

**SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010**

**Results**

**Women 18-24 50 Meter Free**

Name	Age	Team	Finals Time
1 Bishop, Brooke	24	TOC-38	26.54
2 O'Donnell-McCarthy,	23	TOC-38	27.35
3 Davidoff, Cara	24	TOC-38	28.40
4 Pelaez, Cristina	23	NOVA-33	30.89
5 Nelson, Regina	20	LVM-33	33.90
6 Menaster, Kim	24	WH2O-33	39.08

**Women 18-24 100 Meter Free**

1 Strange, Shana	22	SOBA-33	1:11.54
	34.19	1:11.54	

**Women 18-24 200 Meter Free**

1 Kelly, Lexie	24	OCC-33	2:19.40
	31.81	1:06.93	1:42.62
2 Davidoff, Cara	24	TOC-38	2:20.46
	31.93	1:07.23	1:44.02
3 Nelson, Regina	20	LVM-33	2:47.33
	36.23	1:17.17	2:00.77
4 Bobbin, Maggie	22	ROSE-33	2:54.19
	37.68	1:22.11	2:09.14

**Women 18-24 400 Meter Free**

1 Moore, Katie	22	MVN-33	4:51.75
	33.36	1:09.54	1:46.79
	3:01.40	3:39.01	4:15.52
2 Strange, Shana	22	SOBA-33	5:26.47
	36.74	1:17.70	1:59.94
	3:23.50	4:05.10	4:46.46
3 Nelson, Regina	20	LVM-33	5:56.86
	38.54	1:21.64	2:06.92
	3:39.79	4:25.63	5:11.47
4 Menaster, Kim	24	WH2O-33	6:30.55
	41.17	1:30.66	2:21.45
	4:01.96	4:53.10	5:41.47

**Women 18-24 800 Meter Free**

1 Bobbin, Maggie	22	ROSE-33	12:26.81
	39.77	1:24.98	2:12.43
	3:48.33	4:36.17	5:23.68
	6:59.65	7:47.36	8:34.76
	10:08.92	10:55.81	11:41.68

**Women 18-24 1500 Meter Free**

1 Moore, Katie	22	MVN-33	18:49.90
	33.71	1:09.95	1:47.13
	3:02.25	3:40.07	4:18.07
	5:33.76	6:11.83	6:49.72
	8:06.01	8:44.32	9:22.60
	10:38.96	11:17.27	11:55.83
	13:11.34	13:49.28	14:27.37
	15:43.75	16:21.21	16:59.07
	18:13.32	18:49.90	

2 Strange, Shana	22	SOBA-33	21:27.52
	37.21	1:19.68	2:02.71
	3:29.32	4:12.26	4:55.77
	6:22.96	7:06.12	7:49.32
	9:17.17	10:00.42	10:43.95
	12:10.57	12:54.22	13:37.08
	15:03.08	15:45.92	16:28.91
	17:55.04	18:38.28	19:20.63
	20:46.17	21:27.52	20:03.96

**Women 18-24 100 Meter Back**

1 Bishop, Brooke	24	TOC-38	1:06.01
	32.03	1:06.01	
2 Davidoff, Cara	24	TOC-38	1:13.66
	36.13	1:13.66	
3 Krom, Meredith	23	NOVA-33	1:15.37
	35.56	1:15.37	

**Women 18-24 50 Meter Breast**

1 Davidoff, Cara	24	TOC-38	38.53
2 Kelly, Lexie	24	OCC-33	39.34
3 Pelaez, Cristina	23	NOVA-33	41.80
4 Bobbin, Maggie	22	ROSE-33	45.13

**Women 18-24 100 Meter Breast**

1 Moore, Katie	22	MVN-33	1:21.67
	38.44	1:21.67	
2 Nelson, Regina	20	LVM-33	1:37.38
	46.92	1:37.38	

**Women 18-24 200 Meter Breast**

1 Bobbin, Maggie	22	ROSE-33	3:34.79
	48.99	1:44.49	2:41.68
			3:34.79

**Women 18-24 50 Meter Fly**

1 Bishop, Brooke	24	TOC-38	29.50
2 Davidoff, Cara	24	TOC-38	31.69
3 Krom, Meredith	23	NOVA-33	32.17
4 Pelaez, Cristina	23	NOVA-33	34.79
5 Strange, Shana	22	SOBA-33	35.42
6 Nelson, Regina	20	LVM-33	42.55

**Women 18-24 100 Meter Fly**

1 Bishop, Brooke	24	TOC-38	1:08.00
	30.65	1:08.00	
2 Davidoff, Cara	24	TOC-38	1:11.40
	33.68	1:11.40	
3 Kelly, Lexie	24	OCC-33	1:12.24
	33.38	1:12.24	
4 Strange, Shana	22	SOBA-33	1:20.85
	36.72	1:20.85	

**Women 18-24 200 Meter Fly**

1 Moore, Katie	22	MVN-33	2:39.20
	35.98	1:16.58	1:57.88
2 Menaster, Kim	24	WH2O-33	3:46.11
	45.78	1:41.59	2:41.97
			3:46.11

**Women 18-24 100 Meter IM**

1 Kelly, Lexie	24	OCC-33	1:13.96
	35.09	1:13.96	

2 Pelaez, Cristina	23	NOVA-33	1:16.55
	36.27	1:16.55	
3 Nelson, Regina	20	LVM-33	1:27.12
	43.56	1:27.12	
4 Bobbin, Maggie	22	ROSE-33	1:32.82
	43.97	1:32.82	

**Women 18-24 200 Meter IM**

1 Moore, Katie	22	MVN-33	2:38.60
	34.23	1:16.49	2:00.97
2 Strange, Shana	22	SOBA-33	2:57.06
	37.81	1:24.81	2:16.34
3 Pelaez, Cristina	23	NOVA-33	3:03.63
	39.15	1:28.10	2:22.25
			3:03.63

**Women 18-24 400 Meter IM**

1 Moore, Katie	22	MVN-33	5:38.04
	35.62	1:16.25	2:02.11
	3:33.88	4:21.52	4:59.95
			5:38.04

**Women 25-29 50 Meter Free**

1 Reilly, Erin	25	TOC-38	26.98
2 Gill, Meg	25	TOC-38	27.68
3 Chung, Kathy	29	ROSE-33	28.35
4 Val, Jamie	27	LVM-33	29.45
5 Maples, Kristen	29	SDSM-44	29.73
6 Ksiazek, Kendra	29	SDSM-44	29.95
7 Colavito, Violet	27	LVM-33	31.09
8 Ridge, Ashley	28	SDSM-44	32.73
9 Christenson, Katie	27	NOVA-33	33.30
10 Tritsch, Kristina	27	MVN-33	35.34
11 Rivera, Alisha	28	LBG-33	35.53

**Women 25-29 100 Meter Free**

1 Parker, Emily	25	SDSM-44	1:02.03
	29.76	1:02.03	
2 Chung, Kathy	29	ROSE-33	1:02.14
	29.12	1:02.14	
3 Ksiazek, Kendra	29	SDSM-44	1:04.12
	30.74	1:04.12	
4 Val, Jamie	27	LVM-33	1:04.66
	30.84	1:04.66	
5 Maples, Kristen	29	SDSM-44	1:06.85
	31.57	1:06.85	
6 Merlo, Ashley	29	NOVA-33	1:11.10
	34.54	1:11.10	
7 Christenson, Katie	27	NOVA-33	1:13.49
	34.80	1:13.49	

**Women 25-29 200 Meter Free**

1 Reilly, Erin	25	TOC-38	2:10.96
	30.73	1:02.90	1:35.82
2 Parker, Emily	25	SDSM-44	2:13.11
	31.74	1:05.63	1:39.68
3 Chung, Kathy	29	ROSE-33	2:19.98
	31.59	1:07.41	1:44.42
4 Kraus, Heidi	29	NOVA-33	2:20.71
	32.59	1:08.37	1:44.58
5 Val, Jamie	27	LVM-33	2:25.43
	33.70	1:11.00	1:48.32
			2:25.43

## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**(Women 25-29 200 Meter Free)**

6 Brown, Dannelly	25	SDSM-44	2:32.47
	34.75	1:12.94	1:52.82
7 Colavito, Violet	27	LVM-33	2:36.53
	35.41	1:14.23	1:54.08
8 Ridge, Ashley	28	SDSM-44	2:44.61
	36.21	1:17.79	2:01.96

**Women 25-29 400 Meter Free**

1 Parker, Emily	25	SDSM-44	4:34.01
	31.52	1:05.57	1:40.05
	2:49.60	3:24.52	3:59.44
2 Kraus, Heidi	29	NOVA-33	4:52.90
	33.71	1:10.27	1:47.31
	3:01.84	3:39.38	4:16.78
3 Chung, Kathy	29	ROSE-33	4:57.96
	32.87	1:09.38	1:46.64
	3:03.40	3:41.96	4:20.57
4 Chinn, Sarah	26	MAM-38	5:11.82
	35.63	1:13.92	1:53.13
	3:12.51	3:52.38	4:32.25
5 Val, Jamie	27	LVM-33	5:14.64
	34.93	1:15.06	1:55.22
	3:17.04	3:57.48	4:36.75
6 Merlo, Ashley	29	NOVA-33	5:22.68
	37.53	1:18.01	1:59.34
	3:21.78	4:02.92	4:43.45
7 Tritsch, Kristina	27	MVN-33	6:30.26
	41.05	1:26.88	2:15.33
	3:56.55	4:49.34	5:41.75

**Women 25-29 800 Meter Free**

1 Kraus, Heidi	29	NOVA-33	10:04.29
	34.41	1:11.45	1:49.26
	3:05.37	3:43.52	4:21.99
	5:37.88	6:15.49	6:53.53
	8:09.64	8:48.07	9:26.65
2 Chinn, Sarah	26	MAM-38	10:41.70
	36.42	1:15.81	1:56.05
	3:17.60	3:58.37	4:38.99
	5:59.52	6:40.22	7:20.68
	8:42.16	9:22.51	10:02.53
3 Val, Jamie	27	LVM-33	11:27.49
	37.27	1:18.94	2:01.89
	3:30.33	4:15.28	4:59.98
	6:27.35	7:10.42	7:53.68
	9:20.18	10:04.00	10:46.94
4 Colavito, Violet	27	LVM-33	11:43.93
	38.63	1:21.04	2:05.58
	3:34.93	4:20.62	5:05.98
	6:33.08	7:16.26	8:01.74
	9:31.92	10:16.92	11:01.17

**Women 25-29 1500 Meter Free**

1 Chinn, Sarah	26	MAM-38	20:13.43
	36.01	1:14.83	1:54.78
	3:15.39	3:55.79	4:36.19
	5:57.53	6:38.29	7:18.57
	8:39.20	9:19.62	10:00.20
	11:21.47	12:02.30	12:43.22
	14:04.96	14:46.16	15:27.02
	16:49.29	17:30.73	18:12.21
	19:34.24	20:13.43	
2 Val, Jamie	27	LVM-33	21:09.45
	35.75	1:15.71	1:57.28
	3:21.51	4:04.36	4:47.11
	6:12.73	6:56.72	7:39.61
	9:05.27	9:48.35	10:31.71
	11:58.32	12:41.40	13:24.57
	14:51.08	15:34.20	16:17.12
	17:41.69	18:24.42	19:07.00
	20:31.31	21:09.45	

**Women 25-29 50 Meter Back**

1 Parker, Emily	25	SDSM-44	32.30
2 Goldacre, Jessica	27	NOVA-33	33.33
3 Maples, Kristen	29	SDSM-44	34.62
4 Brown, Dannelly	25	SDSM-44	35.86
5 Bronson, Jenifer	29	SCAQ-33	37.61
6 Ridge, Ashley	28	SDSM-44	42.47

**Women 25-29 100 Meter Back**

1 Reilly, Erin	25	TOC-38	1:07.57
	33.38	1:07.57	
2 Goldacre, Jessica	27	NOVA-33	1:10.92
	34.51	1:10.92	
3 Maples, Kristen	29	SDSM-44	1:15.56
	36.46	1:15.56	
4 Bronson, Jenifer	29	SCAQ-33	1:19.97
	38.25	1:19.97	
5 Merlo, Ashley	29	NOVA-33	1:20.90
	39.49	1:20.90	
6 Rivera, Alisha	28	LBG-33	1:33.36
	1:33.36	1:33.36	

**Women 25-29 200 Meter Back**

1 Merlo, Ashley	29	NOVA-33	2:50.55
	41.60	1:24.81	2:07.93

**Women 25-29 50 Meter Breast**

1 Chinn, Sarah	26	MAM-38	40.03
2 Bronson, Jenifer	29	SCAQ-33	41.67

**Women 25-29 100 Meter Breast**

1 Ksiazek, Kendra	29	SDSM-44	1:26.42
	40.52	1:26.42	
2 Bronson, Jenifer	29	SCAQ-33	1:34.99
	44.48	1:34.99	
3 Christenson, Katie	27	NOVA-33	1:35.24
	44.57	1:35.24	

**Women 25-29 200 Meter Breast**

1 Paz, Stella	26	ECFY-44	3:04.43
	41.62	1:28.22	2:15.79
2 Ksiazek, Kendra	29	SDSM-44	3:05.14
	41.61	1:28.68	2:17.13

**Women 25-29 50 Meter Fly**

1 Reilly, Erin	25	TOC-38	28.71
2 Gill, Meg	25	TOC-38	30.06
3 Chung, Kathy	29	ROSE-33	31.01
4 Paz, Stella	26	ECFY-44	31.90
5 Goldacre, Jessica	27	NOVA-33	32.19
6 Colavito, Violet	27	LVM-33	34.95
7 Bronson, Jenifer	29	SCAQ-33	35.33
8 Christenson, Katie	27	NOVA-33	36.23
9 Merlo, Ashley	29	NOVA-33	36.36

**Women 25-29 100 Meter Fly**

1 Reilly, Erin	25	TOC-38	1:04.03
	30.32	1:04.03	
2 Paz, Stella	26	ECFY-44	1:09.29
	32.64	1:09.29	
3 Chung, Kathy	29	ROSE-33	1:10.85
	32.24	1:10.85	
4 Goldacre, Jessica	27	NOVA-33	1:11.02
	32.85	1:11.02	
5 Ksiazek, Kendra	29	SDSM-44	1:15.72
	34.57	1:15.72	
6 Brown, Dannelly	25	SDSM-44	1:16.57
	35.44	1:16.57	

**Women 25-29 200 Meter Fly**

1 Paz, Stella	26	ECFY-44	2:41.00
	35.63	1:15.48	1:57.21
	3:05.37	3:43.52	4:21.99
2 Kraus, Heidi	29	NOVA-33	2:42.15
	36.33	1:16.89	1:59.39

**Women 25-29 100 Meter IM**

1 Paz, Stella	26	ECFY-44	1:13.17
	33.40	1:13.17	
2 Goldacre, Jessica	27	NOVA-33	1:13.23
	33.07	1:13.23	
3 Maples, Kristen	29	SDSM-44	1:14.31
	33.71	1:14.31	
4 Kraus, Heidi	29	NOVA-33	1:14.51
	34.86	1:14.51	
5 Bronson, Jenifer	29	SCAQ-33	1:19.77
	36.10	1:19.77	
6 Brown, Dannelly	25	SDSM-44	1:19.84
	35.27	1:19.84	
7 Colavito, Violet	27	LVM-33	1:23.54
	38.10	1:23.54	
8 Rivera, Alisha	28	LBG-33	1:32.41
	43.29	1:32.41	

**Women 25-29 200 Meter IM**

1 Parker, Emily	25	SDSM-44	2:27.89
	32.88	1:09.72	1:53.71



SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

Results

**(Women 30-34 50 Meter Breast)**  
 4 Perez, Emily 30 NOVA-33 46.03

**Women 30-34 100 Meter Breast**  
 1 DeFelice, Heather 31 SDSM-44 1:20.05  
 38.10 1:20.05  
 2 Lyons, Katie 30 TOC-38 1:24.39  
 38.71 1:24.39  
 3 Downing, Kathyren 33 NOVA-33 1:30.49  
 42.92 1:30.49  
 4 Friesen, Emily 30 OCC-33 1:35.61  
 45.08 1:35.61  
 5 Perez, Emily 30 NOVA-33 1:39.10  
 47.36 1:39.10  
 6 Meloney, Kathleen 30 NOVA-33 1:41.56  
 48.06 1:41.56

**Women 30-34 200 Meter Breast**  
 1 Caldas, Hannah 33 ARIZ-48 2:50.74  
 38.69 1:21.04 2:05.18 2:50.74  
 2 Perez, Emily 30 NOVA-33 3:34.98  
 48.17 1:43.45 2:40.53 3:34.98

**Women 30-34 50 Meter Fly**  
 1 Thies, Lauren 31 OREG-37 29.23  
 2 Olsen, Rebekah 30 MVN-33 30.82  
 3 Lyons, Katie 30 TOC-38 32.38  
 4 DeFelice, Heather 31 SDSM-44 33.18  
 5 Howland, Heather 30 IM-21 33.74  
 6 Messner, Waen 32 MVN-33 34.60  
 7 Underwood, Anna 30 ECFY-44 35.05  
 8 Martinez, Heather 34 NOVA-33 36.40  
 9 Downing, Kathyren 33 NOVA-33 36.70  
 10 Reilly, Catie 30 TOC-38 36.93  
 11 Friesen, Emily 30 OCC-33 39.25  
 12 Mannix, Christina 31 NOVA-33 44.23

**Women 30-34 100 Meter Fly**  
 1 Thies, Lauren 31 OREG-37 1:04.31  
 29.90 1:04.31  
 2 Olsen, Rebekah 30 MVN-33 1:09.07  
 32.31 1:09.07  
 3 Underwood, Anna 30 ECFY-44 1:23.81  
 38.34 1:23.81  
 4 Martinez, Heather 34 NOVA-33 1:25.27  
 40.78 1:25.27  
 --- Cole, Jacqueline 30 LBG-33 DQ  
 Unsportsmanlike conduct

**Women 30-34 200 Meter Fly**  
 1 Martinez, Heather 34 NOVA-33 3:24.82  
 48.82 1:42.28 2:35.85 3:24.82

**Women 30-34 100 Meter IM**  
 1 Underwood, Anna 30 ECFY-44 1:19.99  
 36.79 1:19.99  
 2 Thornton, Alicia 30 NOVA-33 1:21.56  
 35.23 1:21.56

3 Friesen, Emily 30 OCC-33 1:28.38  
 42.02 1:28.38  
 4 Maclean, Tanya 34 NOVA-33 1:29.27  
 40.96 1:29.27  
 5 Tiernan, Joy 31 SCAQ-33 1:35.46  
 43.49 1:35.46

**Women 30-34 200 Meter IM**  
 1 Thies, Lauren 31 OREG-37 2:22.68  
 30.85 1:06.57 1:49.82 2:22.68  
 2 Caldas, Hannah 33 ARIZ-48 2:31.78  
 32.68 1:11.51 1:56.18 2:31.78  
 3 DeFelice, Heather 31 SDSM-44 2:39.52  
 35.50 1:17.67 2:03.11 2:39.52  
 4 Cole, Jacqueline 30 LBG-33 3:00.75  
 39.37 1:26.09 2:19.84 3:00.75  
 5 Meloney, Kathleen 30 NOVA-33 3:16.25  
 41.28 1:33.10 2:30.64 3:16.25

**Women 30-34 400 Meter IM**  
 1 Caldas, Hannah 33 ARIZ-48 5:26.31  
 33.67 1:12.50 1:53.71 2:35.02  
 3:22.50 4:09.70 4:48.27 5:26.31

**Women 35-39 50 Meter Free**  
 1 Cybulskis, Astrid 36 NOVA-33 30.82  
 2 Stotelmeyer, Jennifer 37 MVN-33 33.89  
 3 Sullivan, Maureen 38 TOC-38 34.86  
 4 Tong, Frances 39 NOVA-33 42.12  
 5 Hughes, Ingrid 39 LBG-33 49.15

**Women 35-39 100 Meter Free**  
 1 Egan, Kate 39 OCC-33 1:05.67  
 31.72 1:05.67  
 2 Helliwell, Jessica 35 MVN-33 1:09.91  
 33.85 1:09.91  
 3 Sullivan, Maureen 38 TOC-38 1:19.47  
 39.03 1:19.47

**Women 35-39 200 Meter Free**  
 1 Helliwell, Jessica 35 MVN-33 2:30.57  
 35.05 1:13.34 1:52.39 2:30.57  
 2 Cybulskis, Astrid 36 NOVA-33 2:31.84  
 35.38 1:14.78 1:54.05 2:31.84  
 3 Barnett, Kara 38 SDSM-44 2:33.69  
 34.98 1:12.96 1:53.52 2:33.69  
 4 Sullivan, Maureen 38 TOC-38 2:56.59  
 40.72 1:26.11 2:13.30 2:56.59  
 5 Tong, Frances 39 NOVA-33 4:00.56  
 58.59 2:00.30 3:02.03 4:00.56

**Women 35-39 400 Meter Free**  
 1 Helliwell, Jessica 35 MVN-33 5:22.50  
 34.95 1:13.60 1:54.63 2:36.03  
 3:17.64 4:00.05 4:42.24 5:22.50  
 2 Wilson, Sonia 36 NOVA-33 7:08.08  
 46.41 1:40.10 2:35.71 3:31.18  
 4:27.00 5:23.06 6:18.41 7:08.08

3 Tong, Frances 39 NOVA-33 7:45.76  
 54.17 1:52.88 2:53.12 3:54.53  
 4:54.64 5:53.78 6:51.73 7:45.76

**Women 35-39 800 Meter Free**  
 1 Helliwell, Jessica 35 MVN-33 11:07.02  
 35.91 1:15.23 1:56.84 2:39.29  
 3:21.94 4:04.94 4:47.82 5:31.06  
 6:14.43 6:57.00 7:39.80 8:22.61  
 9:04.86 9:46.88 10:27.90 11:07.02

**Women 35-39 1500 Meter Free**  
 1 Helliwell, Jessica 35 MVN-33 21:26.88  
 37.05 1:17.48 2:00.18 2:43.21  
 3:26.18 4:09.23 4:52.38 5:35.59  
 6:18.95 7:02.16 7:45.37 8:28.44  
 9:11.58 9:55.34 10:38.63 11:21.93  
 12:05.30 12:48.77 13:32.57 14:16.09  
 15:00.11 15:43.63 16:27.50 17:11.33  
 17:54.83 18:38.21 19:21.29 20:04.94  
 20:47.26 21:26.88

2 Wilson, Sonia 36 NOVA-33 28:00.47  
 50.96 1:46.67 2:43.66 3:41.09  
 4:38.21 5:34.40 6:30.76 7:28.36  
 8:25.49 9:22.62 10:20.17 11:16.43  
 12:14.41 13:11.27 14:07.36 15:04.25  
 16:01.26 16:57.97 17:54.26 18:50.09  
 19:47.09 20:43.04 21:40.21 22:37.78  
 23:33.98 24:29.48 25:24.97 26:20.77  
 27:13.09 28:00.47

**Women 35-39 50 Meter Back**  
 1 Cybulskis, Astrid 36 NOVA-33 40.47  
 2 Peterson, Gretchen 36 SOBA-33 44.79  
 --- Barnett, Kara 38 SDSM-44 DQ

**Women 35-39 100 Meter Back**  
 1 Hedges, Megan 38 NOVA-33 1:15.95  
 37.18 1:15.95  
 2 Cybulskis, Astrid 36 NOVA-33 1:24.02  
 41.03 1:24.02

**Women 35-39 50 Meter Breast**  
 1 Moon, Grace 39 ROSE-33 40.31  
 2 Sullivan, Maureen 38 TOC-38 46.78  
 3 Tong, Frances 39 NOVA-33 58.90

**Women 35-39 100 Meter Breast**  
 1 Lewis, Cynthia 35 MVN-33 1:12.82  
 34.73 1:12.82  
 2 Moon, Grace 39 ROSE-33 1:26.75  
 40.53 1:26.75  
 3 Sullivan, Maureen 38 TOC-38 1:42.75  
 48.96 1:42.75  
 --- Tong, Frances 39 NOVA-33 DQ  
 Non-simultaneous arms





## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**(Women 45-49 800 Meter Free)**

3	Juliusson, Julia	45	NOVA-33	12:06.22
	40.43	1:26.68	2:13.60	3:01.09
	3:47.18	4:32.70	5:18.14	6:03.88
	6:49.88	7:36.54	8:21.96	9:08.37
	9:53.75	10:38.85	11:23.71	12:06.22

**Women 45-49 1500 Meter Free**

1	O'Rourke, Therese	48	MVN-33	25:02.74
	42.18	1:29.26	2:17.16	3:06.23
	3:55.61	4:47.32	5:38.42	6:28.25
	7:18.43	8:08.57	9:01.05	9:52.50
	10:44.95	11:37.17	12:28.36	13:20.60
	14:12.41	15:03.64	15:54.96	16:46.05
	17:35.43	18:25.35	19:14.21	20:04.85
	20:55.21	21:45.46	22:34.90	23:25.19
	24:14.30	25:02.74		
2	Arbogast, Patricia	47	NOVA-33	25:13.82
	43.78	1:32.82	2:22.43	3:13.44
	4:04.36	4:54.66	5:45.06	6:35.67
	7:26.53	8:17.23	9:08.33	9:58.96
	10:49.29	11:40.26	12:31.31	13:21.88
	14:13.07	15:03.61	15:55.75	16:46.89
	17:37.57	18:27.99	19:18.65	20:09.68
	21:00.91	21:52.60	22:42.82	23:34.18
	24:25.60	25:13.82		

**Women 45-49 50 Meter Back 50 Back Split**

1	Bunch, Brigid	47	ARIZ-48	35.19
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**Women 45-49 50 Meter Back**

1	Bunch, Brigid	47	ARIZ-48	35.18
2	Dahl, Lisa	49	PNA-36	35.64
3	Burton, Kim	48	MVN-33	40.71
4	Labelle, Laura	46	WH2O-33	43.03
5	O'Rourke, Therese	48	MVN-33	43.38
6	Fell, Paula	45	NOVA-33	43.56
7	Wong, Bonnie	47	NOVA-33	48.29
8	Cook, Sally	49	ROSE-33	53.72

**Women 45-49 100 Meter Back**

1	Bunch, Brigid	47	ARIZ-48	1:12.90
	35.19	1:12.90		
2	Burton, Kim	48	MVN-33	1:36.92
	46.76	1:36.92		
3	Snyder, Cynthia	45	SOBA-33	1:37.75
	48.12	1:37.75		
4	Gore, Kathy	46	SOBA-33	1:50.58
	55.02	1:50.58		
5	Cook, Sally	49	ROSE-33	1:57.99
	55.05	1:57.99		
6	George, Patty	48	MVN-33	1:59.11
	59.06	1:59.11		

**Women 45-49 200 Meter Back**

1	Bunch, Brigid	47	ARIZ-48	2:33.69
	35.65	1:14.07	1:53.81	2:33.69
2	O'Rourke, Therese	48	MVN-33	3:20.90
	49.65	1:40.45	2:31.66	3:20.90

3	Labelle, Laura	46	WH2O-33	3:24.96
	47.97	1:39.37	2:33.12	3:24.96
4	Cook, Sally	49	ROSE-33	4:12.51
	57.33	2:01.60	3:09.15	4:12.51

**Women 45-49 50 Meter Breast**

1	Dahl, Lisa	49	PNA-36	39.08
2	Labelle, Laura	46	WH2O-33	45.68
3	Fell, Paula	45	NOVA-33	46.71

**Women 45-49 50 Meter Breast 50 Breast Split**

1	Bunch, Brigid	47	ARIZ-48	42.05
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**Women 45-49 100 Meter Breast**

1	Snyder, Cynthia	45	SOBA-33	1:28.51
	42.28	1:28.51		
2	Bunch, Brigid	47	ARIZ-48	1:28.83
	42.05	1:28.83		
3	Fell, Paula	45	NOVA-33	1:40.03
	46.88	1:40.03		
4	Johnson, Lainie	49	NOVA-33	1:51.61
	52.60	1:51.61		
5	Brown, Laura	48	ROSE-33	2:01.77
	55.73	2:01.77		
6	Gore, Kathy	46	SOBA-33	2:02.30
	58.10	2:02.30		

**Women 45-49 200 Meter Breast**

1	Fell, Paula	45	NOVA-33	3:36.76
	49.20	1:44.20	2:39.75	3:36.76

**Women 45-49 50 Meter Fly**

1	Dahl, Lisa	49	PNA-36	30.72
2	Welting, Laureen	45	TOC-38	30.78
3	Cleavenger, Becky	47	CVMM-33	34.65
4	Snyder, Cynthia	45	SOBA-33	36.00
5	Labelle, Laura	46	WH2O-33	42.90
6	Burton, Kim	48	MVN-33	43.13
7	Wong, Bonnie	47	NOVA-33	47.27
8	Brown, Laura	48	ROSE-33	50.68

**Women 45-49 100 Meter Fly**

1	Welting, Laureen	45	TOC-38	1:08.21
	32.32	1:08.21		
2	Delmage, Arlene	48	OREG-37	1:10.71
	33.98	1:10.71		

**Women 45-49 200 Meter Fly**

1	Delmage, Arlene	48	OREG-37	2:38.44
	35.47	1:14.34	1:56.20	2:38.44

**Women 45-49 100 Meter IM**

1	Dahl, Lisa	49	PNA-36	1:13.48
	33.58	1:13.48		
2	Bunch, Brigid	47	ARIZ-48	1:16.65
	33.98	1:16.65		
3	Cleavenger, Becky	47	CVMM-33	1:19.67
	37.15	1:19.67		
4	Crosbie, Lisa	45	SDSM-44	1:28.05
	41.65	1:28.05		

5	O'Rourke, Therese	48	MVN-33	1:33.75
	45.40	1:33.75		
6	Burton, Kim	48	MVN-33	1:34.14
	43.74	1:34.14		
7	Arbogast, Patricia	47	NOVA-33	1:41.98
	49.05	1:41.98		

**Women 45-49 200 Meter IM**

1	Welting, Laureen	45	TOC-38	2:37.20
	32.88	1:13.84	2:00.57	2:37.20
2	Bunch, Brigid	47	ARIZ-48	2:43.25
	35.58	1:13.74	2:03.32	2:43.25
3	Delmage, Arlene	48	OREG-37	2:43.58
	36.00	1:20.38	2:08.01	2:43.58
4	Crosbie, Lisa	45	SDSM-44	3:16.74
	42.02	1:34.18	2:31.64	3:16.74
5	Labelle, Laura	46	WH2O-33	3:17.22
	44.16	1:34.93	2:29.56	3:17.22
6	O'Rourke, Therese	48	MVN-33	3:27.39
	46.87	1:39.73	2:40.98	3:27.39

**Women 50-54 50 Meter Free**

1	Saul, Joanne	52	LVM-33	33.21
2	Veloso, Lolita	53	SDSM-44	36.27
3	Brooks, Sherry	50	NOVA-33	39.03
4	Blitz, Holley	51	ZAPM-33	52.38
---	Moore, Dede	50	SOBA-33	DQ

**Women 50-54 100 Meter Free**

1	Granger, Traci	52	LAPS-33	1:08.48
	32.40	1:08.48		
2	Moore, Dede	50	SOBA-33	1:11.40
	33.78	1:11.40		
3	Powers, Patricia	53	LBG-33	1:21.53
	38.22	1:21.53		
4	Brooks, Sherry	50	NOVA-33	1:25.62
	41.00	1:25.62		

**Women 50-54 200 Meter Free**

1	Cook, Jenny	52	SCAQ-33	2:21.07
	31.78	1:07.24	1:44.40	2:21.07
2	Carlsen, Jeanne	52	UNAT	2:21.26
	33.40	1:08.34	1:44.29	2:21.26
3	Saul, Joanne	52	LVM-33	2:34.81
	35.66	1:14.85	1:55.43	2:34.81
4	Spivey, Bonnie	52	MVN-33	2:41.41
	35.43	1:15.20	1:54.21	2:41.41
5	Powers, Patricia	53	LBG-33	2:59.50
	38.91	1:23.75	2:11.54	2:59.50
6	Brooks, Sherry	50	NOVA-33	3:07.80
	42.18	1:29.84	2:19.78	3:07.80

**Women 50-54 400 Meter Free**

1	Carlsen, Jeanne	52	UNAT	4:53.52
	34.50	1:10.65	1:47.40	2:24.35
	3:01.39	3:38.57	4:16.03	4:53.52
2	Saul, Joanne	52	LVM-33	5:38.00
	37.07	1:17.76	2:00.52	2:43.85
	3:27.49	4:11.29	4:54.67	5:38.00





## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**(Women 50-54 200 Meter IM)**

2	Carlsen, Jeanne	52	UNAT	2:45.59
		37.69	1:19.89	2:08.42
				2:45.59
3	Granger, Traci	52	LAPS-33	2:49.09
		32.65	1:18.51	2:09.11
				2:49.09
4	Moore, Dede	50	SOBA-33	3:11.82
		39.20	1:27.09	2:29.80
				3:11.82
5	Wilson, Carol	53	TMEC-33	3:13.78
		40.16	1:30.95	2:28.66
				3:13.78

**Women 50-54 400 Meter IM**

1	Cook, Jenny	52	SCAQ-33	5:49.72
		35.65	1:17.06	2:02.86
		3:39.65	4:31.24	5:11.97
				5:49.72
2	Carlsen, Jeanne	52	UNAT	5:50.59
		36.71	1:18.72	2:05.02
		3:40.65	4:32.42	5:12.46
				5:50.59

**Women 55-59 50 Meter Free**

1	Val, Laura	59	TAM-38	29.11
2	Meteyer, Beverly	57	LVM-33	34.46
3	Haynie, Dee	55	TOC-38	34.70
4	Eisenman, Judy	56	TAM-38	34.76
5	Quinn, Phyllis	55	TOC-38	35.32
6	Hayes, Patricia	57	LBG-33	35.58
7	Raboin, Deborah	59	MVN-33	36.02
8	Thornton, Kim	58	NOVA-33	37.93
9	Miller, Kim	55	SDSM-44	43.59

**Women 55-59 100 Meter Free**

1	Val, Laura	59	TAM-38	1:03.24
		30.04	1:03.24	
2	Eisenman, Judy	56	TAM-38	1:14.77
		36.56	1:14.77	
3	Meteyer, Beverly	57	LVM-33	1:21.25
		39.50	1:21.25	
4	Hayes, Patricia	57	LBG-33	1:28.63
		40.96	1:28.63	
5	Rogers, Darlene	55	LVM-33	1:37.77
		46.94	1:37.77	
6	Mc Kinley, Maureen	57	NOVA-33	1:53.45
		53.02	1:53.45	

**Women 55-59 100 Meter Free 100 Free Split**

1	Ciraulo, Christie	57	UCLA-33	1:12.90
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**Women 55-59 200 Meter Free**

1	McConkle, Cori	56	NOVA-33	3:20.16
		47.17	1:37.03	2:29.20
				3:20.16
2	Raboin, Deborah	59	MVN-33	3:24.06
		43.14	1:33.44	2:29.20
				3:24.06
3	Rogers, Darlene	55	LVM-33	3:32.69
		46.78	1:41.22	2:37.13
				3:32.69
4	Mc Kinley, Maureen	57	NOVA-33	4:05.97
		55.33	1:58.01	3:02.05
				4:05.97

**Women 55-59 200 Meter Free 200 Free Split**

1	Ciraulo, Christie	57	UCLA-33	2:37.24
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**Women 55-59 400 Meter Free 400 Free Split**

1	Ciraulo, Christie	57	UCLA-33	5:26.85
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**Women 55-59 400 Meter Free**

1	Ciraulo, Christie	57	UCLA-33	5:17.26
		36.59	1:16.22	1:56.71
		3:18.10	3:58.38	4:38.40
				5:17.26
2	Quinn, Phyllis	55	TOC-38	5:52.64
		40.94	1:25.35	2:11.03
		3:41.32	4:25.73	5:10.50
				5:52.64
3	Eisenman, Judy	56	TAM-38	5:53.15
		40.59	1:25.69	2:11.41
		3:42.20	4:26.80	5:11.50
				5:53.15
4	Seaton, Jessica	57	WH2O-33	6:20.52
		43.49	1:32.11	2:20.69
		3:58.55	4:46.92	5:34.25
				6:20.52
5	Rogers, Darlene	55	LVM-33	7:42.10
		47.51	1:44.91	2:46.25
		4:48.33	5:48.85	6:47.84
				7:42.10

**Women 55-59 800 Meter Free**

1	Ciraulo, Christie	57	UCLA-33	10:49.43
		38.19	1:19.51	2:01.30
		3:24.63	4:05.58	4:46.24
		6:07.25	6:47.83	7:28.65
		8:48.74	9:28.81	10:09.66
				10:49.43
2	Eisenman, Judy	56	TAM-38	12:01.32
		41.36	1:27.47	2:14.45
		3:47.82	4:33.87	5:19.36
		6:49.76	7:34.68	8:19.85
		9:50.07	10:34.66	11:19.13
				12:01.32
3	Quinn, Phyllis	55	TOC-38	12:13.52
		43.49	1:29.48	2:16.14
		3:50.45	4:37.17	5:24.51
		6:58.44	7:44.45	8:30.67
		10:02.71	10:47.30	11:31.52
				12:13.52
4	James, Katy	55	ARIZ-48	12:42.41
		42.03	1:29.69	2:18.78
		3:55.46	4:43.72	5:32.47
		7:09.72	7:57.28	8:45.24
		10:21.18	11:09.67	11:57.66
				12:42.41
5	Hayes, Patricia	57	LBG-33	15:12.73
		47.84	1:42.25	2:39.05
		4:37.65	5:34.87	6:33.29
		8:30.84	9:29.28	10:27.71
		12:24.84	13:23.61	14:20.95
				15:12.73
6	Rogers, Darlene	55	LVM-33	15:38.54
		49.65	1:48.78	2:50.25
		4:48.81	5:51.25	6:53.86
		8:52.24	9:52.15	10:50.60
		12:47.62	13:47.83	14:45.55
				15:38.54

**Women 55-59 1500 Meter Free**

1	Ciraulo, Christie	57	UCLA-33	20:21.11
		36.66	1:15.86	1:55.94
		3:17.27	3:58.09	4:38.91
		6:00.86	6:41.56	7:22.30
		8:44.03	9:24.87	10:05.64
		11:27.40	12:08.21	12:49.12
		14:11.25	14:52.20	15:33.24
		16:56.19	17:37.53	18:18.87
		19:41.82	20:21.11	
2	Haynie, Dee	55	TOC-38	21:06.14
		38.27	1:19.34	2:01.44
		3:24.88	4:07.32	4:49.77
		6:14.47	6:57.11	7:39.26
		9:05.00	9:48.08	10:30.19
		11:55.44	12:38.06	13:20.66
		14:45.57	15:28.24	16:11.08
		17:37.35	18:19.10	19:00.60
		20:25.38	21:06.14	
3	Quinn, Phyllis	55	TOC-38	22:50.69
		43.74	1:29.73	2:16.44
		3:50.37	4:37.44	5:24.18
		6:56.81	7:43.24	8:29.40
		10:01.46	10:47.79	11:33.22
		13:03.89	13:49.95	14:35.85
		16:06.38	16:50.99	17:35.20
		19:04.60	19:49.57	20:35.16
		22:06.32	22:50.69	
4	Rogers, Darlene	55	LVM-33	29:47.61
		47.91	1:46.61	2:48.01
		4:51.39	5:49.99	6:50.24
		8:50.69	9:50.87	10:51.13
		12:50.84	13:50.35	14:49.76
		16:50.34	17:50.11	18:49.47
		20:49.27	21:48.53	22:48.87
		24:50.53	25:53.43	26:52.50
		28:52.70	29:47.61	
5	Hayes, Patricia	57	LBG-33	30:03.82
		49.70	1:47.42	2:47.74
		4:48.69	5:48.80	6:49.06
		8:50.04	9:50.49	10:50.88
		12:53.41	13:54.46	14:55.00
		16:56.45	17:56.42	18:56.68
		20:56.81	21:56.87	22:57.30
		24:59.26	25:59.63	27:02.14
		29:04.27	30:03.82	28:04.19
6	Oakleaf, The Leaf	55	LBG-33	31:36.89
		56.77	1:58.20	3:02.08
		5:11.62	6:14.03	7:18.55
		9:25.01	10:29.16	11:32.13
		13:39.05	14:47.71	15:51.80
		17:59.40	19:02.28	20:05.63
		22:14.70	23:17.84	24:21.66
		26:27.95	27:29.09	28:32.59
		30:37.26	31:36.89	29:35.06

## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**(Women 55-59 1500 Meter Free)**

7	Mc Kinley, Maureen	57	NOVA-33	33:38.12
	57.77	2:02.22	3:08.46	4:13.98
	5:20.06	6:26.38	7:33.56	8:40.49
	9:48.15	10:55.32	12:03.72	13:12.14
	14:19.13	15:26.27	16:34.12	17:42.97
	18:52.00	20:00.94	21:09.74	22:17.65
	23:25.87	24:33.51	25:41.96	26:49.55
	27:58.74	29:06.59	30:14.40	31:22.92
	32:30.26	33:38.12		

**Women 55-59 50 Meter Back**

1	Val, Laura	59	TAM-38	33.05
2	James, Katy	55	ARIZ-48	39.87
3	Thornton, Kim	58	NOVA-33	44.50
4	Oakleaf, The Leaf	55	LBG-33	57.55

**Women 55-59 100 Meter Back**

1	James, Katy	55	ARIZ-48	1:29.38
	42.57	1:29.38		
2	Thornton, Kim	58	NOVA-33	1:36.02
	47.73	1:36.02		
3	McConkle, Cori	56	NOVA-33	1:47.33
	52.08	1:47.33		
4	Oakleaf, The Leaf	55	LBG-33	2:07.24
	1:01.20	2:07.24		

**Women 55-59 200 Meter Back**

1	Quinn, Phyllis	55	TOC-38	3:15.70
	47.29	1:37.32	2:28.01	3:15.70
2	James, Katy	55	ARIZ-48	3:18.11
	45.14	1:35.60	2:27.63	3:18.11
3	Meteyer, Beverly	57	LVM-33	4:00.46
	57.48	1:59.72	3:03.30	4:00.46
4	Oakleaf, The Leaf	55	LBG-33	4:26.24
	1:01.65	2:08.91	3:20.32	4:26.24
---	Val, Laura	59	TAM-38	DQ

**Women 55-59 50 Meter Breast**

1	Haynie, Dee	55	TOC-38	43.14
2	Smith, Patty	57	OCC-33	44.46
3	Thornton, Kim	58	NOVA-33	45.46
4	Meteyer, Beverly	57	LVM-33	49.56
5	Hayes, Patricia	57	LBG-33	51.94
6	Miller, Kim	55	SDSM-44	52.24
7	Mc Kinley, Maureen	57	NOVA-33	1:01.94

**Women 55-59 100 Meter Breast**

1	Haynie, Dee	55	TOC-38	1:34.51
	44.91	1:34.51		
2	Smith, Patty	57	OCC-33	1:37.79
	47.72	1:37.79		
3	Seaton, Jessica	57	WH2O-33	1:42.72
	48.52	1:42.72		
4	Eisenman, Judy	56	TAM-38	1:51.15
	52.74	1:51.15		
5	Rogers, Darlene	55	LVM-33	2:14.67
	1:04.00	2:14.67		

**Women 55-59 200 Meter Breast**

1	Smith, Patty	57	OCC-33	3:29.26
	46.71	1:40.47	2:35.36	3:29.26
2	Mc Kinley, Maureen	57	NOVA-33	4:40.15
	1:04.51	2:16.36	3:29.26	4:40.15

**Women 55-59 50 Meter Fly**

1	Val, Laura	59	TAM-38	32.53
2	Ciraulo, Christie	57	UCLA-33	33.66
3	Smith, Patty	57	OCC-33	39.23
4	Meteyer, Beverly	57	LVM-33	45.08
5	Miller, Kim	55	SDSM-44	47.86
6	Hayes, Patricia	57	LBG-33	49.27

**Women 55-59 100 Meter Fly**

1	Val, Laura	59	TAM-38	1:10.43
	33.43	1:10.43		
2	Ciraulo, Christie	57	UCLA-33	1:20.58
	37.66	1:20.58		

**Women 55-59 200 Meter Fly**

1	Ciraulo, Christie	57	UCLA-33	3:05.18
	37.67	1:22.78	2:11.80	3:05.18
2	James, Katy	55	ARIZ-48	3:41.48
	48.47	1:44.50	2:42.22	3:41.48
3	Quinn, Phyllis	55	TOC-38	3:55.10
	52.13	1:51.79	2:57.67	3:55.10

**Women 55-59 100 Meter IM**

1	Miller, Kim	55	SDSM-44	1:47.38
	52.08	1:47.38		
2	Oakleaf, The Leaf	55	LBG-33	2:04.25
	57.89	2:04.25		
---	Meteyer, Beverly	57	LVM-33	DQ
---	Smith, Patty	57	OCC-33	DQ

**Women 55-59 200 Meter IM**

1	Haynie, Dee	55	TOC-38	3:04.18
	42.62	1:31.22	2:23.57	3:04.18
2	Smith, Patty	57	OCC-33	3:11.40
	42.34	1:32.45	2:27.50	3:11.40

**Women 55-59 400 Meter IM**

1	James, Katy	55	ARIZ-48	7:09.34
	48.19	1:44.68	2:40.14	3:34.47
	4:33.31	5:32.42	6:22.00	7:09.34
2	McConkle, Cori	56	NOVA-33	8:34.68
	1:00.24	2:25.32	3:26.31	4:25.67
	5:39.13	6:52.38	7:44.19	8:34.68

**Women 60-64 50 Meter Free**

1	Davis, Charlotte	60	PNA-36	30.01
2	LeClercq, Toni	62	PNA-36	35.56
3	Menard, Joanne	62	ARIZ-48	36.26
4	Levinrad, Jan	63	WH2O-33	36.42
5	Felton, Anezka	62	TOC-38	36.56
6	Montrella, Bev	64	MVN-33	38.09
7	Stengel, Alta	60	SDSM-44	45.31

8	Hirakawa, Diane	61	SDSM-44	46.28
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**Women 60-64 100 Meter Free**

1	Davis, Charlotte	60	PNA-36	1:06.58
	33.70	1:06.58		
2	LeClercq, Toni	62	PNA-36	1:20.27
	38.22	1:20.27		
3	Welch, Sarah	63	PNA-36	1:22.78
	39.61	1:22.78		
4	Felton, Anezka	62	TOC-38	1:24.89
	40.23	1:24.89		
5	Montrella, Bev	64	MVN-33	1:25.98
	41.33	1:25.98		
6	Thresh, Andrea	61	LBG-33	1:36.10
	45.41	1:36.10		
7	Stengel, Alta	60	SDSM-44	1:40.37
	46.78	1:40.37		
8	Hirakawa, Diane	61	SDSM-44	1:41.15
	48.10	1:41.15		
9	Cole, Anita	63	LBG-33	2:22.52
	1:08.66	2:22.52		

**Women 60-64 200 Meter Free**

1	Levinrad, Jan	63	WH2O-33	3:05.88
	41.97	1:28.16	2:16.36	3:05.88
2	Felton, Anezka	62	TOC-38	3:17.79
	42.91	1:33.02	2:25.68	3:17.79
3	Stengel, Alta	60	SDSM-44	3:36.36
	48.08	1:43.14	2:41.12	3:36.36
4	Thresh, Andrea	61	LBG-33	3:44.32
	46.68	1:40.64	2:39.84	3:44.32

**Women 60-64 400 Meter Free**

1	Menard, Joanne	62	ARIZ-48	6:13.97
	40.59	1:27.85	2:16.17	3:04.95
	3:52.85	4:40.49	5:27.97	6:13.97
2	Levinrad, Jan	63	WH2O-33	6:39.04
	45.54	1:34.06	2:24.54	3:15.75
	4:07.13	4:58.07	5:49.50	6:39.04
3	Baker, Gini	60	SDSM-44	7:28.79
	47.09	1:39.82	2:36.23	3:34.00
	4:32.56	5:30.66	6:30.50	7:28.79
4	Watson, Katherine	63	OJAI-33	7:32.32
	51.45	1:48.85	2:46.04	3:44.41
	4:42.46	5:41.45	6:38.69	7:32.32
5	Cole, Anita	63	LBG-33	10:46.92
	1:10.20	2:30.41	3:56.50	5:19.29
	6:43.20	8:05.76	9:25.62	10:46.92

**Women 60-64 800 Meter Free**

1	Menard, Joanne	62	ARIZ-48	12:30.41
	41.93	1:30.16	2:18.64	3:06.96
	3:54.80	4:42.23	5:29.63	6:16.88
	7:03.96	7:51.16	8:38.76	9:25.48
	10:12.82	10:59.71	11:46.26	12:30.41

## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**(Women 60-64 800 Meter Free)**

2 Baker, Gini	60	SDSM-44	15:12.81
	48.03	1:42.23	2:39.88
	3:37.79	4:35.84	5:34.01
	6:32.55	7:30.87	8:29.40
	9:27.66	10:26.06	11:24.55
	12:23.07	13:21.54	14:19.42
	15:12.81		
3 Watson, Katherine	63	OJAI-33	15:54.91
	54.71	2:54.07	3:54.93
	4:54.03	5:54.94	6:55.93
	7:55.14	8:56.29	9:57.88
	10:58.97	11:58.53	12:59.38
	13:59.31	14:58.90	15:54.91

**Women 60-64 1500 Meter Free**

1 Menard, Joanne	62	ARIZ-48	24:10.49
	40.80	1:28.15	2:16.54
	3:04.75	3:53.18	4:41.35
	5:29.90	6:18.05	7:06.18
	7:54.28	8:43.43	9:31.94
	10:20.36	11:09.12	11:58.23
	12:46.88	13:35.53	14:24.51
	15:13.70	16:02.56	16:51.59
	17:40.31	18:29.86	19:19.24
	20:08.33	20:57.22	21:46.27
	22:35.86	23:24.35	24:10.49
2 Cole, Anita	63	LBG-33	40:30.54
	1:08.54		5:09.04
	6:28.40	7:49.61	9:10.49
	10:30.18	11:51.00	13:12.98
	14:33.03	15:56.02	17:17.75
	18:39.51	21:23.55	22:46.98
	24:05.28	25:27.16	26:49.01
	28:09.66	29:34.25	30:55.66
	32:18.42	33:41.09	35:05.31
	36:29.16	37:52.05	39:14.37
	40:30.54		

**Women 60-64 50 Meter Back**

1 Levinrad, Jan	63	WH2O-33	42.56
2 Komar, Kathleen	61	UCLA-33	46.44
3 Stengel, Alta	60	SDSM-44	51.71

**Women 60-64 100 Meter Back**

1 Levinrad, Jan	63	WH2O-33	1:37.95
	47.44	1:37.95	
2 Montrella, Bev	64	MVN-33	1:42.54
	51.10	1:42.54	
3 Stengel, Alta	60	SDSM-44	1:55.17
	55.23	1:55.17	
4 Jacobus, Anne	60	LBG-33	1:56.11
	54.85	1:56.11	

**Women 60-64 200 Meter Back**

1 Montrella, Bev	64	MVN-33	3:48.95
	52.57	1:52.14	2:50.28
2 Stengel, Alta	60	SDSM-44	3:58.03
	54.47	1:53.85	2:57.91
3 Jacobus, Anne	60	LBG-33	4:40.51
	1:04.78	2:16.66	3:29.66
4 Cole, Anita	63	LBG-33	7:00.33
	1:36.51	3:24.42	5:12.62
		7:00.33	

**Women 60-64 50 Meter Breast**

1 Pierson, Ginger	64	OREG-37	44.54
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2 Felton, Anezka	62	TOC-38	50.37
3 Komar, Kathleen	61	UCLA-33	51.37
4 Hirakawa, Diane	61	SDSM-44	53.86
5 Watson, Katherine	63	OJAI-33	1:01.68
--- LeClercq, Toni	62	PNA-36	DQ
Alternating Kick			

**Women 60-64 100 Meter Breast**

1 Pierson, Ginger	64	OREG-37	1:37.44
	45.86	1:37.44	
2 Montrella, Bev	64	MVN-33	1:53.70
	55.25	1:53.70	
3 Jacobus, Anne	60	LBG-33	2:01.74
	58.10	2:01.74	
4 Hirakawa, Diane	61	SDSM-44	2:03.81
	1:00.15	2:03.81	
5 Watson, Katherine	63	OJAI-33	2:08.14
	1:02.27	2:08.14	
6 Baker, Gini	60	SDSM-44	2:12.35
	1:01.70	2:12.35	

**Women 60-64 200 Meter Breast**

1 Pierson, Ginger	64	OREG-37	3:36.92
	49.55	1:45.11	2:41.55
2 Jacobus, Anne	60	LBG-33	4:36.79
	1:01.87	2:11.44	3:24.75
			4:36.79

**Women 60-64 50 Meter Fly**

1 Davis, Charlotte	60	PNA-36	33.30
2 Welch, Sarah	63	PNA-36	39.35
3 LeClercq, Toni	62	PNA-36	39.93
4 Komar, Kathleen	61	UCLA-33	44.15
5 Felton, Anezka	62	TOC-38	45.59
6 Hirakawa, Diane	61	SDSM-44	51.36
7 Thresh, Andrea	61	LBG-33	52.91
8 Cole, Anita	63	LBG-33	1:41.95

**Women 60-64 100 Meter Fly**

1 Welch, Sarah	63	PNA-36	1:32.01
	42.85	1:32.01	
2 Felton, Anezka	62	TOC-38	1:55.08
	52.73	1:55.08	
3 Watson, Katherine	63	OJAI-33	2:05.48
	1:00.06	2:05.48	

**Women 60-64 200 Meter Fly**

1 Welch, Sarah	63	PNA-36	3:30.04
	46.19	1:40.10	2:35.95
			3:30.04
2 Watson, Katherine	63	OJAI-33	4:30.28
	1:00.99	2:10.13	3:20.82
			4:30.28

**Women 60-64 100 Meter IM**

1 Davis, Charlotte	60	PNA-36	1:17.48
	35.69	1:17.48	
2 LeClercq, Toni	62	PNA-36	1:29.78
	41.96	1:29.78	
3 Welch, Sarah	63	PNA-36	1:34.51
	43.75	1:34.51	
4 Komar, Kathleen	61	UCLA-33	1:39.84
	46.18	1:39.84	

5 Thresh, Andrea	61	LBG-33	1:52.93
	53.73	1:52.93	
6 Hirakawa, Diane	61	SDSM-44	1:57.12
	56.62	1:57.12	
7 Baker, Gini	60	SDSM-44	2:02.61
	59.99	2:02.61	

**Women 60-64 200 Meter IM**

1 Davis, Charlotte	60	PNA-36	2:48.33
	37.18	1:21.52	2:12.70
			2:48.33
2 LeClercq, Toni	62	PNA-36	3:20.89
	42.86	1:36.02	2:35.28
			3:20.89
3 Welch, Sarah	63	PNA-36	3:26.95
	42.42	1:38.42	2:39.90
			3:26.95
4 Montrella, Bev	64	MVN-33	3:45.10
	50.38	1:46.88	2:54.21
			3:45.10
5 Thresh, Andrea	61	LBG-33	4:11.82
	57.42	2:03.91	3:14.81
			4:11.82
6 Jacobus, Anne	60	LBG-33	4:14.57
	53.22	2:05.85	3:17.38
			4:14.57
--- Cole, Anita	63	LBG-33	DQ

**Women 60-64 400 Meter IM**

1 Davis, Charlotte	60	PNA-36	5:57.70
	38.48	1:22.31	2:11.06
			2:57.61
	3:50.33	4:40.78	5:21.35
			5:57.70

**Women 65-69 50 Meter Free**

1 Ridout, Nancy	68	TAM-38	36.92
2 Smith, Diane	65	CVMM-33	40.93

**Women 65-69 50 Meter Free 50 Free Split**

1 Marr, Jackie	67	SDSM-44	38.74
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**Women 65-69 100 Meter Free**

1 Marr, Jackie	67	SDSM-44	1:23.89
	40.07	1:23.89	
2 Ridout, Nancy	68	TAM-38	1:25.65
	41.41	1:25.65	

**Women 65-69 200 Meter Free**

1 Dills, Suzanne	65	PNA-36	2:45.06
	37.52	1:19.03	2:02.25
			2:45.06
2 Ridout, Nancy	68	TAM-38	3:08.04
	43.79	1:32.38	2:21.09
			3:08.04

**Women 65-69 400 Meter Free**

1 Dills, Suzanne	65	PNA-36	5:46.47
	39.39	1:21.65	2:05.60
			2:49.58
	3:33.97	4:18.54	5:03.04
			5:46.47
2 Ridout, Nancy	68	TAM-38	6:38.98
	45.53	1:36.59	2:28.14
			3:19.31
	4:10.92	5:01.39	5:51.14
			6:38.98
3 Shockro, Ellen	68	NOVA-33	7:53.28
	51.72	1:52.83	2:54.49
			3:55.74
	4:56.05	5:57.02	6:55.75
			7:53.28

## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**Women 65-69 1500 Meter Free**

1	Dills, Suzanne	65	PNA-36	22:59.28
	42.13	1:28.30	2:15.20	3:02.13
	3:49.01	4:36.31	5:22.44	6:08.45
	6:54.61	7:41.23	8:28.10	9:14.69
	10:00.57	10:46.46	11:32.33	12:17.63
	13:03.14	13:48.41	14:34.19	15:20.05
	16:04.99	16:50.69	17:36.89	18:22.72
	19:08.75	19:55.04	20:41.25	21:27.39
	22:13.52	22:59.28		
2	Shockro, Ellen	68	NOVA-33	30:38.03
	52.51	1:53.80	2:55.92	3:58.28
	4:59.27	5:59.03	7:01.23	8:02.32
	9:03.60	10:05.98	11:07.41	12:08.16
	13:09.58	14:11.98	15:13.48	16:15.37
	17:16.86	18:19.72	19:20.97	20:23.04
	21:25.37	22:26.73	23:28.65	24:30.86
	25:32.80	26:34.61	27:35.74	28:36.75
	29:38.18	30:38.03		

**Women 65-69 50 Meter Back**

1	Marr, Jackie	67	SDSM-44	44.33
2	Smith, Diane	65	CVMM-33	48.72

**Women 65-69 100 Meter Back 100 Back Split**

1	Marr, Jackie	67	SDSM-44	1:34.78
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**Women 65-69 100 Meter Back**

1	Marr, Jackie	67	SDSM-44	1:34.53
	46.23	1:34.53		
2	Smith, Diane	65	CVMM-33	1:57.44
	52.85	1:57.44		

**Women 65-69 200 Meter Back**

1	Dills, Suzanne	65	PNA-36	3:19.73
	46.02	1:36.27	2:28.24	3:19.73
2	Marr, Jackie	67	SDSM-44	3:29.69
	48.98	1:42.50	2:36.51	3:29.69

**Women 65-69 200 Meter Breast**

1	Marr, Jackie	67	SDSM-44	4:01.34
	54.72	1:55.98	2:58.72	4:01.34

**Women 65-69 50 Meter Fly**

1	Shockro, Ellen	68	NOVA-33	59.49
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**Women 65-69 100 Meter Fly 100 Fly Split**

1	Marr, Jackie	67	SDSM-44	1:48.84
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**Women 65-69 200 Meter Fly**

1	Marr, Jackie	67	SDSM-44	3:49.81
	50.52	1:48.84	2:49.39	3:49.81

**Women 65-69 200 Meter IM**

1	Dills, Suzanne	65	PNA-36	3:16.37
	42.15	1:32.72	2:32.22	3:16.37

**Women 65-69 400 Meter IM**

1	Dills, Suzanne	65	PNA-36	7:02.74
	50.32	1:47.92	2:40.82	3:33.72
	4:34.26	5:33.29	6:18.29	7:02.74

**Women 70-74 50 Meter Free**

1	Davis, Nancy	74	CMSC	53.19
2	Fasbender, Alice	72	SMMM-38	1:09.27

**Women 70-74 100 Meter Free 100 Free Split**

1	Glenn, Sylvia	73	OJAI-33	2:13.47
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**Women 70-74 100 Meter Free**

1	Davis, Nancy	74	CMSC	2:04.95
	57.33	2:04.95		
2	Fasbender, Alice	72	SMMM-38	2:44.87
	1:14.92	2:44.87		

**Women 70-74 200 Meter Free 200 Free Split**

1	Glenn, Sylvia	73	OJAI-33	4:39.20
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**Women 70-74 200 Meter Free**

1	Clifford, Gynt	72	SDSM-44	3:18.98
	44.42	1:34.71	2:26.95	3:18.98

**Women 70-74 400 Meter Free**

1	Glenn, Sylvia	73	OJAI-33	9:29.96
	1:02.28	2:13.47	3:26.79	4:39.20
	5:51.40	7:03.93	8:18.71	9:29.96

**Women 70-74 400 Meter Free 400 Free Split**

1	Glenn, Sylvia	73	OJAI-33	9:30.77
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**Women 70-74 800 Meter Free 800 Free Split**

1	Glenn, Sylvia	73	OJAI-33	19:24.50
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**Women 70-74 1500 Meter Free**

1	Glenn, Sylvia	73	OJAI-33	37:14.79
	1:04.33	2:14.62	3:27.62	4:39.40
	5:52.34	7:03.86	8:17.99	9:30.77
	10:44.67	11:58.00	13:12.79	14:26.12
	15:39.97	16:54.99	18:09.35	19:24.50
	20:39.28	21:55.57	23:13.53	24:29.07
	25:44.19	27:00.50	28:16.18	29:32.79
	30:50.47	32:07.56	33:25.90	34:42.42
	36:00.39	37:14.79		

**Women 70-74 50 Meter Back**

1	Davis, Nancy	74	CMSC	1:12.88
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**Women 70-74 100 Meter Back**

1	Glenn, Sylvia	73	OJAI-33	2:21.36
	1:06.48	2:21.36		
2	Fasbender, Alice	72	SMMM-38	2:46.60
	1:17.85	2:46.60		

**Women 70-74 200 Meter Back**

1	Clifford, Gynt	72	SDSM-44	3:59.88
	55.30	1:56.94	3:00.10	3:59.88
2	Geoffrion, Helen	71	UCLA-33	4:30.36
	1:04.14	2:14.00	3:24.01	4:30.36
3	Glenn, Sylvia	73	OJAI-33	4:58.10
	1:10.22	2:27.55	3:46.83	4:58.10

**Women 70-74 50 Meter Breast**

1	Geoffrion, Helen	71	UCLA-33	57.31
2	Davis, Nancy	74	CMSC	1:02.33

**Women 70-74 100 Meter Breast**

1	Geoffrion, Helen	71	UCLA-33	2:15.60
	1:03.79	2:15.60		
2	Davis, Nancy	74	CMSC	2:22.17
	1:07.16	2:22.17		
3	Glenn, Sylvia	73	OJAI-33	2:46.56
	1:15.74	2:46.56		

**Women 70-74 200 Meter Breast**

1	Geoffrion, Helen	71	UCLA-33	4:45.91
	1:03.85	2:20.00	3:35.38	4:45.91
---	Glenn, Sylvia	73	OJAI-33	DQ
	Hands brought beyond the hipline during stroke			

**Women 70-74 50 Meter Fly**

1	Clifford, Gynt	72	SDSM-44	44.98
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**Women 70-74 200 Meter Fly**

1	Clifford, Gynt	72	SDSM-44	4:20.24
	53.11	1:57.10	3:10.66	4:20.24

**Women 70-74 100 Meter IM**

1	Clifford, Gynt	72	SDSM-44	1:43.77
	47.67	1:43.77		

**Women 70-74 200 Meter IM**

1	Clifford, Gynt	72	SDSM-44	3:56.61
	48.26	1:47.82	3:02.37	3:56.61
2	Geoffrion, Helen	71	UCLA-33	4:23.45
	1:01.60	2:11.78	3:27.02	4:23.45

**Women 75-79 100 Meter Free**

1	Caldwell, Dionne	78	NOVA-33	1:53.76
	55.77	1:53.76		

**Women 75-79 400 Meter Free**

1	Caldwell, Dionne	78	NOVA-33	7:55.17
	53.44	1:53.41	2:55.46	3:56.99
	4:58.76	5:59.70	7:00.53	7:55.17

**Women 75-79 800 Meter Free**

1	Caldwell, Dionne	78	NOVA-33	16:07.69
	54.47	1:55.01	2:55.88	3:57.48
	4:59.09	6:01.62		8:07.04
	9:07.93	10:09.20	11:09.78	12:11.56
	13:11.59	14:11.80	15:12.97	16:07.69

**Women 75-79 1500 Meter Free**

1	Caldwell, Dionne	78	NOVA-33	31:20.28
	55.07	1:57.67	3:01.05	4:04.26
	5:07.71	6:10.52	7:14.01	8:17.44
	9:20.67	10:24.17	11:26.29	12:29.20
	13:31.78	14:34.34	15:37.43	16:40.48
	17:43.27	18:47.19	19:49.59	20:52.46
	21:55.34	22:58.40	24:00.97	25:04.89
	26:08.58	27:12.10	28:14.77	29:18.53
	30:22.99	31:20.28		

**Women 75-79 50 Meter Fly**

1	Caldwell, Dionne	78	NOVA-33	59.74
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## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**Women 85-89 200 Meter Free**

1 Kornfeld, Maurine	89 MVN-33	4:46.23
	1:07.16 2:20.56 3:36.84	4:46.23

**Women 85-89 400 Meter Free**

1 Kornfeld, Maurine	89 MVN-33	9:16.31
	1:02.30 2:11.82 3:22.89	4:34.10
	5:43.89 6:55.09 8:09.45	9:16.31

**Women 85-89 800 Meter Free**

1 Kornfeld, Maurine	89 MVN-33	20:03.80
	1:06.73 2:20.84 3:37.34	4:50.89
	6:06.43 7:23.41 8:38.77	9:55.67
	11:15.62 12:31.65 13:49.65	15:06.70
	16:24.11 17:40.73 18:54.69	20:03.80

**Women 85-89 100 Meter Back**

1 Kornfeld, Maurine	89 MVN-33	2:35.13
	1:16.74 2:35.13	

**Women 90-94 400 Meter Free**

1 Simonton, Rita	92 LOST-33	9:28.99
	1:03.42 2:13.25 3:25.73	4:37.76
	5:50.63 7:04.01 8:17.82	9:28.99

**Women 90-94 100 Meter Back**

1 Simonton, Rita	92 LOST-33	2:32.24
	1:15.35 2:32.24	

**Men 18-24 50 Meter Free**

1 Hart, Jeff	24 SOBA-33	24.39
2 Scanlan, Matt	23 TOC-38	24.71
3 Wensley, Ryan	24 ROSE-33	24.77
4 Bower, Kenny	22 TOC-38	25.23
5 Kubacki, Jack	23 UCLA-33	25.32
6 Spencer, Evan	23 NOVA-33	25.49
7 Cleavenger, Dillon	18 CVMM-33	27.26
8 Hatano, Ken	23 NOVA-33	28.81
9 Arnold, Paul	23 NOVA-33	30.26
10 Queen, Oliver	20 LVM-33	31.20

**Men 18-24 50 Meter Free 50 Free Split**

1 Spencer, Evan	23 NOVA-33	25.15
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**Men 18-24 100 Meter Free**

1 Hart, Jeff	24 SOBA-33	53.47
	26.25 53.47	
2 Spencer, Evan	23 NOVA-33	55.72
	26.70 55.72	
3 Jenkins, Brian	23 SDSM-44	58.67
	28.31 58.67	
4 Cleavenger, Dillon	18 CVMM-33	1:01.40
	28.01 1:01.40	
5 Queen, Oliver	20 LVM-33	1:10.00
	33.00 1:10.00	

**Men 18-24 100 Meter Free 100 Free Split**

1 Wensley, Ryan	24 ROSE-33	54.80
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**Men 18-24 200 Meter Free**

1 Jenkins, Brian	23 SDSM-44	2:07.74
	30.40 1:02.69 1:35.83	2:07.74
2 Arnold, Paul	23 NOVA-33	3:01.13
	35.14 1:14.58 1:53.96	3:01.13

**Men 18-24 400 Meter Free**

1 Hart, Jeff	24 SOBA-33	4:25.09
	29.81 1:02.81 1:36.42	2:10.72
	2:44.33 3:18.41 3:52.74	4:25.09
2 Jenkins, Brian	23 SDSM-44	4:45.12
	32.16 1:08.06 1:44.83	2:22.45
	2:59.52 3:36.53 4:11.94	4:45.12

**Men 18-24 800 Meter Free**

1 Queen, Oliver	20 LVM-33	13:56.20
	39.91 1:27.52 2:19.51	3:13.50
	4:09.10 5:03.23 5:57.74	6:52.43
	7:48.33 8:44.18 9:37.27	10:31.05
	11:25.79 12:19.42 13:09.66	13:56.20

**Men 18-24 1500 Meter Free**

1 Queen, Oliver	20 LVM-33	26:41.41
	41.95 1:29.68 2:21.48	3:13.13
	4:06.09 5:00.05 5:54.23	6:49.98
	7:45.47 8:41.97 9:35.02	10:29.50
	11:26.25 12:23.43 13:19.30	14:14.34
	15:09.99 16:06.31 17:02.22	17:58.10
	18:46.99 19:38.36 20:31.52	21:27.20
	22:21.03 23:15.38 24:10.99	25:05.64
	25:54.63 26:41.41	

**Men 18-24 50 Meter Back**

1 Hatano, Ken	23 NOVA-33	37.76
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**Men 18-24 100 Meter Back**

1 Scanlan, Matt	23 TOC-38	58.17
	28.28 58.17	
2 Wensley, Ryan	24 ROSE-33	1:05.04
	31.89 1:05.04	
3 Hart, Jeff	24 SOBA-33	1:06.52
	32.60 1:06.52	
4 Cleavenger, Dillon	18 CVMM-33	1:15.65
	36.44 1:15.65	

**Men 18-24 50 Meter Breast**

1 Bower, Kenny	22 TOC-38	32.85
2 Hatano, Ken	23 NOVA-33	36.56
3 Cleavenger, Dillon	18 CVMM-33	37.22
4 Queen, Oliver	20 LVM-33	42.15

**Men 18-24 100 Meter Breast**

1 Bower, Kenny	22 TOC-38	1:13.07
	32.95 1:13.07	
2 Jenkins, Brian	23 SDSM-44	1:16.79
	36.18 1:16.79	
3 Hatano, Ken	23 NOVA-33	1:23.16
	40.80 1:23.16	
4 Queen, Oliver	20 LVM-33	1:29.93
	42.04 1:29.93	

5 Arnold, Paul	23 NOVA-33	1:35.64
	45.03 1:35.64	

**Men 18-24 50 Meter Fly**

1 Scanlan, Matt	23 TOC-38	25.88
2 Spencer, Evan	23 NOVA-33	26.66
3 Hart, Jeff	24 SOBA-33	27.36
4 Wensley, Ryan	24 ROSE-33	27.63
5 Bower, Kenny	22 TOC-38	28.37
6 Kubacki, Jack	23 UCLA-33	28.55
7 Hatano, Ken	23 NOVA-33	32.11
8 Arnold, Paul	23 NOVA-33	36.56

**Men 18-24 100 Meter Fly**

1 Scanlan, Matt	23 TOC-38	57.10
	26.83 57.10	
2 Spencer, Evan	23 NOVA-33	58.70
	27.50 58.70	
3 Arnold, Paul	23 NOVA-33	1:26.31
	38.50 1:26.31	

**Men 18-24 200 Meter Fly**

1 Spencer, Evan	23 NOVA-33	2:19.16
	28.99 1:01.96 1:39.33	2:19.16

**Men 18-24 100 Meter IM**

1 Jenkins, Brian	23 SDSM-44	1:08.27
	32.40 1:08.27	
2 Cleavenger, Dillon	18 CVMM-33	1:13.07
	32.44 1:13.07	
3 Arnold, Paul	23 NOVA-33	1:25.71
	42.82 1:25.71	

**Men 18-24 200 Meter IM**

1 Hart, Jeff	24 SOBA-33	2:26.68
	29.06 1:06.38 1:53.53	2:26.68

**Men 18-24 400 Meter IM**

1 Wensley, Ryan	24 ROSE-33	5:19.94
	35.25 1:13.61 1:55.70	2:36.93
	3:24.36 4:10.52 4:46.13	5:19.94

**Men 25-29 50 Meter Free**

1 Marshall, Gary	28 TOC-38	24.86
2 Brady, Devin	27 UNAT	24.99
3 Lentz, Graham	26 TOC-38	25.51
4 Gilroy, Scott	27 ROSE-33	26.31
5 Skaggs, Sean	25 NOVA-33	26.53
6 Broderick, Kyle	26 SDSM-44	27.12
7 Grice, Jeff	26 MVN-33	30.38
8 Jackson, Tony	29 LBG-33	38.08

**Men 25-29 100 Meter Free**

1 Banks, James	25 ROSE-33	54.93
	26.05 54.93	
2 Brady, Devin	27 UNAT	55.05
	25.99 55.05	
3 Grice, Jeff	26 MVN-33	1:05.21
	31.75 1:05.21	

## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**Men 25-29 200 Meter Free**

1 Lyons-Keefe, Brendan	29 OREG-37	2:18.09	
		31.19	1:06.16 1:42.93 2:18.09
2 Liebowitz, Daniel	26 SCMC-33	2:24.07	
		31.94	1:06.78 1:45.66 2:24.07
3 Grice, Jeff	26 MVN-33	2:27.35	
		33.53	1:10.95 1:49.92 2:27.35

**Men 25-29 400 Meter Free**

1 Lyons-Keefe, Brendan	29 OREG-37	5:05.00	
		33.43	1:09.73 1:47.43 2:26.48
		3:06.54	3:46.02 4:25.88 5:05.00
2 Ochoa, Enrique	28 WH2O-33	5:15.61	
		35.17	1:13.73 1:52.34 2:32.37
		3:14.55	3:55.81 4:35.68 5:15.61
3 Grice, Jeff	26 MVN-33	5:24.25	
		35.94	1:16.20 1:59.00 2:41.21
		3:22.99	4:04.30 4:45.35 5:24.25
4 Jackson, Tony	29 LBG-33	7:06.12	
		44.67	1:35.21 2:27.26 3:21.03
		4:17.44	5:14.02 6:11.71 7:06.12

**Men 25-29 800 Meter Free**

1 Lyons-Keefe, Brendan	29 OREG-37	10:27.83	
		34.26	1:11.12 1:49.92 2:28.28
		3:06.65	3:45.75 4:25.35 5:06.01
		5:45.95	6:26.64 7:06.91 7:47.95
		8:28.20	9:08.86 9:48.93 10:27.83

**Men 25-29 1500 Meter Free**

1 Biessmann, Max	25 NOVA-33	18:39.09	
		31.42	1:05.99 1:41.41 2:17.23
		2:53.22	3:29.89 4:07.00 4:44.30
		5:21.27	5:58.67 6:36.09 7:13.41
		7:50.87	8:28.58 9:06.34 9:44.01
		10:21.80	10:59.38 11:37.27 12:15.17
		12:52.98	13:31.13 14:09.11 14:47.32
		15:25.96	16:04.66 16:43.17 17:22.28
		18:01.65	18:39.09
2 Quetin, Gregory	26 ROSE-33	27:02.18	
		45.01	1:37.01 2:31.29 3:26.73
		4:23.25	5:21.39 6:19.28 7:16.17
		8:13.49	9:08.07 10:03.99 10:59.71
		11:53.92	12:49.50 13:45.05 14:41.39
		15:36.39	16:30.87 17:25.50 18:18.86
		19:13.62	20:07.67 21:00.52 21:53.87
		22:46.77	23:38.86 24:32.60 25:25.23
		26:15.86	27:02.18

**Men 25-29 50 Meter Back**

1 Sugimoto, Hiro	27 MVN-33	29.03	
2 Broderick, Kyle	26 SDSM-44	30.88	
3 Liebowitz, Daniel	26 SCMC-33	36.59	

**Men 25-29 100 Meter Back**

1 Brady, Devin	27 UNAT	1:01.16	
		29.43	1:01.16
2 Tichy, Jan	28 NOVA-33	1:01.80	
		30.13	1:01.80

3 Sugimoto, Hiro	27 MVN-33	1:05.65	
		30.18	1:05.65
4 Gilroy, Scott	27 ROSE-33	1:13.57	
		37.17	1:13.57
5 Ochoa, Enrique	28 WH2O-33	1:16.34	
		37.32	1:16.34

**Men 25-29 50 Meter Breast**

1 Lentz, Graham	26 TOC-38	29.76	
2 Young, Terence	29 UCLA-33	32.55	
3 Broderick, Kyle	26 SDSM-44	34.22	
4 Lam, Jeffrey	26 UNAT	38.91	
5 Dumouchel, Rob	29 CVMM-33	40.65	
6 Jackson, Tony	29 LBG-33	47.83	

**Men 25-29 100 Meter Breast**

1 Marshall, Gary	28 TOC-38	1:01.92	
		29.17	1:01.92
2 Lentz, Graham	26 TOC-38	1:05.81	
		30.30	1:05.81
3 Young, Terence	29 UCLA-33	1:10.61	
		33.40	1:10.61
4 Ecklund, Tait	29 LVM-33	1:12.36	
		34.14	1:12.36
5 Gilroy, Scott	27 ROSE-33	1:15.91	
		35.98	1:15.91
6 Dumouchel, Rob	29 CVMM-33	1:23.84	
		39.04	1:23.84
7 Jackson, Tony	29 LBG-33	1:45.40	
		51.92	1:45.40

**Men 25-29 200 Meter Breast**

1 Ecklund, Tait	29 LVM-33	2:38.81	
		35.66	1:16.05 1:57.06 2:38.81
2 Young, Terence	29 UCLA-33	2:42.07	
		36.19	1:17.24 1:59.29 2:42.07
3 Lam, Jeffrey	26 UNAT	3:17.05	
		37.37	1:24.05 2:19.13 3:17.05
4 Jackson, Tony	29 LBG-33	3:58.76	
		53.13	1:53.03 2:56.95 3:58.76

**Men 25-29 50 Meter Fly**

1 Tichy, Jan	28 NOVA-33	26.16	
2 Lentz, Graham	26 TOC-38	26.93	
3 Marshall, Gary	28 TOC-38	27.19	
4 Sugimoto, Hiro	27 MVN-33	27.49	
5 Broderick, Kyle	26 SDSM-44	28.74	
6 Young, Terence	29 UCLA-33	29.08	
7 Gilroy, Scott	27 ROSE-33	29.93	
8 Ochoa, Enrique	28 WH2O-33	31.77	

**Men 25-29 100 Meter Fly**

1 Tichy, Jan	28 NOVA-33	59.28	
		27.25	59.28
2 Sugimoto, Hiro	27 MVN-33	1:01.50	
		28.82	1:01.50
3 Dumouchel, Rob	29 CVMM-33	1:10.92	
		32.97	1:10.92

**Men 25-29 100 Meter IM**

1 Ecklund, Tait	29 LVM-33	1:04.71	
		30.84	1:04.71
2 Sugimoto, Hiro	27 MVN-33	1:04.72	
		28.35	1:04.72
3 Young, Terence	29 UCLA-33	1:08.66	
		32.38	1:08.66
4 Jackson, Tony	29 LBG-33	1:50.59	
		53.83	1:50.59

**Men 25-29 200 Meter IM**

1 Ecklund, Tait	29 LVM-33	2:20.60	
		30.90	1:08.18 1:47.92 2:20.60
2 Young, Terence	29 UCLA-33	2:28.38	
		30.04	1:08.53 1:51.43 2:28.38
3 Broderick, Kyle	26 SDSM-44	2:30.34	
		30.81	1:07.45 1:53.56 2:30.34
4 Grice, Jeff	26 MVN-33	2:45.98	
		35.61	1:19.48 2:08.01 2:45.98

**Men 25-29 400 Meter IM**

1 Ecklund, Tait	29 LVM-33	5:05.22	
		31.94	1:07.94 1:48.87 2:29.75
		3:12.45	3:54.77 4:30.46 5:05.22

**Men 30-34 50 Meter Free**

1 Greenwood, Scott	33 TOC-38	23.40	
2 Neubauer, Ian	30 ROSE-33	25.48	
3 Marlow, Jarvis	34 LVM-33	26.83	
4 Hwang, Wayne	32 NOVA-33	27.49	
5 Ghazarian, Rich	34 ROSE-33	28.88	
6 Coloma, James	31 SDSM-44	28.94	
7 Curry, Chuck	33 MVN-33	29.24	
8 Ramirez, Miguel	30 MVN-33	29.85	
9 Cheung, Alex	30 NOVA-33	29.86	

**Men 30-34 100 Meter Free**

1 Tripp, Mark	30 SOBA-33	57.62	
		27.67	57.62
2 Marlow, Jarvis	34 LVM-33	59.22	
		28.24	59.22
3 Merlo, Mark	32 NOVA-33	1:00.60	
		29.27	1:00.60
4 Manning, Jeff	30 TMEC-33	1:03.66	
		30.21	1:03.66
5 Ghazarian, Rich	34 ROSE-33	1:04.20	
		29.18	1:04.20
6 Curry, Chuck	33 MVN-33	1:04.63	
		30.05	1:04.63
7 Ramirez, Miguel	30 MVN-33	1:05.16	
		29.88	1:05.16
8 Cheung, Alex	30 NOVA-33	1:06.39	
		31.80	1:06.39
9 Espino, Stanley	34 NOVA-33	1:06.83	
		31.59	1:06.83

**Men 30-34 200 Meter Free**

1 Gaggero, David	34 TOC-38	2:06.13	
		29.19	1:00.38 1:32.76 2:06.13

## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**(Men 30-34 200 Meter Free)**

2	Tripp, Mark	30	SOBA-33	2:08.26
	29.67	1:01.87	1:34.71	2:08.26
3	Blaney, Ryan	33	LBG-33	2:15.74
	30.49	1:04.41	1:40.09	2:15.74
4	Clark, Kevin	32	LBG-33	2:38.98
	35.34	1:15.21	1:57.91	2:38.98
5	Parra, Mario	32	SGM-33	3:13.52
	39.57	1:26.84	2:19.93	3:13.52
6	Foster, Sean	30	LBG-33	3:42.04
	46.92	1:41.69	2:43.12	3:42.04

**Men 30-34 400 Meter Free**

1	Neubauer, Ian	30	ROSE-33	4:25.37
	29.84	1:02.58	1:35.76	2:09.45
	2:43.51	3:17.51	3:52.28	4:25.37
2	Gaggero, David	34	TOC-38	4:31.30
	30.61	1:03.59	1:37.37	2:11.83
	2:46.52	3:21.47	3:56.55	4:31.30
3	Marlow, Jarvis	34	LVM-33	4:32.60
	31.98	1:06.64	1:41.55	2:16.44
	2:50.98	3:25.19	3:59.37	4:32.60
4	Merlo, Mark	32	NOVA-33	5:02.77
	34.13	1:10.94	1:49.13	2:28.37
	3:07.59	3:46.47	4:24.83	5:02.77
5	Espino, Stanley	34	NOVA-33	5:29.36
	35.83	1:15.37	1:57.02	2:40.15
	3:22.87	4:06.74	4:49.64	5:29.36
6	Clark, Kevin	32	LBG-33	5:43.89
	37.40	1:18.70	2:02.48	2:46.78
	3:32.37	4:17.10	5:01.52	5:43.89

**Men 30-34 800 Meter Free**

1	Tripp, Mark	30	SOBA-33	9:53.09
	32.78	1:09.15	1:46.22	2:23.77
	3:01.15	3:38.50	4:16.09	4:53.91
	5:31.41	6:08.76	6:46.26	7:24.17
	8:02.19	8:40.03	9:17.58	9:53.09

**Men 30-34 1500 Meter Free**

1	Marlow, Jarvis	34	LVM-33	18:13.84
	33.34	1:09.29	1:45.83	2:22.58
	2:59.31	3:35.76	4:12.27	4:48.73
	5:25.66	6:02.14	6:38.28	7:14.77
	7:51.47	8:27.93	9:04.70	9:41.26
	10:17.98	10:54.92	11:31.15	12:07.43
	12:43.72	13:20.15	13:56.83	14:33.79
	15:10.61	15:47.46	16:24.25	17:01.11
	17:37.35	18:13.84		
2	Tripp, Mark	30	SOBA-33	19:02.23
	32.69	1:09.48	1:46.71	2:24.23
	3:01.67	3:39.18	4:17.27	4:55.59
	5:33.73	6:11.83	6:49.69	7:27.77
	8:05.66	8:43.23	9:21.40	9:59.95
	10:38.24	11:16.49	11:54.77	12:33.79
	13:12.90	13:52.26	14:31.51	15:10.75
	15:49.78	16:28.96	17:07.95	17:46.91
	18:25.65	19:02.23		

3	Ramirez, Miguel	30	MVN-33	21:11.60
	37.12	1:18.68	2:02.17	2:45.65
	3:29.74	4:14.51	4:58.19	5:41.59
	6:26.48	7:10.82	7:54.08	8:37.98
	9:21.26	10:04.51	10:46.83	11:30.09
	12:12.07	12:54.79	13:36.85	14:18.83
	15:00.68	15:42.88	16:24.34	17:06.21
	17:47.71	18:28.97	19:10.41	19:51.95
	20:32.81	21:11.60		
4	Espino, Stanley	34	NOVA-33	22:09.67
	36.43	1:17.60	2:00.99	2:42.41
	3:25.81	4:09.32	4:52.99	5:36.28
	6:20.65	7:05.72	7:49.44	8:33.59
	9:17.50	10:01.43	10:46.33	11:31.31
	12:15.57	12:59.53	13:44.88	14:30.01
	15:14.72	16:00.82	16:46.73	17:33.71
	18:19.50	19:06.99	20:01.28	20:45.41
	21:29.10	22:09.67		

**Men 30-34 50 Meter Back 50 Back Split**

1	Austin, Tea	33	SOBA-33	29.23
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**Men 30-34 50 Meter Back**

1	Coloma, James	31	SDSM-44	32.70
2	Curry, Chuck	33	MVN-33	33.18
3	Stava, Kjell	32	LBG-33	41.31
4	Parra, Mario	32	SGM-33	52.76

**Men 30-34 100 Meter Back**

1	Neubauer, Ian	30	ROSE-33	1:04.58
	31.90	1:04.58		
2	Marlow, Jarvis	34	LVM-33	1:06.10
	32.27	1:06.10		
3	Messner, Steven	32	MVN-33	1:09.78
	33.67	1:09.78		
4	Coloma, James	31	SDSM-44	1:11.08
	34.56	1:11.08		
5	Curry, Chuck	33	MVN-33	1:11.45
	35.20	1:11.45		
6	Sandvig, Justin	33	MVN-33	1:15.90
	36.49	1:15.90		
7	Cheung, Alex	30	NOVA-33	1:18.32
	38.56	1:18.32		

**Men 30-34 200 Meter Back**

1	Marlow, Jarvis	34	LVM-33	2:24.56
	35.08	1:12.27	1:48.89	2:24.56
2	Cheung, Alex	30	NOVA-33	2:54.63
	42.83	1:27.49	2:12.33	2:54.63

**Men 30-34 50 Meter Breast**

1	Moses, Ed	30	ROSE-33	29.04
2	Durieux, Chad	31	ROSE-33	32.43
3	Hwang, Wayne	32	NOVA-33	35.31
4	Tripp, Mark	30	SOBA-33	36.71
5	Lee, Anselm	30	LBG-33	41.04
6	Cheung, Alex	30	NOVA-33	44.97
7	Parra, Mario	32	SGM-33	49.83

**Men 30-34 100 Meter Breast**

1	Moses, Ed	30	ROSE-33	1:02.18
	29.37	1:02.18		
2	Neubauer, Ian	30	ROSE-33	1:07.69
	31.19	1:07.69		
3	Durieux, Chad	31	ROSE-33	1:11.18
	33.31	1:11.18		
4	Messner, Steven	32	MVN-33	1:15.63
	34.82	1:15.63		
5	Manning, Jeff	30	TMEC-33	1:20.77
	38.38	1:20.77		
6	Merlo, Mark	32	NOVA-33	1:22.84
	39.36	1:22.84		
7	Sandvig, Justin	33	MVN-33	1:24.91
	41.15	1:24.91		
8	Espino, Stanley	34	NOVA-33	1:28.18
	41.79	1:28.18		
9	Lee, Anselm	30	LBG-33	1:33.55
	44.45	1:33.55		
10	Clark, Kevin	32	LBG-33	1:50.14
	51.01	1:50.14		

**Men 30-34 200 Meter Breast**

1	Moses, Ed	30	ROSE-33	2:18.70
	30.67	1:06.05	1:41.72	2:18.70
2	Durieux, Chad	31	ROSE-33	2:44.63
	35.73	1:16.75	2:00.15	2:44.63
3	Espino, Stanley	34	NOVA-33	3:22.02
	45.37	1:37.02	2:31.10	3:22.02
4	Lee, Anselm	30	LBG-33	3:28.79
	47.20	1:40.39	2:35.36	3:28.79
5	Stava, Kjell	32	LBG-33	3:47.54
	51.62	1:48.91	2:48.21	3:47.54

**Men 30-34 50 Meter Fly**

1	Greenwood, Scott	33	TOC-38	26.62
2	Neubauer, Ian	30	ROSE-33	27.37
3	Messner, Steven	32	MVN-33	28.66
4	Durieux, Chad	31	ROSE-33	29.59
5	Hwang, Wayne	32	NOVA-33	30.30
6	Sandvig, Justin	33	MVN-33	30.89
7	Coloma, James	31	SDSM-44	31.85
8	Ramirez, Miguel	30	MVN-33	31.90
9	Merlo, Mark	32	NOVA-33	32.36
10	Cheung, Alex	30	NOVA-33	34.75
11	Clark, Kevin	32	LBG-33	36.86
12	Lee, Anselm	30	LBG-33	37.14

**Men 30-34 100 Meter Fly**

1	Greenwood, Scott	33	TOC-38	1:00.69
	27.97	1:00.69		
2	Blaney, Ryan	33	LBG-33	1:05.17
	30.14	1:05.17		
3	Manning, Jeff	30	TMEC-33	1:06.65
	31.15	1:06.65		
4	Ramirez, Miguel	30	MVN-33	1:16.87
	35.50	1:16.87		





## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**(Men 35-39 1500 Meter Free)**

2	Giacobe, Drew	36	LBG-33	21:24.07
	37.08	1:18.67	2:01.40	2:44.09
	3:26.52	4:09.26	4:51.89	5:34.71
	6:17.24	6:59.84	7:42.54	8:25.38
	9:08.82	9:52.22	10:35.32	11:18.43
	12:01.90	12:45.53	13:29.32	14:13.06
	14:56.31	15:39.76	16:22.94	17:06.61
	17:50.43	18:34.05	19:17.94	20:01.17
	20:43.46	21:24.07		

**Men 35-39 50 Meter Back**

1	Dietrich, Jim	39	NOVA-33	31.99
2	Jackson, Scott	35	NOVA-33	33.06
3	Akin, Jay	35	SDSM-44	33.98
4	Kirker, John	39	NOVA-33	34.10
5	Sim, Ivan	37	LBG-33	42.28

**Men 35-39 100 Meter Back**

1	O'Sullivan, Chris	35	CMS-32	1:01.19
	29.11	1:01.19		
2	Wanie, Lee	36	TOC-38	1:01.62
	29.35	1:01.62		
3	Rinzler, Marc	39	NOVA-33	1:04.16
	31.39	1:04.16		
4	Akin, Jay	35	SDSM-44	1:13.66
5	Vessie, David	35	UCI-33	1:15.45
	37.17	1:15.45		
6	Karren, Kelly	37	UNAT	1:15.56
	36.97	1:15.56		
7	Neric, Joe	35	LBG-33	1:20.40
	38.37	1:20.40		
8	Sim, Ivan	37	LBG-33	1:34.91
	47.85	1:34.91		
9	Andersen, David	39	LBG-33	2:05.91
	59.02	2:05.91		

**Men 35-39 200 Meter Back**

1	Rinzler, Marc	39	NOVA-33	2:17.07
	32.69	1:07.15	1:42.35	2:17.07
2	Vargas, Nelson	37	SDSM-44	2:31.04
	34.81	1:12.40	1:51.79	2:31.04
3	Vessie, David	35	UCI-33	2:44.60
	37.88	1:19.54	2:02.15	2:44.60

**Men 35-39 50 Meter Breast**

1	West, Steve	38	NOVA-33	28.87
2	Wanie, Lee	36	TOC-38	32.21
3	Dietrich, Jim	39	NOVA-33	33.85
4	Jackson, Scott	35	NOVA-33	35.22
*5	Ripic, Steve	37	MVN-33	35.76
*5	Erickson, Douglas	38	RHMS-38	35.76
7	Liu, Jeff	36	LBG-33	36.15
8	Bascon, Paolo	37	MVN-33	37.32
9	Rovinsky, Jeff	39	NOVA-33	38.55
10	Ono, Satoshi	36	ROSE-33	42.29
11	Sorenson, Tom	37	STRM-30	42.54
12	Lauritano, Jr.	37	SDSM-44	45.44

13	Andersen, David	39	LBG-33	58.83
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**Men 35-39 100 Meter Breast**

1	West, Steve	38	NOVA-33	1:02.50
	29.50	1:02.50		
2	Dietrich, Jim	39	NOVA-33	1:15.01
	35.06	1:15.01		
3	Jackson, Scott	35	NOVA-33	1:17.52
	36.60	1:17.52		
4	Attia, Peter	37	SDSM-44	1:18.79
	37.09	1:18.79		
5	Liu, Jeff	36	LBG-33	1:19.58
	37.50	1:19.58		
6	Bascon, Paolo	37	MVN-33	1:21.34
	39.24	1:21.34		
7	Karren, Kelly	37	UNAT	1:23.56
	39.63	1:23.56		
8	Castleton, Tom	39	ROSE-33	1:24.85
	39.92	1:24.85		
9	Rovinsky, Jeff	39	NOVA-33	1:27.72
	41.46	1:27.72		
10	Ono, Satoshi	36	ROSE-33	1:35.32
	44.61	1:35.32		
11	Sorenson, Tom	37	STRM-30	1:35.44
	44.05	1:35.44		
12	Sim, Ivan	37	LBG-33	1:36.05
	46.43	1:36.05		
13	Tyminski, Robert	35	SCMC-33	1:41.57
	47.58	1:41.57		
14	Lauritano, Jr.	37	SDSM-44	1:41.85
	45.97	1:41.85		
15	Andersen, David	39	LBG-33	2:08.72
	1:02.54	2:08.72		

**Men 35-39 200 Meter Breast**

1	West, Steve	38	NOVA-33	2:15.90
	30.92	1:05.53	1:40.78	2:15.90
2	Mendez-Ramirez, Libe	37	SDSM-44	2:34.35
	34.52	1:13.67	1:53.61	2:34.35
3	Ripic, Steve	37	MVN-33	2:55.27
	38.63	1:22.63	2:08.73	2:55.27
4	Liu, Jeff	36	LBG-33	3:00.59
	39.95	1:25.75	2:13.35	3:00.59
5	Giacobe, Drew	36	LBG-33	3:09.29
	43.39	1:32.02	2:21.87	3:09.29
6	Rovinsky, Jeff	39	NOVA-33	3:23.42
	44.74	1:36.60	2:31.40	3:23.42
7	Ono, Satoshi	36	ROSE-33	3:29.62
	44.88	1:38.37	2:34.63	3:29.62
8	Sim, Ivan	37	LBG-33	3:32.41
	47.21	1:41.00	2:36.47	3:32.41
9	Lauritano, Jr.	37	SDSM-44	3:45.48
	51.31	1:48.61	2:47.44	3:45.48
---	Attia, Peter	37	SDSM-44	DQ

**Men 35-39 50 Meter Fly**

1	O'Sullivan, Chris	35	CMS-32	26.84
2	Wanie, Lee	36	TOC-38	27.09

3	Polizos, George	35	MVN-33	27.48
4	Vargas, Nelson	37	SDSM-44	28.10
5	Karren, Kelly	37	UNAT	29.84
6	Santamaria, Jason	39	NOVA-33	30.91
7	Erickson, Douglas	38	RHMS-38	31.52
8	Castleton, Tom	39	ROSE-33	32.29
9	Liu, Jeff	36	LBG-33	32.33
10	Vessie, David	35	UCI-33	32.43
11	Attia, Peter	37	SDSM-44	33.05
12	Bascon, Paolo	37	MVN-33	33.10
13	Ono, Satoshi	36	ROSE-33	40.86
14	Tyminski, Robert	35	SCMC-33	43.90

**Men 35-39 100 Meter Fly**

1	Mendez-Ramirez, Libe	37	SDSM-44	1:01.32
	28.79	1:01.32		
2	Polizos, George	35	MVN-33	1:01.99
	28.89	1:01.99		
3	O'Sullivan, Chris	35	CMS-32	1:02.75
	29.01	1:02.75		
4	Rinzler, Marc	39	NOVA-33	1:02.83
	29.29	1:02.83		
5	Ripic, Steve	37	MVN-33	1:11.34
	31.82	1:11.34		
6	Santamaria, Jason	39	NOVA-33	1:13.28
	34.32	1:13.28		
7	Castleton, Tom	39	ROSE-33	1:13.76
	33.96	1:13.76		
8	Fernandez, Dickie	39	NOVA-33	1:18.00
	36.54	1:18.00		
9	Bascon, Paolo	37	MVN-33	1:22.13
	37.34	1:22.13		
10	Attia, Peter	37	SDSM-44	1:22.99
	36.99	1:22.99		
11	Tyminski, Robert	35	SCMC-33	1:35.33
	45.86	1:35.33		

**Men 35-39 200 Meter Fly**

1	Mendez-Ramirez, Libe	37	SDSM-44	2:17.59
	30.70	1:05.71	1:41.68	2:17.59
2	Rinzler, Marc	39	NOVA-33	2:29.84
	33.04	1:10.21	1:49.59	2:29.84
3	Giacobe, Drew	36	LBG-33	3:13.99
	40.61	1:27.56	2:19.34	3:13.99

**Men 35-39 100 Meter IM**

1	Dietrich, Jim	39	NOVA-33	1:06.55
	31.21	1:06.55		
2	Jackson, Scott	35	NOVA-33	1:09.43
	33.31	1:09.43		
3	Akin, Jay	35	SDSM-44	1:12.48
	32.92	1:12.48		
4	Neric, Joe	35	LBG-33	1:19.13
	35.57	1:19.13		
5	Ono, Satoshi	36	ROSE-33	1:29.78
	41.45	1:29.78		
6	Andersen, David	39	LBG-33	1:54.42
	52.66	1:54.42		





## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**(Men 40-44 100 Meter Breast)**

7	Skelly, Drew	44	ROSE-33	1:20.51
	38.26	1:20.51		
8	Paxton, Sean	41	ROSE-33	1:23.22
	37.72	1:23.22		
9	Shade, Matthew	43	SDSM-44	1:26.30
	40.66	1:26.30		
10	Gross, John	41	SDSM-44	1:32.85
	42.57	1:32.85		
11	Lamm, Steve	44	NOVA-33	1:36.03
	45.24	1:36.03		
12	Patterson, Stephen	44	LVM-33	1:39.00
	46.12	1:39.00		
13	Palma, Luis	41	SGM-33	1:54.78
	51.00	1:54.78		

**Men 40-44 200 Meter Breast**

1	Magee, Mark	42	LVM-33	2:36.28
	34.91	1:14.17	1:54.72	2:36.28
2	Boodt, Bradley	42	LVM-33	2:43.47
	37.90	1:19.74	2:01.72	2:43.47
3	Lucero, Michael	40	ROSE-33	2:50.69
	39.94	1:24.05	2:07.43	2:50.69
4	Kent, Aric	40	MYST-33	2:56.68
	39.18	1:24.82	2:10.90	2:56.68
5	Lamm, Steve	44	NOVA-33	3:42.71
	48.68	1:44.82	2:44.01	3:42.71

**Men 40-44 50 Meter Fly**

1	Sumner, David	40	MVN-33	27.50
2	Shade, Matthew	43	SDSM-44	29.44
3	Wan, Eric	44	OREG-37	29.73
*4	Boodt, Bradley	42	LVM-33	29.98
*4	Airth, Brian	42	MVN-33	29.98
6	Hixson, Peter	44	ROSE-33	30.17
7	Jacobs, Lee	41	NOVA-33	30.62
8	Wilson, Grant	44	SDSM-44	30.91
9	Rippetoe, Kenneth	41	SCAQ-33	31.02
10	Borton, Dan	42	ROSE-33	31.27
11	Paxton, Sean	41	ROSE-33	32.76
12	Gross, John	41	SDSM-44	34.07
---	Dobrosielski, Cris	41	SDSM-44	DQ

**Men 40-44 200 Meter Fly**

1	Magee, Mark	42	LVM-33	2:12.67
	29.84	1:03.25	1:37.56	2:12.67
2	Moreno, Alejandro	42	UNAT	2:14.65
	30.61	1:04.26	1:38.91	2:14.65
3	Kays, David	43	PNA-36	2:20.53
	31.39	1:07.00	1:43.53	2:20.53
4	Jones, Kenton	43	SDSM-44	2:33.76
	33.15	1:12.12	1:52.23	2:33.76
5	Shade, Matthew	43	SDSM-44	3:01.93
	41.16	1:29.66	2:17.82	3:01.93

**Men 40-44 100 Meter IM**

1	Rippetoe, Kenneth	41	SCAQ-33	1:09.82
	32.90	1:09.82		

2	Kent, Aric	40	MYST-33	1:10.55
	32.10	1:10.55		
3	McLeod, Bret	42	NOVA-33	1:14.72
	35.35	1:14.72		
4	Baldacci, Joe	44	SDSM-44	1:20.08
	39.34	1:20.08		
5	Gross, John	41	SDSM-44	1:26.28
	39.05	1:26.28		
6	Lamm, Steve	44	NOVA-33	1:27.41
	41.93	1:27.41		
7	Palma, Luis	41	SGM-33	1:46.99
	51.76	1:46.99		

**Men 40-44 200 Meter IM**

1	Magee, Mark	42	LVM-33	2:15.34
	28.73	1:03.99	1:43.22	2:15.34
2	Moreno, Alejandro	42	UNAT	2:16.40
	30.21	1:05.41	1:44.36	2:16.40
3	Kays, David	43	PNA-36	2:19.55
	30.46	1:08.26	1:47.80	2:19.55
4	Gunnell, Steve	40	MVN-33	2:24.19
	30.46	1:07.15	1:49.56	2:24.19
5	Collins, Michael	44	NOVA-33	2:38.83
	34.28	1:17.10	2:02.87	2:38.83
6	Skelly, Drew	44	ROSE-33	2:39.45
	32.16	1:12.87	1:59.66	2:39.45
7	Fleming, James	40	SDSM-44	2:43.74
	34.59	1:18.85	2:06.77	2:43.74
8	Jacobs, Lee	41	NOVA-33	2:47.50
	34.89	1:19.63	2:08.46	2:47.50
9	Baldacci, Joe	44	SDSM-44	2:51.85
	37.55	1:24.82	2:10.83	2:51.85
---	Kent, Aric	40	MYST-33	DQ

**Men 40-44 400 Meter IM**

1	Moreno, Alejandro	42	UNAT	4:43.87
	30.34	1:05.12	1:42.43	2:19.49
	2:59.88	3:39.50	4:11.95	4:43.87
2	Kays, David	43	PNA-36	5:00.64
	31.27	1:07.30	1:49.01	2:29.55
	3:11.72	3:54.88	4:28.91	5:00.64
3	Borton, Dan	42	ROSE-33	5:28.97
	33.51	1:11.85	1:53.27	2:34.11
	3:24.72	4:13.61	4:51.64	5:28.97
4	Dobrosielski, Cris	41	SDSM-44	6:05.96
	34.80	1:19.38	2:07.73	2:54.69
	3:46.44	4:41.05	5:24.59	6:05.96
5	Neilan, David	44	SOBA-33	6:11.11
	37.25	1:22.21	2:10.34	2:57.61
	3:54.00	4:51.10	5:31.38	6:11.11

**Men 45-49 50 Meter Free**

1	Thompson, Garrett	48	LVM-33	25.77
2	Wall, Chris	48	SCAQ-33	25.98
3	Riddle, James	48	NOVA-33	27.21
4	Nelson, Forrest	45	ROSE-33	28.56
5	Skow, Jonathan	48	WH2O-33	30.16
6	Villegas, Ruben	47	SDSM-44	33.39

7	Given, Michael	46	SDSM-44	33.41
8	Little, Michael	47	SDSM-44	33.62
9	Silva, Michael	49	LBG-33	40.59
10	Sive, Bill	49	LBG-33	41.91
11	Crowell, Scott	45	LBG-33	53.01

**Men 45-49 100 Meter Free**

1	Thompson, Garrett	48	LVM-33	57.29
	27.10	57.29		
2	Riddle, James	48	NOVA-33	1:00.07
	29.00	1:00.07		
3	Wall, Chris	48	SCAQ-33	1:00.49
	27.73	1:00.49		
4	Mc Ginley, Patrick	47	ROSE-33	1:04.80
	31.08	1:04.80		
5	Pombo, Diego	48	NOVA-33	1:05.00
	30.98	1:05.00		
6	Everett, Doug	46	ARIZ-48	1:22.60
	39.91	1:22.60		
7	Holt, Mark	48	LBG-33	1:23.52
	39.53	1:23.52		
8	Sive, Bill	49	LBG-33	1:36.58
	45.19	1:36.58		
9	Silva, Michael	49	LBG-33	1:41.28
	49.39	1:41.28		

**Men 45-49 200 Meter Free**

1	Vicioso, Danilo	47	UNAT	2:08.72
	30.30	1:02.84	1:36.93	2:08.72
2	Thompson, Garrett	48	LVM-33	2:08.98
	30.60	1:03.26	1:35.92	2:08.98
3	Pombo, Diego	48	NOVA-33	2:29.60
	33.88	1:10.93	1:50.11	2:29.60
4	Everett, Doug	46	ARIZ-48	2:56.29
	40.14	1:24.55	2:10.80	2:56.29
5	Bahamon, Luis	49	WH2O-33	2:56.37
	39.11	1:23.20	2:10.41	2:56.37
6	Nebbs, Andrew	45	SCMC-33	3:01.67
	43.30	1:29.65	2:17.29	3:01.67
7	Holt, Mark	48	LBG-33	3:08.72
	39.22	1:25.15	2:16.82	3:08.72

**Men 45-49 400 Meter Free**

1	Shaffer, Mike	45	VCM-33	4:15.69
	29.28	1:01.26	1:33.60	2:06.16
	2:38.74	3:11.63	3:43.84	4:15.69
2	Thompson, Garrett	48	LVM-33	4:44.64
	31.98	1:06.35	1:40.60	2:16.29
	2:52.71	3:30.53	4:08.25	4:44.64
3	Nelson, Forrest	45	ROSE-33	4:51.64
	33.74	1:10.85	1:47.92	2:24.90
	3:01.82	3:38.66	4:15.49	4:51.64
4	Washburne, Brent	49	OREG-37	5:12.51
	34.80	1:12.37	1:51.58	2:31.84
	3:12.30	3:52.45	4:32.88	5:12.51
5	Skow, Jonathan	48	WH2O-33	5:17.70
	33.85	1:11.65	1:50.76	2:31.31
	3:12.27	3:53.29	4:35.88	5:17.70



## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

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**(Men 45-49 50 Meter Back)**

3	Riddle, James	48	NOVA-33	32.90
4	Washburne, Brent	49	OREG-37	33.02
5	Pombo, Diego	48	NOVA-33	34.85
6	Given, Michael	46	SDSM-44	39.11
7	Kirvan, David	46	WH2O-33	40.43
8	Sive, Bill	49	LBG-33	59.78

**Men 45-49 50 Meter Back 50 Back Split**

1	Mc Ginley, Patrick	47	ROSE-33	32.95
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**Men 45-49 100 Meter Back**

1	Vicioso, Danilo	47	UNAT	1:05.56
				31.74 1:05.56
2	Mc Ginley, Patrick	47	ROSE-33	1:10.80
				34.29 1:10.80
3	Riddle, James	48	NOVA-33	1:12.31
				36.93 1:12.31
4	Nelson, Forrest	45	ROSE-33	1:14.47
				35.97 1:14.47
5	Pombo, Diego	48	NOVA-33	1:15.92
				37.44 1:15.92
6	Given, Michael	46	SDSM-44	1:26.39
				42.60 1:26.39
7	Bahamon, Luis	49	WH2O-33	1:43.78
				47.64 1:43.78
8	Reis, Raul	46	LBG-33	1:44.78
				53.84 1:44.78

**Men 45-49 100 Meter Back 100 Back Split**

1	Mc Ginley, Patrick	47	ROSE-33	1:11.63
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**Men 45-49 200 Meter Back**

1	Vicioso, Danilo	47	UNAT	2:24.66
				34.22 1:11.37 1:49.02 2:24.66
2	Mc Ginley, Patrick	47	ROSE-33	2:39.72
				37.90 1:18.16 1:59.51 2:39.72
3	Pombo, Diego	48	NOVA-33	2:45.45
				38.89 1:21.05 2:04.54 2:45.45
4	Washburne, Brent	49	OREG-37	2:48.93
				38.06 1:20.76 2:05.85 2:48.93
5	Nelson, Forrest	45	ROSE-33	2:53.00
				41.84 1:26.39 2:10.27 2:53.00
6	Heuveline, Patrick	48	UCLA-33	3:07.82
				45.90 1:33.34 2:21.40 3:07.82

**Men 45-49 50 Meter Breast**

1	Barker, Douglas	47	MVN-33	34.65
2	Day, Brandon	47	ROSE-33	34.83
3	Wall, Chris	48	SCAQ-33	35.17
4	Olson, Brett	48	NOVA-33	35.97
5	Bolduc, John	45	SDSM-44	38.49
6	Little, Michael	47	SDSM-44	40.31
7	Kirvan, David	46	WH2O-33	41.85
8	Given, Michael	46	SDSM-44	42.18
9	Nebbs, Andrew	45	SCMC-33	46.63
10	Holt, Mark	48	LBG-33	48.71
11	Sive, Bill	49	LBG-33	58.30

**Men 45-49 100 Meter Breast**

1	Helgason, Tryggvi	47	LVM-33	1:12.34
				34.35 1:12.34
2	Barker, Douglas	47	MVN-33	1:18.88
				37.33 1:18.88
3	Olson, Brett	48	NOVA-33	1:20.10
				37.43 1:20.10
4	Mc Ginley, Patrick	47	ROSE-33	1:23.11
				40.02 1:23.11
5	Skow, Jonathan	48	WH2O-33	1:23.84
				39.50 1:23.84
6	Little, Michael	47	SDSM-44	1:35.42
				43.58 1:35.42
7	Reis, Raul	46	LBG-33	1:48.16
				50.51 1:48.16
8	Parlett, Duncan	48	NOVA-33	1:48.88
				51.71 1:48.88
9	Holt, Mark	48	LBG-33	1:54.00
				53.20 1:54.00

**Men 45-49 200 Meter Breast**

1	Day, Brandon	47	ROSE-33	2:55.46
				40.05 1:24.94 2:10.56 2:55.46
2	Olson, Brett	48	NOVA-33	2:59.82
				40.14 1:25.57 2:12.81 2:59.82
3	Little, Michael	47	SDSM-44	3:47.98
				45.98 1:41.52 2:42.45 3:47.98

**Men 45-49 50 Meter Fly**

1	Ponthier, Chuck	47	LAPS-33	27.53
2	Helgason, Tryggvi	47	LVM-33	28.89
3	Thompson, Garrett	48	LVM-33	29.34
4	Woudwijk, Rik	45	LAPS-33	31.26
5	Delibertis, Dean	47	SDSM-44	31.96
6	Pombo, Diego	48	NOVA-33	33.72
7	Given, Michael	46	SDSM-44	34.62
8	Villegas, Ruben	47	SDSM-44	40.53

**Men 45-49 100 Meter Fly**

1	Shaffer, Mike	45	VCM-33	59.22
				27.98 59.22
2	Helgason, Tryggvi	47	LVM-33	1:03.54
				29.85 1:03.54
3	Thompson, Garrett	48	LVM-33	1:05.09
				29.98 1:05.09
4	Washburne, Brent	49	OREG-37	1:10.33
				32.23 1:10.33

**Men 45-49 200 Meter Fly**

1	Shaffer, Mike	45	VCM-33	2:11.56
				30.08 1:02.97 1:36.80 2:11.56
2	Everett, Doug	46	ARIZ-48	3:48.10
				50.19 1:49.38 2:48.86 3:48.10
3	Arshat, Brad	48	NOVA-33	3:53.20
				49.96 1:49.87 2:52.13 3:53.20

**Men 45-49 100 Meter IM**

1	Helgason, Tryggvi	47	LVM-33	1:06.43
				31.37 1:06.43

2	Vicioso, Danilo	47	UNAT	1:07.09
				29.64 1:07.09
3	Day, Brandon	47	ROSE-33	1:10.05
				32.68 1:10.05
4	Mc Ginley, Patrick	47	ROSE-33	1:14.12
				33.71 1:14.12
5	Bolduc, John	45	SDSM-44	1:14.56
				35.31 1:14.56
6	Given, Michael	46	SDSM-44	1:20.83
				37.61 1:20.83
7	Kirvan, David	46	WH2O-33	1:21.71
				38.03 1:21.71
8	Bahamon, Luis	49	WH2O-33	1:33.27
				43.54 1:33.27
9	Nebbs, Andrew	45	SCMC-33	1:34.23
				45.49 1:34.23
10	Little, Michael	47	SDSM-44	1:35.13
				45.52 1:35.13
---	Sive, Bill	49	LBG-33	DQ

**Men 45-49 200 Meter IM**

1	Helgason, Tryggvi	47	LVM-33	2:23.67
				30.33 1:08.18 1:49.61 2:23.67
2	Riddle, James	48	NOVA-33	2:31.87
				32.35 1:12.49 1:59.04 2:31.87
3	Washburne, Brent	49	OREG-37	2:40.71
				31.80 1:12.48 2:01.24 2:40.71
4	Heuveline, Patrick	48	UCLA-33	3:13.93
				46.40 1:36.30 2:32.96 3:13.93
5	Arshat, Brad	48	NOVA-33	3:19.24
				45.73 1:37.72 2:35.56 3:19.24
6	Werner, John	47	LBG-33	3:30.47
				47.45 1:44.63 2:42.53 3:30.47
7	Bahamon, Luis	49	WH2O-33	3:30.74
				44.65 1:42.04 2:43.91 3:30.74
8	Miranda, Mike	48	LBG-33	3:52.02
				53.32 2:02.30 3:03.51 3:52.02
---	Nelson, Forrest	45	ROSE-33	DQ
				One hand touch - fly

**Men 45-49 400 Meter IM**

1	Shaffer, Mike	45	VCM-33	5:00.05
				30.59 1:05.08 1:46.34 2:26.39
				3:11.14 3:55.48 4:28.96 5:00.05
2	Riddle, James	48	NOVA-33	5:31.47
				35.20 1:14.84 1:59.41 2:42.31
				3:31.02 4:19.62 4:57.01 5:31.47
3	Delibertis, Dean	47	SDSM-44	5:47.36
				35.14 1:15.60 1:59.47 2:45.69
				3:36.72 4:27.64 5:07.20 5:47.36
4	Arshat, Brad	48	NOVA-33	7:20.04
				50.99 1:52.68 2:51.55 3:50.02
				4:49.29 5:48.68 6:34.47 7:20.04
5	Parlett, Duncan	48	NOVA-33	7:42.04
				49.33 1:48.02 2:52.08 3:55.10
				5:01.65 6:04.66 6:57.20 7:42.04

**SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010**

**Results**

**Men 50-54 50 Meter Free**

1	Heath, Robert	53	MAM-38	26.50
2	Franklin, Sam	53	LVM-33	26.68
3	Calhoun, Jay	51	SCAQ-33	27.95
4	Throne, William	54	VMST-12	28.65
5	Hovind, Tor	50	ZAPM-33	28.91
6	Borzone, Raymond	51	MVN-33	28.96
7	Martin, Michael	51	ROSE-33	29.26
8	Graham, Errol	51	WH2O-33	30.82
9	Levy, Aaron	51	WH2O-33	31.96
10	Caputi, Vittorio	50	TMEC-33	36.53
11	Allen, Doug	51	LVM-33	38.17

**Men 50-54 100 Meter Free**

1	Calhoun, Jay	51	SCAQ-33	1:00.52
	28.82	1:00.52		
2	Eberwine, Bob	50	SOBA-33	1:01.45
	29.32	1:01.45		
3	Franklin, Sam	53	LVM-33	1:02.39
	29.58	1:02.39		
4	Olson, Jeff	51	ROSE-33	1:02.69
	29.92	1:02.69		
5	Stites, Jim	53	ARIZ-48	1:04.28
	31.42	1:04.28		
6	Hovind, Tor	50	ZAPM-33	1:05.00
	30.73	1:05.00		
7	Levy, Aaron	51	WH2O-33	1:15.15
	33.00	1:15.15		
8	Allen, Doug	51	LVM-33	1:26.09
	41.11	1:26.09		

**Men 50-54 200 Meter Free**

1	Nalli, Lyle	50	PNA-36	2:10.44
	30.55	1:03.44	1:37.16	2:10.44
2	Jaffee, Lolo	50	UNAT	2:11.20
	30.60	1:03.56	1:37.14	2:11.20
3	Carlsen, Glenn	53	UNAT	2:12.68
	31.42	1:05.49	1:39.08	2:12.68
4	Hathaway, David	50	OREG-37	2:12.76
	31.74	1:05.10	1:39.22	2:12.76
5	Thomas, Bruce	53	SCAQ-33	2:14.57
	32.32	1:06.22	1:40.60	2:14.57
6	Stites, Jim	53	ARIZ-48	2:21.73
	34.30	1:11.07	1:47.59	2:21.73
7	Soderstrom, Tom	52	ROSE-33	2:31.86
	34.58	1:14.04	1:54.16	2:31.86
8	Graham, Errol	51	WH2O-33	2:53.04
	36.35	1:21.84	2:10.33	2:53.04
9	Allen, Doug	51	LVM-33	3:09.25
	42.28	1:30.25	2:20.15	3:09.25

**Men 50-54 200 Meter Free 200 Free Split**

1	Magit, Brad	52	SCAQ-33	2:12.94
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**Men 50-54 400 Meter Free**

1	Thomas, Bruce	53	SCAQ-33	4:33.96
	32.66	1:07.18	1:41.68	2:16.34
	2:50.65	3:25.23	3:59.93	4:33.96

2	Nalli, Lyle	50	PNA-36	4:37.56
	31.42	1:05.39	1:39.96	2:15.04
	2:50.37	3:26.13	4:01.90	4:37.56
3	Carlsen, Glenn	53	UNAT	4:39.02
	32.81	1:07.81	1:43.14	2:18.52
	2:53.44	3:28.12	4:03.83	4:39.02
4	Hathaway, David	50	OREG-37	4:41.61
	33.51	1:08.57	1:44.23	2:20.10
	2:55.84	3:31.62	4:07.29	4:41.61
5	Magit, Brad	52	SCAQ-33	4:41.69
	30.67	1:03.98	1:38.40	2:12.94
	2:51.47	3:28.62	4:05.66	4:41.69
6	Lemire, Mark	52	SDSM-44	4:42.45
	33.05	1:07.73	1:43.25	2:19.06
	2:55.31	3:31.41	4:07.44	4:42.45
7	Calhoun, Jay	51	SCAQ-33	4:48.14
	33.05	1:09.32	1:47.00	2:24.40
	3:01.79	3:38.55	4:14.17	4:48.14
8	Stites, Jim	53	ARIZ-48	5:04.25
	35.28	1:13.74	1:52.72	2:32.13
	3:10.39	3:49.15	4:27.61	5:04.25
9	Deloney, Wayne	50	MVN-33	5:04.54
	34.55	1:13.22	1:52.23	2:31.55
	3:10.98	3:49.97	4:29.18	5:04.54
10	Soderstrom, Tom	52	ROSE-33	5:21.78
	35.86	1:15.96	1:57.17	2:39.01
	3:20.53	4:01.87	4:42.68	5:21.78
11	Jett, Darrell	52	SDSM-44	5:45.38
	38.68	1:21.14	2:04.15	2:48.20
	3:31.74	4:17.04	5:01.66	5:45.38
12	Cole, Tom	54	TMEC-33	5:57.52
	40.64	1:23.51		
	3:42.30	5:57.52		
13	Johnson, Jeffrey	52	TCC-33	6:02.82
	36.98	1:20.77	2:07.48	2:55.19
	3:42.73	4:30.32	5:17.40	6:02.82
14	Allen, Doug	51	LVM-33	6:29.89
	43.48	1:31.43	2:20.39	3:10.22
		4:51.20	5:41.94	6:29.89
3	Nalli, Lyle	50	PNA-36	9:41.13
	33.43	1:09.53	1:45.62	2:22.36
	2:58.44	3:34.93	4:11.15	4:47.91
	5:24.90	6:02.05	6:39.33	7:16.69
	7:53.88	8:30.57	9:06.98	9:41.13
4	Hathaway, David	50	OREG-37	9:47.21
	34.97	1:11.47	1:48.06	2:24.71
	3:01.95	3:39.12	4:16.72	4:53.93
	5:31.10	6:08.09	6:45.46	7:22.61
	7:59.58	8:36.48	9:12.71	9:47.21
5	Deloney, Wayne	50	MVN-33	10:35.12
	35.45	1:15.11	1:55.20	2:35.00
	3:15.33	3:55.74	4:36.26	5:16.67
	5:57.32	6:37.85	7:18.33	7:58.63
	8:38.55	9:18.67	9:58.80	10:35.12
6	Stites, Jim	53	ARIZ-48	10:36.20
	37.38	1:17.74	1:57.59	2:37.86
	3:17.40	3:57.30	4:38.49	5:18.58
	5:57.37	6:37.13	7:19.09	8:00.15
	8:40.71	9:20.27	9:58.99	10:36.20
7	Adams, Daniel	54	WH2O-33	11:03.02
	37.49	1:17.63	1:58.95	2:40.39
	3:22.07	4:04.21	4:46.58	5:29.16
	6:11.58	6:53.77	7:36.10	8:18.22
	8:59.69	9:41.32	10:22.99	11:03.02
8	Soderstrom, Tom	52	ROSE-33	11:17.87
	37.78	1:20.00	2:03.59	2:46.81
	3:30.27	4:13.45	4:56.43	5:38.98
	6:21.87	7:04.56	7:48.24	8:31.38
	9:14.50	9:56.90	10:38.57	11:17.87
9	Albright, Phil	50	MVN-33	11:21.23
	37.67	1:19.28	2:01.99	2:45.73
	3:28.78	4:11.49	4:54.30	5:37.81
	6:21.88	7:05.06	7:48.47	8:32.53
	9:16.20	9:59.56	10:41.67	11:21.23
10	Jett, Darrell	52	SDSM-44	11:55.28
	40.07	1:25.21	2:10.47	2:55.40
	3:41.12	4:26.73	5:12.70	5:58.78
	6:44.81	7:30.30	8:15.16	9:00.73
	9:45.48	10:29.53	11:13.18	11:55.28
11	Allen, Doug	51	LVM-33	13:55.87
	46.00	1:36.29	2:28.07	3:19.42
	4:12.52	5:04.66	5:57.97	6:51.69
	7:44.81	8:38.64	9:33.32	10:27.84
	11:20.47	12:13.44	13:06.03	13:55.87
12	Derbyshire, Donald	52	LBG-33	15:53.01
	51.81	1:49.97	2:49.20	3:48.80
	4:47.34	5:46.80	6:47.12	7:47.26
	8:48.24	9:49.12	10:49.03	11:49.81
	12:50.83	13:51.88	14:53.52	15:53.01
13	Parnes, Bart	54	LBG-33	16:18.67
	49.55	1:45.29	2:43.83	3:43.47
	4:45.57	5:48.23	6:52.62	7:56.10
	9:00.00	10:03.63	11:06.45	12:09.65
	13:12.56	14:15.81	15:18.32	16:18.67

**Men 50-54 800 Meter Free 800 Free Split**

1	Thomas, Bruce	53	SCAQ-33	9:34.90
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**Men 50-54 800 Meter Free**

1	Thomas, Bruce	53	SCAQ-33	9:26.58
	33.38	1:08.70	1:43.95	2:19.76
	2:55.53	3:31.02	4:06.47	4:42.19
	5:17.96	5:53.81	6:29.48	7:05.13
	7:40.78	8:16.44	8:52.08	9:26.58
2	Carlsen, Glenn	53	UNAT	9:34.57
	33.52	1:09.25	1:45.61	2:22.35
	2:59.06	3:35.48	4:11.56	4:47.78
	5:23.42	5:59.33	6:35.02	7:10.87
	7:46.64	8:22.82	8:58.85	9:34.57





## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**(Men 50-54 200 Meter Breast)**

4	Soderstrom, Tom	52	ROSE-33	3:15.66
	44.28	1:36.34	2:27.84	3:15.66
5	Chao, JJ	54	MVN-33	3:31.45
	45.28	1:38.37	2:34.41	3:31.45
6	Parnes, Bart	54	LBG-33	3:57.94
	54.04	1:53.58	2:54.81	3:57.94
7	Derbyshire, Donald	52	LBG-33	5:18.19
	1:10.06	2:32.47	3:55.03	5:18.19

**Men 50-54 50 Meter Fly**

1	Franklin, Sam	53	LVM-33	28.46
2	Von Hoffmann, Gerar	54	NOVA-33	28.73
3	Heath, Robert	53	MAM-38	28.84
4	Magit, Brad	52	SCAQ-33	29.80
5	Jaffee, Lolo	50	UNAT	29.84
6	Lemire, Mark	52	SDSM-44	30.36
7	Borzone, Raymond	51	MVN-33	30.47
8	Ireland, Bill	51	SCAQ-33	31.73
9	Benner, Tord	51	NOVA-33	32.33
10	Calhoun, Jay	51	SCAQ-33	32.57
11	Hayward, David	50	NOVA-33	32.92
12	Martin, Michael	51	ROSE-33	33.26
13	Graham, Errol	51	WH2O-33	33.76
14	Hovind, Tor	50	ZAPM-33	34.40
15	Carlsen, Richard	51	MVN-33	34.83
16	Levy, Aaron	51	WH2O-33	36.78
17	Ohlin, Kevin	50	SDSM-44	36.89
18	Chao, JJ	54	MVN-33	37.91
19	Cole, Tom	54	TMEC-33	40.15

**Men 50-54 100 Meter Fly**

1	Heath, Robert	53	MAM-38	1:05.31
	30.00	1:05.31		
2	Jaffee, Lolo	50	UNAT	1:06.06
	31.21	1:06.06		
3	Franklin, Sam	53	LVM-33	1:06.78
	31.27	1:06.78		
4	Wilson, Grant	53	NOVA-33	1:17.35
	36.57	1:17.35		
5	Gross, Bill	51	SCAQ-33	2:21.04
	1:03.79	2:21.04		

**Men 50-54 200 Meter Fly**

1	Jaffee, Lolo	50	UNAT	2:30.23
	33.04	1:10.21	1:49.81	2:30.23
2	Magit, Brad	52	SCAQ-33	2:45.20
	36.04	1:17.57	2:00.91	2:45.20
3	Throne, William	54	VMST-12	3:00.58
	39.48	1:25.71	2:12.31	3:00.58
4	Borzone, Raymond	51	MVN-33	3:06.03
	37.35	1:24.15	2:14.10	3:06.03
5	Wilson, Grant	53	NOVA-33	3:11.28
	42.19	1:30.70	2:22.01	3:11.28
6	Hayward, David	50	NOVA-33	3:55.42
	50.63	1:50.44	2:55.73	3:55.42

**Men 50-54 100 Meter IM**

1	Heath, Robert	53	MAM-38	1:08.52
	30.62	1:08.52		
2	Jaffee, Lolo	50	UNAT	1:09.20
	32.33	1:09.20		
3	Franklin, Sam	53	LVM-33	1:10.65
	32.94	1:10.65		
4	Dauser, John	54	NOVA-33	1:21.14
	40.08	1:21.14		
5	Ohlin, Kevin	50	SDSM-44	1:23.14
	38.19	1:23.14		
6	Jett, Darrell	52	SDSM-44	1:23.67
	37.68	1:23.67		

**Men 50-54 200 Meter IM**

1	Jaffee, Lolo	50	UNAT	2:29.21
	31.90	1:10.33	1:54.87	2:29.21
2	Hathaway, David	50	OREG-37	2:29.92
	32.33	1:10.96	1:55.61	2:29.92
3	Carlsen, Glenn	53	UNAT	2:32.36
	33.37	1:15.55	1:58.75	2:32.36
4	Lemire, Mark	52	SDSM-44	2:34.75
	31.23	1:09.79	1:57.89	2:34.75
5	Calhoun, Jay	51	SCAQ-33	2:42.93
	34.41	1:19.45	2:06.53	2:42.93
6	Snyder, Donald	51	SCAQ-33	2:49.42
	33.63	1:13.78	2:08.81	2:49.42
7	Soderstrom, Tom	52	ROSE-33	2:54.38
	37.59	1:24.85	2:14.48	2:54.38
8	Dauser, John	54	NOVA-33	2:58.15
	38.84	1:28.65	2:17.20	2:58.15
9	Hayward, David	50	NOVA-33	3:10.42
	36.28	1:28.73	2:25.94	3:10.42
10	Chao, JJ	54	MVN-33	3:12.94
	40.37	1:34.86	2:27.60	3:12.94

**Men 50-54 400 Meter IM**

1	Nalli, Lyle	50	PNA-36	5:17.31
	35.08	1:14.46	1:56.37	2:36.38
	3:22.23	4:07.88	4:43.31	5:17.31
2	Hathaway, David	50	OREG-37	5:31.84
	33.70	1:13.13	1:57.34	2:40.96
	3:30.71	4:19.75	4:56.61	5:31.84
3	Magit, Brad	52	SCAQ-33	5:34.23
	33.29	1:13.36	1:58.92	2:44.13
	3:33.09	4:22.24	4:58.87	5:34.23
4	Soderstrom, Tom	52	ROSE-33	6:18.88
	39.14	1:28.85	2:20.37	3:09.58
	4:00.88	4:54.50	5:38.26	6:18.88
5	Borzone, Raymond	51	MVN-33	6:23.60
	38.88	1:26.91	2:16.56	3:05.75
	4:01.97	4:58.66	5:43.23	6:23.60
6	Dauser, John	54	NOVA-33	6:40.17
	45.26	1:41.17	2:38.06	3:31.99
	4:23.67	5:14.01	5:57.93	6:40.17

**Men 55-59 50 Meter Free**

1	Krauser, Larry	57	HMS-35	26.27
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2	Blatt, Michael	55	VCM-33	26.50
3	Djang, Philipp	56	FLAQ-50	27.03
4	Behun, Bill	59	SDSM-44	27.85
5	Miller, Chris	57	LVM-33	28.05
6	Fowler, Gregory	57	MVN-33	28.49
7	McLintock, John	56	SDSM-44	29.20
8	Buckley, Mark	57	SCA-33	29.53
9	Sanchez, Pedro	56	SGM-33	31.98
10	Zion, Michael	55	LBG-33	38.55

**Men 55-59 100 Meter Free**

1	Blatt, Michael	55	VCM-33	58.15
	27.61	58.15		
2	Krauser, Larry	57	HMS-35	58.68
	27.81	58.68		
3	Behun, Bill	59	SDSM-44	1:01.50
	29.27	1:01.50		
4	van Boer, Eric	56	RHMS-38	1:01.90
	29.31	1:01.90		
5	Adkison, Bill	55	RHMS-38	1:02.77
	29.60	1:02.77		
6	Heather, Michael	56	MVN-33	1:03.09
	30.75	1:03.09		
7	Phillips, Rick	56	ROSE-33	1:04.82
	31.23	1:04.82		
8	Miller, Chris	57	LVM-33	1:05.69
	32.28	1:05.69		
9	Sanchez, Pedro	56	SGM-33	1:09.57
	32.69	1:09.57		
10	Astudillo, Fabio	58	SDSM-44	1:13.75
	34.80	1:13.75		

**Men 55-59 200 Meter Free**

1	Krauser, Larry	57	HMS-35	2:09.27
	30.52	1:04.64	1:37.73	2:09.27
2	Blatt, Michael	55	VCM-33	2:10.80
	30.91	1:04.33	1:37.59	2:10.80
3	Heather, Michael	56	MVN-33	2:22.34
	33.39	1:09.92	1:46.06	2:22.34
4	Miller, Chris	57	LVM-33	2:42.82
	36.69	1:19.80	2:03.87	2:42.82
5	Astudillo, Fabio	58	SDSM-44	2:49.26
	38.42	1:20.50	2:05.97	2:49.26
6	Owen, Steven	59	NOVA-33	2:59.29
	38.83	1:24.83	2:13.03	2:59.29

**Men 55-59 400 Meter Free**

1	Krauser, Larry	57	HMS-35	4:39.87
	32.13	1:08.41	1:44.18	2:20.07
	2:55.87	3:31.21	4:06.57	4:39.87
2	Phillips, Rick	56	ROSE-33	4:58.51
	33.74	1:11.38	1:49.25	2:27.47
	3:05.38	3:44.16	4:22.39	4:58.51
3	Leonard, Dan	56	SCAQ-33	5:06.39
	33.12	1:09.83	1:48.18	2:26.90
	3:06.12	3:46.30	4:26.64	5:06.39
4	Penn, Bill	59	PNA-36	5:09.63
	34.96	1:13.43	1:53.05	2:33.10
	3:12.82	3:52.12	4:31.73	5:09.63

## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**(Men 55-59 400 Meter Free)**

5	Bias, Philip	56	UNAT	5:45.24
	39.32	1:22.73	2:07.33	2:51.85
	3:35.45	4:19.87	5:03.23	5:45.24
6	Ferguson, Howard	56	LBG-33	6:00.77
	39.24	1:23.47	2:10.54	2:58.17
	3:44.11	4:29.96	5:15.54	6:00.77

**Men 55-59 800 Meter Free**

1	Krauser, Larry	57	HMS-35	9:42.94
	33.08	1:09.86	1:46.91	2:23.82
	3:00.71	3:37.90	4:15.23	4:52.50
	5:29.71	6:07.05	6:43.86	7:20.73
	7:57.28	8:33.54	9:09.30	9:42.94
2	Penn, Bill	59	PNA-36	10:28.29
	38.56	1:19.22	1:59.38	2:39.23
	3:18.89	3:58.16	4:37.46	5:16.83
	5:55.88	6:35.02	7:14.32	7:53.68
	8:32.69	9:11.93	9:50.83	10:28.29
3	Bias, Philip	56	UNAT	12:03.27
	41.75	1:28.06	2:15.23	3:02.61
	3:49.24	4:35.32	5:20.84	6:06.19
	6:52.02	7:36.97	8:22.57	9:08.29
	9:53.27	10:38.07	11:21.58	12:03.27
4	Ferguson, Howard	56	LBG-33	12:39.67
	42.64	1:30.19	2:18.90	3:08.05
	3:55.91	4:43.33	5:31.53	6:20.14
	7:09.40	7:57.82	8:46.30	9:34.11
	10:20.91	11:09.48	11:55.23	12:39.67

**Men 55-59 1500 Meter Free**

1	Krauser, Larry	57	HMS-35	18:30.71
	32.81	1:09.61	1:47.02	2:24.24
	3:01.60	3:39.00	4:16.69	4:53.87
	5:31.14	6:08.38	6:45.48	7:22.87
	7:59.96	8:37.39	9:14.72	9:52.22
	10:30.01	11:07.85	11:45.52	12:23.04
	13:00.59	13:37.84	14:15.24	14:52.58
	15:30.30	16:07.53	16:44.35	17:21.07
	17:57.21	18:30.71		
2	Phillips, Rick	56	ROSE-33	19:52.63
	35.00	1:14.45	1:54.16	2:34.32
	3:14.31	3:54.74	4:34.89	5:14.61
	5:54.84	6:35.09	7:15.61	7:55.81
	8:35.92	9:16.46	9:56.65	10:36.63
	11:17.22	11:57.96	12:38.78	13:19.35
	13:59.91	14:39.89	15:19.81	15:59.70
	16:39.34	17:19.20	17:58.30	18:37.81
	19:16.45	19:52.63		

3	Penn, Bill	59	PNA-36	20:07.65
	36.61	1:16.54	1:57.32	2:38.61
	3:19.46	4:00.43	4:41.08	5:21.45
	6:01.91	6:41.96	7:22.15	8:02.98
	8:43.49	9:24.37	10:04.71	10:45.09
	11:25.75	12:06.50	12:47.27	13:28.10
	14:08.72	14:49.25	15:30.28	16:10.70
	16:51.11	17:31.20	18:10.93	18:50.49
	19:30.02	20:07.65		

4	Bias, Philip	56	UNAT	22:14.31
	40.77	1:26.06	2:11.42	2:57.08
	3:42.59	4:27.97	5:13.30	5:58.03
	6:43.11	7:28.16	8:12.93	8:57.68
	9:43.21	10:27.89	11:12.86	11:57.53
	12:41.94	13:26.22	14:11.01	14:55.77
	15:40.22	16:24.69	17:09.36	17:53.73
	18:38.23	19:22.88	20:06.35	20:49.65
	21:32.55	22:14.31		

5	Ferguson, Howard	56	LBG-33	24:21.70
	39.82	1:23.96	2:10.17	2:57.34
	3:44.24	4:30.08	5:17.91	6:08.37
	6:56.84	7:45.92	8:35.17	9:24.24
	10:12.62	11:01.22	11:50.60	12:39.69
	13:29.50	14:19.06	15:09.58	
	16:51.74		18:33.02	19:24.28
	20:14.81	21:05.80	21:55.99	22:44.78
	23:33.07	24:21.70		

6	Owen, Steven	59	NOVA-33	25:49.89
	44.67	1:34.21	2:25.12	3:17.25
	4:10.03	5:02.12	5:54.17	6:48.19
	7:41.34	8:33.91	9:26.38	10:18.03
	11:09.83	12:01.64	12:53.75	13:45.84
	14:38.71	15:30.62	16:22.31	17:14.30
	18:06.53	18:58.28	19:50.41	20:42.44
	21:34.69	22:27.51	23:20.64	24:11.86
	25:02.74	25:49.89		

**Men 55-59 50 Meter Back**

1	Djang, Philipp	56	FLAQ-50	29.88
2	Graham, Donald	56	PNA-36	31.24
3	Fowler, Gregory	57	MVN-33	35.28
4	Heather, Michael	56	MVN-33	36.12
5	Edwards, Clive	57	SWM-33	38.81
6	Miller, Chris	57	LVM-33	39.23
7	Owen, Steven	59	NOVA-33	42.60
8	Samuel, Steven	55	NOVA-33	47.59

**Men 55-59 100 Meter Back**

1	Djang, Philipp	56	FLAQ-50	1:04.31
	30.82	1:04.31		
2	Graham, Donald	56	PNA-36	1:11.42
	34.16	1:11.42		
3	Fowler, Gregory	57	MVN-33	1:20.38
	38.44	1:20.38		
4	Miller, Chris	57	LVM-33	1:32.60
	44.81	1:32.60		

**Men 55-59 200 Meter Back**

1	Djang, Philipp	56	FLAQ-50	2:23.68
	34.19	1:10.86	1:47.39	2:23.68
2	van Boer, Eric	56	RHMS-38	2:50.31
	38.90	1:23.22	2:07.79	2:50.31
3	Heather, Michael	56	MVN-33	2:56.95
	43.37	1:28.33	2:13.13	2:56.95

**Men 55-59 50 Meter Breast**

1	Blatt, Michael	55	VCM-33	35.37
2	Graham, Donald	56	PNA-36	36.09
3	Edwards, Clive	57	SWM-33	36.62
4	McLintock, John	56	SDSM-44	38.04
5	Sanchez, Pedro	56	SGM-33	38.59
6	Samuel, Steven	55	NOVA-33	46.50
7	Zion, Michael	55	LBG-33	48.98

**Men 55-59 100 Meter Breast**

1	Blatt, Michael	55	VCM-33	1:18.67
	36.78	1:18.67		
2	Leonard, Dan	56	SCAQ-33	1:20.99
	37.54	1:20.99		
3	Edwards, Clive	57	SWM-33	1:24.32
	38.40	1:24.32		
4	Sanchez, Pedro	56	SGM-33	1:25.40
	39.60	1:25.40		

**Men 55-59 200 Meter Breast**

1	Blatt, Michael	55	VCM-33	2:52.69
	39.55	1:23.95	2:08.57	2:52.69
2	Sanchez, Pedro	56	SGM-33	3:12.27
	41.52	1:28.40	2:18.95	3:12.27
3	Samuel, Steven	55	NOVA-33	3:44.26
	49.98	1:47.68	2:47.05	3:44.26

**Men 55-59 50 Meter Fly**

1	Graham, Donald	56	PNA-36	28.36
2	Behun, Bill	59	SDSM-44	30.13
3	Heather, Michael	56	MVN-33	30.64
4	Mc Bride, Duncan	56	LAPS-33	31.12
5	Fowler, Gregory	57	MVN-33	32.33
6	Adkison, Bill	55	RHMS-38	32.47
7	McLintock, John	56	SDSM-44	33.03
8	Astudillo, Fabio	58	SDSM-44	34.45
9	Ferguson, Howard	56	LBG-33	36.74

**Men 55-59 100 Meter Fly**

1	Graham, Donald	56	PNA-36	1:05.51
	30.77	1:05.51		
2	Buckley, Mark	57	SCA-33	1:17.41
	34.74	1:17.41		
3	Ferguson, Howard	56	LBG-33	1:27.91
	38.84	1:27.91		
4	Astudillo, Fabio	58	SDSM-44	1:28.42
	39.78	1:28.42		

**Men 55-59 200 Meter Fly**

1	Heather, Michael	56	MVN-33	2:49.51
	37.13	1:19.50	2:04.33	2:49.51



## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**(Men 60-64 1500 Meter Free)**

4	Sovero, Emilio	62	SCA-33	26:04.53
	45.55	1:33.80	2:23.81	3:15.25
	4:06.13	4:56.43	5:47.40	6:38.90
	7:31.48	8:23.65	9:17.13	10:10.40
	11:01.96	11:55.15	12:47.79	13:41.43
	14:34.21	15:26.16	16:18.78	17:11.46
	18:04.92	18:56.96	19:49.98	20:43.96
	21:37.42	22:30.96	23:24.63	24:18.86
	25:12.34	26:04.53		
5	Martinez, Jorge	63	SDSM-44	29:13.32
	48.50	1:45.08	2:44.37	3:44.26
	4:44.72	5:44.72	6:44.69	7:43.28
	8:41.74	9:40.19	10:38.81	11:38.35
	12:35.41	13:33.58	14:32.91	15:31.69
	16:30.13	17:29.34	18:29.20	19:27.12
	20:26.52	21:26.19	22:26.08	23:26.40
	24:26.17	25:25.40	26:23.74	27:22.36
	28:21.12	29:13.32		

**Men 60-64 50 Meter Back**

1	Lucas, James	60	SCAQ-33	33.56
2	Kerns, Hubie	61	SCAQ-33	33.63
3	Gruber, Glenn	61	ROSE-33	34.46
4	Selna, Mike	62	NOVA-33	35.60
5	Wigely, Steve	61	UCI-33	38.42
6	Todd, Allen	61	NOVA-33	39.09
7	Farmer, Michael	63	ROSE-33	45.77

**Men 60-64 100 Meter Back**

1	O'Keefe, Peter	60	SCAQ-33	1:09.72
	33.85	1:09.72		
2	Lucas, James	60	SCAQ-33	1:13.09
	35.73	1:13.09		
3	Kerns, Hubie	61	SCAQ-33	1:14.04
	36.01	1:14.04		
4	Selna, Mike	62	NOVA-33	1:15.68
	36.74	1:15.68		
5	Figueiredo, Paulo	64	WH2O-33	1:28.45
	43.02	1:28.45		
6	Todd, Allen	61	NOVA-33	1:30.92
	43.98	1:30.92		
7	Schmitt, Eric	60	NOVA-33	1:32.31
	45.51	1:32.31		
8	Martinez, Jorge	63	SDSM-44	1:34.81
	47.45	1:34.81		
9	Farmer, Michael	63	ROSE-33	1:49.33
	51.45	1:49.33		
10	Huszcz, MJ	63	NOVA-33	2:09.86

**Men 60-64 100 Meter Back 100 Back Split**

1	Kerns, Hubie	61	SCAQ-33	1:13.61
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**Men 60-64 200 Meter Back**

1	Mc Conica, Jim	60	VCM-33	2:29.60
	36.01	1:14.27	1:52.43	2:29.60
2	O'Keefe, Peter	60	SCAQ-33	2:36.72
	37.09	1:17.60	1:58.24	2:36.72

3	Bell, Alan	60	PNA-36	2:38.51
	37.14	1:17.44	1:58.25	2:38.51
4	Clemmons, Jim	60	MAM-38	2:38.86
	38.41	1:18.82	1:58.94	2:38.86
5	Lucas, James	60	SCAQ-33	2:45.45
	38.76	1:21.06	2:03.98	2:45.45
6	Selna, Mike	62	NOVA-33	2:46.84
	39.27	1:20.98	2:04.25	2:46.84
7	Martinez, Jorge	63	SDSM-44	3:18.13
	47.90	1:38.48	2:28.29	3:18.13
8	Foote, David	60	VCM-33	3:39.13
	53.21	1:49.52	2:45.04	3:39.13
9	Finizio, Franco	61	NOVA-33	4:50.07
	1:08.37	2:21.43	3:36.35	4:50.07

**Men 60-64 50 Meter Breast**

1	Stark, Allen	61	OREG-37	33.99
2	Strand, Robert	64	ROSE-33	34.31
3	Rhodes, Michael	60	SOBA-33	38.09
4	Selna, Mike	62	NOVA-33	39.13
5	Howard, Frenchy	62	SDSM-44	43.32

**Men 60-64 100 Meter Breast**

1	Strand, Robert	64	ROSE-33	1:15.60
	34.84	1:15.60		
2	Clemmons, Jim	60	MAM-38	1:17.87
	37.07	1:17.87		
3	Rhodes, Michael	60	SOBA-33	1:26.47
	40.36	1:26.47		
4	Selna, Mike	62	NOVA-33	1:28.37
	42.21	1:28.37		
5	Schmitt, Eric	60	NOVA-33	1:33.77
	45.10	1:33.77		
6	Howard, Frenchy	62	SDSM-44	1:42.66
	48.69	1:42.66		
---	Stark, Allen	61	OREG-37	DQ
	Scissors kick			

**Men 60-64 100 Meter Breast 100 Breast Split**

1	Stark, Allen	61	OREG-37	1:20.97
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**Men 60-64 200 Meter Breast**

1	Clemmons, Jim	60	MAM-38	2:47.32
	38.57	1:21.40	2:04.41	2:47.32
2	Stark, Allen	61	OREG-37	2:50.28
	38.01	1:20.97	2:05.47	2:50.28
3	Selna, Mike	62	NOVA-33	3:07.57
	41.83	1:28.86	2:18.04	3:07.57
4	Schmitt, Eric	60	NOVA-33	3:27.02
	47.52	1:40.64	2:34.30	3:27.02
5	Finizio, Franco	61	NOVA-33	4:35.30
	59.94	2:09.55	3:23.75	4:35.30

**Men 60-64 50 Meter Fly**

1	O'Keefe, Peter	60	SCAQ-33	30.28
2	Kerns, Hubie	61	SCAQ-33	31.40
3	Wisner, Peter	63	ROSE-33	32.88
4	Martinez, Jorge	63	SDSM-44	34.48
5	Meyerhoff, Rick	63	TAM-38	35.51

6	Schmitt, Eric	60	NOVA-33	35.83
7	Greenberg, Hank	62	NOVA-33	36.13
8	Figueiredo, Paulo	64	WH2O-33	36.30
9	Ghan, Jeff	60	LVM-33	38.03
10	Huszcz, MJ	63	NOVA-33	1:02.93

**Men 60-64 100 Meter Fly**

1	Kerns, Hubie	61	SCAQ-33	1:11.66
	33.63	1:11.66		
2	Martinez, Jorge	63	SDSM-44	1:20.77
	36.26	1:20.77		
3	Schmitt, Eric	60	NOVA-33	1:22.65
	38.96	1:22.65		
4	Greenberg, Hank	62	NOVA-33	1:25.48
	40.06	1:25.48		

**Men 60-64 200 Meter Fly**

1	Bell, Alan	60	PNA-36	2:40.80
	36.82	1:17.88	1:59.39	2:40.80
2	Martinez, Jorge	63	SDSM-44	3:16.79
	40.39	1:31.00	2:26.25	3:16.79
3	Finizio, Franco	61	NOVA-33	4:50.96
	1:04.01	2:17.40	3:36.05	4:50.96

**Men 60-64 100 Meter IM**

1	Strand, Robert	64	ROSE-33	1:11.43
	34.04	1:11.43		
2	Gruber, Glenn	61	ROSE-33	1:12.08
	32.64	1:12.08		
3	Stark, Allen	61	OREG-37	1:16.16
	35.97	1:16.16		

**Men 60-64 200 Meter IM**

1	Clemmons, Jim	60	MAM-38	2:31.02
	32.79	1:12.19	1:55.79	2:31.02
2	Kerns, Hubie	61	SCAQ-33	2:37.30
	33.92	1:13.77	1:59.28	2:37.30
3	Lucas, James	60	SCAQ-33	2:48.54
	37.45	1:18.89	2:09.58	2:48.54
4	Ghan, Jeff	60	LVM-33	3:11.70
	39.52	1:28.66	2:26.60	3:11.70
5	Greenberg, Hank	62	NOVA-33	3:14.35
	38.65	1:31.78	2:31.42	3:14.35
6	Finizio, Franco	61	NOVA-33	4:37.69
	59.51	2:22.34	3:39.78	4:37.69
7	Huszcz, MJ	63	NOVA-33	4:39.13
	1:07.44	2:22.81	3:46.19	4:39.13

**Men 60-64 400 Meter IM**

1	Mc Conica, Jim	60	VCM-33	5:26.90
	34.39	1:16.73	1:57.83	2:38.98
	3:28.58	4:19.68	4:54.30	5:26.90
2	Kerns, Hubie	61	SCAQ-33	5:46.82
	35.63	1:16.50	2:01.37	2:46.25
	3:36.14	4:26.22	5:07.22	5:46.82
3	Lucas, James	60	SCAQ-33	6:21.46
	40.84	1:28.03	2:19.19	3:07.94
	4:00.00	4:53.51	5:38.97	6:21.46

## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**(Men 60-64 400 Meter IM)**

4	Greenberg, Hank	62	NOVA-33	7:09.24
	44.29	1:36.16	2:35.42	3:32.39
	4:35.09	5:35.30	6:25.36	7:09.24
5	Finizio, Franco	61	NOVA-33	9:42.04
	57.38	2:06.35	3:28.23	4:49.01
	6:10.39	7:30.64	8:36.60	9:42.04

**Men 65-69 50 Meter Free**

1	Abrahams, Richard	65	CMS-32	25.80
2	Van Baalen, Vinus	68	SDSM-44	27.84
3	Langendoen, Gary	65	ROSE-33	31.13
4	Freeman, Frank	65	CVMM-33	36.32
5	Henry, Daniel	68	SDSM-44	36.33
6	Andersen, Richard	66	NOVA-33	37.03
7	Holder, Richard	66	LVM-33	37.41
8	Stewart, Jim	69	MVN-33	38.49
9	Nicolas, Ken	66	NOVA-33	59.03

**Men 65-69 50 Meter Free 50 Free Split**

1	Freshley, Mike	69	SDSM-44	30.57
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**Men 65-69 100 Meter Free 100 Free Split**

1	Burns, Richard	67	TAM-38	1:05.31
2	Davis, Don	66	RHMS-38	1:17.03

**Men 65-69 100 Meter Free**

1	Abrahams, Richard	65	CMS-32	58.68
	27.62	58.68		
2	Van Baalen, Vinus	68	SDSM-44	1:05.40
	30.74	1:05.40		
3	Andersen, Richard	66	NOVA-33	1:21.48
	39.11	1:21.48		
4	Holderman, Dennis	65	SOBA-33	1:21.65
	40.56	1:21.65		
5	Freeman, Frank	65	CVMM-33	1:22.50
	39.82	1:22.50		
6	Stewart, Jim	69	MVN-33	1:29.46
	42.79	1:29.46		
7	Krakower, Mark	67	SDSM-44	1:37.56
	45.96	1:37.56		
8	Nicolas, Ken	66	NOVA-33	2:33.78
	1:03.50	2:33.78		

**Men 65-69 200 Meter Free**

1	Burns, Richard	67	TAM-38	2:27.06
	33.10	1:10.32	1:48.52	2:27.06
2	Langendoen, Gary	65	ROSE-33	2:41.92
	36.67	1:17.32	1:59.04	2:41.92
3	Freeman, Frank	65	CVMM-33	3:03.74
		1:26.85	3:03.74	
4	Krakower, Mark	67	SDSM-44	3:37.34
	47.21	1:42.64	2:41.57	3:37.34
5	Nicolas, Ken	66	NOVA-33	5:05.13
	1:03.49	2:24.65	3:47.05	5:05.13

**Men 65-69 200 Meter Free 200 Free Split**

1	Davis, Don	66	RHMS-38	2:40.73
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**Men 65-69 400 Meter Free**

1	Davis, Don	66	RHMS-38	5:09.46
	34.70	1:13.21	1:52.38	2:32.64
	3:12.19	3:52.28	4:31.05	5:09.46
2	McColly, Michael	65	PNA-36	5:13.27
	36.16	1:15.78	1:56.11	2:36.11
	3:15.71	3:55.59	4:34.97	5:13.27
3	Colonnese, Michael	66	MVN-33	6:22.41
	42.05	1:26.90	2:14.47	3:02.64
	3:51.59	4:41.43	5:32.22	6:22.41
4	Andersen, Richard	66	NOVA-33	6:53.48
	47.19	1:38.93	2:31.23	3:24.38
	4:17.56	5:10.54	6:03.25	6:53.48
5	Holder, Richard	66	LVM-33	7:28.14
	48.40	1:44.08	2:43.09	3:41.16
	4:39.27	5:38.76	6:35.45	7:28.14
6	Krakower, Mark	67	SDSM-44	7:59.88
	49.06	1:47.27	2:51.08	3:55.14
	4:59.26	6:00.99	7:03.39	7:59.88
7	Nicolas, Ken	66	NOVA-33	11:32.84
	2:30.55	4:05.40	5:32.64	7:01.43
	8:32.05	10:04.56	11:32.84	

**Men 65-69 400 Meter Free 400 Free Split**

1	Davis, Don	66	RHMS-38	5:28.23
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**Men 65-69 800 Meter Free**

1	Davis, Don	66	RHMS-38	10:52.95
	36.38	1:17.33	1:58.82	2:40.55
	3:22.28	4:03.99	4:45.36	5:26.89
	6:08.26	6:49.72	7:31.36	8:12.27
	8:53.68	9:33.52	10:13.47	10:52.95
2	McColly, Michael	65	PNA-36	10:57.07
	38.16	1:19.10	2:01.04	2:43.57
	3:25.85	4:07.56	4:49.46	5:31.38
	6:12.82	6:54.30	7:35.34	8:16.28
	8:57.28	9:37.26	10:17.20	10:57.07
3	Krakower, Mark	67	SDSM-44	16:18.42
	49.76	1:48.48	2:50.15	3:51.86
	4:53.60	5:55.82	6:58.28	8:01.29
	9:05.05	10:07.70	11:11.76	12:14.16
	13:17.85	14:19.96	15:21.39	16:18.42
4	Nicolas, Ken	66	NOVA-33	22:48.74
	1:13.93	2:45.06	4:06.19	5:30.90
	6:57.50	8:26.08	9:51.20	11:17.46
	12:47.36	14:14.02	15:41.76	17:07.96
	18:34.42	19:58.55	21:21.54	22:48.74

**Men 65-69 800 Meter Free 800 Free Split**

1	Davis, Don	66	RHMS-38	11:08.22
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**Men 65-69 1500 Meter Free**

1	Davis, Don	66	RHMS-38	20:54.92
	36.42	1:17.03	1:58.79	2:40.73
	3:22.43	4:04.04	4:46.01	5:28.23
	6:10.35	6:52.76	7:35.33	8:18.07
	9:00.93	9:43.70	10:26.52	11:08.22
	11:51.10	12:33.84	13:16.34	13:59.06
	14:41.52	15:23.72	16:05.95	16:48.03
	17:30.52	18:12.76	18:54.27	19:36.22
	20:16.29	20:54.92		
2	Krakower, Mark	67	SDSM-44	31:52.12
	51.77	1:52.52	2:55.97	3:59.30
	5:02.58	6:06.30	7:09.94	8:13.91
	9:18.96	10:23.09	11:27.70	12:32.93
	13:37.44	14:43.06	15:47.81	16:53.15
	17:58.68	19:03.57	20:08.55	21:13.27
	22:19.05	23:23.88	24:28.63	25:33.33
	26:37.02	27:41.65	28:45.67	29:49.79
	30:52.98	31:52.12		

**Men 65-69 50 Meter Back 50 Back Split**

1	Burns, Richard	67	TAM-38	33.39
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**Men 65-69 50 Meter Back**

1	Burns, Richard	67	TAM-38	32.82
2	Abrahams, Richard	65	CMS-32	32.94
3	Van Baalen, Vinus	68	SDSM-44	33.51
4	Langendoen, Gary	65	ROSE-33	39.28
5	Henry, Daniel	68	SDSM-44	43.34

**Men 65-69 100 Meter Back**

1	Burns, Richard	67	TAM-38	1:13.92
	36.45	1:13.92		
2	McColly, Michael	65	PNA-36	1:17.29
	37.66	1:17.29		
3	Van Baalen, Vinus	68	SDSM-44	1:18.64
	38.19	1:18.64		
4	Henry, Daniel	68	SDSM-44	1:36.67
	46.74	1:36.67		
5	Stewart, Jim	69	MVN-33	1:43.67
	49.77	1:43.67		

**Men 65-69 200 Meter Back**

1	Burns, Richard	67	TAM-38	2:42.24
	38.85	1:20.57	2:02.37	2:42.24
2	McColly, Michael	65	PNA-36	2:43.82
	39.23	1:20.66	2:02.43	2:43.82
3	Holderman, Dennis	65	SOBA-33	3:46.72
	56.09	1:52.33	2:49.62	3:46.72
4	Stewart, Jim	69	MVN-33	3:51.39
	53.05	1:52.78	2:53.22	3:51.39

**Men 65-69 50 Meter Breast**

1	Davis, Don	66	RHMS-38	38.09
2	Freshley, Mike	69	SDSM-44	39.14

**Men 65-69 100 Meter Breast**

1	Davis, Don	66	RHMS-38	1:25.40
	39.31	1:25.40		



## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**Men 70-74 200 Meter Back**

1 Fasbender, Barry	73 STAN-38	3:41.01
	52.84 1:51.29 2:49.89	3:41.01

**Men 70-74 50 Meter Breast**

1 Farrell, Jeff	73 SBM-33	39.92
2 Goode, Douglas	71 ROSE-33	1:01.46

**Men 70-74 200 Meter Breast**

1 Goode, Douglas	71 ROSE-33	5:47.97
	1:11.78 2:49.12 4:22.32	5:47.97

**Men 70-74 50 Meter Fly**

1 Williams, Frank	70 SDSM-44	35.47
2 Farrell, Jeff	73 SBM-33	35.86

**Men 70-74 100 Meter Fly**

1 Williams, Frank	70 SDSM-44	1:23.15
	37.92 1:23.15	
2 Fasbender, Barry	73 STAN-38	1:41.88
	48.07 1:41.88	

**Men 70-74 200 Meter Fly**

1 Williams, Frank	70 SDSM-44	3:24.71
	44.90 1:36.60 2:30.67	3:24.71
2 Fasbender, Barry	73 STAN-38	4:00.52
	55.38 1:59.46 3:04.27	4:00.52
3 Nelson, Ed	71 LAPS-33	4:13.85
	59.98 2:04.09 3:08.85	4:13.85

**Men 70-74 100 Meter IM**

1 Farrell, Jeff	73 SBM-33	1:19.03
	36.38 1:19.03	
2 Goode, Douglas	71 ROSE-33	2:19.24
	1:07.31 2:19.24	

**Men 70-74 200 Meter IM**

1 Fasbender, Barry	73 STAN-38	3:38.15
	49.61 1:48.19 2:49.29	3:38.15

**Men 70-74 400 Meter IM**

1 Fasbender, Barry	73 STAN-38	7:41.69
	54.37 1:57.03 2:56.15	3:54.49
	4:58.36 5:59.55 6:52.64	7:41.69
2 Nelson, Ed	71 LAPS-33	8:30.94
	1:01.38 2:07.06	4:17.20
	5:27.13 6:37.19 7:34.80	8:30.94

**Men 75-79 50 Meter Free**

1 Baker, Donald	79 SDSM-44	39.94
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**Men 75-79 100 Meter Free**

1 Rauch, Will	76 LVM-33	1:17.58
	37.07 1:17.58	
2 Baker, Donald	79 SDSM-44	1:32.01
	43.71 1:32.01	
3 Rolph, Bob	79 MVN-33	1:43.86
	49.70 1:43.86	

**Men 75-79 200 Meter Free**

1 Rauch, Will	76 LVM-33	3:00.14
	40.97 1:26.73 2:14.54	3:00.14
2 Baker, Donald	79 SDSM-44	3:31.49
	46.25 1:39.27 2:36.24	3:31.49
3 Rolph, Bob	79 MVN-33	3:58.17
	51.99 1:52.57 2:56.97	3:58.17

**Men 75-79 400 Meter Free**

1 Rauch, Will	76 LVM-33	6:22.80
	41.98 1:28.84 2:17.20	3:06.22
	3:56.66 4:46.69 5:36.46	6:22.80

**Men 75-79 800 Meter Free**

1 Rauch, Will	76 LVM-33	13:38.38
	45.29 1:34.88 2:25.47	3:16.77
	4:08.79 5:00.51 5:52.78	6:45.06
	7:37.34 8:30.34 9:22.80	10:14.90
	11:07.60 11:59.82 12:50.64	13:38.38
2 Rolph, Bob	79 MVN-33	18:22.49
	59.77 2:05.08 3:11.07	4:19.29
	5:28.07 6:36.16 7:44.27	8:55.27
	10:04.08 11:15.65 12:27.00	13:37.80
	14:49.47 16:01.33 17:13.64	18:22.49

**Men 75-79 1500 Meter Free**

1 Rauch, Will	76 LVM-33	26:05.15
	43.64 1:32.26 2:22.97	3:15.40
	4:07.52 5:00.49 5:53.39	6:46.83
	7:39.11 8:31.96 9:25.43	10:18.33
	11:10.72 12:03.78 12:57.40	13:50.51
	14:43.92 15:36.43 16:30.01	17:23.54
	18:16.58 19:09.81 20:01.81	20:54.25
	21:47.38 22:40.44 23:33.14	24:24.67
	25:16.25 26:05.15	

**Men 75-79 50 Meter Back**

1 Smethurst, Everett	75 NOVA-33	45.52
2 Hubach, Eric	77 SDSM-44	46.75
3 Coles, Bill	75 SDSM-44	50.10
4 Rolph, Bob	79 MVN-33	1:03.38

**Men 75-79 100 Meter Back**

1 Hubach, Eric	77 SDSM-44	1:44.16
	51.23 1:44.16	

**Men 75-79 200 Meter Back**

1 Hubach, Eric	77 SDSM-44	3:43.15
	52.03 1:49.42 3:43.15	
2 Smethurst, Everett	75 NOVA-33	3:50.00
	52.46 1:49.94 2:51.21	3:50.00

**Men 75-79 50 Meter Breast**

1 Rolph, Bob	79 MVN-33	1:12.08
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**Men 75-79 100 Meter Breast**

1 Rauch, Will	76 LVM-33	1:47.99
	50.33 1:47.99	
2 Baker, Donald	79 SDSM-44	2:00.22
	55.42 2:00.22	

3 Hubach, Eric	77 SDSM-44	2:01.37
	58.11 2:01.37	

**Men 75-79 200 Meter Breast**

1 Hubach, Eric	77 SDSM-44	4:10.05
	57.85 2:02.17 3:07.73	4:10.05

**Men 75-79 100 Meter IM**

1 Smethurst, Everett	75 NOVA-33	1:44.06
	48.02 1:44.06	
2 Hubach, Eric	77 SDSM-44	1:49.35
	52.09 1:49.35	

**Men 75-79 200 Meter IM**

1 Smethurst, Everett	75 NOVA-33	3:54.48
	49.55 1:46.74 3:00.28	3:54.48
2 Baker, Donald	79 SDSM-44	4:19.45
	55.91 2:06.85 3:19.99	4:19.45

**Men 80-84 50 Meter Free**

1 Webster, Dale	84 SDSM-44	42.00
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**Men 80-84 100 Meter Free**

1 Webster, Dale	84 SDSM-44	1:33.80
	45.08 1:33.80	
2 Hubbard, Don	83 SDSM-44	1:54.26
	53.29 1:54.26	
3 Paul, Eugene	82 NOVA-33	2:30.90
	1:12.64 2:30.90	

**Men 80-84 400 Meter Free**

1 Hubbard, Don	83 SDSM-44	8:58.97
	58.94 2:06.98 3:16.01	4:26.89
	5:35.24 6:41.59 7:50.84	8:58.97

**Men 80-84 1500 Meter Free**

1 Paul, Eugene	82 NOVA-33	41:03.13
	4:02.07	
	8:06.61	
	17:46.48	
	31:35.28 32:58.86	
	41:03.13	

**Men 80-84 50 Meter Back**

1 Webster, Dale	84 SDSM-44	51.49
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**Men 80-84 100 Meter Back**

1 Webster, Dale	84 SDSM-44	1:52.18
	55.35 1:52.18	

**Men 80-84 200 Meter Back**

1 Webster, Dale	84 SDSM-44	4:09.83
	55.96 2:00.66 3:08.05	4:09.83
2 Paul, Eugene	82 NOVA-33	6:46.27
	3:19.57 5:02.84	6:46.27

**Men 80-84 50 Meter Breast**

1 Hoppe, Frederick	83 SDSM-44	51.44
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## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**Men 80-84 100 Meter Breast**

1	Hoppe, Frederick	83	SDSM-44	1:59.92
		57.00	1:59.92	
2	Hubbard, Don	83	SDSM-44	2:35.65
		1:12.15	2:35.65	

**Men 80-84 200 Meter Breast**

1	Hoppe, Frederick	83	SDSM-44	4:22.13	
		1:01.19	2:08.27	3:17.62	4:22.13

**Men 80-84 50 Meter Fly**

1	Hoppe, Frederick	83	SDSM-44	51.48
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**Men 80-84 100 Meter IM**

---	Webster, Dale	84	SDSM-44	DQ
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**Men 80-84 200 Meter IM**

1	Paul, Eugene	82	NOVA-33	6:26.06	
		1:50.36	3:31.01	5:03.50	6:26.06

**Men 85-89 50 Meter Free**

1	Piemme, Frank	85	LOST-33	36.26
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**Men 85-89 100 Meter Free**

1	Piemme, Frank	85	LOST-33	1:25.28
		40.52	1:25.28	

**Men 85-89 200 Meter Breast**

1	Piemme, Frank	85	LOST-33	4:05.91	
		54.61	1:57.87	3:03.33	4:05.91

**Men 85-89 50 Meter Fly**

1	Piemme, Frank	85	LOST-33	45.50
2	Seligmann, William	85	UNAT	1:13.84

**Men 85-89 100 Meter Fly**

1	Piemme, Frank	85	LOST-33	1:58.99
		50.72	1:58.99	

**Men 85-89 100 Meter IM**

1	Piemme, Frank	85	LOST-33	1:42.99
		47.42	1:42.99	

**Women 72-99 400 Meter Free Relay**

1	TOC-38	A	3:58.11	
	Reilly, Erin W25	Gill, Meg W25		
	O'Donnell-McCarthy, Fi	Bishop, Brooke W24		
	28.05	58.82	1:27.21	1:59.21
	2:27.56	2:58.54	3:26.83	3:58.11

**Women 72-99 400 Meter Medley Relay**

---	TOC-38	B	DQ
	Early take-off swimmer #2		
	Bishop, Brooke W24	O'Donnell-McCarthy, Fi	
	Reilly, Erin W25	Davidoff, Cara W24	

**Women 100-119 200 Meter Free Relay**

1	NOVA-33	B	2:04.28	
	Pelaez, Cristina W23	Goldacre, Jessica W27		
	Kraus, Heidi W29	Martinez, Heather W34		
	30.42	1:00.32	1:31.45	2:04.28

**Women 100-119 400 Meter Free Relay**

1	SDSM-44	A	4:15.97	
	Parker, Emily W25	Maples, Kristen W29		
	Ksiazek, Kendra W29	DeFelice, Heather W31		
	29.86	1:02.61	1:33.30	2:07.05
	2:37.41	3:11.32	3:41.52	4:15.97
2	NOVA-33	M	4:33.80	
	Encheff, Lana W32	Kraus, Heidi W29		
	Goldacre, Jessica W27	Christenson, Katie W27		
	33.50	1:07.49	1:38.93	2:13.32
	2:44.82	3:19.73	3:54.49	4:33.80

**Women 100-119 800 Meter Free Relay**

1	SDSM-44	A	9:28.90	
	Parker, Emily W25	Maples, Kristen W29		
	Ksiazek, Kendra W29	DeFelice, Heather W31		
	31.27	1:05.04	1:39.27	2:13.40
	2:46.98	3:24.56	4:04.33	4:44.71
	5:16.33	5:52.00	6:28.55	7:05.58
	7:39.30	8:17.21	8:54.39	9:28.90

**Women 100-119 200 Meter Medley Relay**

1	SDSM-44	A	2:12.44	
	Parker, Emily W25	DeFelice, Heather W31		
	Maples, Kristen W29	Ksiazek, Kendra W29		
	33.20	1:10.59	1:42.98	2:12.44
2	NOVA-33	K	2:26.10	
	Goldacre, Jessica W27	Perez, Emily W30		
	Christenson, Katie W27	Encheff, Lana W32		
	33.34	1:19.47	1:55.66	2:26.10

**Women 100-119 400 Meter Medley Relay**

1	NOVA-33	B	5:30.71	
	Goldacre, Jessica W27	Meloney, Kathleen W30		
	Kraus, Heidi W29	Pelaez, Cristina W23		
	35.35	1:13.37	2:03.50	3:00.83
	3:39.43	4:21.74	4:54.13	5:30.71

**Women 120-159 400 Meter Free Relay**

1	LVM-33	B	4:35.92	
	Adams, Kari W44	Colavito, Violet W27		
	Boodt, Heidi W41	Val, Jamie W27		
	31.60	1:04.25	1:37.04	2:14.97
	2:50.04	3:28.86	4:00.20	4:35.92
2	NOVA-33	P	4:53.09	
	Merlo, Ashley W29	Downing, Kathyren W30		
	Martinez, Heather W34	Maclean, Tanya W34		
	34.41	1:11.33	1:46.17	2:25.46
	3:01.36	3:39.11	4:14.19	4:53.09
3	MVN-33	E	4:55.80	
	Messner, Waen W32	Tritsch, Kristina W27		
	Helliwell, Jessica W35	Stotelmeyer, Jennifer W		
	33.88	1:10.54	1:48.74	2:30.55
	3:03.91	3:39.65	4:15.59	4:55.80

4	SOBA-33	A	4:58.01	
	Snyder, Cynthia W45	Snyder, Betsy W41		
	Strange, Shana W22	Moore, Dede W50		
	35.40	1:14.65	1:50.17	2:31.47
	3:05.49	3:43.79	4:20.15	4:58.01

5	ROSE-33	A	5:14.40	
	Pulliam, Kandis W25	Simmons, Cheryl W43		
	Shdo, Elizabeth W25	Chung, Kathy W29		
	42.58	1:48.44	2:21.94	2:59.32
	3:32.35	4:10.12	4:39.85	5:14.40

6	NOVA-33	D	5:24.81	
	Meloney, Kathleen W30	Perez, Emily W30		
	Mannix, Christina W31	Wilson, Sonia W36		
	35.78	1:16.04	1:37.51	2:32.83
	3:12.94	3:57.35	4:38.36	5:24.81

**Women 120-159 200 Meter Medley Relay**

1	MVN-33	E	2:13.75	
	Olsen, Rebekah W30	Lewis, Cynthia W35		
	Moore, Katie W22	Sorenson, T W44		
	32.45	1:08.73	1:43.21	2:13.75
2	LVM-33	B	2:24.92	
	Val, Jamie W27	Boodt, Heidi W41		
	Adams, Kari W44	Colavito, Violet W27		
	36.03	1:21.77	1:53.82	2:24.92
3	NOVA-33	N	2:29.31	
	Maclean, Tanya W34	Downing, Kathyren W30		
	Merlo, Ashley W29	Martinez, Heather W34		
	37.90	1:18.97	1:58.65	2:29.31

**Women 120-159 400 Meter Medley Relay**

1	NOVA-33	A	5:26.91	
	Thornton, Alicia W30	Perez, Emily W30		
	Hedges, Megan W38	Maclean, Tanya W34		
	37.19	1:18.23	2:04.53	2:59.10
	3:33.69	4:12.33	4:47.04	5:26.91

**Women 160-199 200 Meter Free Relay**

1	MVN-33	E	2:15.35	
	Spivey, Bonnie W52	O'Rourke, Therese W48		
	Sorenson, T W44	Richell, Kelly W45		
	33.37	1:09.54	1:41.98	2:15.35
2	NOVA-33	C	2:38.12	
	Fell, Paula W45	Wong, Bonnie W47		
	Kim, Nancy W38	Tong, Frances W39		
	36.25	1:18.13	1:57.80	2:38.12

**Women 160-199 400 Meter Free Relay**

1	NOVA-33	F	4:33.17	
	Juliusson, Julia W45	Dorman, Lisa W42		
	Hedges, Megan W38	Cybulskis, Astrid W36		
	34.29	1:12.29	1:44.39	2:17.74
	2:50.73	3:26.11	3:58.19	4:33.17
2	LVM-33	C	5:15.90	
	Nelson, Regina W20	Post, Heather W40		
	Saul, Joanne W52	Meteyer, Beverly W57		
	35.50	1:16.70	1:57.09	2:41.86
	3:16.68	3:55.25	4:33.71	5:15.90



## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**(Women 160-199 400 Meter Free Relay)**

3 ROSE-33	B	5:41.96
Brown, Laura W48	Ekizian, Maria W44	
Silva, Rebecca W41	Borton, Joan W41	
41.58	1:29.28	2:13.82 3:04.21
3:41.83	4:24.81	5:01.51 5:41.96

**Women 160-199 200 Meter Medley Relay**

1 NOVA-33	D	2:23.21
Cybulskis, Astrid W36	Dorman, Lisa W42	
Hedges, Megan W38	Juliusson, Julia W45	
39.27	1:17.96	1:51.17 2:23.21
2 LVM-33	E	2:49.58
Saul, Joanne W52	Meteyer, Beverly W57	
Post, Heather W40	Nelson, Regina W20	
44.10	1:30.34	2:14.42 2:49.58
3 WH2O-33	B	2:52.53
Levinrad, Jan W63	Seaton, Jessica W57	
Menaster, Kim W24	Shore, Susan W48	
44.17	1:31.36	2:17.43 2:52.53
4 ROSE-33	G	3:09.94
Ekizian, Maria W44	Silva, Rebecca W41	
Cook, Sally W49	Brown, Laura W48	
52.97	1:45.98	2:34.98 3:09.94
5 NOVA-33	P	3:17.60
Wong, Bonnie W47	Kim, Nancy W38	
Wang, Regina W37	Tong, Frances W39	
53.62	1:46.48	2:33.80 3:17.60

**Women 160-199 400 Meter Medley Relay**

1 MVN-33	C	5:52.63
Burton, Kim W48	Spivey, Bonnie W52	
Sorenson, T W44	Richell, Kelly W45	
44.59	1:33.82	2:18.92 3:09.31
3:51.05	4:40.46	5:15.05 5:52.63
2 NOVA-33	C	6:39.90
McConkle, Cori W56	Johnson, Lainie W49	
Juliusson, Julia W45	Arbogast, Patricia W47	
51.27	1:47.23	2:40.76 3:41.25
4:24.60	5:14.01	5:53.38 6:39.90
3 NOVA-33	M	7:47.12
Wong, Bonnie W47	Kim, Nancy W38	
Wang, Regina W37	Tong, Frances W39	
52.11	1:58.57	2:27.85 3:58.93
4:53.27	5:27.82	6:52.58 7:47.12

**Women 200-239 200 Meter Free Relay**

1 LBG-33	B	2:36.84
Jacobus, Anne W60	Thresh, Andrea W61	
Rivera, Alisha W28	Powers, Patricia W53	
42.53	1:24.83	1:59.48 2:36.84
2 NOVA-33	D	2:53.33
Kubasek, Lynn W52	Johnson, Lainie W49	
Arbogast, Patricia W47	Mc Kinley, Maureen W57	
41.40	1:23.46	2:04.07 2:53.33

**Women 200-239 400 Meter Free Relay**

1 NOVA-33	G	6:13.60
Brooks, Sherry W50	Johnson, Lainie W49	
Kubasek, Lynn W52	Thornton, Kim W58	
40.80	1:27.48	2:14.68 3:11.02
3:56.99	4:47.85	5:28.89 6:13.60
2 LBG-33	A	6:30.53
Duquesnel, Susan W51	Oakleaf, The Leaf W55	
Powers, Patricia W53	Thresh, Andrea W61	
49.79	1:48.77	2:37.89 3:32.85
4:10.62	4:53.66	5:38.01 6:30.53

**Women 200-239 200 Meter Medley Relay**

1 NOVA-33	E	3:06.32
Kubasek, Lynn W52	Johnson, Lainie W49	
Thornton, Kim W58	Brooks, Sherry W50	
52.36	1:42.40	2:26.75 3:06.32
2 LBG-33	B	3:25.28
Duquesnel, Susan W51	Mangano, Michelle W50	
Oakleaf, The Leaf W55	Powers, Patricia W53	
1:00.31	1:46.07	2:39.71 3:25.28

**Women 240-279 400 Meter Free Relay**

1 UCLA-33	A	5:40.36
Ciraulo, Christie W57	Geoffrion, Helen W71	
Komar, Kathleen W61	Mason, Christine W52	
34.96	1:12.90	2:00.55 2:55.20
3:35.82	4:23.87	5:00.84 5:40.36

**Women 240-279 400 Meter Medley Relay**

1 UCLA-33	A	6:43.17
Komar, Kathleen W61	Geoffrion, Helen W71	
Ciraulo, Christie W57	Mason, Christine W52	
50.24	1:48.37	2:50.28 4:03.95
4:41.47	5:28.15	6:03.96 6:43.17

**Men 72-99 200 Meter Free Relay**

1 NOVA-33	G	1:47.62
Spencer, Evan M23	Skaggs, Sean M25	
Hatano, Ken M23	Nahabedian, Danno M22	
25.15	51.41	1:19.13 1:47.62

**Men 72-99 400 Meter Free Relay**

1 NOVA-33	N	4:18.09
Spencer, Evan M23	Nahabedian, Danno M22	
Hatano, Ken M23	Petkov, Krasi M29	
27.09	56.04	1:27.03 2:01.92
2:33.03	3:06.05	3:38.76 4:18.09

**Men 72-99 200 Meter Medley Relay**

1 NOVA-33	L	2:08.95
Hatano, Ken M23	Nahabedian, Danno M22	
Spencer, Evan M23	Tichy, Jan M28	
35.61	1:15.38	1:42.08 2:08.95

**Men 72-99 400 Meter Medley Relay**

1 NOVA-33	F	4:53.11
Hatano, Ken M23	Arnold, Paul M23	
Spencer, Evan M23	Skaggs, Sean M25	
	1:18.47	2:02.32 2:50.89
3:19.32	3:51.42	4:19.05 4:53.11

**Men 100-119 200 Meter Free Relay**

1 UCI-33	A	1:39.40
Wollam, Will M23	Luther, Austin M23	
Giometti, Danny M24	Tucker, Damon M41	
24.84	49.07	1:13.81 1:39.40

**Men 100-119 400 Meter Free Relay**

1 ROSE-33	C	3:40.97
Wensley, Ryan M24	Neubauer, Ian M30	
Gilroy, Scott M27	Moses, Ed M30	
26.25	54.80	1:20.33 1:49.48
2:17.27	2:47.36	3:12.99 3:40.97
2 NOVA-33	O	4:04.14
Tichy, Jan M28	Merlo, Mark M32	
Skaggs, Sean M25	Hwang, Wayne M32	
26.62	57.25	1:26.38 1:58.43
2:28.82	3:02.07	3:30.02 4:04.14

**Men 100-119 200 Meter Medley Relay**

1 ROSE-33	B	1:50.85
Wensley, Ryan M24	Moses, Ed M30	
Neubauer, Ian M30	Gilroy, Scott M27	
29.68	58.37	1:25.32 1:50.85

**Men 100-119 400 Meter Medley Relay**

1 UCI-33	A	4:17.97
Tucker, Damon M41	Luther, Austin M23	
Wollam, Will M23	Giometti, Danny M24	
32.53	1:07.14	1:42.72 2:23.06
2:50.34	3:23.37	3:48.80 4:17.97

**Men 120-159 200 Meter Free Relay**

1 NOVA-33	J	1:46.81
Fernandez, Dickie M39	Kirker, John M39	
Dietrich, Jim M39	Jackson, Scott M35	
26.15	52.22	1:19.23 1:46.81
2 MVN-33	C	1:58.76
Grice, Jeff M26	Ramirez, Miguel M30	
Curry, Chuck M33	Ripic, Steve M37	
30.35	1:00.06	1:29.43 1:58.76
3 LBG-33	D	1:59.09
Lee, Anselm M30	Blaney, Ryan M33	
Liu, Jeff M36	Neric, Joe M35	
32.75	59.99	1:29.02 1:59.09

**Men 120-159 400 Meter Free Relay**

1 NOVA-33	H	3:56.07
Jackson, Scott M35	Rinzler, Marc M39	
West, Steve M38	Kirker, John M39	
28.95	1:01.40	1:29.04 1:59.43
2:26.93	2:57.16	3:24.75 3:56.07
2 MVN-33	A	4:08.43
Airth, Brian M42	Jacob, Mike M33	
Sandvig, Justin M33	Messner, Steven M32	
29.75	1:04.56	1:34.07 2:05.20
2:35.32	3:09.59	3:37.05 4:08.43

## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**(Men 120-159 400 Meter Free Relay)**

3	LVM-33	A	4:08.72
	Marlow, Jarvis M34	Queen, Oliver M20	
	Boodt, Bradley M42	Magee, Mark M42	
	28.16	58.81	1:32.56 2:09.93
	2:38.71	3:11.05	3:38.99 4:08.72
4	MVN-33	D	4:24.35
	Grice, Jeff M26	Ramirez, Miguel M30	
	Curry, Chuck M33	Bascon, Paolo M37	
	31.79	1:06.77	1:37.65 2:12.21
	2:42.63	3:15.64	3:48.78 4:24.35
5	ROSE-33	D	4:30.00
	Durieux, Chad M31	Ono, Satoshi M36	
	Castleton, Tom M39	Lucero, Michael M40	
	30.80	1:04.58	1:38.78 2:18.38
	2:49.77	3:24.66	3:54.35 4:30.00
6	LBG-33	B	4:54.73
	Clark, Kevin M32	Jackson, Tony M29	
	Liu, Jeff M36	Neric, Joe M35	
	34.50	1:12.85	1:54.72 2:41.86
	3:14.16	3:49.29	4:19.66 4:54.73

**Men 120-159 800 Meter Free Relay**

1	SDSM-44	B	8:55.07
	Vargas, Nelson M37	Lemire, Mark M52	
	Fleming, James M40	Broderick, Kyle M26	
	29.22	1:01.02	1:33.88 2:07.43
	2:25.69	3:11.77	3:46.08 4:20.63
	4:40.35	5:29.69	6:06.58 6:41.93
	7:11.58	7:44.30	8:18.75 8:55.07
2	LVM-33	A	9:24.78
	Queen, Oliver M20	Marlow, Jarvis M34	
	Thompson, Garrett M48	Magee, Mark M42	
	36.99	1:19.33	2:07.00 2:52.41
	3:23.51	3:57.90	4:32.20 5:05.81
	5:36.20	6:09.58	6:43.48 7:16.90
	7:46.97	8:19.53	8:52.02 9:24.78
3	NOVA-33	G	9:49.98
	Santamaria, Jason M39	Espino, Stanley M34	
	McLeod, Bret M42	Jackson, Scott M35	
	34.88	1:12.69	1:52.87 2:33.22
	3:08.02	3:46.45	4:27.90 5:08.62
	5:40.59	6:15.54	6:51.66 7:26.63
	7:59.86	8:37.35	9:15.04 9:49.98
4	MVN-33	A	9:54.98
	Sumner, David M40	Grice, Jeff M26	
	Ramirez, Miguel M30	Curry, Chuck M33	
	29.71	1:02.01	1:35.24 2:07.60
	2:43.46	3:24.42	4:06.91 4:45.72
	5:22.37	6:03.11	6:45.27 7:25.99
	7:59.93	8:37.64	9:16.82 9:54.98

**Men 120-159 200 Meter Medley Relay**

1	NOVA-33	F	1:55.48
	Rinzler, Marc M39	West, Steve M38	
	Jackson, Scott M35	Kirker, John M39	
	30.04	59.32	1:29.51 1:55.48

2	LVM-33	C	1:56.95
	Marlow, Jarvis M34	Boodt, Bradley M42	
	Magee, Mark M42	Ecklund, Tait M29	
	30.16	1:01.94	1:30.64 1:56.95
3	MVN-33	B	1:58.92
	Sumner, David M40	Sugimoto, Hiro M27	
	Polizos, George M35	Jacob, Mike M33	
	29.84	1:04.31	1:31.72 1:58.92
4	MVN-33	A	2:12.38
	Curry, Chuck M33	Ramirez, Miguel M30	
	Bascon, Paolo M37	Grice, Jeff M26	
	33.88	1:11.48	1:43.56 2:12.38
5	SDSM-44	B	2:14.11
	Coloma, James M31	Little, Michael M47	
	Gross, John M41	Jenkins, Brian M23	
	33.24	1:13.57	1:47.07 2:14.11
---	LBG-33	D	DQ
	Clark, Kevin M32	Liu, Jeff M36	
	Gentzschlein-Eaton, Ralf	Lee, Anselm M30	

**Men 120-159 400 Meter Medley Relay**

1	NOVA-33	I	4:22.71
	Rinzler, Marc M39	West, Steve M38	
	Jackson, Scott M35	Fernandez, Dickie M39	
	31.25	1:04.07	1:35.41 2:10.22
	2:42.43	3:20.25	3:49.38 4:22.71
2	MVN-33	A	5:07.08
	Ripic, Steve M37	Grice, Jeff M26	
	Curry, Chuck M33	Bascon, Paolo M37	
	36.34	1:13.68	1:53.32 2:36.80
	3:13.73	4:02.23	4:33.16 5:07.08
---	TOC-38	A	DQ
	Early take-off swimmer #2		
	Wanie, Lee M36	Marshall, Gary M28	
	Scanlan, Matt M23	Greenwood, Scott M33	
---	NOVA-33	H	DQ
	Cheung, Alex M30	Hwang, Wayne M32	
	Santamaria, Jason M39	Kirker, John M39	

**Men 160-199 200 Meter Free Relay**

1	NOVA-33	K	1:54.54
	McLeod, Bret M42	Pombo, Diego M48	
	Riddle, James M48	Rovinsky, Jeff M39	
	27.45	56.51	1:23.57 1:54.54
2	SDSM-44	B	1:58.32
	Menchaca, Abe M53	Fleming, James M40	
	Jett, Darrell M52	Dyer, Mark M45	
	29.24	58.34	1:29.69 1:58.32
3	SDSM-44	A	2:09.18
	Ohlin, Kevin M50	Gross, John M41	
	Given, Michael M46	Baldacci, Joe M44	
	33.81	1:04.95	1:37.38 2:09.18
4	LBG-33	C	2:42.92
	Dillon, Matty M41	Sive, Bill M49	
	Derbyshire, Donald M52	Silva, Michael M49	
	34.76	1:18.21	2:03.28 2:42.92

---	SGM-33	A	DQ
	Prieto, Jorge M39	Palma, Luis M41	
	Parra, Mario M32	Sanchez, Pedro M56	

**Men 160-199 400 Meter Free Relay**

1	SDSM-44	B	3:59.54
	Wilson, Grant M44	Vargas, Nelson M37	
	Shade, Matthew M43	Fleming, James M40	
	29.03	1:00.71	1:27.03 1:56.54
	2:25.03	2:56.68	3:26.32 3:59.54
2	ROSE-33	E	4:08.51
	Skelly, Drew M44	Cienega, Julio M44	
	Paxton, Sean M41	Hixson, Peter M44	
	29.67	1:02.23	1:31.21 2:02.71
	2:32.97	3:08.01	3:37.00 4:08.51
3	NOVA-33	K	4:13.76
	McLeod, Bret M42	Jacobs, Lee M41	
	Santamaria, Jason M39	Dietrich, Jim M39	
	28.93	1:00.80	1:31.30 2:05.65
	2:35.84	3:08.55	3:39.52 4:13.76
4	NOVA-33	L	4:39.13
	Pombo, Diego M48	Reilly, David M49	
	Dauser, John M54	Lamm, Steve M44	
	32.51	1:06.89	1:40.78 2:16.38
	2:49.94	3:27.01	4:00.96 4:39.13
5	SDSM-44	C	4:49.01
	Gross, John M41	Villegas, Ruben M47	
	Coloma, James M31	Baldacci, Joe M44	
	34.43	1:14.66	1:52.33 2:35.53
	3:05.69	3:39.85	4:13.08 4:49.01
6	NOVA-33	C	4:53.28
	Espino, Stanley M34	Arshat, Brad M48	
	Parlett, Duncan M48	Rovinsky, Jeff M39	
	32.47	1:45.68	2:26.12
	3:02.31	3:45.17	4:17.70 4:53.28

**Men 160-199 800 Meter Free Relay**

1	NOVA-33	A	9:36.94
	Crosson, Jeffrey M49	Dietrich, Jim M39	
	Marinani, Aaron M46	Jacobs, Lee M41	
	30.75	1:04.68	1:40.48 2:16.22
	2:47.42	3:23.29	4:01.17 4:36.11
	5:10.10	5:47.31	6:25.71 7:04.41
	7:38.07	8:15.21	8:55.62 9:36.94
2	ROSE-33	A	9:49.52
	Skelly, Drew M44	Soderstrom, Tom M52	
	Castleton, Tom M39	Ghazarian, Rich M34	
	32.26	1:08.11	1:43.85 2:19.01
	2:52.50	3:30.56	4:09.83 4:48.65
	5:21.64	5:58.94	6:38.08 7:16.31
	7:34.60	8:26.96	9:08.27 9:49.52

**Men 160-199 200 Meter Medley Relay**

1	SDSM-44	C	2:01.06
	Vargas, Nelson M37	Jones, Kenton M43	
	Shade, Matthew M43	Wilson, Grant M44	
	30.11	1:04.39	1:34.24 2:01.06

## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**(Men 160-199 200 Meter Medley Relay)**

2 NOVA-33	I	2:07.74
Collins, Michael M44	Dietrich, Jim M39	
Santamaria, Jason M39	McLeod, Bret M42	
35.18	1:09.06	1:40.04 2:07.74
3 ROSE-33	F	2:09.67
Hixson, Peter M44	Paxton, Sean M41	
Skelly, Drew M44	Castleton, Tom M39	
32.65	1:09.36	1:41.22 2:09.67
4 MVN-33	H	2:10.08
Kuykendall, Jeff M41	Sandvig, Justin M33	
Airth, Brian M42	Fowler, Gregory M57	
34.67	1:12.06	1:41.82 2:10.08
5 NOVA-33	J	2:25.39
Pombo, Diego M48	Lamm, Steve M44	
Dauser, John M54	Reilly, David M49	
35.48	1:17.01	1:55.00 2:25.39
6 NOVA-33	B	2:33.53
Espino, Stanley M34	Olson, Brett M48	
Arshat, Brad M48	Rovinsky, Jeff M39	
40.40	1:17.73	2:01.83 2:33.53
--- LBG-33	C	DQ
Early take-off swimmer #2		
Derbyshire, Donald M52	Neric, Joe M35	
Ferguson, Howard M56	Stava, Kjell M32	

**Men 160-199 400 Meter Medley Relay**

1 MVN-33	A	4:52.90
Kuykendall, Jeff M41	Barker, Douglas M47	
Airth, Brian M42	Ramirez, Miguel M30	
36.64	1:14.10	1:53.49 2:36.60
3:09.23	3:48.03	4:15.41 4:52.90
2 NOVA-33	J	4:57.03
Pombo, Diego M48	Olson, Brett M48	
Riddle, James M48	Reilly, David M49	
38.01	1:17.73	1:56.94 2:41.17
3:13.36	3:48.44	4:20.73 4:57.03
3 NOVA-33	K	5:13.59
Collins, Michael M44	Rovinsky, Jeff M39	
McLeod, Bret M42	Lamm, Steve M44	
37.16	1:15.54	1:58.25 2:46.36
3:20.18	4:00.42	4:34.91 5:13.59
4 ROSE-33	D	6:25.61
Goode, Douglas M71	Cienega, Julio M44	
Soderstrom, Tom M52	Quetin, Gregory M26	
1:11.78	2:25.83	3:04.98
4:25.46	5:10.80	5:45.20 6:25.61

**Men 200-239 400 Meter Free Relay**

1 LVM-33	D	4:09.35
Miller, Chris M57	Helgason, Tryggvi M47	
Franklin, Sam M53	Thompson, Garrett M48	
32.37	1:07.21	1:36.98 2:08.96
2:39.85	3:12.36	3:39.91 4:09.35

2 SDSM-44	D	4:16.68
Sicard, Federico M60	Lemire, Mark M52	
Jones, Kenton M43	Delibertis, Dean M47	
32.75	1:10.84	1:40.78 2:13.01
2:41.90	3:13.28	3:43.63 4:16.68
3 NOVA-33	J	4:23.98
Olson, Brett M48	Benner, Tord M51	
Von Hoffmann, Gerard M48	Riddle, James M48	
30.70	1:05.30	1:37.38 2:15.58
2:46.24	3:19.17	3:50.56 4:23.98
4 ROSE-33	F	4:27.33
Mc Ginley, Patrick M47	Dougherty, Jim M55	
Soderstrom, Tom M52	Martin, Michael M51	
31.78	1:05.78	1:38.55 2:15.16
2:47.07	3:23.01	3:53.18 4:27.33
5 MVN-33	G	4:35.20
Borzzone, Raymond M51	Carlsen, Richard M51	
Albright, Phil M50	Fowler, Gregory M57	
32.30	1:07.46	1:42.44 2:23.40
2:54.67	3:29.05	4:00.43 4:35.20
6 SDSM-44	E	4:38.57
Perunovich, Steven M36	Ohlin, Kevin M50	
Dyer, Mark M45	Coale, Bob M70	
30.33	1:00.95	1:35.86 2:13.56
2:44.51	3:18.74	3:57.33 4:38.57
7 LBG-33	C	6:01.82
Gray, Kevin M50	Derbyshire, Donald M52	
Ferguson, Howard M56	Holt, Mark M48	
46.14	1:46.15	2:32.69 3:27.41
4:02.28	4:42.86	5:19.61 6:01.82

**Men 200-239 800 Meter Free Relay**

1 ROSE-33	B	9:40.92
Gruber, Glenn M61	Olson, Jeff M51	
Mc Ginley, Patrick M47	Borton, Dan M42	
33.06	1:09.40	1:45.57 2:20.17
2:54.63	3:31.21	4:09.23 4:45.90
5:04.86	5:57.22	6:36.21 7:13.73
7:46.44	8:23.57	9:02.28 9:40.92
2 NOVA-33	F	10:10.78
Reilly, David M49	Pombo, Diego M48	
Dauser, John M54	Benner, Tord M51	
35.34	1:14.45	1:54.52 2:32.24
2:51.37	3:43.16	4:21.44 4:59.21
5:36.52	6:16.40	6:56.85 7:37.32
8:11.93	8:52.00	9:32.85 10:10.78
3 LVM-33	B	10:56.11
Helgason, Tryggvi M47	Franklin, Sam M53	
Rauch, Will M76	Patterson, Stephen M44	
31.10	1:04.35	1:37.69 2:10.97
2:29.09	3:26.03	4:06.34 4:45.10
5:29.04	6:18.54	7:10.45 7:58.49
8:37.99	9:22.93	10:11.22 10:56.11

4 SDSM-44	C	11:49.03
Krakower, Mark M67	Baldacci, Joe M44	
Attia, Peter M37	Astudillo, Fabio M58	
49.07	1:44.25	2:42.58 3:39.11
4:14.36	4:54.09	5:36.20 6:18.33
6:38.59	7:34.27	8:14.77 8:54.78
9:33.52	10:16.94	11:02.76 11:49.03
5 LBG-33	B	12:33.99
Ferguson, Howard M56	Holt, Mark M48	
Parnes, Bart M54	Werner, John M47	
36.42	1:19.56	2:06.07 2:53.29
3:31.70	4:16.53	5:06.71 5:58.85
6:44.03	7:37.12	8:35.36 9:34.80
10:14.65	10:59.92	11:47.67 12:33.99

**Men 200-239 200 Meter Medley Relay**

1 LVM-33	D	2:02.34
Franklin, Sam M53	Helgason, Tryggvi M47	
Thompson, Garrett M48	Miller, Chris M57	
33.09	1:05.95	1:34.79 2:02.34
2 SCAQ-33	A	2:03.80
O'Keeffe, Peter M60	Rippetoe, Kenneth M41	
Kerns, Hubie M61	Palombi, Peter M40	
32.16	1:06.98	1:37.58 2:03.80
3 NOVA-33	H	2:07.43
Benner, Tord M51	Von Hoffmann, Gerard M48	
Wilson, Grant M53	Riddle, James M48	
32.87	1:06.24	1:40.59 2:07.43
4 SDSM-44	D	2:12.01
Broderick, Kyle M26	McLintock, John M56	
Astudillo, Fabio M58	Duffield, Harry M60	
30.68	1:08.30	1:42.99 2:12.01
5 SCAQ-33	B	2:13.00
Thomas, Bruce M53	Leonard, Dan M56	
Ireland, Bill M51	Wall, Chris M48	
38.40	1:16.05	1:47.53 2:13.00
6 WH2O-33	A	2:20.89
Figueiredo, Paulo M64	Skow, Jonathan M48	
Camacho, Raymond M4	Graham, Errol M51	
39.74	1:17.70	1:50.12 2:20.89
7 ROSE-33	C	2:29.54
Soderstrom, Tom M52	Ono, Satoshi M36	
Dougherty, Jim M55	Farmer, Michael M63	
37.72	1:20.41	1:55.20 2:29.54
Men 200-239 400 Meter Medley Relay		
1 SDSM-44	A	5:18.17
Jett, Darrell M52	Given, Michael M46	
Summers, Raymond M4	McLintock, John M56	
39.37	1:21.22	2:02.87 2:51.15
3:27.79	4:09.95	4:41.91 5:18.17
2 LBG-33	C	6:53.02
Derbyshire, Donald M52	Parnes, Bart M54	
Ferguson, Howard M56	Dillon, Matty M41	
1:06.84		3:08.87 4:06.84
4:47.95	5:37.97	6:14.90 6:53.02

## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**Men 240-279 200 Meter Free Relay**

1	SDSM-44	C	1:56.69
	Freshley, Mike M69	Sicard, Federico M60	
	Jones, Kenton M43	Van Baalen, Vinus M68	
	30.57	1:01.41	1:28.76 1:56.69
2	ROSE-33	B	1:57.54
	Gruber, Glenn M61	Strand, Robert M64	
	Langendoen, Gary M65	Soderstrom, Tom M52	
	28.05	57.17	1:27.86 1:57.54
3	SDSM-44	D	2:17.93
	Summers, Raymond M4	Little, Michael M47	
	Henry, Daniel M68	Baker, Donald M79	
	30.13	1:03.36	1:39.66 2:17.93
4	NOVA-33	M	2:20.75
	Selna, Mike M62	Todd, Allen M61	
	Owen, Steven M59	Finizio, Franco M61	
	30.88	1:02.20	1:38.14 2:20.75

**Men 240-279 400 Meter Free Relay**

1	ROSE-33	G	4:23.61
	Gruber, Glenn M61	Strand, Robert M64	
	Langendoen, Gary M65	Wisner, Peter M63	
	29.28	1:01.19	1:32.50 2:06.55
	2:40.29	3:17.62	3:49.40 4:23.61
2	NOVA-33	B	4:46.31
	Schmitt, Eric M60	Selna, Mike M62	
	Todd, Allen M61	Greenberg, Hank M62	
	34.57	1:12.19	1:44.69 2:20.60
	2:54.82	3:31.79	4:08.19 4:46.31
3	SDSM-44	F	4:46.70
	Williams, Frank M70	McLintock, John M56	
	Duffield, Harry M60	Astudillo, Fabio M58	
	35.44	1:14.43	1:47.00 2:22.70
	2:54.75	3:32.61	4:07.76 4:46.70
4	LVM-33	E	5:25.87
	Patterson, Stephen M44	Ghan, Jeff M60	
	Holder, Richard M66	Rauch, Will M76	
	37.25	1:16.61	1:53.58 2:33.30
	3:15.40	4:01.83	4:42.40 5:25.87
5	NOVA-33	E	8:06.47
	Nicolas, Ken M66	Carpenter, Bob M73	
	Tradewell, Richard M67	Finizio, Franco M61	
	1:05.55	2:29.60	3:19.46 4:17.34
	5:16.29	6:23.20	7:08.95 8:06.47

**Men 240-279 800 Meter Free Relay**

1	SDSM-44	D	10:20.25
	Sicard, Federico M60	Van Baalen, Vinus M68	
	Jones, Kenton M43	Freshley, Mike M69	
	35.92	1:15.37	1:57.01 2:37.69
	3:14.90	3:58.40	4:40.89 5:22.87
	5:53.20	6:27.98	7:03.72 7:38.37
	8:13.81	8:54.12	9:37.21 10:20.25

2	NOVA-33	B	10:52.68
	Schmitt, Eric M60	Selna, Mike M62	
	Todd, Allen M61	Greenberg, Hank M62	
	36.22	1:16.40	1:57.75 2:39.16
	3:14.53	3:55.07	4:36.74 5:17.29
	5:55.48	6:36.91	7:19.33 7:59.91
	8:39.75	9:25.19	10:10.91 10:52.68

**Men 240-279 200 Meter Medley Relay**

1	ROSE-33	D	2:15.18
	Gruber, Glenn M61	Strand, Robert M64	
	Langendoen, Gary M65	Wisner, Peter M63	
	35.09	1:10.04	1:45.20 2:15.18
2	NOVA-33	A	2:25.58
	Selna, Mike M62	Schmitt, Eric M60	
	Greenberg, Hank M62	Todd, Allen M61	
	36.20	1:18.23	1:54.06 2:25.58
3	SDSM-44	E	2:26.01
	Delibertis, Dean M47	Sicard, Federico M60	
	Martinez, Jorge M63	Williams, Frank M70	
	35.52	1:16.95	1:52.86 2:26.01
4	SDSM-44	F	2:36.06
	Henry, Daniel M68	Howard, Frenchy M62	
	Dobrosielski, Cris M41	Coale, Bob M70	
	43.95	1:27.50	1:59.68 2:36.06
5	LVM-33	A	2:43.34
	Rauch, Will M76	Holder, Richard M66	
	Ghan, Jeff M60	Patterson, Stephen M44	
	47.55	1:32.00	2:08.41 2:43.34
6	NOVA-33	C	3:16.99
	Angell, Tom M70	Tradewell, Richard M67	
	Finizio, Franco M61	Andersen, Richard M66	
	51.10	1:45.22	2:05.35 3:16.99

**Men 240-279 400 Meter Medley Relay**

1	NOVA-33	N	5:30.12
	Selna, Mike M62	Schmitt, Eric M60	
	Greenberg, Hank M62	Todd, Allen M61	
	36.73	1:15.84	2:00.79 2:50.88
	3:32.18	4:19.47	4:53.40 5:30.12
2	ROSE-33	E	5:41.78
	Farmer, Michael M63	Strand, Robert M64	
	Langendoen, Gary M65	Gruber, Glenn M61	
	50.11	1:47.88	2:08.46 2:26.73
	3:08.10	3:47.18	4:33.91 5:41.78
3	SDSM-44	C	6:25.44
	Henry, Daniel M68	Hoppe, Frederick M83	
	Attia, Peter M37	Coale, Bob M70	
	46.54	1:34.39	2:32.62 3:39.52
	4:19.33	5:07.03	5:26.76 6:25.44
4	NOVA-33	O	8:05.75
	Smethurst, Everett M75	Tradewell, Richard M67	
	Finizio, Franco M61	Nicolas, Ken M66	
	51.66	1:47.10	2:44.04 3:49.53
	4:42.03	5:53.04	6:51.14 8:05.75

**Men 280-319 400 Meter Free Relay**

1	SDSM-44	G	4:56.60
	Webster, Dale M84	Van Baalen, Vinus M68	
	Freshley, Mike M69	Behun, Bill M59	
	44.43	1:32.53	2:05.72 2:42.96
	3:16.86	3:54.77	4:24.37 4:56.60
2	SDSM-44	H	5:55.75
	Jett, Darrell M52	Hubbard, Don M83	
	Hubach, Eric M77	Henry, Daniel M68	
	34.21	1:10.73	1:59.28 2:57.00
	3:41.41	4:32.68	5:11.04 5:55.75

**Men 280-319 800 Meter Free Relay**

1	SDSM-44	E	11:57.29
	Williams, Frank M70	Martinez, Jorge M63	
	Coale, Bob M70	Baker, Donald M79	
	36.31	1:15.69	1:57.02 2:37.89
	3:14.97	3:57.48	4:42.08 5:25.89
	6:06.16	6:49.48	7:34.03 8:16.19
	9:02.36	9:56.26	10:56.06 11:57.29

**Men 280-319 200 Meter Medley Relay**

1	SDSM-44	G	2:22.99
	Van Baalen, Vinus M68	Freshley, Mike M69	
	Behun, Bill M59	Webster, Dale M84	
	34.09	1:12.87	1:43.43 2:22.99
2	SDSM-44	H	2:50.17
	Hubach, Eric M77	Hoppe, Frederick M83	
	Dyer, Mark M45	Baker, Donald M79	
	47.20	1:39.24	2:10.80 2:50.17

**Men 280-319 400 Meter Medley Relay**

1	SDSM-44	D	6:32.69
	Webster, Dale M84	Sicard, Federico M60	
	Astudillo, Fabio M58	Baker, Donald M79	
	53.98	1:49.21	2:33.92 3:29.92
	4:10.56	5:00.90	6:32.69

**Mixed 72-99 400 Meter Free Relay**

1	NOVA-33	I	4:45.62
	Arnold, Paul M23	Krom, Meredith W23	
	Pelaez, Cristina W23	Cheung, Alex M30	
	34.00	1:11.51	1:47.18 2:28.32
	3:02.24	3:38.69	4:45.62

**Mixed 72-99 800 Meter Free Relay**

1	NOVA-33	E	11:03.69
	Nahabedian, Danno M2	Pelaez, Cristina W23	
	Meloney, Kathleen W30	Spencer, Evan M23	
	39.68	1:22.85	2:10.94 3:01.34
	3:39.53	4:23.47	5:08.73 5:53.56
	6:33.44	7:18.38	8:05.10 8:50.85
	9:20.31	9:53.42	10:28.80 11:03.69

**Mixed 72-99 200 Meter Medley Relay**

1	TOC-38	A	1:52.26
	Scanlan, Matt M23	Lentz, Graham M26	
	Gill, Meg W25	Bishop, Brooke W24	
	27.78	56.87	1:26.01 1:52.26

**SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010****Results****(Mixed 72-99 200 Meter Medley Relay)**

2 NOVA-33	G	2:27.83
Krom, Meredith W23	Arnold, Paul M23	
Cheung, Alex M30	Pelaez, Cristina W23	
42.90	1:21.18	1:56.23 2:27.83

**Mixed 100-119 200 Meter Free Relay**

1 SDSM-44	E	1:54.51
Parker, Emily W25	Mendez-Ramirez, Libar	
Maples, Kristen W29	Broderick, Kyle M26	
30.48	57.34	1:27.35 1:54.51
2 ROSE-33	A	2:05.55
Durieux, Chad M31	Quetin, Gregory M26	
Bobbin, Maggie W22	Shdo, Elizabeth W25	
27.91	1:00.01	1:34.42 2:05.55

**Mixed 100-119 400 Meter Free Relay**

1 MVN-33	B	4:06.12
Moore, Katie W22	Polizos, George M35	
Sugimoto, Hiro M27	Olsen, Rebekah W30	
31.82	1:07.19	1:34.40 2:04.48
2:32.06	3:03.72	3:22.66 4:06.12

**Mixed 100-119 800 Meter Free Relay**

1 ROSE-33	C	9:48.51
Banks, James M25	Durieux, Chad M31	
Chung, Kathy W29	St. Pierre, Summer W31	
29.33	1:02.20	1:35.99 2:08.13
2:42.06	3:18.71	3:55.78 4:31.52
5:02.60	5:38.76	6:16.52 6:53.52
7:32.52	8:17.99	9:04.86 9:48.51

**Mixed 100-119 200 Meter Medley Relay**

1 TOC-38	C	1:51.60
O'Donnell-McCarthy, Fi	Marshall, Gary M28	
Reilly, Erin W25	Greenwood, Scott M33	
31.33	1:00.17	1:28.67 1:51.60
2 TOC-38	B	1:59.11
Wanie, Lee M36	Bower, Kenny M22	
Davidoff, Cara W24	Lyons, Katie W30	
28.05	1:00.40	1:31.21 1:59.11

**Mixed 100-119 400 Meter Medley Relay**

1 SDSM-44	E	4:41.98
Brown, Dannelly W25	Broderick, Kyle M26	
Mendez-Ramirez, Libar	Parker, Emily W25	
36.74	1:16.29	1:52.81 2:38.05
3:06.54	3:39.47	4:08.97 4:41.98

**Mixed 120-159 200 Meter Free Relay**

1 MVN-33	A	1:52.52
Olsen, Rebekah W30	Lewis, Cynthia W35	
Bascon, Paolo M37	Sugimoto, Hiro M27	
28.29	56.63	1:26.37 1:52.52
2 SDSM-44	F	1:56.63
Ridge, Ashley W28	Ksiazek, Kendra W29	
Jenkins, Brian M23	Bolduc, John M45	
31.88	1:01.22	1:28.43 1:56.63

3 SDSM-44	G	2:06.78
Veloso, Lolita W53	Coloma, James M31	
Brown, Dannelly W25	Akin, Jay M35	
37.20	1:06.32	1:38.20 2:06.78
--- LBG-33	E	DQ
Sim, Ivan M37	Jackson, Tony M29	
Trujillo, Dana W31	Cole, Jacqueline W30	

**Mixed 120-159 400 Meter Free Relay**

1 SDSM-44	I	4:14.06
Stiles, Jasmine W44	Mendez-Ramirez, Libar	
Keen, Bevin W33	Broderick, Kyle M26	
31.21	1:05.96	1:34.41 2:04.84
2:38.03	3:14.90	3:42.82 4:14.06
2 SDSM-44	J	4:29.86
Ridge, Ashley W28	Crosbie, Lisa W45	
Griffiths, Ken M41	Jenkins, Brian M23	
34.91	1:13.08	1:49.30 2:29.31
2:59.24	3:31.26	3:58.85 4:29.86

**Mixed 120-159 800 Meter Free Relay**

1 MVN-33	C	8:57.55
Polizos, George M35	Olsen, Rebekah W30	
Lewis, Cynthia W35	Gunnell, Steve M40	
30.72	1:04.97	1:40.28 2:15.15
2:44.30	3:17.37	3:52.25 4:29.05
5:01.12	5:35.40	6:09.96 6:44.27
7:13.67	7:47.35	8:22.51 8:57.55
2 SDSM-44	F	9:32.22
Stiles, Jasmine W44	Mendez-Ramirez, Libar	
Jenkins, Brian M23	Crosbie, Lisa W45	
33.03	1:09.81	1:48.83 2:28.29
2:57.18	3:29.69	4:03.27 4:36.60
5:04.98	5:37.80	6:12.10 6:46.19
7:24.31	8:06.05	8:49.05 9:32.22
3 NOVA-33	H	9:47.74
Fernandez, Dickie M39	Kraus, Heidi W29	
Encheff, Lana W32	Cheung, Alex M30	
29.09	1:01.03	1:35.56 2:12.23
2:45.73	3:22.88	4:01.11 4:39.18
5:15.35	5:55.45	6:35.58 7:11.62
7:48.22	8:28.94	9:10.51 9:47.74
4 NOVA-33	J	10:08.51
Merlo, Mark M32	Merlo, Ashley W29	
Cybulskis, Astrid W36	Collins, Michael M44	
32.01	1:07.53	1:43.23 2:19.57
2:55.74	3:35.12	4:14.48 4:53.26
5:34.90	6:18.81	7:04.03 7:48.07
8:09.88	8:55.00	9:31.81 10:08.51

**Mixed 120-159 200 Meter Medley Relay**

1 SOBA-33	B	2:09.68
Austin, Tea M33	Snyder, Cynthia W45	
Strange, Shana W22	Hart, Jeff M24	
29.23	1:08.96	1:44.61 2:09.68
2 ROSE-33	A	2:12.74
Mc Ginley, Patrick M47	Simmons, Cheryl W43	
Durieux, Chad M31	Chung, Kathy W29	
32.95	1:14.27	1:44.77 2:12.74

3 ROSE-33	E	2:18.33
Borton, Dan M42	Moon, Grace W39	
Shdo, Elizabeth W25	Cienega, Julio M44	
33.58	1:13.95	1:50.50 2:18.33
4 SDSM-44	I	2:20.06
Akin, Jay M35	Griffiths, Ken M41	
Keen, Bevin W33	Ridge, Ashley W28	
34.35	1:13.11	1:48.17 2:20.06
5 NOVA-33	M	2:32.78
Hwang, Wayne M32	Wilson, Sonia W36	
Meloney, Kathleen W30	Merlo, Mark M32	
33.98	1:20.66	1:54.61 2:32.78

**Mixed 120-159 400 Meter Medley Relay**

1 ROSE-33	B	4:22.07
Moses, Ed M30	Durieux, Chad M31	
Heckman, Dawn W33	Chung, Kathy W29	
30.62	1:02.87	1:36.32 2:14.32
2:44.83	3:18.84	3:48.15 4:22.07
2 MVN-33	D	4:29.39
Sugimoto, Hiro M27	Lewis, Cynthia W35	
Polizos, George M35	Olsen, Rebekah W30	
30.44	1:05.48	1:43.10 2:25.16
2:54.07	3:27.04	3:56.24 4:29.39
3 SDSM-44	F	4:46.61
Maples, Kristen W29	Jones, Kenton M43	
Dyer, Mark M45	Ksiazek, Kendra W29	
36.89	1:15.41	1:50.02 2:30.92
3:03.96	3:42.39	4:12.69 4:46.61
4 SDSM-44	G	5:09.14
Coloma, James M31	Bolduc, John M45	
Barnett, Kara W38	Ridge, Ashley W28	
34.56	1:11.41	1:50.27 2:36.88
3:14.23	3:56.55	4:30.28 5:09.14
5 ROSE-33	C	5:18.22
Lucero, Michael M40	Bobbin, Maggie W22	
Castleton, Tom M39	Shdo, Elizabeth W25	
37.35	1:16.15	2:02.25 2:54.73
3:29.00	4:09.16	4:41.48 5:18.22
6 SOBA-33	A	5:40.58
Neilan, David M44	Peterson, Gretchen W36	
Strange, Shana W22	Tripp, Mark M30	
36.52	1:16.42	2:12.64 3:19.72
3:56.49	4:42.86	5:10.66 5:40.58
7 LBG-33	B	6:02.77
Neric, Joe M35	Lee, Anselm M30	
Grant, Cristin W37	Hughes, Ingrid W39	
37.47	1:18.88	2:02.45 2:51.81
3:27.75	4:10.42	5:01.50 6:02.77

**Mixed 160-199 200 Meter Free Relay**

1 ROSE-33	D	2:10.40
Day, Brandon M47	Castleton, Tom M39	
Moon, Grace W39	Ekizian, Maria W44	
28.94	58.37	1:29.21 2:10.40

## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**Mixed 160-199 400 Meter Free Relay**

1 MVN-33	C	4:20.56
Kuykendall, Jeff M41	Sumner, David M40	
Lewis, Cynthia W35	Sorenson, T W44	
29.66	1:01.93	1:30.09 2:01.18
2:33.57	3:09.03	3:43.41 4:20.56
--- TMEC-33	A	DQ
Manning, Jeff M30	Cole, Tom M54	
Wilson, Carol W53	Caputi, Vittorio M50	

**Mixed 160-199 800 Meter Free Relay**

1 NOVA-33	K	9:50.29
Rinzler, Marc M39	Martinez, Heather W34	
Juliusson, Julia W45	Riddle, James M48	
30.38	1:03.62	1:37.46 2:09.94
2:48.93	3:31.11	4:12.28 4:51.68
5:27.06	6:06.98	6:50.08 7:33.40
8:04.59	8:39.38	9:15.39 9:50.29
2 MVN-33	E	10:16.83
Kuykendall, Jeff M41	Ripic, Steve M37	
Sorenson, T W44	O'Rourke, Therese W48	
32.40	1:07.52	1:44.45 2:21.46
2:53.76	3:29.73	4:07.33 4:45.76
5:20.52	5:58.84	6:37.91 7:15.04
7:55.96	8:41.49	9:28.89 10:16.83
3 LBG-33	A	11:43.20
Cole, Jacqueline W30	Miranda, Mike M48	
Powers, Patricia W53	Reis, Raul M46	
35.08	1:14.25	1:55.32 2:35.85
3:18.51	4:06.70	4:58.95 5:48.14
6:29.05	7:14.97	8:02.59 8:49.30
9:29.65	10:14.13	11:00.07 11:43.20

**Mixed 160-199 200 Meter Medley Relay**

1 SDSM-44	M	2:55.22
Lauritano, Jr. M37	Attia, Peter M37	
Miller, Kim W55	Stengel, Alta W60	
52.10	1:28.26	2:16.18 2:55.22
--- SOBA-33	A	DQ
Neilan, David M44	Snyder, Betsy W41	
Moore, Dede W50	Kelly, Dawn W39	

**Mixed 160-199 400 Meter Medley Relay**

1 NOVA-33	G	5:14.72
Cybulskis, Astrid W36	Dietrich, Jim M39	
Wilson, Grant M53	Dorman, Lisa W42	
43.66	1:28.30	2:07.06 2:49.46
3:26.74	4:09.76	4:40.72 5:14.72
2 ROSE-33	A	5:25.07
Mc Ginley, Patrick M47	Day, Brandon M47	
Simmons, Cheryl W43	Ekizian, Maria W44	
34.07	1:11.63	1:49.12 2:30.42
3:08.29	3:54.03	4:37.45 5:25.07

3 MVN-33	A	5:36.90
O'Rourke, Therese W48	Chao, JJ M54	
Helliwell, Jessica W35	Albright, Phil M50	
46.13	1:33.40	2:17.12 3:06.50
3:44.27	4:31.84	5:02.80 5:36.90
4 SCMC-33	A	5:41.36
Liebowitz, Daniel M26	Ellington, Cheri W53	
Nebbs, Andrew M45	Bailey, Tracey W44	
39.01	1:19.17	2:02.84 2:53.34
3:36.47	4:24.69	5:01.01 5:41.36
5 WH20-33	A	5:46.62
Labelle, Laura W46	Adams, Daniel M54	
Graham, Errol M51	Shore, Susan W48	
46.26	1:33.70	2:15.50 3:02.08
3:40.50	4:27.29	5:03.97 5:46.62
6 NOVA-33	L	5:55.08
Fell, Paula W45	Dauser, John M54	
Espino, Stanley M34	Wilson, Sonia W36	
46.82	1:35.94	2:18.12 3:04.68
3:41.97	4:27.57	5:10.16 5:55.08
7 LBG-33	A	7:12.09
Duquesnel, Susan W51	Jacobus, Anne W60	
Liu, Jeff M36	Sive, Bill M49	
1:05.49	2:17.21	3:15.92 4:22.93
4:55.58	5:36.31	6:20.71 7:12.09

**Mixed 200-239 200 Meter Free Relay**

1 SCAQ-33	A	2:00.50
Bronson, Jenifer W29	Lucas, James M60	
Cook, Jenny W52	Kerns, Hubie M61	
31.99	1:01.67	1:31.49 2:00.50
2 SDSM-44	H	2:01.77
Stiles, Jasmine W44	McLintock, John M56	
Martinez, Jorge M63	Barnett, Kara W38	
30.10	58.78	1:31.02 2:01.77
3 ROSE-33	C	2:23.91
Mc Ginley, Patrick M47	Farmer, Michael M63	
Simmons, Cheryl W43	Cook, Sally W49	
29.82	1:03.73	1:37.92 2:23.91
4 SDSM-44	J	2:39.88
Miller, Kim W55	Krakower, Mark M67	
Lauritano, Jr. M37	Crosbie, Lisa W45	
43.27	1:26.19	2:05.44 2:39.88
5 LBG-33	A	2:49.61
von Huff, Eva W45	Oakleaf, The Leaf W55	
Parnes, Bart M54	Holt, Mark M48	
	1:36.12	2:16.29 2:49.61

**Mixed 200-239 400 Meter Free Relay**

1 MVN-33	H	5:14.04
Raboin, Deborah W59	Burton, Kim W48	
Chao, JJ M54	Heather, Michael M56	
41.94	1:27.08	2:06.70 2:50.16
3:26.58	4:05.54	4:38.71 5:14.04
2 SDSM-44	K	5:22.53
Veloso, Lolita W53	Given, Michael M46	
Dobrosielski, Cris M41	Baker, Gini W60	
38.59	1:22.86	1:41.68 2:35.66
3:07.15	3:42.09	4:27.67 5:22.53

3 SDSM-44	L	5:49.54
Miller, Kim W55	Little, Michael M47	
Hirakawa, Diane W61	Attia, Peter M37	
45.57	1:34.97	2:10.79 2:53.80
3:44.37	4:39.80	5:13.39 5:49.54
4 NOVA-33	Q	5:55.65
Huszczyk, MJ M63	Fell, Paula W45	
McConkle, Cori W56	Hayward, David M50	
46.27	1:38.49	2:17.58 3:00.95
3:46.00	4:37.64	4:57.36 5:55.65

**Mixed 200-239 800 Meter Free Relay**

1 NOVA-33	I	12:24.63
Arbogast, Patricia W47	Brooks, Sherry W50	
Andersen, Richard M66	Hayward, David M50	
43.09	1:31.58	2:21.09 3:09.44
3:52.84	4:41.90	5:32.93 6:21.73
7:04.76	7:53.34	8:42.78 9:31.58
10:09.37	10:53.15	11:39.20 12:24.63

**Mixed 200-239 200 Meter Medley Relay**

1 SCAQ-33	A	2:15.34
Snyder, Donald M51	Melick, Karen W53	
Magit, Brad M52	Cook, Jenny W52	
34.65	1:15.62	1:45.23 2:15.34
2 SDSM-44	K	2:29.60
Veloso, Lolita W53	Baldacci, Joe M44	
Perunovich, Steven M36	Clifford, Gynt W72	
43.98	1:22.40	1:51.15 2:29.60
3 SDSM-44	J	2:46.25
Marr, Jackie W67	Hirakawa, Diane W61	
Mendez-Ramirez, Libar	Villegas, Ruben M47	
47.13	1:44.36	2:12.21 2:46.25
4 NOVA-33	O	2:54.20
McConkle, Cori W56	Fell, Paula W45	
Hayward, David M50	Huszczyk, MJ M63	
49.87	1:36.25	2:09.91 2:54.20
5 LBG-33	A	3:11.84
Reis, Raul M46	Parnes, Bart M54	
Thresh, Andrea W61	Jacobus, Anne W60	
46.98	1:36.49	2:29.22 3:11.84
--- SDSM-44	L	DQ
Early take-off swimmer #3		
Baker, Gini W60	Ohlin, Kevin M50	
Given, Michael M46	Crosbie, Lisa W45	

**Mixed 200-239 400 Meter Medley Relay**

1 SCAQ-33	A	5:01.18
Kerns, Hubie M61	Melick, Karen W53	
Cook, Jenny W52	Wall, Chris M48	
35.65	1:13.61	1:56.94 2:45.67
3:20.09	4:00.17	4:28.84 5:01.18
2 SDSM-44	H	5:33.73
Veloso, Lolita W53	Baldacci, Joe M44	
Martinez, Jorge M63	Stiles, Jasmine W44	
46.66	1:37.47	2:17.19 3:02.23
3:40.17	4:26.69	4:58.22 5:33.73

## SPMA SCM Championships 2010 - 12/3/2010 to 12/5/2010

## Results

**(Mixed 200-239 400 Meter Medley Relay)**

3	NOVA-33	E	5:53.61
	Benner, Tord M51	Kubasek, Lynn W52	
	Hayward, David M50	Brooks, Sherry W50	
	37.06	1:17.57	2:09.19 3:07.93
	3:46.82	4:29.64	5:08.88 5:53.61
4	SDSM-44	I	6:26.35
	Stengel, Alta W60	Little, Michael M47	
	Fleming, James M40	Miller, Kim W55	
	53.23	1:53.72	2:36.78 3:29.58
	4:06.28	4:47.65	5:35.20 6:26.35
5	SDSM-44	J	7:22.92
	Baker, Gini W60	Gross, John M41	
	Hirakawa, Diane W61	Villegas, Ruben M47	
	1:05.38	2:19.46	3:02.47 3:54.57
	4:52.94	6:05.36	6:42.41 7:22.92

**Mixed 240-279 200 Meter Free Relay**

1	MVN-33	B	2:27.18
	Burton, Kim W48	Heather, Michael M56	
	Raboin, Deborah W59	Rolph, Bob M79	
	35.47	1:04.17	1:41.39 2:27.18

**Mixed 240-279 400 Meter Free Relay**

1	TAM-38	A	4:36.38
	Burns, Richard M67	Val, Laura W59	
	Eisenman, Judy W56	Meyerhoff, Rick M63	
	30.88	1:05.31	1:35.82 2:09.64
	2:46.58	3:26.05	4:00.00 4:36.38

**Mixed 240-279 800 Meter Free Relay**

1	MVN-33	D	12:45.32
	Burton, Kim W48	Montrella, Bev W64	
	Heather, Michael M56	Rolph, Bob M79	
	42.42	1:30.10	2:20.45 3:06.85
	3:51.67	4:41.12	5:31.75 6:20.43
	6:55.26	7:32.83	8:11.07 8:48.36
	9:39.89	10:39.85	11:42.00 12:45.32

**Mixed 240-279 200 Meter Medley Relay**

1	TAM-38	A	2:19.11
	Burns, Richard M67	Meyerhoff, Rick M63	
	Val, Laura W59	Eisenman, Judy W56	
	33.39	1:12.15	1:44.62 2:19.11
2	MVN-33	G	2:42.01
	Stewart, Jim M69	Spivey, Bonnie W52	
	Heather, Michael M56	Montrella, Bev W64	
	48.75	1:40.20	2:04.39 2:42.01

**Mixed 240-279 400 Meter Medley Relay**

1	NOVA-33	D	7:18.93
	Thornton, Kim W58	Mc Kinley, Maureen W52	
	Samuel, Steven M55	Carpenter, Bob M73	
	49.54	1:42.08	2:45.41 3:54.98
	4:39.38	5:31.96	6:22.89 7:18.93
2	MVN-33	F	7:43.41
	Rolph, Bob M79	Commons, Trisha W46	
	Heather, Michael M56	Kornfeld, Maurine W89	
	1:09.41	2:22.50	2:44.33 3:17.96
	4:20.47	4:53.14	6:33.53 7:43.41

**Mixed 280-319 200 Meter Free Relay**

1	SDSM-44	K	2:30.97
	Marr, Jackie W67	Webster, Dale M84	
	Clifford, Gynt W72	Astudillo, Fabio M58	
	38.74	1:18.70	1:58.00 2:30.97
2	SDSM-44	I	3:06.32
	Stengel, Alta W60	Hubach, Eric M77	
	Hoppe, Frederick M83	Baker, Gini W60	
	48.24	1:29.74	2:20.93 3:06.32

**Mixed 280-319 400 Meter Free Relay**

1	SDSM-44	M	5:46.50
	Martinez, Jorge M63	Marr, Jackie W67	
	Clifford, Gynt W72	Baker, Donald M79	
	35.61	1:15.42	1:56.93 2:43.32
	3:24.86	4:12.10	4:55.45 5:46.50
2	NOVA-33	A	6:15.84
	Angell, Tom M70	Caldwell, Dionne W78	
	Shockro, Ellen W68	Andersen, Richard M66	
	36.28	1:16.50	2:06.46 2:59.41
	3:49.79	4:47.09	5:29.62 6:15.84
3	MVN-33	I	6:32.39
	Kornfeld, Maurine W89	Stewart, Jim M69	
	Colonnese, Michael M60	Montrella, Bev W64	
	1:04.29	2:13.23	2:55.12 3:41.20
	4:21.64	5:05.22	5:46.12 6:32.39

**Mixed 280-319 800 Meter Free Relay**

1	SDSM-44	G	12:33.48
	Webster, Dale M84	Marr, Jackie W67	
	Clifford, Gynt W72	Behun, Bill M59	
	51.90	1:47.76	2:45.97 3:40.46
	4:23.39	5:13.11	6:03.62 6:52.18
	7:37.59	8:28.73	9:22.42 10:12.53
	10:45.41	11:21.20	11:57.80 12:33.48
2	SDSM-44	H	15:12.75
	Stengel, Alta W60	Hubbard, Don M83	
	Hubach, Eric M77	Hirakawa, Diane W61	
	48.68	1:43.55	2:40.14 3:35.14
	4:32.91	5:36.46	6:43.21 7:47.28
	8:37.65	9:35.14	10:33.64 11:28.36
	12:19.38	13:17.08	14:15.45 15:12.75
3	NOVA-33	D	17:10.31
	Smethurst, Everett M75	Caldwell, Dionne W78	
	Mc Kinley, Maureen W52	Paul, Eugene M82	
	43.18	1:35.92	2:31.52 3:27.15
	4:24.25	5:28.40	6:32.45 7:28.14
	8:31.53	9:36.18	10:41.46 11:46.66
	12:59.12		15:48.34 17:10.31

**Mixed 280-319 400 Meter Medley Relay**

1	SDSM-44	K	6:25.15
	Marr, Jackie W67	Hubach, Eric M77	
	Williams, Frank M70	Clifford, Gynt W72	
	45.75	1:34.78	2:29.35 3:30.23
	4:11.16	4:56.81	5:37.32 6:25.15