		
2	Eric Hubach	76	Corona Crocodiles-33	1:33.31
	45.28	1:33.31 (48.03)		
3	Ken Kimball	79	San Diego Swim Masters-44	1:38.34
	46.60	1:38.34 (51.74)		

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 75-79 100 Yard Backstroke)**

4 Donald Baker	79 San Diego Swim Masters-44	1:48.73
52.29	1:48.73 (56.44)	

**Men 75-79 200 Yard Backstroke**

1 Ken Kimball	79 San Diego Swim Masters-44	3:29.30
47.40	1:40.34 (52.94) 2:36.01 (55.67) 3:29.30 (53.29)	

**Men 75-79 50 Yard Breaststroke**

1 Bob Best	77 San Diego Swim Masters-44	38.72
2 Eric Hubach	76 Corona Crocodiles-33	43.82

**Men 75-79 100 Yard Breaststroke**

1 Bob Best	77 San Diego Swim Masters-44	1:29.44
40.48	1:29.44 (48.96)	
2 Donald Baker	79 San Diego Swim Masters-44	1:46.71
48.45	1:46.71 (58.26)	

**Men 75-79 200 Yard Breaststroke**

1 Bob Best	77 San Diego Swim Masters-44	3:25.43
45.00	1:37.06 (52.06) 2:31.99 (54.93) 3:25.43 (53.44)	
2 Eric Hubach	76 Corona Crocodiles-33	3:38.41
48.04	1:44.04 (56.00) 2:42.44 (58.40) 3:38.41 (55.97)	
3 Tom Mitchell	77 San Diego Swim Masters-44	3:51.85
51.24	1:51.41 (1:00.17) 2:52.78 (1:01.37) 3:51.85 (59.07)	

**Men 75-79 50 Yard Butterfly**

1 Tom Mitchell	77 San Diego Swim Masters-44	47.01
2 Donald Baker	79 San Diego Swim Masters-44	48.04

**Men 75-79 100 Yard Butterfly**

1 Tom Mitchell	77 San Diego Swim Masters-44	1:44.33
48.86	1:44.33 (55.47)	

**Men 75-79 200 Yard Butterfly**

1 Tom Mitchell	77 San Diego Swim Masters-44	4:05.26
50.30	1:52.13 (1:01.83) 2:58.68 (1:06.55) 4:05.26 (1:06.58)	

**Men 75-79 100 Yard IM**

1 Bob Best	77 San Diego Swim Masters-44	1:21.03
38.54	1:21.03 (42.49)	
2 Tom Mitchell	77 San Diego Swim Masters-44	1:37.01
44.95	1:37.01 (52.06)	

**Men 75-79 200 Yard IM**

1 Bob Best	77 San Diego Swim Masters-44	3:07.53
37.20	1:27.18 (49.98) 2:22.79 (55.61) 3:07.53 (44.74)	
2 Tom Mitchell	77 San Diego Swim Masters-44	3:33.73
48.03	1:46.46 (58.43) 2:48.29 (1:01.83) 3:33.73 (45.44)	

**Men 75-79 400 Yard IM**

1 Tom Mitchell	77 San Diego Swim Masters-44	7:46.04
49.51	7:46.04 (6:56.53)	

**Men 85-89 200 Yard Freestyle**

1 Frank Piemme	85 Lompoc's Other Swim Team-33	2:50.54
37.71	1:20.39 (42.68) 2:06.22 (45.83) 2:50.54 (44.32)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 85-89 200 Yard Freestyle)**

2	Jurgen Schmidt	87	Lompoc's Other Swim Team-33	3:09.93
	41.67	1:30.96 (49.29)	2:21.45 (50.49)	3:09.93 (48.48)
3	Lee Arth	85	San Diego Swim Masters-44	3:47.62
	50.99	1:49.49 (58.50)	2:48.80 (59.31)	3:47.62 (58.82)

**Men 85-89 500 Yard Freestyle**

1	Lee Arth	85	San Diego Swim Masters-44	9:56.38
	52.14	1:50.72 (58.58)	2:51.54 (1:00.82)	3:52.53 (1:00.99)
	4:53.90 (1:01.37)	5:54.86 (1:00.96)	6:55.61 (1:00.75)	7:55.81 (1:00.20)
	8:56.44 (1:00.63)	9:56.38 (59.94)		

**Men 85-89 500 Yard Freestyle Splits Requested**

1	Frank Piemme	85	Lompoc's Other Swim Team-33	7:54.01
---	--------------	----	-----------------------------	---------

**Men 85-89 1000 Yard Freestyle**

1	Frank Piemme	85	Lompoc's Other Swim Team-33	16:28.80
	39.44	1:23.30 (43.86)	2:11.73 (48.43)	2:59.06 (47.33)
	3:48.24 (49.18)	4:36.93 (48.69)	5:25.41 (48.48)	6:14.14 (48.73)
	7:03.86 (49.72)	7:54.01 (50.15)	8:44.90 (50.89)	9:35.79 (50.89)
	10:26.77 (50.98)	11:17.33 (50.56)	12:07.51 (50.18)	13:48.11 (1:40.60)
	14:38.04 (49.93)	15:27.68 (49.64)	16:16.00 (48.32)	16:28.80 (12.80)

**Men 85-89 100 Yard Backstroke**

1	Frank Piemme	85	Lompoc's Other Swim Team-33	1:36.02
	46.16	1:36.02 (49.86)		
2	Lee Arth	85	San Diego Swim Masters-44	1:55.20
	55.24	1:55.20 (59.96)		

**Men 85-89 200 Yard Backstroke**

1	Frank Piemme	85	Lompoc's Other Swim Team-33	3:46.03
		2:45.65 ( )	3:46.03 (1:00.38)	

**Men 85-89 50 Yard Breaststroke**

1	Lee Arth	85	San Diego Swim Masters-44	58.87
---	----------	----	---------------------------	-------

**Men 85-89 100 Yard IM**

1	Jurgen Schmidt	87	Lompoc's Other Swim Team-33	1:44.43
	50.59	1:44.43 (53.84)		
2	Lee Arth	85	San Diego Swim Masters-44	1:55.29
	55.41	1:55.29 (59.88)		

**Women 18+ 200 Yard Freestyle Relay**

1	Novaquatics Masters-33	F		1:56.99
	1) Tanya Maclean W34	2) Kathleen Meloney W30	3) Heidi Kraus W28	4) Cristina Pelaez W22
	29.21	1:00.24 (31.03)	1:28.88 (28.64)	1:56.99 (28.11)
---	Orange Coast Masters Swimming	A		DQ
	1) Lexie Kelly W23	2) Patty Smith W57	3) Aleah Amr W26	4) Melissa Wong W25

**Women 18+ 400 Yard Freestyle Relay**

1	Novaquatics Masters-33	F		4:22.35
	1) Tanya Maclean W34	2) Kathleen Meloney W30	3) Cristina Pelaez W22	4) Ashley Merlo W29
	32.04	1:05.91 (1:05.91)	1:38.24 (32.33)	2:15.23 (1:09.32)
	2:44.86 (29.63)	3:18.42 (1:03.19)	3:49.19 (30.77)	4:22.35 (1:03.93)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Women 18+ 400 Yard Freestyle Relay)**

2 Mission Viejo Masters-33	A			4:40.61
1) Nikki Burns W20	2) Katie Moore W22	3) Maryam Rokhideh W22	4) Claudia Block W36	
32.33	1:07.00 (1:07.00)	1:35.94 (28.94)	2:08.27 (1:01.27)	
2:41.81 (33.54)	3:16.80 (1:08.53)	3:54.40 (37.60)	4:40.61 (1:23.81)	
3 Coto de Caza Coyotes-33	A			5:00.47
1) Lauri Deffenbaugh W47	2) Lisa Empey W49	3) Allison Bernhardt W41	4) Crystal Hinman W21	
32.29	1:09.45 (1:09.45)	1:50.53 (41.08)	2:39.24 (1:29.79)	
3:15.65 (36.41)	3:55.02 (1:15.78)	4:24.60 (29.58)	5:00.47 (1:05.45)	

**Women 18+ 800 Yard Freestyle Relay**

1 San Diego Swim Masters-44	A			8:59.68
1) Linda Rudolf W47	2) Emily Parker W24	3) Vicky Mejias W26	4) Kendra Ksiazek W29	
	1:45.05 (1:45.05)	2:21.50 (2:21.50)	4:23.03 (2:01.53)	
2:48.81 (27.31)	3:19.33 (57.83)	3:50.94 (1:29.44)	4:23.03 (2:01.53)	
4:55.34 (32.31)	5:32.40 (1:09.37)	6:11.88 (1:48.85)	6:51.51 (2:28.48)	
7:20.44 (28.93)	7:53.14 (1:01.63)	8:26.62 (1:35.11)	8:59.68 (2:08.17)	
2 Mission Viejo Masters-33	A			9:14.21
1) Nikki Burns W20	2) Katie Moore W22	3) Kelly Wilkings W24	4) Melissa DiGregorio W24	
34.19	1:11.68 (1:11.68)	1:50.56 (1:50.56)	2:28.64 (2:28.64)	
2:58.02 (29.38)	3:30.34 (1:01.70)	4:03.67 (1:35.03)	4:37.71 (2:09.07)	
5:09.32 (31.61)	5:43.57 (1:05.86)	6:19.56 (1:41.85)	6:54.68 (2:16.97)	
7:25.99 (31.31)	8:01.68 (1:07.00)	8:38.32 (1:43.64)	9:14.21 (2:19.53)	
3 Novaquatics Masters-33	F			10:28.73
1) Cristina Pelaez W22	2) Kathleen Meloney W30	3) Amanda Kirker W31	4) Tanya Maclean W34	
30.92	1:06.02 (1:06.02)	1:42.73 (1:42.73)	2:19.34 (2:19.34)	
2:55.46 (36.12)	3:36.65 (1:17.31)	4:19.28 (1:59.94)	5:00.03 (2:40.69)	
5:40.13 (40.10)	6:25.24 (1:25.21)	7:12.93 (2:12.90)	8:02.44 (3:02.41)	
8:33.81 (31.37)	9:12.08 (1:09.64)	9:51.33 (1:48.89)	10:28.73 (2:26.29)	

**Women 18+ 200 Yard Medley Relay**

1 Novaquatics Masters-33	F			2:15.55
1) Tanya Maclean W34	2) Kathleen Meloney W30	3) Ashley Merlo W29	4) Cristina Pelaez W22	
31.99	1:47.71 (1:15.72)	2:15.87 (28.16)	2:15.55 ( )	
2 Mission Viejo Masters-33	A			2:38.12
1) Laura Dobbs W40	2) Maryam Rokhideh W22	3) Jennifer Richter W42	4) Nichole Talbot W32	
35.34	1:17.26 (41.92)	2:11.30 (54.04)	2:38.12 (26.82)	
3 Coto de Caza Coyotes-33	C			2:40.54
1) Lisa Empey W49	2) Shelley Bird W41	3) Crystal Hinman W21	4) Allison Bernhardt W41	
50.12	1:33.10 (42.98)	2:06.71 (33.61)	2:40.54 (33.83)	

**Women 18+ 400 Yard Medley Relay**

1 Novaquatics Masters-33	F			5:04.66
1) Tanya Maclean W34	2) Kathleen Meloney W30	3) Cristina Pelaez W22	4) Heidi Kraus W28	
35.19	1:12.25 (1:12.25)	1:57.50 (45.25)	2:49.30 (1:37.05)	
3:22.07 (32.77)	4:04.02 (1:14.72)	4:32.84 (28.82)	5:04.66 (1:00.64)	

**Women 25+ 200 Yard Freestyle Relay**

--- Mission Viejo Masters-33	C			DQ
1) Rebekah Olsen W29	2) Cynthia Lewis W34	3) Nichole Talbot W32	4) Jennifer Batcheller W41	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 25+ 400 Yard Freestyle Relay**

1	Mission Viejo Masters-33	C				3:58.47
	1) Cynthia Lewis W34		2) Rebekah Olsen W29		3) Laura Dobbs W40	4) Nichole Talbot W32
	25.94	54.10 (54.10)	1:23.12 (29.02)			
	2:24.47 ( )	2:59.24 ( )	3:27.55 (28.31)	3:58.47 (59.23)		
2	Novaquatics Masters-33	G				4:05.50
	1) Mika Gomez W42		2) Megan Hedges W37		3) Katie Osborne W46	4) Lisal Moran W25
	31.87	1:07.68 (1:07.68)	1:36.59 (28.91)	2:08.28 (1:00.60)		
	2:35.55 (27.27)	3:05.63 (57.35)	3:33.88 (28.25)	4:05.50 (59.87)		

**Women 25+ 800 Yard Freestyle Relay**

1	Mission Viejo Masters-33	C				9:26.24
	1) Rebekah Olsen W29		2) Cassandra Ortega W28		3) Cynthia Lewis W34	4) Nichole Talbot W32
	31.50	1:06.25 (1:06.25)	1:38.69 (1:38.69)	2:10.15 (2:10.15)		
	2:49.27 (39.12)	3:32.44 (1:22.29)	4:16.65 (2:06.50)	4:59.30 (2:49.15)		
	5:28.53 (29.23)	6:01.29 (1:01.99)	6:34.92 (1:35.62)	7:08.70 (2:09.40)		
	7:39.34 (30.64)	8:14.45 (1:05.75)	8:50.35 (1:41.65)	9:26.24 (2:17.54)		
2	Novaquatics Masters-33	G				9:29.33
	1) Sorrel Hanson W38		2) Julia Juliusson W45		3) Astrid Cybulskis W35	4) Ashley Merlo W29
	30.28		1:39.70 (1:39.70)	2:15.16 (2:15.16)		
	2:49.36 (34.20)	3:27.79 (1:12.63)	4:07.32 (1:52.16)	4:45.74 (2:30.58)		
	5:17.63 (31.89)	5:53.06 (1:07.32)	6:30.63 (1:44.89)	7:09.16 (2:23.42)		
	7:41.87 (32.71)	9:29.33 (2:20.17)				

**Women 25+ 200 Yard Medley Relay**

1	Novaquatics Masters-33	G				2:04.71
	1) Mika Gomez W42		2) Lisal Moran W25		3) Megan Hedges W37	4) Katie Osborne W46
	37.89	1:10.69 (32.80)	1:39.45 (28.76)	2:04.71 (25.26)		
2	Southern California Aquatic Ma-	B				2:13.94
	1) Melissa Latt W46		2) Erin Richmond W25		3) Mary Jurey W43	4) Joy Tiernan W31
	38.65	1:11.43 (32.78)	1:41.59 (30.16)	2:13.94 (32.35)		

**Women 35+ 200 Yard Freestyle Relay**

1	Novaquatics Masters-33	G				1:58.06
	1) Barbara Lastelic W43		2) Astrid Cybulskis W35		3) Mika Gomez W42	4) Janine McGauley W41
	30.47	59.06 (28.59)	1:30.18 (31.12)	1:58.06 (27.88)		
2	Mission Viejo Masters-33	F				1:58.92
	1) Laura Dobbs W40		2) T Sorenson W43		3) Jennifer Burch-Ascencio W44	4) Kelly Richell W44
	29.05	58.30 (29.25)	1:28.86 (30.56)	1:58.92 (30.06)		
---	Novaquatics Masters-33	H				DQ
	1) Heather Philipp W45		2) Heidi Kaspers W42		3) Megan Hedges W37	4) Paula Fell W44

**Women 35+ 400 Yard Freestyle Relay**

*1	Mission Viejo Masters-33	I				4:12.18
	1) Brian Stanton M38		2) Mike Switzer M40		3) Mary Lou Woods W50	4) Kelly Richell W44
	27.71	58.25 (58.25)	1:28.21 (29.96)	2:02.72 (1:04.47)		
	2:34.59 (31.87)	3:07.67 (1:04.95)	3:39.18 (31.51)	4:12.18 (1:04.51)		
*1	Southern California Aquatic Ma-	B				4:14.20
	1) Melissa Latt W46		2) Mary Jurey W43		3) Jenny Cook W52	4) Arlette Godges W46
	34.08	1:10.26 (1:10.26)	1:40.52 (30.26)	2:13.91 (1:03.65)		
	2:43.10 (29.19)	3:14.45 (1:00.54)	3:43.80 (29.35)	4:14.20 (59.75)		
2	Novaquatics Masters-33	H				4:20.05
	1) Barbara Lastelic W43		2) Wendy Theders W42		3) Janine McGauley W41	4) Emily Odgers W42
	31.87	1:06.27 (1:06.27)	1:41.16 (34.89)	2:19.46 (1:13.19)		
	2:50.13 (30.67)	3:23.05 (1:03.59)	3:50.12 (27.07)	4:20.05 (57.00)		



**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 35+ 800 Yard Freestyle Relay**

1 Novaquatics Masters-33				H	9:17.85
1) Barbara Lastelic W43	2) Janine McGauley W41	3) Heidi Kaspers W42	4) Emily Odgers W42		
34.28		2:25.59 (2:25.59)			
2:57.36 (31.77)	3:32.90 (1:07.31)	4:10.11 (1:44.52)	4:46.33 (2:20.74)		
9:17.85 (4:31.52)					
2 South Bay Swim Team-33				A	10:05.21
1) Dede Moore W50	2) Liz Hjorth W45	3) Cynthia Snyder W45	4) Elizabeth Snyder W40		
	1:10.16 (1:10.16)	1:49.87 (1:49.87)	2:29.91 (2:29.91)		
3:05.52 (35.61)	3:44.79 (1:14.88)	4:25.65 (1:55.74)	5:04.86 (2:34.95)		
6:18.12 (1:13.26)	7:00.28 (1:55.42)	7:44.75 (2:39.89)	8:16.13 (3:11.27)		
8:50.98 (34.85)	9:28.19 (1:12.06)	10:05.21 (1:49.08)			
3 Mission Viejo Masters-33				G	10:40.21
1) Jennifer Batcheller W41	2) Laura Dobbs W40	3) Maggie Williams-Dalgart W43	4) Lyndee Prazak W52		
33.58	1:11.43 (1:11.43)	1:51.15 (1:51.15)	2:26.03 (2:26.03)		
2:58.34 (32.31)	3:34.53 (1:08.50)	4:12.14 (1:46.11)	4:49.12 (2:23.09)		
5:24.26 (35.14)	6:03.26 (1:14.14)	6:45.92 (1:56.80)	7:28.39 (2:39.27)		
8:06.20 (37.81)	8:52.74 (1:24.35)	9:45.02 (2:16.63)	10:40.21 (3:11.82)		

**Women 35+ 200 Yard Medley Relay**

1 Novaquatics Masters-33				H	2:16.82
1) Emily Odgers W42	2) Barbara Lastelic W43	3) Janine McGauley W41	4) Wendy Theders W42		
2 Mission Viejo Masters-33				A	2:56.37
1) Claudia Block W36	2) Lyndee Prazak W52	3) Jennifer Burch-Ascencio W44	4) Angie Taylor W53		
43.39	1:31.41 (48.02)	2:05.91 (34.50)	2:56.37 (50.46)		

**Women 35+ 400 Yard Medley Relay**

1 Mission Viejo Masters-33				F	5:06.05
1) T Sorenson W43	2) Jennifer Batcheller W41	3) Laura Dobbs W40	4) Kelly Richell W44		
40.58	1:20.75 (1:20.75)	2:01.54 (40.79)	2:48.99 (1:28.24)		
3:21.47 (32.48)	4:01.69 (1:12.70)	4:32.86 (31.17)	5:06.05 (1:04.36)		
2 Novaquatics Masters-33				G	5:10.41
1) Astrid Cybulskis W35	2) Barbara Lastelic W43	3) Mika Gomez W42	4) Janine McGauley W41		
37.01	1:17.13 (1:17.13)	1:57.40 (40.27)	2:42.12 (1:24.99)		
3:21.35 (39.23)	4:08.41 (1:26.29)	4:37.68 (29.27)	5:10.41 (1:02.00)		
3 Rose Bowl Masters-33				A	5:21.67
1) Lisa Hilger W50	2) Gamze Kircalioglu W39	3) Julie Heather W52	4) Lynn Canning W48		
33.92	1:09.74 (1:09.74)	1:54.16 (44.42)	2:54.17 (1:44.43)		
3:23.09 (28.92)	4:09.24 (1:15.07)	4:42.96 (33.72)	5:21.67 (1:12.43)		

**Women 45+ 200 Yard Freestyle Relay**

1 Mission Viejo Masters-33				I	2:14.69
1) Lisa Augerson W46	2) Deanne Weissman W47	3) Kim Burton W47	4) Patty George W48		
29.88	1:14.33 (44.45)	1:38.86 (24.53)	2:14.69 (35.83)		

**Women 45+ 400 Yard Freestyle Relay**

2 Novaquatics Masters-33				I	5:11.32
1) Heather Philipp W45	2) Kristi Dauser W53	3) Sherry Wendzel-Brooks W49	4) Julia Juliusson W45		
35.66	1:15.23 (1:15.23)	1:54.45 (39.22)	2:39.96 (1:24.73)		
3:15.69 (35.73)	3:57.96 (1:18.00)	4:32.54 (34.58)	5:11.32 (1:13.36)		

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Women 45+ 800 Yard Freestyle Relay**

1	Arizona Masters-48	A	9:55.95
	1) Laura Winslow W50	2) Katy James W54	3) Evie Lynch W57
	32.51	1:07.55 (1:07.55)	1:42.18 (1:42.18)
	2:51.77 (35.96)	3:32.88 (1:17.07)	4:14.87 (1:59.06)
	5:30.04 (34.07)	6:07.45 (1:11.48)	6:45.08 (1:49.11)
	7:55.48 (33.47)	8:35.24 (1:13.23)	9:15.99 (1:53.98)
			9:55.95 (2:33.94)
2	Mission Viejo Masters-33	H	10:44.08
	1) Deanne Weissman W47	2) Linda Spadoni W50	3) Kim Burton W47
	36.75	1:16.70 (1:16.70)	1:58.24 (1:58.24)
	3:15.48 (36.22)	3:56.33 (1:17.07)	4:40.24 (2:00.98)
	5:59.91 (36.56)	6:42.23 (1:18.88)	7:27.64 (2:04.29)
	8:45.88 (34.13)	9:24.39 (1:12.64)	10:04.35 (1:52.60)
			10:44.08 (2:32.33)

**Women 45+ 200 Yard Medley Relay**

1	Novaquatics Masters-33	I	2:36.85
	1) Heather Philipp W45	2) Sherry Wendzel-Brooks W49	3) Birgit Burgess W51
	39.36	1:27.98 (48.62)	2:03.66 (35.68)
			2:36.85 (33.19)
			4) Julia Juliusson W45

**Women 45+ 400 Yard Medley Relay**

1	Arizona Masters-48	A	4:56.48
	1) Katy James W54	2) Laura Winslow W50	3) Evie Lynch W57
	37.49	1:18.99 (1:18.99)	1:55.99 (37.00)
	3:11.61 (34.40)	3:51.89 (1:14.68)	4:22.01 (30.12)
			4:56.48 (1:04.59)
			4) Christie Altman W60

**Women 55+ 200 Yard Freestyle Relay**

1	Mission Viejo Masters-33	M	2:10.60
	1) Gwen Uthus W55	2) Alison Mitchell W55	3) Deborah Raboin W59
	32.52	1:04.95 (32.43)	1:38.80 (33.85)
			2:10.60 (31.80)
			4) Beverly Montrella W63
2	Novaquatics Masters-33	I	2:41.44
	1) Cori McConkle W55	2) Maureen Mc Kinley W56	3) Lora Granovsky W59
	49.57	1:28.66 (39.09)	2:08.10 (39.44)
			2:41.44 (33.34)
			4) Kim Thornton W58

**Women 55+ 400 Yard Freestyle Relay**

1	Mission Viejo Masters-33	N	4:54.68
	1) Robin Smith W55	2) Beverly Montrella W63	3) Deborah Raboin W59
	33.32	1:08.76 (1:08.76)	1:43.77 (35.01)
	2:57.61 (36.79)	4:14.97 (1:54.15)	4:54.75 (39.78)
			4:54.68 (39.71)
			4) Alison Mitchell W55
2	Novaquatics Masters-33	J	5:57.67
	1) Cori McConkle W55	2) Lora Granovsky W59	3) Maureen Mc Kinley W56
	42.26	1:29.61 (1:29.61)	2:09.29 (39.68)
	3:48.10 (50.18)	4:43.51 (1:45.59)	5:19.20 (35.69)
			5:57.67 (1:14.16)
			4) Kim Thornton W58

**Women 55+ 800 Yard Freestyle Relay**

1	Mission Viejo Masters-33	L	11:17.91
	1) Gwen Uthus W55	2) Deborah Raboin W59	3) Beverly Montrella W63
	36.42	1:15.55 (1:15.55)	1:55.54 (1:55.54)
	3:15.17 (40.93)	4:01.47 (1:27.23)	4:49.91 (2:15.67)
	6:15.50 ( )	6:57.28 ( )	7:40.00 ( )
	9:03.83 (42.63)	9:48.40 (1:27.20)	10:33.53 (2:12.33)
			11:17.91 (2:56.71)
			4) Alison Mitchell W55

**Women 55+ 200 Yard Medley Relay**

1	Mission Viejo Masters-33	M	2:32.45
	1) Beverly Montrella W63	2) Deborah Raboin W59	3) Robin Smith W55
	38.78	1:58.02 ( )	2:32.45 (34.43)
			4) Alison Mitchell W55

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Women 55+ 200 Yard Medley Relay)**

2 Novaquatics Masters-33	J			2:53.28
1) Cori McConkle W55	2) Lora Granovsky W59	3) Kim Thornton W58	4) Maureen Mc Kinley W56	
47.08	1:29.61 (42.53)	2:13.17 (43.56)	2:53.28 (40.11)	

**Women 55+ 400 Yard Medley Relay**

1 Mission Viejo Masters-33	L			5:48.42
1) Beverly Montrella W63	2) Deborah Raboin W59	3) Alison Mitchell W55	4) Gwen Uthus W55	
42.01	1:25.71 (1:25.71)	2:10.57 (44.86)	3:02.15 (1:36.44)	
3:47.04 (44.89)	4:37.61 (1:35.46)	5:11.93 (34.32)	5:48.42 (1:10.81)	
2 Novaquatics Masters-33	I			6:29.62
1) Cori McConkle W55	2) Lora Granovsky W59	3) Kim Thornton W58	4) Maureen Mc Kinley W56	
49.97	1:41.76 (1:41.76)	2:26.11 (44.35)	3:19.38 (1:37.62)	
3:59.01 (39.63)	4:47.33 (1:27.95)	5:35.37 (48.04)	6:29.62 (1:42.29)	

**Women 65+ 400 Yard Freestyle Relay**

1 Mission Viejo Masters-33	P			6:42.69
1) Bonnie Kotzbach W66	2) Margrit Graef W78	3) Jeanne Little W73	4) Maurine Kornfeld W88	
40.94	1:25.76 (1:25.76)	1:50.75 (24.99)	2:17.55 (51.79)	
3:15.74 (58.19)	3:57.57 (1:40.02)	4:43.21 (45.64)	6:42.69 (2:45.12)	

**Women 65+ 800 Yard Freestyle Relay**

1 Mission Viejo Masters-33	N			13:39.23
1) Maurine Kornfeld W88	2) Margrit Graef W78	3) Jeanne Little W73	4) Bonnie Kotzbach W66	
59.64	2:05.53 (2:05.53)	3:09.10 (3:09.10)	13:39.23 (13:39.23)	

**Women 65+ 200 Yard Medley Relay**

1 Mission Viejo Masters-33	O			3:24.20
1) Bonnie Kotzbach W66	2) Margrit Graef W78	3) Jeanne Little W73	4) Maurine Kornfeld W88	
48.99	1:43.04 (54.05)	2:30.72 (47.68)	3:24.20 (53.48)	

**Men 18+ 200 Yard Freestyle Relay**

1 South Bay Swim Team-33	A			1:31.88
1) Patrick Jacobson M25	2) Jeff Hart M24	3) Mark Tripp M29	4) Bob Eberwine M49	
22.15	43.83 (21.68)	1:07.76 (23.93)	1:31.88 (24.12)	
2 San Diego Swim Masters-44	A			1:32.69
1) Kenton Jones M42	2) Matt Pentland M33	3) Stephen Fixary M23	4) Kyle Broderick M25	
24.08	46.78 (22.70)	1:09.58 (22.80)	1:32.69 (23.11)	
3 Orange Coast Masters Swimming	A			1:32.98
1) Duke Krautim M24	2) Steve Franklin M48	3) Keith Ryan M26	4) Chris Egan M35	
22.66	47.34 (24.68)	1:09.66 (22.32)	1:32.98 (23.32)	
4 Coto de Caza Coyotes-33	A			1:43.39
1) Nate Schubel M21	2) Todd Conrad M29	3) John Stevens M45	4) Brian Kim M28	
26.73	51.47 (24.74)	1:18.54 (27.07)	1:43.39 (24.85)	
5 Novaquatics Masters-33	A			1:46.48
1) Danno Nahabedian M21	2) Stan Espino M33	3) Alex Cheung M30	4) Ken Hatano M22	
26.38	52.34 (25.96)	1:19.38 (27.04)	1:46.48 (27.10)	

**Men 18+ 400 Yard Freestyle Relay**

1 South Bay Swim Team-33	A			3:22.22
1) Jeff Hart M24	2) Patrick Jacobson M25	3) Mark Tripp M29	4) Bob Eberwine M49	
22.91	47.88 (47.88)	1:10.77 (22.89)	1:35.20 (47.32)	
2:00.60 (25.40)	2:27.84 (52.64)	2:54.05 (26.21)	3:22.22 (54.38)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 18+ 400 Yard Freestyle Relay)**

2	Novaquatics Masters-33	A			3:54.51
	1) Mark Merlo M31	2) Alex Cheung M30	3) Danno Nahabedian M21	4) Lee Jacobs M40	
	27.81	57.76 (57.76)	1:28.27 (30.51)	2:02.88 (1:05.12)	
	2:29.29 (26.41)	2:59.52 (56.64)	3:25.89 (26.37)	3:54.51 (54.99)	
3	Coto de Caza Coyotes-33	A			4:02.93
	1) Jim Ashley M44	2) Nate Schubel M21	3) Michael Kendall M42	4) Brian Kim M28	
	30.08	1:02.72 (1:02.72)	1:30.59 (27.87)	2:02.67 (59.95)	
	2:33.35 (30.68)	3:07.55 (1:04.88)	3:33.62 (26.07)	4:02.93 (55.38)	

**Men 18+ 800 Yard Freestyle Relay**

1	San Diego Swim Masters-44	B			8:05.03
	1) Terry Frogley M39	2) Matt Pentland M33	3) Kyle Broderick M25	4) Stephen Fixary M23	
	28.72	1:00.56 (1:00.56)	1:33.51 (1:33.51)	2:06.51 (2:06.51)	
	2:33.68 (27.17)	3:03.78 (57.27)	3:35.11 (1:28.60)	4:06.77 (2:00.26)	
	4:34.29 (27.52)	5:04.75 (57.98)	5:35.84 (1:29.07)	6:06.52 (1:59.75)	
	6:32.63 (26.11)	7:01.68 (55.16)	7:32.51 (1:25.99)	8:05.03 (1:58.51)	
2	Mission Viejo Masters-33	F			8:30.06
	1) Branden Carter M23	2) Joey Licavoli M19	3) Karol Zemier M27	4) Michael Kolarov M37	
	28.93	1:01.34 (1:01.34)	1:33.86 (1:33.86)	2:06.14 (2:06.14)	
	2:39.68 (33.54)	3:17.08 (1:10.94)	3:54.81 (1:48.67)	4:30.65 (2:24.51)	
	4:54.50 (23.85)	5:21.43 (50.78)	5:50.02 (1:19.37)	6:18.53 (1:47.88)	
	6:48.08 (29.55)	7:21.69 (1:03.16)	7:56.08 (1:37.55)	8:30.06 (2:11.53)	
3	Novaquatics Masters-33	A			9:12.82
	1) Danno Nahabedian M21	2) Stan Espino M33	3) Alex Cheung M30	4) Lee Jacobs M40	
	30.53	1:03.36 (1:03.36)	1:37.71 (1:37.71)	2:12.83 (2:12.83)	
	2:44.49 (31.66)	3:17.85 (1:05.02)	3:52.81 (1:39.98)	4:28.33 (2:15.50)	
	5:00.73 (32.40)	5:40.39 (1:12.06)	6:20.25 (1:51.92)	7:01.73 (2:33.40)	
	7:30.77 (29.04)	8:03.40 (1:01.67)	8:38.58 (1:36.85)	9:12.82 (2:11.09)	

**Men 18+ 200 Yard Medley Relay**

1	San Diego Swim Masters-44	A			1:43.39
	1) Matt Pentland M33	2) Kyle Broderick M25	3) Stephen Fixary M23	4) Kenton Jones M42	
	28.12	56.04 (27.92)	1:19.85 (23.81)	1:43.39 (23.54)	
2	South Bay Swim Team-33	A			1:46.36
	1) Bob Eberwine M49	2) Patrick Jacobson M25	3) Jeff Hart M24	4) Mark Tripp M29	
	30.68	58.11 (27.43)	1:22.59 (24.48)	1:46.36 (23.77)	
3	Novaquatics Masters-33	A			2:00.66
	1) Alex Cheung M30	2) Danno Nahabedian M21	3) Lee Jacobs M40	4) Mark Merlo M31	
	32.70	1:07.94 (35.24)	1:36.03 (28.09)	2:00.66 (24.63)	
4	Coto de Caza Coyotes-33	A			2:04.48
	1) Nate Schubel M21	2) Brian Kim M28	3) Jon Needell M39	4) Michael Kendall M42	
	30.37	59.58 (29.21)	1:36.04 (36.46)	2:04.48 (28.44)	

**Men 18+ 400 Yard Medley Relay**

1	San Diego Swim Masters-44	A			3:55.81
	1) Matt Pentland M33	2) Kenton Jones M42	3) Stephen Fixary M23	4) Kyle Broderick M25	
	30.17	1:00.75 (1:00.75)	1:31.60 (30.85)	2:07.76 (1:07.01)	
	2:33.26 (25.50)	3:03.62 (55.86)	3:27.62 (24.00)	3:55.81 (52.19)	
2	South Bay Swim Team-33	A			3:57.57
	1) Bob Eberwine M49	2) Patrick Jacobson M25	3) Jeff Hart M24	4) Mark Tripp M29	
	32.82	1:07.12 (1:07.12)	1:36.50 (29.38)	2:10.39 (1:03.27)	
	2:34.99 (24.60)	3:04.78 (54.39)	3:29.87 (25.09)	3:57.57 (52.79)	
---	Novaquatics Masters-33	A			DQ
	1) Alex Cheung M30	2) Danno Nahabedian M21	3) Stan Espino M33	4) Ken Hatano M22	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Men 25+ 200 Yard Freestyle Relay**

1	Mission Viejo Masters-33	D			1:29.54
	1) Karol Zemier M27		2) David Sumner M39	3) Jeff Taylor M53	4) Jeffrey Mitchell M41
	21.67	44.31 (22.64)	1:08.72 (24.41)	1:29.54 (20.82)	
2	Novaquatics Masters-33	C			1:31.92
	1) Steve West M38		2) Jim Dietrich M39	3) John Kirker M39	4) Danny Puchalski M28
	22.91	46.90 (23.99)	1:10.28 (23.38)	1:31.92 (21.64)	
3	Mission Viejo Masters-33	E			1:46.56
	1) Paolo Bascon M37		2) Duncan Houldsworth M34	3) Jeff Grice M26	4) Dorab Sethna M29
	26.27	54.76 (28.49)	1:21.37 (26.61)	1:46.56 (25.19)	

**Men 25+ 400 Yard Freestyle Relay**

1	Mission Viejo Masters-33	F			3:10.76
	1) Karol Zemier M27		2) David Sumner M39	3) Jeffrey Mitchell M41	4) Mark Soho M29
	22.92	47.73 (47.73)	1:10.84 (23.11)		
		2:24.56 ( )	2:46.56 (22.00)	3:10.76 (46.20)	
2	Novaquatics Masters-33	B			3:35.15
	1) Max Biessmann M25		2) Michael Collins M44	3) Jim Dietrich M39	4) Danny Puchalski M28
	25.35	52.07 (52.07)	1:19.36 (27.29)	1:49.37 (57.30)	
	2:15.31 (25.94)	2:43.71 (54.34)	3:08.35 (24.64)	3:35.15 (51.44)	
3	Mission Viejo Masters-33	D			4:03.46
	1) Ham Homan M50		2) Ryan Downey M30	3) Duncan Houldsworth M34	4) Jeff Grice M26
	28.45	1:00.43 (1:00.43)	1:33.98 (33.55)	2:10.41 (1:09.98)	
	2:38.09 (27.68)	3:07.72 (57.31)	3:33.99 (26.27)	4:03.46 (55.74)	
4	Novaquatics Masters-33	M			4:15.62
	1) Kevin Jacobs M35		2) Duncan Parlett M47	3) Stan Espino M33	4) Steve Lamm M44
	29.35	1:00.63 (1:00.63)	1:35.67 (35.04)	2:12.44 (1:11.81)	
	2:42.26 (29.82)	3:13.71 (1:01.27)	3:43.33 (29.62)	4:15.62 (1:01.91)	

**Men 25+ 800 Yard Freestyle Relay**

1	Novaquatics Masters-33	B			8:16.89
	1) Gil Ines M42		2) Michael Collins M44	3) Jim Dietrich M39	4) Danny Puchalski M28
	28.86	1:00.76 (1:00.76)	1:35.44 (1:35.44)	2:11.57 (2:11.57)	
	2:40.03 (28.46)	3:11.38 (59.81)	3:43.34 (1:31.77)	4:15.24 (2:03.67)	
	4:43.02 (27.78)	5:15.22 (59.98)	5:49.04 (1:33.80)	6:20.54 (2:05.30)	
	6:46.14 (25.60)	7:15.13 (54.59)	7:45.86 (1:25.32)	8:16.89 (1:56.35)	
2	Mission Viejo Masters-33	O			9:11.10
	1) Dorab Sethna M29		2) Darryl Wooten M38	3) Jeff Grice M26	4) Duncan Houldsworth M34
	30.43	1:04.74 (1:04.74)	1:40.39 (1:40.39)	2:14.94 (2:14.94)	
	2:47.46 (32.52)	3:23.74 (1:08.80)	4:01.66 (1:46.72)	4:37.95 (2:23.01)	
	5:08.49 (30.54)	5:43.65 (1:05.70)	6:19.60 (1:41.65)	6:53.73 (2:15.78)	
	7:24.01 (30.28)	7:58.68 (1:04.95)	8:35.00 (1:41.27)	9:11.10 (2:17.37)	
3	Coto de Caza Coyotes-33	A			9:34.72
	1) Michael Kendall M42		2) Jim Ashley M44	3) Mike Lane M48	4) Brian Kim M28
	32.85	1:10.23 (1:10.23)	1:50.09 (1:50.09)	2:28.53 (2:28.53)	
	3:02.83 (34.30)	3:40.75 (1:12.22)	4:19.60 (1:51.07)	4:56.29 (2:27.76)	
	5:31.86 (35.57)	6:10.71 (1:14.42)			
	7:58.87 ( )	8:29.16 ( )	9:01.98 ( )	9:34.72 ( )	

**Men 25+ 200 Yard Medley Relay**

1	Novaquatics Masters-33	B			1:48.98
	1) Max Biessmann M25		2) Danny Puchalski M28	3) Michael Collins M44	4) Jim Dietrich M39
	28.92	56.80 (27.88)	1:25.49 (28.69)	1:48.98 (23.49)	
2	Rose Bowl Masters-33	A			1:56.95
	1) Drew Skelly M43		2) Chad Durieux M30	3) Julio Cienega M43	4) Ron Pearlman M52
	31.61	1:01.61 (30.00)	1:31.06 (29.45)	1:56.95 (25.89)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 25+ 200 Yard Medley Relay)**

3	Mission Viejo Masters-33	D	1:59.47
	1) Duncan Houldsworth M34	2) Jeff Grice M26	4) Josh Plummer M36
	30.48	1:03.04 (32.56)	1:31.49 (28.45)
			1:59.47 (27.98)
4	Novaquatics Masters-33	M	2:12.07
	1) Kevin Jacobs M35	2) Duncan Parlett M47	4) Bret McLeod M41
	35.70	1:16.84 (41.14)	1:47.25 (30.41)
			2:12.07 (24.82)

**Men 25+ 400 Yard Medley Relay**

*1	Novaquatics Masters-33	C	3:49.82
	1) Jim Dietrich M39	2) Steve West M38	4) John Kirker M39
	30.90	1:03.70 (1:03.70)	1:32.14 (28.44)
	2:29.49 (25.14)	2:58.17 (53.82)	3:22.89 (24.72)
			3:49.82 (51.65)
*1	Mission Viejo Masters-33	D	4:05.58
	1) David Sumner M39	2) Dorab Sethna M29	4) Steve Ripic M37
	28.24	58.20 (58.20)	1:30.43 (32.23)
	2:35.97 (28.15)	3:07.26 (59.44)	3:34.45 (27.19)
			4:05.58 (58.32)
2	Mission Viejo Masters-33	E	4:39.40
	1) Duncan Houldsworth M34	2) Jeff Grice M26	4) Frank Walker M55
		1:06.25 (1:06.25)	1:40.22 (33.97)
	2:51.41 (31.31)	3:30.81 (1:10.71)	4:02.71 (31.90)
			4:39.40 (1:08.59)
3	Coto de Caza Coyotes-33	A	4:40.97
	1) Jeff Conrad M60	2) Brian Kim M28	4) John Stevens M45
	41.47	1:22.98 (1:22.98)	1:53.09 (30.11)
	2:59.78 (32.94)	3:39.21 (1:12.37)	4:05.84 (26.63)
			4:40.97 (1:01.76)

**Men 35+ 200 Yard Freestyle Relay**

1	Mission Viejo Masters-33	G	1:54.39
	1) Michael Kolarov M37	2) Steve Ripic M37	4) Stephen Freitas M44
	26.57	52.93 (26.36)	1:22.72 (29.79)
			1:54.39 (31.67)

**Men 35+ 400 Yard Freestyle Relay**

1	Novaquatics Masters-33	C	3:31.06
	1) Marcel Rinzler M39	2) John Kirker M39	4) Bret McLeod M41
	24.95	52.78 (52.78)	1:17.70 (24.92)
	2:10.02 (24.31)	2:36.99 (51.28)	3:03.17 (26.18)
			3:31.06 (54.07)
2	Mission Viejo Masters-33	G	3:59.43
	1) Josh Plummer M36	2) Steve Ripic M37	4) Paolo Bascon M37
	29.55	1:00.34 (1:00.34)	2:29.31 (1:28.97)
	3:30.77 (27.35)	3:59.55 (56.13)	3:59.43 ( )
			3:03.42 (2:03.08)
3	Mission Viejo Masters-33	H	4:14.41
	1) Chris Hill M39	2) Peter Jones M42	4) Richard Neiswonger M50
		1:28.13 ( )	2:03.34 ( )
	2:35.78 (32.44)	3:14.90 (1:11.56)	3:43.05 (28.15)
			4:14.41 (59.51)
4	Coto de Caza Coyotes-33	B	4:48.31
	1) Jon Needell M39	2) Jeff Conrad M60	4) Mike Lane M48
	31.60	1:05.86 (1:05.86)	1:39.92 (34.06)
	2:55.87 (41.64)	3:41.18 (1:26.95)	4:13.16 (31.98)
			4:48.31 (1:07.13)
5	Rose Bowl Masters-33	A	5:13.63
	1) John Uribe M46	2) William Epping M57	4) Tom Castleton M38
		1:20.44 (1:20.44)	3:10.40 (1:49.96)
	3:39.73 (29.33)	4:11.36 (1:00.96)	4:40.79 (29.43)
			5:13.63 (1:02.27)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Men 35+ 800 Yard Freestyle Relay**

1	Mission Viejo Masters-33	J				8:26.47
	1) Ham Homan M50		2) Mike Gibson M48		3) Chris Hill M39	4) Kevin Weissman M47
			1:00.33 (1:00.33)			
			3:04.69 ( )	3:37.96 ( )	4:39.80 ( )	
	5:46.49 (1:06.69)		8:26.47 (3:46.67)			
2	Mission Viejo Masters-33	E				8:47.13
	1) Paolo Bascon M37		2) Michael Clark M41		3) Mike Switzer M40	4) Steve Ripic M37
	31.41		1:04.35 (1:04.35)	1:37.39 (1:37.39)	2:08.32 (2:08.32)	
	2:38.77 (30.45)		3:11.27 (1:02.95)	3:42.77 (1:34.45)	4:12.60 (2:04.28)	
	4:46.25 (33.65)		5:22.83 (1:10.23)	6:01.93 (1:49.33)	6:40.72 (2:28.12)	
	7:09.15 (28.43)		7:40.73 (1:00.01)	8:13.93 (1:33.21)	8:47.13 (2:06.41)	
3	South Bay Swim Team-33	A				9:11.06
	1) Marty Risley M55		2) Marc Kelly M55		3) David Neilan M44	4) Bob Eberwine M49
	34.10		1:11.76 (1:11.76)	1:51.43 (1:51.43)	2:31.05 (2:31.05)	
	3:00.67 (29.62)		3:36.04 (1:04.99)	4:14.34 (1:43.29)	4:53.06 (2:22.01)	
	5:23.18 (30.12)		5:56.44 (1:03.38)	6:31.69 (1:38.63)	7:06.26 (2:13.20)	
	7:33.87 (27.61)		8:04.66 (58.40)	8:37.66 (1:31.40)	9:11.06 (2:04.80)	

**Men 35+ 200 Yard Medley Relay**

1	Novaquatics Masters-33	C				1:40.14
	1) Marcel Rinzler M39		2) Steve West M38		3) Felipe Delgado M36	4) John Kirker M39
	27.29		53.54 (26.25)	1:17.43 (23.89)	1:40.14 (22.71)	
2	Mission Viejo Masters-33	F				1:48.21
	1) David Sumner M39		2) Steve Ripic M37		3) Jeffrey Mitchell M41	4) Steve Gunnell M39
	27.40		58.94 (31.54)	1:24.57 (25.63)	1:48.21 (23.64)	
3	Mission Viejo Masters-33	H				2:09.91
	1) Darryl Wooten M38		2) Stephen Freitas M44		3) Paolo Bascon M37	4) Peter Jones M42
	35.63		1:12.68 (37.05)	1:40.44 (27.76)	2:09.91 (29.47)	
4	Coto de Caza Coyotes-33	B				2:32.20
	1) Ross Magazine M54		2) Mike Lane M48		3) Jim Ashley M44	4) Jeff Conrad M60
	46.84		1:31.24 (44.40)	2:01.63 (30.39)	2:32.20 (30.57)	

**Men 35+ 400 Yard Medley Relay**

2	Rose Bowl Masters-33	B				4:23.79
	1) Patrick Mc Ginley M46		2) Drew Skelly M43		3) Tom Castleton M38	4) Julio Cienega M43
	32.70		1:08.20 (1:08.20)	1:42.12 (33.92)	2:19.98 (1:11.78)	
	2:51.01 (31.03)		3:28.64 (1:08.66)	3:54.96 (26.32)	4:23.79 (55.15)	

**Men 45+ 200 Yard Freestyle Relay**

1	Mission Viejo Masters-33	J				1:38.97
	1) Wayne Deloney M50		2) Phil Albright M50		3) Brian Busacca M51	4) Steven Willment M51
	24.62		49.78 (25.16)	1:12.72 (22.94)	1:38.97 (26.25)	
2	Mission Viejo Masters-33	K				1:39.82
	1) Ham Homan M50		2) Mike Gibson M48		3) John Bright M45	4) Kevin Weissman M47
	23.92		49.56 (25.64)	1:14.29 (24.73)	1:39.82 (25.53)	
3	Mission Viejo Masters-33	L				1:53.54
	1) Dominic Licavoli M54		2) JJ Chao M54		3) Richard Carlsen M50	4) Richard Neiswonger M50
	30.17		59.44 (29.27)	1:26.94 (27.50)	1:53.54 (26.60)	
---	Wildcat Alumni Masters-38	A				DQ
	1) David Cunniff M46		2) Al Jaegers M47		3) Mace Volzing M45	4) Sandy Trimble M47

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Men 45+ 400 Yard Freestyle Relay**

1 Wildcat Alumni Masters-38	A		3:18.25
1) Al Jaegers M47	2) Tom Harvill M48	3) Mace Volzing M45	4) David Cunniff M46
25.00	50.89 (50.89)	1:13.67 (22.78)	1:39.50 (48.61)
2:02.72 (23.22)	2:28.89 (49.39)	2:52.66 (23.77)	3:18.25 (49.36)
2 Southern California Aquatic Ma-3	A		3:38.14
1) Dan Leonard M55	2) Bill Ireland M50	3) Chris Wall M48	4) Jim McCloskey M45
26.61	55.62 (55.62)	1:23.03 (27.41)	1:53.77 (58.15)
2:19.71 (25.94)	2:48.39 (54.62)	3:11.92 (23.53)	3:38.14 (49.75)
3 Rose Bowl Masters-33	A		3:47.89
1) Patrick Mc Ginley M46	2) Brandon Day M47	3) Michael Martin M51	4) Ron Pearlman M52
28.36	58.56 (58.56)	1:25.01 (26.45)	1:53.34 (54.78)
2:20.97 (27.63)	2:51.24 (57.90)	3:18.79 (27.55)	3:47.89 (56.65)
4 Novaquatics Masters-33	D		3:54.61
1) Ira Cholodenko M45	2) Mark Montgomery M54	3) Adam Schwarz M46	4) James Riddle M47
29.33	1:01.86 (1:01.86)	1:30.54 (28.68)	2:01.82 (59.96)
2:30.71 (28.89)	3:02.35 (1:00.53)	3:27.92 (25.57)	3:54.61 (52.26)
5 Novaquatics Masters-33	L		4:03.84
1) David Hayward M49	2) Bill Mickle M50	3) Mark Mc Cartin M55	4) Michael Bregman M55
31.31	1:05.66 (1:05.66)	1:34.75 (29.09)	2:05.25 (59.59)
2:33.54 (28.29)	3:03.44 (58.19)	3:32.65 (29.21)	4:03.84 (1:00.40)
6 Mission Viejo Masters-33	M		5:07.90
1) Richard Carlsen M50	2) Tim Block M48	3) Dominic Licavoli M54	4) Tai Ngo M45
29.54	1:05.87 (1:05.87)	1:42.31 (36.44)	2:20.47 (1:14.60)
2:54.72 (34.25)	3:33.26 (1:12.79)	4:17.73 (44.47)	5:07.90 (1:34.64)

**Men 45+ 800 Yard Freestyle Relay**

1 Wildcat Alumni Masters-38	A		7:22.85
1) Al Jaegers M47	2) Sandy Trimble M47	3) Mace Volzing M45	4) David Cunniff M46
25.63	53.21 (53.21)	1:21.71 (1:21.71)	1:50.13 (1:50.13)
2:14.89 (24.76)	2:42.84 (52.71)	3:11.60 (1:21.47)	3:40.55 (1:50.42)
4:05.43 (24.88)	4:33.41 (52.86)	5:03.24 (1:22.69)	5:34.47 (1:53.92)
5:59.03 (24.56)	6:26.24 (51.77)	6:54.63 (1:20.16)	7:22.85 (1:48.38)
2 Mission Viejo Masters-33	I		8:09.14
1) Brian Busacca M51	2) John Bright M45	3) Phil Albright M50	4) Mike Lewis M45
25.97	56.66 (56.66)	1:29.27 (1:29.27)	2:01.57 (2:01.57)
2:29.92 (28.35)	3:00.03 (58.46)	3:29.66 (1:28.09)	3:58.86 (1:57.29)
4:28.00 (29.14)	5:01.00 (1:02.14)	5:34.58 (1:35.72)	6:07.69 (2:08.83)
6:35.73 (28.04)	7:07.10 (59.41)	7:38.82 (1:31.13)	8:09.14 (2:01.45)
3 Rose Bowl Masters-33	A		8:50.35
1) Patrick Mc Ginley M46	2) Robert Strand M64	3) Tom Soderstrom M52	4) Brandon Day M47
31.72	1:05.98 (1:05.98)	1:40.56 (1:40.56)	2:14.05 (2:14.05)
2:43.54 (29.49)	3:16.38 (1:02.33)	3:50.51 (1:36.46)	4:23.84 (2:09.79)
4:55.40 (31.56)	5:30.92 (1:07.08)	6:06.59 (1:42.75)	6:40.29 (2:16.45)
7:11.18 (30.89)	7:44.54 (1:04.25)	8:18.20 (1:37.91)	8:50.35 (2:10.06)
4 Novaquatics Masters-33	D		9:32.12
1) Adam Schwarz M46	2) Ira Cholodenko M45	3) David Hayward M49	4) James Riddle M47
30.77	1:05.25 (1:05.25)	1:42.53 (1:42.53)	2:19.52 (2:19.52)
2:39.98 (20.46)	3:31.91 (1:12.39)	4:12.32 (1:52.80)	4:53.11 (2:33.59)
	6:06.72 (1:13.61)	6:46.60 (1:53.49)	7:26.15 (2:33.04)
7:54.62 (28.47)	8:25.67 (59.52)	8:58.95 (1:32.80)	9:32.12 (2:05.97)



**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 45+ 800 Yard Freestyle Relay)**

5 Mission Viejo Masters-33	K			10:23.55
1) Tim Block M48	2) Dominic Licavoli M54	3) Richard Neiswonger M50	4) JJ Chao M54	
37.84	1:20.50 (1:20.50)	2:05.97 (2:05.97)	2:50.58 (2:50.58)	
3:26.88 (36.30)	4:08.32 (1:17.74)	4:52.67 (2:02.09)	5:34.52 (2:43.94)	
6:06.21 (31.69)	6:40.54 (1:06.02)	7:15.65 (1:41.13)	7:50.63 (2:16.11)	
8:25.73 (35.10)	9:03.77 (1:13.14)	9:43.74 (1:53.11)	10:23.55 (2:32.92)	

**Men 45+ 200 Yard Medley Relay**

1 Wildcat Alumni Masters-38	A			1:41.19
1) Al Jaegers M47	2) Sandy Trimble M47	3) Tom Harvill M48	4) Mace Volzing M45	
26.40	55.02 (28.62)	1:18.87 (23.85)	1:41.19 (22.32)	
2 Mission Viejo Masters-33	J			1:54.27
1) Wayne Deloney M50	2) Phil Albright M50	3) Brian Busacca M51	4) Steven Willment M51	
29.07	1:01.45 (32.38)	1:27.49 (26.04)	1:54.27 (26.78)	
3 Novaquatics Masters-33	D			1:57.26
1) James Riddle M47	2) Ira Cholodenko M45	3) Adam Schwarz M46	4) Mark Montgomery M54	
29.10	1:03.15 (34.05)	1:30.83 (27.68)	1:57.26 (26.43)	
4 Novaquatics Masters-33	L			2:03.24
1) David Hayward M49	2) Bill Mickle M50	3) Mark Mc Cartin M55	4) Michael Bregman M55	
31.65	1:06.90 (35.25)	1:36.03 (29.13)	2:03.24 (27.21)	
5 Rose Bowl Masters-33	A			2:08.66
1) John Uribe M46	2) Robert Strand M64	3) Tom Soderstrom M52	4) Michael Martin M51	
42.02	1:11.89 (29.87)	1:42.72 (30.83)	2:08.66 (25.94)	
6 Mission Viejo Masters-33	L			2:31.06
1) Tim Block M48	2) JJ Chao M54	3) Michael Colonnese M66	4) Dominic Licavoli M54	
46.90	1:23.56 (36.66)	1:59.87 (36.31)	2:31.06 (31.19)	

**Men 45+ 400 Yard Medley Relay**

1 Wildcat Alumni Masters-38	A			3:44.04
1) Al Jaegers M47	2) Sandy Trimble M47	3) Tom Harvill M48	4) David Cunniff M46	
27.51	56.17 (56.17)	1:26.30 (30.13)	2:01.52 (1:05.35)	
2:25.82 (24.30)	2:55.33 (53.81)	3:18.58 (23.25)	3:44.04 (48.71)	
2 Mission Viejo Masters-33	H			4:12.74
1) Wayne Deloney M50	2) Phil Albright M50	3) John Bright M45	4) Brian Busacca M51	
30.67	1:03.56 (1:03.56)	1:37.20 (33.64)	2:18.34 (1:14.78)	
2:46.27 (27.93)	3:18.11 (59.77)	3:43.12 (25.01)	4:12.74 (54.63)	
3 Mission Viejo Masters-33	I			4:22.01
1) Ham Homan M50	2) Mike Gibson M48	3) Richard Neiswonger M50	4) Kevin Weissman M47	
33.09	1:07.03 (1:07.03)	1:39.57 (32.54)	2:16.43 (1:09.40)	
2:48.24 (31.81)	3:25.79 (1:09.36)	3:53.00 (27.21)	4:22.01 (56.22)	

**Men 55+ 200 Yard Freestyle Relay**

1 Mission Viejo Masters-33	H			1:51.66
1) Michael Heather M56	2) Gregory Fowler M56	3) Val Trowbridge M56	4) Paul Divan M58	
25.65	51.45 (25.80)	1:21.98 (30.53)	1:51.66 (29.68)	
2 San Diego Swim Masters-44	B			2:02.92
1) John McLintock M55	2) Jorge Martinez M63	3) Kent Howard M61	4) Bob Best M77	
26.79	57.23 (30.44)	1:31.57 (34.34)	2:02.92 (31.35)	
--- Novaquatics Masters-33	E			DQ
1) Francesco Finizio M61	2) Steven Owen M58	3) Henry Greenberg M61	4) Everett Smethurst M75	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Men 55+ 400 Yard Freestyle Relay**

1	Rose Bowl Masters-33	A			4:14.55
	1) David Strybel M55	2) Peter Ronay M67	3) Tom Ettinger M61	4) Robert Strand M64	
	30.44	1:02.30 (1:02.30)	1:36.46 (34.16)	2:13.71 (1:11.41)	
	2:43.49 (29.78)	3:15.63 (1:01.92)	3:44.02 (28.39)	4:14.55 (58.92)	
2	Mission Viejo Masters-33	O			4:31.19
	1) Paul Divan M58	2) Val Trowbridge M56	3) Michael Heather M56	4) Frank Walker M55	
	33.59	1:10.25 (1:10.25)	1:45.31 (35.06)	2:22.58 (1:12.33)	
	2:51.18 (28.60)	3:20.90 (58.32)	3:54.74 (33.84)	4:31.19 (1:10.29)	
3	Novaquatics Masters-33	E			5:00.06
	1) Richard Andersen M66	2) Steven Owen M58	3) Francesco Finizio M61	4) Henry Greenberg M61	
	35.15	1:11.91 (1:11.91)	1:45.03 (33.12)	2:21.55 (1:09.64)	
	3:00.92 (39.37)	3:52.16 (1:30.61)	4:24.40 (32.24)	5:00.06 (1:07.90)	

**Men 55+ 800 Yard Freestyle Relay**

1	Ventura County Masters-33	A			8:09.52
	1) Jim Mc Conica M59	2) Hubie Kerns M60	3) John Derr M61	4) Glenn Gruber M60	
	27.63	56.99 (56.99)	1:25.56 (1:25.56)	1:53.35 (1:53.35)	
	2:22.23 (28.88)	2:54.82 (1:01.47)	3:27.73 (1:34.38)	3:59.94 (2:06.59)	
	4:30.15 (30.21)	5:02.88 (1:02.94)	5:35.76 (1:35.82)	6:08.65 (2:08.71)	
	6:36.56 (27.91)	7:07.91 (59.26)	7:39.21 (1:30.56)	8:09.52 (2:00.87)	
2	Mission Viejo Masters-33	M			10:06.53
	1) Michael Heather M56	2) Val Trowbridge M56	3) Paul Divan M58	4) Michael Colonnese M66	
	31.71	1:06.21 (1:06.21)	1:40.09 (1:40.09)	2:12.51 (2:12.51)	
	2:47.30 (34.79)	3:27.07 (1:14.56)	4:11.24 (1:58.73)	4:54.10 (2:41.59)	
	5:30.21 (36.11)	6:11.13 (1:17.03)	6:52.16 (1:58.06)	7:31.46 (2:37.36)	
	8:07.80 (36.34)	8:46.37 (1:14.91)	9:26.90 (1:55.44)	10:06.53 (2:35.07)	
3	Novaquatics Masters-33	E			10:29.95
	1) Henry Greenberg M61	2) Steven Owen M58	3) Peter Rennard M56	4) Richard Andersen M66	
	34.83	1:15.13 (1:15.13)	1:54.86 (1:54.86)	2:31.40 (2:31.40)	
	3:06.61 (35.21)	3:47.03 (1:15.63)		5:11.13 (2:39.73)	
	5:45.99 (34.86)	6:26.79 (1:15.66)			
	8:28.97 ( )	9:08.39 ( )	10:29.95 ( )		

**Men 55+ 200 Yard Medley Relay**

1	Mission Viejo Masters-33	N			2:20.21
	1) Paul Divan M58	2) Val Trowbridge M56	3) Michael Heather M56	4) Frank Walker M55	
	45.24	1:21.29 (36.05)	1:49.21 (27.92)	2:20.21 (31.00)	
2	Novaquatics Masters-33	E			2:28.56
	1) Steven Owen M58	2) Francesco Finizio M61	3) Henry Greenberg M61	4) Richard Andersen M66	
	38.10	1:26.57 (48.47)	1:58.81 (32.24)	2:28.56 (29.75)	
3	San Diego Swim Masters-44	B			2:34.04
	1) Donald Baker M79	2) Kent Howard M61	3) Jorge Martinez M63	4) Tom Mitchell M77	
	47.88	1:26.38 (38.50)	1:58.09 (31.71)	2:34.04 (35.95)	
4	Rose Bowl Masters-33	A			2:44.06
	1) William Epping M57	2) David Strybel M55	3) Peter Ronay M67	4) Tom Ettinger M61	
	57.99	1:45.73 (47.74)	2:15.49 (29.76)	2:44.06 (28.57)	

**Men 55+ 400 Yard Medley Relay**

1	Ventura County Masters-33	A			4:06.31
	1) Jim Mc Conica M59	2) John Derr M61	3) Hubie Kerns M60	4) Glenn Gruber M60	
	30.45	1:01.75 (1:01.75)	1:33.42 (31.67)	2:10.04 (1:08.29)	
	2:38.33 (28.29)	3:12.98 (1:02.94)	3:38.35 (25.37)	4:06.31 (53.33)	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Men 55+ 400 Yard Medley Relay)**

2	Mission Viejo Masters-33	M	4:49.21
1)	Gregory Fowler M56	2) Val Trowbridge M56	4) Paul Divan M58
	34.10 1:49.62 (1:49.62)	3) Michael Heather M56	2:37.13 (47.51)
	3:06.77 (29.64) 3:40.18 (1:03.05)	4:13.42 (33.24)	4:49.21 (1:09.03)
3	Novaquatics Masters-33	E	5:45.07
1)	Everett Smethurst M75	2) Steven Owen M58	4) Francesco Finizio M61
	44.03 1:31.28 (1:31.28)	2:13.76 (42.48)	3:02.94 (1:31.66)
	3:39.84 (36.90) 4:22.48 (1:19.54)	4:56.81 (34.33)	5:45.07 (1:22.59)
---	San Diego Swim Masters-44	B	DQ
1)	Bob Best M77	2) Kent Howard M61	4) Tom Mitchell M77
		3) Jorge Martinez M63	

**Men 75+ 400 Yard Freestyle Relay**

1	San Diego Swim Masters-44	A	5:18.73
1)	Tom Mitchell M77	2) Ken Kimball M79	4) Donald Baker M79
	38.32 1:20.10 (1:20.10)	2:00.43 (40.33)	2:43.07 (1:22.97)
	3:16.42 (33.35) 3:56.42 (1:13.35)	4:35.28 (38.86)	5:18.73 (1:22.31)

**Mixed 18+ 200 Yard Freestyle Relay**

1	Mission Viejo Masters-33	B	1:45.71
1)	Mike Lewis M45	2) Melissa DiGregorio W24	4) Joey Licavoli M19
	25.83 53.01 (27.18)	1:19.80 (26.79)	1:45.71 (25.91)
2	Rose Bowl Masters-33	A	1:45.93
1)	Ryan Wensley M24	2) Cherise Saito W26	4) Chad Durieux M30
	22.77 50.81 (28.04)	1:20.96 (30.15)	1:45.93 (24.97)
3	Coto de Caza Coyotes-33	B	2:04.55
1)	Jim Ashley M44	2) Lisa Empey W49	4) Crystal Hinman W21
	27.61 1:05.46 (37.85)	1:36.25 (30.79)	2:04.55 (28.30)

**Mixed 18+ 400 Yard Freestyle Relay**

1	San Diego Swim Masters-44	B	3:38.58
1)	Emily Parker W24	2) Kendra Ksiazek W29	4) Kyle Broderick M25
	27.14 55.54 (55.54)	1:22.77 (27.23)	1:53.86 (58.32)
	2:18.27 (24.41) 2:46.83 (52.97)	3:11.00 (24.17)	3:38.58 (51.75)

**Mixed 18+ 800 Yard Freestyle Relay**

1	Orange Coast Masters Swimming	A	7:39.44
1)	Duke Krautim M24	2) Melissa Wong W25	4) Chris Egan M35
	25.27 52.30 (52.30)	1:19.48 (1:19.48)	1:45.84 (1:45.84)
	2:14.70 (28.86) 2:46.00 (1:00.16)	3:17.44 (1:31.60)	3:49.15 (2:03.31)
	4:17.91 (28.76) 4:49.70 (1:00.55)	5:23.19 (1:34.04)	7:39.44 (3:50.29)
2	Orange Coast Masters Swimming	B	8:22.65
1)	Steve Franklin M48	2) Aleah Amr W26	4) Keith Ryan M26
	29.07 1:00.54 (1:00.54)	1:34.66 (1:34.66)	2:08.60 (2:08.60)
	2:38.28 (29.68) 3:11.66 (1:03.06)	3:45.85 (1:37.25)	4:20.33 (2:11.73)
	4:50.07 (29.74) 5:22.17 (1:01.84)	5:56.11 (1:35.78)	6:30.77 (2:10.44)
	6:55.63 (24.86) 7:23.96 (53.19)	7:53.93 (1:23.16)	8:22.65 (1:51.88)
3	Coto de Caza Coyotes-33	A	10:00.68
1)	Lauri Deffenbaugh W47	2) Jeff Conrad M60	4) Nate Schubel M21
	33.98 1:13.87 (1:13.87)	1:58.63 (1:58.63)	2:45.40 (2:45.40)
	3:20.10 (34.70) 3:58.27 (1:12.87)	4:36.38 (1:50.98)	5:14.19 (2:28.79)
	5:45.38 (31.19) 6:23.07 (1:08.88)	7:03.88 (1:49.69)	7:44.06 (2:29.87)
	8:12.59 (28.53) 8:47.75 (1:03.69)	9:25.45 (1:41.39)	10:00.68 (2:16.62)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Mixed 18+ 200 Yard Medley Relay**

1	Mission Viejo Masters-33	B	2:06.77
	1) Nikki Burns W20	2) Katie Moore W22	4) Joey Licavoli M19
	35.69	1:09.23 (33.54)	1:39.25 (30.02)
			2:06.77 (27.52)
2	San Diego Swim Masters-44	C	2:09.08
	1) Emily Parker W24	2) Giuseppe Lauritano M37	4) John Gross M41
	29.49	1:11.23 (41.74)	1:40.81 (29.58)
			2:09.08 (28.27)

**Mixed 18+ 400 Yard Medley Relay**

1	Orange Coast Masters Swimming	A	3:59.01
	1) Melissa Wong W25	2) Duke Krautim M24	4) Aleah Amr W26
	30.77	1:04.01 (1:04.01)	1:32.29 (28.28)
	2:35.60 (29.91)	3:10.35 (1:04.66)	3:33.71 (23.36)
			3:59.01 (48.66)
2	Rose Bowl Masters-33	C	4:17.67
	1) Cheryl Simmons W43	2) Chad Durieux M30	4) Ryan Wensley M24
	35.20	1:13.00 (1:13.00)	1:44.82 (31.82)
	2:52.07 (31.15)	3:28.17 (1:07.25)	3:51.89 (23.72)
			4:17.67 (49.50)
3	Mission Viejo Masters-33	B	4:32.08
	1) Melissa DiGregorio W24	2) Katie Moore W22	4) Joey Licavoli M19
	35.96	1:14.79 (1:14.79)	1:48.81 (34.02)
	2:56.63 (28.92)	3:29.86 (1:02.15)	3:59.53 (29.67)
			4:32.08 (1:02.22)
4	Coto de Caza Coyotes-33	B	5:36.20
	1) Lisa Empey W49	2) Nate Schubel M21	4) Crystal Hinman W21
	55.12	1:54.61 (1:54.61)	2:14.16 (19.55)
	3:44.57 (37.36)	4:30.08 (1:22.87)	5:00.51 (30.43)
			5:36.20 (1:06.12)

**Mixed 25+ 200 Yard Freestyle Relay**

1	San Diego Swim Masters-44	C	2:02.30
	1) Raymond Summers M45	2) Vicky Mejias W26	4) Giuseppe Lauritano M37
	28.29	1:07.23 (38.94)	1:35.58 (28.35)
			2:02.30 (26.72)
2	Novaquatics Masters-33	J	2:07.66
	1) Steve Lamm M44	2) Amanda Kirker W31	4) Adriana Zamarron W28
	28.48	1:07.57 (39.09)	1:36.59 (29.02)
			2:07.66 (31.07)

**Mixed 25+ 400 Yard Freestyle Relay**

1	Rose Bowl Masters-33	A	4:37.51
	1) Rich Ghazarian M33	2) Sally Cook W48	4) Drew Skelly M43
	27.57	58.96 (58.96)	1:42.86 (43.90)
	3:06.83 (31.53)	3:41.78 (1:06.48)	4:08.51 (26.73)
			4:37.51 (55.73)

**Mixed 25+ 800 Yard Freestyle Relay**

1	Rose Bowl Masters-33	A	9:03.06
	1) Chad Durieux M30	2) Julie Heather W52	4) Julio Cienega M43
	28.87	1:00.22 (1:00.22)	1:33.20 (1:33.20)
	2:39.64 (34.42)	3:18.67 (1:13.45)	3:59.52 (1:54.30)
	5:12.31 (32.45)	5:48.58 (1:08.72)	6:25.06 (1:45.20)
	7:28.34 (27.87)	7:59.17 (58.70)	8:31.63 (1:31.16)
			9:03.06 (2:02.59)
2	Novaquatics Masters-33	I	9:58.87
	1) Kevin Jacobs M35	2) Kerry Deputy W48	4) Mark Merlo M31
	31.38	1:05.08 (1:05.08)	1:41.80 (1:41.80)
	2:55.10 (35.73)	3:35.59 (1:16.22)	4:18.20 (1:58.83)
	5:39.05 (37.52)	6:21.72 (1:20.19)	7:05.52 (2:03.99)
	8:19.29 (29.24)	8:51.88 (1:01.83)	9:25.45 (1:35.40)
			9:58.87 (2:08.82)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****(Mixed 25+ 800 Yard Freestyle Relay)**

3	Rose Bowl Masters-33	B	10:00.54
1)	Laura Brown W48	2) Cherise Saito W26	3) Rich Ghazarian M33
	39.61	1:22.93 (1:22.93)	2:10.34 (2:10.34)
	3:31.21 ( )	4:05.94 ( )	4:41.63 ( )
	5:50.67 (33.56)	6:28.30 (1:11.19)	7:06.76 (1:49.65)
	8:14.27 (30.80)	8:49.43 (1:05.96)	9:26.17 (1:42.70)
			5:17.11 ( )
			7:43.47 (2:26.36)
			10:00.54 (2:17.07)
			4) Tom Castleton M38

**Mixed 25+ 200 Yard Medley Relay**

1	Mission Viejo Masters-33	C	1:42.84
1)	Karol Zemier M27	2) Cynthia Lewis W34	3) Mark Soho M29
	23.96	55.84 (31.88)	1:18.69 (22.85)
			1:42.84 (24.15)
			4) Rebekah Olsen W29

**Mixed 25+ 400 Yard Medley Relay**

1	Mission Viejo Masters-33	C	3:53.32
1)	Karol Zemier M27	2) Cynthia Lewis W34	3) Jeffrey Mitchell M41
	24.89	51.34 (51.34)	1:24.67 (33.33)
	2:28.00 (24.75)	2:58.34 (55.09)	3:24.25 (25.91)
			3:53.32 (54.98)
2	Conejo Valley Multisport Maste-3	A	4:15.79
1)	Bradley Stolshek M49	2) Ahelee Sue Osborn W52	3) Rob Dumouchel M28
	30.14	1:03.39 (1:03.39)	1:38.27 (34.88)
	2:45.87 (27.52)	3:17.46 (59.11)	3:45.16 (27.70)
			4:15.79 (58.33)
3	Mission Viejo Masters-33	G	4:55.53
1)	Kim Burton W47	2) Paolo Bascon M37	3) Nichole Talbot W32
	42.00	1:27.87 (1:27.87)	1:47.00 (19.13)
	3:22.43 (30.94)	3:58.88 (1:07.39)	4:25.79 (26.91)
			4:55.53 (56.65)
			4) Stephen Freitas M44

**Mixed 35+ 200 Yard Freestyle Relay**

1	Novaquatics Masters-33	K	1:53.51
1)	Natalie Eckdahl W37	2) Jeff Rovinsky M38	3) Katie Osborne W46
	28.15	57.18 (29.03)	1:23.52 (26.34)
			1:53.51 (29.99)
2	Rose Bowl Masters-33	A	2:05.27
1)	Drew Skelly M43	2) Gamze Kircalioglu W39	3) John Uribe M46
	25.04	59.12 (34.08)	1:33.58 (34.46)
			2:05.27 (31.69)
			4) Lynn Canning W48

**Mixed 35+ 400 Yard Freestyle Relay**

1	Novaquatics Masters-33	K	4:52.86
1)	Jeff Rovinsky M38	2) Paula Fell W44	3) Mari Russell W45
	30.25	1:03.24 (1:03.24)	1:40.21 (36.97)
	3:05.82 (44.68)	3:56.62 (1:35.48)	4:23.38 (26.76)
			4:52.86 (56.24)
			4) Dave Bartels M38

**Mixed 35+ 800 Yard Freestyle Relay**

1	Mission Viejo Masters-33	D	8:40.63
1)	David Sumner M39	2) Jeffrey Mitchell M41	3) Kelly Richell W44
	26.38	55.40 (55.40)	1:25.42 (1:25.42)
	2:21.41 (26.84)	2:52.52 (57.95)	3:25.88 (1:31.31)
	4:32.34 (32.84)	5:07.92 (1:08.42)	5:43.61 (1:44.11)
	6:51.67 (32.83)	7:27.72 (1:08.88)	8:04.57 (1:45.73)
			8:40.63 (2:21.79)
2	Novaquatics Masters-33	J	9:33.07
1)	Jeff Rovinsky M38	2) Mika Gomez W42	3) Wendy Theders W42
	31.60	1:06.48 (1:06.48)	1:43.53 (1:43.53)
	2:53.26 (33.74)	3:30.79 (1:11.27)	4:10.03 (1:50.51)
	5:24.86 (35.79)	6:05.40 (1:16.33)	6:46.28 (1:57.21)
	7:54.23 (28.01)	8:27.10 (1:00.88)	9:01.14 (1:34.92)
			9:33.07 (2:06.85)
			4) Dave Bartels M38

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Mixed 35+ 200 Yard Medley Relay**

1	Orange Coast Masters Swimming	A	1:59.87
	1) Chris Egan M35	2) Patty Smith W57	3) Kate Egan W38
	25.84	1:05.05 (39.21)	1:34.97 (29.92)
			4) Steve Franklin M48
			1:59.87 (24.90)
2	Mission Viejo Masters-33	I	2:14.50
	1) Lisa Augerson W46	2) Mike Switzer M40	3) Ham Homan M50
	36.70	1:17.24 (40.54)	1:46.99 (29.75)
			4) Mary Lou Woods W50
			2:14.50 (27.51)
3	Rose Bowl Masters-33	A	2:17.38
	1) Patrick Mc Ginley M46	2) Brandon Day M47	3) Cheryl Simmons W43
	31.12	1:02.05 (30.93)	1:36.54 (34.49)
			4) Sally Cook W48
			2:17.38 (40.84)
4	Novaquatics Masters-33	K	2:25.58
	1) Paula Fell W44	2) Jeff Rovinsky M38	3) Dave Bartels M38
	40.72	1:16.52 (35.80)	1:45.35 (28.83)
			4) Mari Russell W45
			2:25.58 (40.23)

**Mixed 35+ 400 Yard Medley Relay**

1	Novaquatics Masters-33	K	4:38.38
	1) Megan Hedges W37	2) Jeff Rovinsky M38	3) Katie Osborne W46
	34.65	1:10.04 (1:10.04)	1:46.85 (36.81)
	2:59.73 (29.77)	3:35.15 (1:05.19)	4:04.52 (29.37)
			4) Steve Lamm M44
			4:38.38 (1:03.23)
2	South Bay Swim Team-33	A	4:53.25
	1) David Neilan M44	2) Marc Kelly M55	3) Dede Moore W50
	32.92	1:07.56 (1:07.56)	1:40.79 (33.23)
	3:01.09 (39.73)	3:46.68 (1:25.32)	4:18.63 (31.95)
			4) Liz Hjorth W45
			4:53.25 (1:06.57)

**Mixed 45+ 200 Yard Freestyle Relay**

1	Los Angeles Peninsula Swimmers	A	1:43.47
	1) Traci Granger W52	2) Jane Mc Call W50	3) Duncan Mc Bride M55
	27.23	54.75 (27.52)	1:19.31 (24.56)
			4) Brian Kelca M49
			1:43.47 (24.16)
2	South Bay Swim Team-33	A	1:51.17
	1) Brian Merrigan M49	2) Dede Moore W50	3) Marc Kelly M55
	26.06	54.71 (28.65)	1:21.27 (26.56)
			4) Liz Hjorth W45
			1:51.17 (29.90)
3	Rose Bowl Masters-33	B	1:51.73
	1) Patrick Mc Ginley M46	2) Julie Heather W52	3) Lisa Hilger W50
	27.55	57.38 (29.83)	1:27.00 (29.62)
			4) Robert Strand M64
			1:51.73 (24.73)
4	Conejo Valley Multisport Maste-3	A	2:01.38
	1) Bradley Stolshek M49	2) Ahelee Sue Osborn W52	3) Lloyd Johnson M69
	26.03	52.82 (26.79)	1:27.14 (34.32)
			4) Trisha Commons W46
			2:01.38 (34.24)
5	Novaquatics Masters-33	L	2:18.40
	1) Mark Mc Cartin M55	2) John Dauser M54	3) Ikuko Cianci W52
	29.76	55.83 (26.07)	1:40.40 (44.57)
			4) Emiko Morishima W60
			2:18.40 (38.00)

**Mixed 45+ 400 Yard Freestyle Relay**

1	San Diego Swim Masters-44	C	4:27.41
	1) Mark Wussler M54	2) Linda Rudolf W47	3) John McLintock M55
			4) Diane Hirakawa W61

**Mixed 45+ 800 Yard Freestyle Relay**

1	Novaquatics Masters-33	K	12:23.44
	1) John Dauser M54	2) Francesco Finizio M61	3) Kim Thornton W58
	33.67	1:08.85 (1:08.85)	1:45.24 (1:45.24)
	3:05.03 (43.74)	4:01.53 (1:40.24)	5:01.04 (2:39.75)
	6:34.34 (36.60)	7:14.86 (1:17.12)	7:55.81 (1:58.07)
	9:26.26 (50.43)	10:24.48 (1:48.65)	11:25.06 (2:49.23)
			4) Maureen Mc Kinley W56
			2:21.29 (2:21.29)
			5:57.74 (3:36.45)
			8:35.83 (2:38.09)
			12:23.44 (3:47.61)

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Mixed 45+ 200 Yard Medley Relay**

1	Southern California Aquatic Ma-?	A			1:56.63
	1) Jim McCloskey M45	2) Dan Leonard M55	3) Arlette Godges W46	4) Jenny Cook W52	
	29.50	1:00.29 (30.79)	1:29.16 (28.87)	1:56.63 (27.47)	
2	Los Angeles Peninsula Swimmers	A			1:58.79
	1) Susan Kingston W47	2) Chuck Ponthier M47	3) Traci Granger W52	4) Duncan Mc Bride M55	
	33.12	1:05.00 (31.88)	1:34.65 (29.65)	1:58.79 (24.14)	
3	San Diego Swim Masters-44	D			2:05.75
	1) Linda Rudolf W47	2) Mark Wussler M54	3) John McLintock M55	4) Lolita Veloso W53	
	32.45	1:04.41 (31.96)	1:33.46 (29.05)	2:05.75 (32.29)	
4	West Hollywood Aquatics-33	A			2:18.60
	1) Paulo Figueiredo M63	2) Laura Labelle W45	3) Charles Larson M57	4) Susan Shore W47	
		1:14.13 ( )	1:47.41 (33.28)	2:18.60 (31.19)	

**Mixed 45+ 400 Yard Medley Relay**

1	Los Angeles Peninsula Swimmers	A			4:14.87
	1) Jane Mc Call W50	2) Brian Kelca M49	3) Traci Granger W52	4) Duncan Mc Bride M55	
	33.83	1:08.76 (1:08.76)	1:39.14 (30.38)	2:14.10 (1:05.34)	
	2:44.02 (29.92)	4:14.87 (2:00.77)			
2	Mission Viejo Masters-33	J			5:16.57
	1) Lisa Augerson W46	2) Deanne Weissman W47	3) Richard Carlsen M50	4) Dominic Licavoli M54	
	38.06	1:17.99 (1:17.99)	2:01.26 (43.27)	2:48.50 (1:30.51)	
	3:22.93 (34.43)	4:05.14 (1:16.64)	4:38.40 (33.26)	5:16.57 (1:11.43)	
3	Novaquatics Masters-33	L			5:16.71
	1) Heather Philipp W45	2) John Dauser M54	3) Mark Mc Cartin M55	4) Emiko Morishima W60	
	41.10	1:26.05 (1:26.05)	2:01.57 (35.52)	2:42.11 (1:16.06)	
	3:13.48 (31.37)	3:50.28 (1:08.17)	4:31.29 (41.01)	5:16.71 (1:26.43)	
4	Mission Viejo Masters-33	K			5:33.25
	1) Linda Spadoni W50	2) Patty George W48	3) Steven Willment M51	4) JJ Chao M54	
	51.94	1:47.00 (1:47.00)	2:24.38 (37.38)	3:07.73 (1:20.73)	
	3:42.07 (34.34)	4:20.52 (1:12.79)	4:55.33 (34.81)	5:33.25 (1:12.73)	

**Mixed 55+ 200 Yard Freestyle Relay**

1	San Diego Swim Masters-44	D			2:29.89
	1) Tom Mitchell M77	2) Diane Hirakawa W61	3) Gini Baker W59	4) Donald Baker M79	
	34.91	1:14.32 (39.41)	1:53.34 (39.02)	2:29.89 (36.55)	

**Mixed 55+ 400 Yard Medley Relay**

1	San Diego Swim Masters-44	C			5:25.47
	1) Jackie Marr W66	2) Mike Freshley M69	3) John McLintock M55	4) Gini Baker W59	
	40.61	1:23.19 (1:23.19)	1:58.20 (35.01)	2:39.63 (1:16.44)	
	3:12.54 (32.91)	3:56.55 (1:16.92)	4:37.64 (41.09)	5:25.47 (1:28.92)	

**Mixed 65+ 200 Yard Freestyle Relay**

1	Mission Viejo Masters-33	A			2:36.32
	1) Michael Colonnese M66	2) Robert Rolph M78	3) Margrit Graef W78	4) Jeanne Little W73	
	31.24	1:12.49 (41.25)	1:59.49 (47.00)	2:36.32 (36.83)	

**Mixed 65+ 400 Yard Freestyle Relay**

1	San Diego Swim Masters-44	D			4:57.09
	1) Anne Williams W71	2) Jackie Marr W66	3) Mike Freshley M69	4) Bob Coale M70	
	41.56	1:24.30 (1:24.30)	2:02.25 (37.95)	2:45.46 (1:21.16)	
	3:14.81 (29.35)		4:21.54 ( )	4:57.09 ( )	

**2010 SPMA SCY Championships - 5/7/2010 to 5/9/2010****Sanction #: 339-009****Results****Mixed 65+ 800 Yard Freestyle Relay**

1 San Diego Swim Masters-44	C			12:12.34
1) Anne Williams W71	2) Tom Mitchell M77	3) Jackie Marr W66	4) Donald Baker M79	
42.99	1:28.06 (1:28.06)	2:13.79 (2:13.79)	2:58.36 (2:58.36)	
3:40.38 (42.02)	4:29.57 (1:31.21)	5:21.85 (2:23.49)	6:09.86 (3:11.50)	
6:46.06 (36.20)	7:28.56 (1:18.70)	8:12.33 (2:02.47)	8:54.13 (2:44.27)	
9:36.95 (42.82)	10:26.91 (1:32.78)	11:19.82 (2:25.69)	12:12.34 (3:18.21)	

**Mixed 65+ 200 Yard Medley Relay**

1 San Diego Swim Masters-44	E		2:21.95
1) Jackie Marr W66	2) Anne Williams W71	3) Mike Freshley M69	4) Bob Best M77
	1:22.97 ( )	2:21.95 (58.98)	

**Mixed 65+ 400 Yard Medley Relay**

1 Mission Viejo Masters-33	A			7:00.03
1) Jim Stewart M68	2) Bonnie Kotzbach W66	3) Jeanne Little W73	4) Robert Rolph M78	
44.25	1:29.49 (1:29.49)	2:25.92 (56.43)	3:30.16 (2:00.67)	
4:20.63 (50.47)	5:26.44 (1:56.28)	6:10.55 (44.11)	7:00.03 (1:33.59)	